



"We Saw Your Letter In the Newspaper"

"YES." "And is that correct what is said about Dr. Chase's Nerve Food?" "Yes, it is absolutely true." "But why do you recommend it?" "For two very good reasons. First, because it fully restored my health and strength when I was weak, worn out and very greatly discouraged, and, second, because I believe it is a duty as well as a pleasure to let other women know about so superior a treatment." "I never used Dr. Chase's Nerve Food, but I got interested in that Woman's Advertising Contest they had, and nearly every woman I

EASTER FOOTWEAR and Hosiery Received today in large variety Ladies Brown Brogue Oxfords, Military Heels \$5.95 Tan Calfskin Sport Oxfords, Good-year Welted, a very fashionable shape and color \$6.75 Men's Fine Boots, in many new and attractive Shapes and colours \$5.95 Other prices on men's lines are \$6.95, \$7.95 \$9.95 HOSIERY Ladies Silk and Wool Combination, a perfect weight for early Spring wear, shown in combination colours, suitable to the season. \$2.50 LADIES SILK HOSIERY, in all the new effects, lately bought in the Fashion centres plain and cloak effects, very smart \$2.00 to \$4.50 TO FOLLOW THE TREND OF FASHION WATCH OUR WINDOWS ALLEY & CO., LIMITED Fashionable Footwear

FOR CHILDREN The Bayer NEW GROUND FLOOR PHOTO STUDIO. 166 GREAT GEORGE ST. Frenchmen Put It All Over Americans Yankee Boxers Were Outclassed by Their French Opponents PARIS, Mar. 23.—American army banners made a merry showing at the Cliche de Paris boxing carnival, which was organized by the Paris post of the American Legion for the benefit of its endowment fund. Eight bouts, all categories between the pick of the Rhine army and the American fleet now in the Mediterranean, met the best French talent. Both the American heavyweight Smith and welterweight Seuberg were knocked out, the former in about ten seconds of first round by the French corner Miles. The best American did was to gain decisions in the ten round middle and lightweight contests the latter decision being hissed by all the Americans present. The affair was patronized by French officialdom and society, including Pech, General Nivelle. Twenty young American girls sold programmes. The consensus of opinion was that while a few years ago it had been impossible to find Frenchmen who could even stand up against ordinary American boxers that now the former seem likely to outstrip the Yankees at their own game.

EASTERN GUARDIAN

"IT PAYS to buy in this prov. 100."

"IF ITS DRY GOODS we have L. Ives & Murdoch, Montague."

"STAIRS EASTER PLANTS—On sale Saturday morning March 26th. Eastern Grocery, Fouris."

"FOR SALE—Nice Bay Mare 3 years old, weight 1000 pounds. Apply Box 1194 Montague."

"THE SOURIS Whist Club will hold a Whist Party on the first Wednesday in April. Each member requested to be present."

Little Chance Of Big Battle Here Champion's Manager Believes Dempsey-Carpentier Bout Will be Held in West NEW YORK, Mar. 23.—Jack Dempsey, world's heavyweight champion, and Georges Carpentier, European titleholder, who are scheduled to clash for the title on July 2, "in America, Canada, Mexico or Cuba," will divide 60 per cent of the gate receipts according to present plans. Of this sum Dempsey, as champion, naturally will receive the larger portion. The titleholder, under tentative arrangements, has agreed to accept 35 per cent of the boxers' purse. Carpentier is offered the remaining 24 per cent of the receipts set aside for the combatants. Promoter Tex Rickard, who will conduct the international battle today disclosed the latest conditions of the prospective match. Rickard declared he had been discussing the situation with Jack Kearns, Dempsey's manager, and the latter had consented to the elimination of the \$300,000 guarantee originally provided for Dempsey, in favor of the percentage arrangement. Rickard stated he had cabled Carpentier, advising him of the portion demanded by Dempsey and informing the French heavyweight of the percentage which remained for him. The promoter is awaiting a reply. "This response is expected some time tomorrow, when a meeting will be held at which Promoter Rickard plans formally to announce the new conditions. Manager Kearns will attend this meeting and it is probable, too, that Robert Edgren, arbiter under the terms of the contract, will also be in attendance. Asked to name the place where the men will decide their title struggle, Rickard refused emphatically to divulge any information. There is little likelihood of the scrap going to Canada. Rickard has not said so in as many words, but his attitude toward the \$700,000 proposition advanced by C. F. Graham, on behalf of a syndicate of Canadian sportsmen, reflects a hesitancy not associated with it.

A PEARL FARM—Japan, which is responsible for much that is marvellous, has now given the world a new kind of pearl—the pearl farm. Its crop is pearl-bearing oysters, and the owner is a wealthy Japanese scientist, who, it is said, discovered that the bivalves could be trained to work for man and bring forth the highly-prized stones at his will. At his farm, where the pearls are produced as a regular crop some fifty square miles of water are under cultivation. The water varies in depth from five to fifteen fathoms. The task of collecting the trained oysters is all done by women divers.

