

### After Effects From Over Eating

There is no doubt that many suffer from the after effects of high living at Christmas time. The stomach and liver get out of order from over work and the result is you are bilious and out of sorts.

### Our Effervescent Saline Aperient

will put you in shape quicker than anything else we know of.

It acts gently on the liver and cleanses the stomach and bowels carrying off all the impurities and making you feel good as ever, 35c the bottle.

**E. A. FOSTER**  
Central Drugstore

### "TIZ" EASES TIRED, SORE, SWOLLEN FEET

INSTANT RELIEF FOR ACHING, PUFFED UP, CALLOUSED FEET AND CORNS.

Why go limping around with aching, puffed-up feet—feet so tired, chafed, sore and swollen you can hardly get your shoes on or off? Why don't you get a 25-cent box of "Tiz" from the drug store now and gladden your tortured feet?  
"Tiz" makes your feet glow with comfort; takes down swelling and draws the soreness and misery right out of feet that chafe, smart and burn—"Tiz" instantly stops pain in corns, callouses and bunions. "Tiz" is glorious for tired, aching, sore feet. No more shoe tightness—no more foot torture.

### SOLDIERS IN TRAINING

B. COMPANY 105TH BATTALION AT THE AGRICULTURAL HALL

- Major J. A. Stewart, Union Road in command.
- Capt. Allen McLeod, North Wiltshire—second in command.
- Lieut. R. J. Paton, Charlottetown.
- Lieut. C. E. Rattee, Malpeque.
- C. S. M. Malcolm Nicholson, Hunter River.
- C. Q. M. S. Fred W. Andrews, East Royalty.
- Sgt. Robert Howard, Springfield.
- Sgt. M. McLeod, Hunter River.
- Cpl. H. McLeod, Charlottetown.
- Cpl. P. Gregory, Charlottetown.
- L. Cpl. Edward Croken, Chelsea, Mass.
- L. Cpl. J. W. Fraser, Eldon.
- L. Cpl. Peter McInnis, Earnsccliffe.
- H. Cpl. J. W. Vessey, Cherry Valley.
- Pte. Jas. H. Avery, Alberton.
- Pte. Daniel Arsenault, Central Bedouque.
- Pte. Henry Arsenault, Abram's Village.
- Pte. Charles Atkins, Stanley Bridge.
- Pte. Jas. H. Arnold, Hartsville.
- Pte. Daniel Bell, Milton.
- Pte. Daniel Bertram, Bradalbane.
- Pte. Stanley G. Bryant, Emmore.
- Pte. Harold Bagnell, Hazel Grove.
- Pte. Walden Bertram, Fredericton.
- Pte. William R. Butler, St. John's, Newfoundland.
- Pte. Hartie Brown, Stanley Bridge.
- Pte. William Byers, Charlottetown.
- Pte. J. N. Blacquiere, Charlottetown.
- Pte. William V. Campbell, DeSable.
- Pte. M. K. Charmin, Wallace, N. S.
- Pte. John A. Carver, Charlottetown.
- Pte. Howard Campbell, Whim Road.
- Pte. Douglas Campbell, Alberton.
- Pte. Theodosius Christian, St. Georges.
- Pte. Michael Cheverie, Souris.
- Pte. Stephen Cherry, Georgetown.
- Pte. Norman S. Craswell, Charlottetown.
- Pte. Norman S. Campbell, Dartington.
- Pte. David Crosby, Charlottetown.
- Pte. Michael D. Crawford, De Gros Marsh.
- Pte. Frank J. Cameron, Charlottetown.
- Pte. Daniel A. Dewar, Montague.
- Pte. John S. Dickleson, Fortune Cove.
- Pte. Robert Dunn, Alberton.



HOW BELGIUM'S HUNGRY CHILDREN ARE FED.

Under the capable direction of Mr. Herbert C. Hoover the Commission for Relief in Belgium is doing a wonderful work in feeding the millions of Belgian women, children and old men who are still in the country. Every dollar contributed to the Belgian Relief Fund, and every pound of food purchased is accounted for, and made to go as far as possible, in relieving the hunger and distress of our suffering Allies.

