

Woman's Realm Social and Personal Fashions Literature

Food Shot-from-Guns makes eating lots of fun

... WHOLESOME
... NOURISHING
... QUICK FOOD ENERGY
... EASY DIGESTIBILITY

Get a package today

PATTERN OF THREE

By Mary Hastings Bradley

Probably they were up north now on one of those trips of his. She had always had a feeling that he would come back. That girl Hardy on some such trip. That girl wouldn't mind a wedding trip of inconveniences and rough clothes. She would think it jolly.

She would know this would happen, but it was not real yet; it would begin to be real when she got people's letters and the clippings, when she became used to thinking about it. She felt numb. It had been a shock for all her expectations of the news. It had more of an impact, more conclusiveness than the divorce.

She was crossing a street, and crossing it so obliviously that a taxi almost ran her down. The thing was a matter of inches. She thought how absurdly ironic that would have been to go to a station and then come to a subway end with this letter of announcement clasped in her hand. "No one

would have believed it accident. She beckoned to the taxi which had skidded with much screeching of brakes, and it received her and she said "Notre Dame." The driver still agitated, told her she did that he would come back. That girl Hardy on some such trip. That girl wouldn't mind a wedding trip of inconveniences and rough clothes. She would think it jolly.

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(Continued on Page 3)

A DEODORANT OF DOUBLE ACTION



HELPS PREVENT PERSPIRATION SPOTS AND ODOUR

ARRID gives you double protection. It protects you from perspiration odor, and helps protect your clothes from perspiration spots. Arrid is an odorless deodorant, with the fine texture of a beauty cream. It vanishes instantly—giving immediate results. With Arrid, you are absolutely safe—can enjoy yourself wherever you are—regardless of the weather. Protect your daintiness and charm with Arrid. Start using it today. It is very economical. 15¢, 30¢ and 50¢.

ARRID

The Largest Selling Deodorant

Here's sweeter, tastier bread



with **FLEISCHMANN'S FRESH ACTIVE YEAST**

IT'S FULL STRENGTH so it goes right to work. No waiting. No extra steps. Fleischmann's fresh active yeast makes bread that's more delicious and tender, sweeter-tasting every time!

IF YOU BAKE AT HOME—Get Fleischmann's active fresh yeast with the familiar yellow label—Dependable—it's been Canada's favorite for more than 70 years.

Always fresh—at your grocer's

MADE IN CANADA

HOUSEHOLD USE NO. 30

JAVEX DEODORIZES AND DISINFECTS

—AS IT CLEANS!

Javex cleans, whitens, deodorizes, removes stains. And it's death to germs! Liquid Sunshine for the laundry, kitchen and bathroom.

AT YOUR GROCER'S

Javex

DIRT'S WORST ENEMY

HOW CAN I !!!

By Anne Ashley

ARRID

The Largest Selling Deodorant

ARRID

The Largest Selling Deodorant

Dorothy Dix Says—

FREEDOM FOR YOUTH

Children Enslaved By Parents Are More Apt To Go Wrong

To this column come daily dozens of tear-soaked letters from girls who tell me that they are 18, or 17, often that they are 20 years old, yet their parents treat them as if they were mere toddlers who could not be trusted to step outside of the door unless Mama or Papa held them by the hand.

Their homes are virtual jails in which they are kept under lock and key. They are never permitted to have a date, nor to go to a party, unless they are tagged by some member of their family, and even then the curfew rings for them at 10:30, just as the fun is getting underway. They can't even go to the neighborhood movie with another girl for fear they will have wild ideas put into their heads. And if any boy were bold enough to try to call on them in their own homes, Mother would scream for the police, and Father would meet him with a budgeon.

WELL-MEANING PARENTS

These girls are shut off from all of the pleasures and diversions that belong to their time of life, and it doesn't palliate their lot nor reconcile them to it, that they are prisoners of love, and that they deprive them of all personal freedom.

It seems incredible that any adult of even average intelligence would not realize that you cannot deal with the modern adolescent girl on a pre-Victorian platform, yet many mothers and fathers try to enforce it. It is thousands of homes are nothing but a battle ground in which the children are fighting for a little liberty, and the parents are fighting to keep them enslaved, and which ends in the whole family relationship being turned into a bloody shambles.

Of course the parents who refuse to let their daughters have any of the normal pleasures of girlhood are actuated by many motives. Sometimes they are sordid. They want Mamie's pay envelope. They think that if they never let her get to know a boy that she will never get married. Sometimes it is sheer tyranny and the kick they get out because Mama and Papa can't bear to realize that their baby is grown-up.

Often, however, Mother and Father have gone jittery over the pictures they see of girls in the movies and on the magazine covers, and the awful things they read about them in the newspapers, and the tragedy of this is that in trying to protect their little ewe lambs, they are really throwing them to the wolves.

For youth will be served. If girls cannot have their dates at home, they will climb out of the window. Lock Susan to think of boy-crazy as the ones who have never been permitted to associate with even the lads with whom they went to school.

Keeping a girl segregated from the world doesn't insure her safety, because she has to live in the world and meet its dangers. Wise parents do not try to keep their 16 and 17 and 18-year-old daughters from having dates and good times. They see that they have plenty of good clean fun and that they know enough boys to be choosy.

Living & Leisure THE WOMAN'S REALM

"Think that day lost whose low descending sun Views from any hand no worthy action done." —Ja. Bobart.

STRONG AND FINE IS BRITISH GLASS

British factories can now turn out glass strong enough to be bullet-proof or fine enough to be woven into fabric.

Tanks and bombers are now fitted with bullet-proof windows. At the same time a Scottish factory is now drawing glass thread one-fifth the thickness of human hair. Millions of glass marbles made from special raw materials are melted in electric furnaces, and from every pound of marbles about 175 miles of fine thread can be drawn.