Women Do Wonders With Diamond Dyes Each package of "Diamond Dyes" contains simple directions to dye old, faded, shabby materials, whether wool, silk, linen, cotton or mixed goods, any new, rich, fadeless color. Buy no other dye.

DICKY DIPPY'S DIARY. FRIDAY: PUT UP AT A HOTEL LAST NIGHT, AND SAID TO THE CLERK: "GIVE ME A ROOM WHERE I CAN HEAR A PIN DROP." "SHOW HIM TO ROOM 81," SAID HE TO THE BELL-HOP.

JUST AS WE ENTERED THE ROOM, I HEARD A LOUD CRASH. "WHAT'S THAT?" I ASKED THE BOY. "THEM'S THE PINS DROPPIN' BOSS," SAID HE. "YOU SEE,

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Rheumatic Pains

Are relieved in a few days by taking 30 drops of Mother Seigel's Sympfermalin and on retiring. It dissolves the lime and acid accumulation in the muscles and joints so these deposits can be expelled, thus relieving pain and soreness. Seigel's Syrup, also known as "Extract of Roots," contains no opium or other strong drugs to kill or mask the pain of rheumatism or lumbago, it removes the cause. 50c. a bottle at drugists.

ORIGINAL RECIPES BY A FRENCH CHEF

This week Mr. Wyman discovered a real French restaurant, little known to the majority of Chicago's diners out. The initiated who have discovered its excellence keep every place filled and overwork the manager in the demand for service. To those who imagine French cooking to be very elaborate these recipes and the dinner menu may seem very simple. But elegant simplicity is the secret of many a great success, and each of these dishes is a little masterpiece.

By A. L. Wyman, Chef

On the South Side in an old brown stone front house which was once a part of the fashionable residence district is to be found one of the best dinners served in this large city. This cafe has no menu and if you would partake of the excellent food served you have to telephone for a reservation at least six hours in advance. The chef, who is the owner, serves a true French dinner, perfectly balanced, and dined with gastronomic and seasonings which make the French (?) diners appear a nightmare. We—Mrs. Wyman and myself—were invited to visit this cafe and have dinner the other night and in conversation with the chef I obtained the recipes and the right to pass them on.

A True French Dinner

Tapioca Soup, Filet of Sole, Egg Sauce, Saddle of Veal, Provencal, Chicory Salad, Delta Pudding, Coffee

Tapioca Soup Boil one cup of tapioca in six cups of water, season with salt and pepper. Place in the bottom of a soup tureen three tablespoons of butter and two egg yolks pour the boiling tapioca over and add two cups of hot milk.

Filet of Sole with Egg Sauce Sprinkle the filets with salt, pepper and a little allspice; place in a pan with four tablespoons finely chopped Onion and a teaspoon of chopped parsley, and four tablespoons olive oil. Fry to a nice brown place on a hot platter, garnish with lemon slices and sprigs of parsley. Serve egg sauce separate.

For the egg sauce in a saucepan one tablespoon of butter and one tablespoon of flour and when well blended add one cup of milk, cook until smooth and thick, add one finely chopped hard boiled egg and season with salt and white pepper.

Veal "Provencal" The saddle of veal should be trimmed by the butcher so that it will be a neat piece. Place the saddle in a sautepan with a good sized piece of butter, place over the fire and turn constantly until it is a nice rich golden color all over; remove the veal to a dish and season with salt and pepper. To the sauce on the pan add four tablespoons of butter and one dozen small new potatoes and return to the fire; cover the pan and shake frequently until the potatoes are a nice color. Add to the sauce and potatoes one finely chopped onion and when that is brown add one finely chopped clove of garlic and two tablespoons of flour; when the flour is brown add two cups of stock (if no stock is handy use the beef cubes.) Stir well and place in the veal and one stalk of celery, one sprig of parsley and bay leaf. Simmer for one hour and serve meat surrounded by the potatoes and the gravy strained over all.

Chicory Salad The chicory salad should be served in a bowl that has been rubbed with a raw onion. Mix the chicory with a French dressing made with part lemon juice and tarragon vinegar.

Delta Pudding This pudding is made by cooking one cup of washed rice in three cups milk until soft. Add two tablespoons

Maritime Track Circuit Formed

Will Dispose of Maritime and Maine Circuit Business—Meeting Here April 11

MONCTON, Mar. 23.—At a meeting of well known race track men held here today, it was decided to form the Maritime track circuit and dispose of the business of the Maritime and Maine circuit. The new circuit will be finally established at a meeting of the committee to be held in St. John on April 11th. The Maritime circuit as now planned will include the tracks of St. John, Moncton, Fr. dericton, Chatham, Truro, New Glasgow, Springhill, Sackville and Sussex. The opening date was set for Moncton July 1st and 2nd.

Tom Gibbons Won From Paul Sampson

NEW YORK, Mar. 23.—Tom Gibbons of St Paul, punished Paul Sampson of New York so severely in their bout here tonight that the referee halted the fifteen round match in the second round.

Vice McLaughlin, of Halifax and Frank Carpenter of Freeport, N. Y. went for a twelve round draw in the semi final.