- Pte. Robert Davis, Charlottetown.
- Pte. John P. Dalton, Georgetown.
- Pte. Cephas Davy, Bristol.
- Pte. Charles W. Dolron, Mayfield.
- Pte. Jas. Donovan, Charlottetown.
- Pte. Bradford Elridge, Charlottetown.
- Pte. Robert Finlayson, Cardigan.
- Pte. Thomas Fullerton, Charlottetown.
- Pte. John Flynn, Charlottetown.
- Pte. Walter H. Graves, Alberton.
- Pte. Francis Gallant, Tignish.
- Pte. Edward N. Gay, O'Leary.
- Pte. Alfred Gardiner, Launching.
- Pte. Daniel Gunn, Granville.
- Pte. Francis Grady, East Baltic.
- Pte. Edmund Gallant, Charlottetown.
- Pte. Bernard Gallant, North Rustico.
- Pte. Edward Hackett, Kinross.
- Pte. Roland Heron, Charlottetown.
- Pte. Stanley Herring, New Glasgow.
- Pte. Chester Hancock, Wood Islands.
- Pte. Roy Hewitt, Lower Montague.
- Pte. Edwin E. Howard, Grandview.
- Pte. Aeneas Hennessey, Charlottetown.
- Pte. Stillman Johnson, Georgetown.
- Pte. Howard A. Jewell, Hartsville.
- Pte. Geo. H. Kieley, Stanhope.
- Pte. Charles Larter, Charlottetown.
- Pte. George A. LeClair, North Rustico.
- Pte. George Martell, Georgetown.
- Pte. Frank Muttart, Launching.
- Pte. Chas. E. Manuel, Georgetown.
- Pte. Percy B. Moreside, North River.
- Pte. John C. Martin, Kinross.
- Pte. Ernest Matthews, Bungay.
- Pte. Peter Morrison, Georgetown.
- Pte. Alex. D. Martin, Grandview.
- Pte. Edward Manderson, Darnley.
- Pte. Walter Mountain, Darnley.
- Pte. James Manderson, Charlottetown.
- Pte. James Miller, Stanley Bridge.
- Pte. Ivan Mahoney, Stanley Bridge.
- Pte. Waldo Matthews, Alberton.
- Pte. Alexander Martin, Springton.
- Pte. John Mahar, Charlottetown.
- Pte. Chas. K. Martin, Glen Martin.
- Pte. Alex. Ross McArthur, Alberton.
- Pte. Hugh John McKenzie, Hartsville.
- Pte. Howard McDonald, Caledonia.
- Pte. George A. McRae, Alberton.
- Pte. J. McNulty, Gaspereaux.
- Pte. Archie L. McLean, Ocean View.
- Pte. Roderick McPherson, Caledonia.
- Pte. Neil McLeod, Brookfield.
- Pte. Hugh S. McKay, Charlottetown.
- Pte. Daniel A. McLeod, Valleyfield.
- Pte. Stewart McLaren, Forest Hill.
- Pte. Wm. E. McLennan, O'Leary Station.
- Pte. Frederick McAduff, Alberton.
- Pte. James McDonald, Malpeque.
- Pte. Arthur McInnis, Cherry Valley.
- Pte. Thomas McPhee, New Haven.
- Pte. Roderick K. McLeod, Valleyfield.
- Pte. Bruce McLeod, Grandview.
- Pte. John D. McKinnon, Norham.
- Pte. A. W. McLeod, Valleyfield.
- Pte. Martin McDonald, Lyndale.
- Pte. Lauchlin McPhee, Bellevue.
- Pte. Duncan A. McEachern, Emmore.
- Pte. Daniel McBeth, Forest Hill.
- Pte. Murdoch McSwain, Hunter River.
- Pte. Neil F. McEachern, Nine Mile Creek.
- Pte. Daniel McKinnon, North Wiltshire.
- Pte. Pius McPhee, Georgetown.
- Pte. Harold McPhee, Earnsccliffe.
- Pte. Neil McDonald, Lewis.
- Pte. Michael L. McNulty, Gaspereaux.
- Pte. Joseph L. McCormack, Newport.
- Pte. George McKay, Stanley Bridge.
- Pte. E. S. McRae, French River.
- Pte. John S. McPhee, Georgetown.
- Pte. Donald B. McLean, Grandview.
- Pte. Murdoch D. McLeod, Head of Montague.
- Pte. Victor McDonald, Cornwall.
- Pte. Joseph M. McCormack, Launching.
- Pte. Chas. McPhee, Mitchell River.
- Pte. Ronald J. McDonald, West St. Peter's.
- Pte. Lauchlin W. McKinnon, Brooklyn.
- Pte. Daniel W. McKinnon, Milton Cross.
- Pte. James A. McLean, North Wiltshire.
- Pte. James L. McDonald, Glenfinnan.
- Pte. Peter McCloskey, Boswell.
- Pte. Arthur McKinnon, Charlottetown.
- Pte. William McCabe, Charlottetown.
- Pte. James R. McDonald, East Point.
- Pte. David McEwen, New Dominion.
- Pte. John McRae, Mt. Vernon.
- Pte. John D. Nicholson, Glen Martin.
- Pte. Willis Nicholson, Glen Valley.
- Pte. Russell Nicholson, Hazel Grove.
- Pte. Guy Oliver, Alberton.
- Pte. Fred Peters, New Glasgow.
- Pte. Dennis Peters, New Glasgow.
- Pte. Walter Peters, Bayview.
- Pte. Alfred Pineau, North Rustico.
- Pte. Damon Ross, Flat River.
- Pte. Wm. H. Rielly, Gaspereaux.
- Pte. Vernon Rourke, Whim Road.
- Pte. Harold C. Richardson, Mount Buchanan.
- Pte. L. W. Robertson, Crapaud.
- Pte. E. G. Richardson, Bristol.
- Pte. James Roberts, Pleasant Grove.
- Pte. William Remond, Alberton.
- Pte. William Swallow, Annandale.
- Pte. William Simmons, Malpeque.
- Pte. Harrison Shaw, DeSable.
- Pte. John Sanderson, North River.
- Pte. Geo. M. Taylor, Granville.
- Pte. Wm. A. Townshend, Fortune Bridge.
- Pte. Jas. S. Walker, Caledonia.
- Pte. F. W. Walker, Georgetown.
- Pte. Geo. Walker, Georgetown.

### UNION SERVICES

WEEK OF PRAYER, JANUARY 3RD TO 7TH, 1916.

**TUESDAY EVENING.**  
First Methodist Church, Subject—The Church Universal, Address by Rev. D. McLean.

**WEDNESDAY EVENING.**  
Baptist Church, Subject—Missions Address by Rev. Geo. C. Taylor.

**THURSDAY EVENING.**  
Zion Church, Subject—The British and Foreign Bible Society, Address by Rev. R. G. Fulton.

**FRIDAY EVENING.**  
St. James Church, Subject—Nations and their Rulers, Address by Rev. Dr. Bennett.

Services commence promptly at 7.30 p. m.  
An offering will be received at each service, 75 per cent. of which will be for the F. B. Island Hospital, and 25 per cent. for the Evangelical Alliance, less expenses in connection with services.  
The offering on Thursday Evening will be for the work of the British and Foreign Bible Society.

EVERYONE CORDIALLY INVITED.

### Always the Same

## PURITY FLOUR



Day in and Day out.  
Week in and Week out.  
Year in and Year out.  
Always the same.

### A Wise Housekeeper Always Has a Supply of DUSTBANE

It is unsafe to sweep without it for Sweeping Dust contains numberless disease germs. When you are tired or a bit run down, then is just the time these germs get in their work. It is better to be safe than sorry. Order a tin today from your grocer. Insist on Dustbane. Imitations are not so good. Barrels and kegs for store, office and school.

## CARVELL BROS.

General Distributors.

### We Invite You to Call and Inspect Our Choice Display of Goods

- Gents**
  - Fancy Shirts
  - Mocha and Kid Gloves
  - Shaving Sets
  - Fancy boxed Suspenders
  - Fancy boxed Neck-Ties
  - Sweaters
  - Silk Handkerchiefs
- Ladies**
  - Silk Blouses
  - Dog-Skin Gloves
  - Toilet Sets
  - Sweater Coats
  - Silk Handkerchiefs
  - Fancy Handkerchiefs

We received a large stock of men's tweed trousers and home made woollen socks, which we will clear out at reduced prices.

**The P. E. Island Dry Goods Store**  
83 Queen St.

**Here You Are**

**Rink is Open**

**Hockey Boots FOR ALL**

Misses' \$2.00 to \$3.50  
Men's 2.50 to 4.00  
Boys' 2.35 to 3.50  
Youths' 1.75

**Morris--Smith--Beer**

**DODD'S KIDNEY PILLS**

CURES ALL KIDNEY DISEASES

RHEUMATISM, BRIGHT'S DISEASE, DIABETES, BACKACHE

23 THE PR

# To the Fox Breeders of Prince Edward Island

## I am buying FOXES for their Pelts at highest possible Market Values

Your advantage is to market your non-productive BREEDERS NOW while their Fur is best and I am prepared to take over all Foxes offered, for the NEW YORK MARKET.

### My Method is Strictly Net Cash on Delivery, If You Accept My Offer

You run no risks, incur no expenses, pay no commissions or remain in doubt as to what your Fox pelts will net you at some future date at an Auction Sale.

We assume all risks and take our chances on selling your Fox Pelts NEXT FALL—this season's business being over. I am buying for the most active STRICTLY AMERICAN SILVER FOX SPECIALTY HOUSE.

## Max Wulfsohn,

122-124-126 West 26 Street, New York.

## Jas. S. Hanson

I am the only British Subject buying Furs for the New York Market.

Charlottetown, Victoria Hotel

Summerside—Queen Hotel or Cyrus B. Morris

Get in touch with me.

Alberton—Alberton Terrace.

Will keep the Long Distance operators informed where Phone will reach me.