Luncheon Veal

For a nice luncheon dish of veal have the butcher cut five cutlets of veal, four of them beat flat and even. Mince fine the other cutlet and add one tablespoon of minced onion, six minced anchovies and season with salt, pepper and a dash of lemon juice. Spread this mixture over the four cutlets and roll them up; dip in beaten egg and then in bread crumbs. Let stand a few minutes and dip in egg and roll in bread crumbs again. Stew in rich gravy with a tablespoon of walnut pickle and a half cup of orange juice.

Lemon Souffle

A nice lemon souffle is made by beating until thick the yolks of three eggs with six tablespoons of powdered sugar and the grated rind of one and a half lemons. Add slowly one tablespoon of stiffly beaten whites of three eggs. Pour into a shallow dish and bake for twenty minutes in a medium oven.

Special Hot Cross Buns

As Good Friday will soon be here I will give recipe for Hot Cross Buns. These are so good that they should be served on other days as well. Dissolve two cakes of yeast and two tablespoons of sugar in two cups of lukewarm milk that has cooled. Beat into this three cups of flour and four tablespoons of butter, beat until smooth. Cover and set in a warm place. Rise from draught, for one hour until light. Beat in cream a half a cup of butter and two-thirds cup of sugar and add with two-thirds cup of seedless raisins, four and a half cups of flour, mixed with a half a teaspoon of salt. Turn out on a floured board, knead lightly and place in a greased bowl. Cover and let rise until double in bulk, or about two hours; turn out and shape into buns, place in a well greased pan about two inches apart and cover and let rise again about one hour. Beat an egg with a tablespoon of water and brush over the buns. With a sharp knife cut across on top of each bun. Bake twenty minutes in the oven brush with sugar moistened with water. While hot fill cores with plain white frosting.

TOM GREEN'S DILEMMA

Tom Green, who owned a donkey and cart, fell into a drunken sleep by the wayside and someone stole the donkey. When he awoke he rubbed his eyes and looked at the name on the cart. "If my name's Tom Green," he said, "I've lost a donkey. If it isn't, I've found a fine cart."

SWELLINGS

come down, just as soreness and tenderness come out, when "ABSORBINE JR." is rubbed in. Enlarged glands, varicose veins, hemorrhoids, salt-rheum, boils, and other inflammations quickly reduced or healed by

Absorbine Jr.

When an accident happens, you want help quick! ABSORBINE JR. is the best emergency treatment for cuts, burns, bruises, sprains, strains, pain, rheumatism, neuralgia, inflammation—prevents infection, relieves, soothes, restores. 12c a bottle—at most drugists or sent postpaid by W. F. YOUNG, Inc., 54 Lyman Building, Montreal.

It Costs Only Five Cents a Day

or \$1.50 per month for helpful medical treatment if you take Hood's Sarsaparilla, known in thousands of homes as the best reconstructive tonic. For nearly half a century this good medicine has stood in a class by itself in curative power and economy. Hood's Sarsaparilla gives more for the money than any other. It tones up the whole system, creates an appetite, promotes assimilation, so as to secure for you 100 per cent. of the nutrition in your food. More than this, it purifies and enriches the blood, eliminates poisonous matter after diphtheria, scarlet and typhoid fevers, eradicates scrofula and catarrh, relieves rheumatism, overcomes that tired feeling and makes the weak strong.

Hood's Sarsaparilla

IS PECULIAR TO ITSELF IN EFFICIENCY AND ECONOMY.

PENSIONS FOR POLICE—Chief Constable Devitt, of Burnaby, British Columbia, in his recent annual report, pays some attention to a question that interests all Chiefs and Members of Police Forces. He gives interesting details of the successful efforts of the force as a whole and an account of the work of each constable. Then he proceeds to suggest that with a view of keeping efficient men in the public service and providing for advancing years, a tax rate of assessment of about one-eighth of a mill be levied for purposes of police pensions. This amount, allowed in the Municipal Act, he urges, should be set aside, and together with rateable reduction from police salaries, and a sum provided by the government, should form the proposed pension fund. In making this recommendation, Chief Devitt points out that by virtue of their oath of office "the police are servants of the Crown and as such stand in special relationship to the community."

H. J. MABON

Graduate of Canadian Ophthalmic College, Toronto and other post graduate courses. Exclusive Test Room connected with Drug Store.

Easter Greetings Write Your Easter Greetings With a Waterman's Ideal Fountain Pen The pen that puts thoughts on paper without interruptions due to skips, dips, scratches, or blots. There is a Waterman's Ideal Fountain Pen that exactly fits the hand writing characteristics of your most particular friend. Why not express your intimate appreciation of what would please him or her this Easter. Send Waterman's Ideal Fountain Pen. The gold pen points in all Waterman's Ideals are made by hand in our own plant and pass an examination that enables us to guarantee a perfection of smoothness and durability not likely to be found in any other make. Three types — Regular, Safety, and Self-Filling, \$2.50 to \$25.00 Selection and Service at best stores everywhere L. E. Waterman Co., Limited 179 St. James St., Montreal. NEW YORK, SAN FRANCISCO, BOSTON, LONDON, CHICAGO, PARIS.

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