Glass has thus a tremendous variety of uses. At present the electrical industry is the largest single user of glass. It is used to insulate electric motors, generators and transformers. They do not rot, are unaffected by water and most chemicals, are vermin-proof, are so efficient that a thin layer is enough and so fireproof that apparatus can operate safely at much higher temperatures.

A 10-h.p. motor insulated with cotton and glass only 254 pounds, and insulator with glass about the same motor weighed only 190 pounds. Glass fibre insulation used in a battleship can reduce the weight by 500 tons.

Experts in Britain estimate that a material made of glass fibres reinforced with binding plastics has the greatest strength in relation to weight of any material known. Already experimental aircraft have been built of this new plastic plus glass and other developments are expected.

AUBURN-MAILED GIRL

The lucky woman who has lovely auburn hair and the delicate coloring that goes with it would be wise to confine herself to subdued colors and contrasting shades in order to bring out her different coloring. White is another wise choice for the red-haired girl.

HOUSEHOLD SCRAPBOOK

By Roberta Lee

Ironing Board

Sometimes an ironing board will warp. All necessary to remedy is to change the coverings to the other side. The heat of ironing will soon straighten out the board.

Knitting Needles

To clean steel knitting needles that have become rusty, rub with a little oil.

MODERN ETIQUETTE

By Roberta Lee

When giving a party for children, isn't it better to allow them to play their own games, rather than to arrange their entertainment?

A. No; adults can always plan the games and entertainment much better than small children.

Q. What is the proper hour to leave for an informal dinner?

A. About eleven o'clock, unless of course there is some form of entertainment that lasts until a later hour.

Q. Is it customary to call on new neighbors in larger cities?

A. No.

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HAPPY BABIES



WINS BABY'S APPROVAL

Libby's Baby Food is strained and then HOMOGENIZED, specially processed to suit baby's delicate intestinal tract.

Baby's undeveloped digestive juices have difficulty breaking down the tough walls of food cells, hence much needed nourishment is lost and undigested food passes into the large intestine where it can cause serious disturbances.

Ordinary straining does not affect food cells, but Libby's patented HOMOGENIZATION process breaks down cell walls, with the result that Libby's HOMOGENIZED Baby Foods can be digested in about 30 minutes. No other baby food is so easy to digest because no other baby food is HOMOGENIZED. Write for free booklet on baby feeding.

Evaporated Milk is HOMOGENIZED, too

Libby's

First Strained Then HOMOGENIZED BABY FOODS

LIBBY, McNEILL & LIBBY OF CANADA, LIMITED

Chatham Ontario

BETTER ENGLISH

D. C. Williams

HOME FIRE DRILL

Every member of the household should know how to send in a fire alarm or what number to call on the telephone in case of fire. It takes but a little while to instill in a child's mind what he should do in an emergency, and it might save lives and home at some future time.

CRACKED EGGS

Surely the cake, pudding or omelette can take care of any cracked egg in the basket, without having to boil them, but if it is necessary wrap the egg in a piece of waxed paper and boil in the usual way.

A COFFEE TEST

Still a teaspoon of ground coffee into a half glass of cold water should show very little discoloration and very few grounds should sink to the bottom of the glass if the coffee is of good quality.

MODERN ETIQUETTE

By Roberta Lee

Don't Make This Mistake When Child Is Constipated

Don't upset a child already upset by constipation with nastiest laxatives or harsh, griping cathartics. Give Children's Own Tablets. This new corrective needs no special growing youngsters' needs so pleasant to take—acts so gently and normally without disagreeable reactions that use. Make laxative-taking time easy on the child and yourself, mother! Get Children's Own Tablets today at your druggist, 25¢.

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ELLEN'S DIARY

By An Island Farmer's Wife

And now the mighty bear that is Russia, has again cast her strength with that of our Allies, so that one day presently the words that are written shall be fulfilled: "Nations shall learn war no more." But instead, everywhere, in a world of free men, people shall pursue only such words as are for the betterment and uplift of humanity. And all shall become his brother's keeper" knowing well that here is the bulwark of a world prosperity and the basis of a lasting peace. James said, laying down his glasses: "The end of the war is not too far away" and I was glad this morning that the lads who have been returning and the youngsters who sometimes wore his Sunday hat on week-day occasions and who recently enlisted "so as not to miss it" will now put brains and brawn into peacetime vocation and in their "day and generation" become the heads of families on an Island of happy homes.

The car that came up our driveway last evening after the day's work was ended and James had expressed a notion that he "might slip in to Rob's" bore a foreign number-plate (assuming that any other than P.E.I. is "foreign"). A door opened to disclose three persons, a man, a woman and a child. Beyond the Rockies; to the north of the mountains, in a remote corner of the world, near its western extremity, a stranger to James and me. Inter-locked arms, the man and woman, far is much like a brother's-Elle's father and many another Islander. When young, in his teens, the magnetism of far places drew him and there wherever his fancy took him, fields and to Pacific cities. Then, strangely enough, like Ellen's father, drawn back to his birthplace by the memory of green meadows and the sunlit roads winding over hill and into hidden valleys, to establish a permanent home on Abegweit-Island, near the tip of the peninsula.

The other farmer—and James said "You can't describe him, Ellen" is I may say well and favorably known to both James and myself. His name is mentioned among those of the best farmers in this province. He is one alert to every improvement that can better any of the various fields of husbandry. I am sure of this. My knowledge dates back to the days, when I went with other of the younger youngsters to pick endless rows of potatoes on his smiling acres—blue, they were, the compliment of the herring, the main dish once on many an Island Friday. He had a motherly way of his about him, when he cooled deliberation at day's end to pay his laborers. When it came slowly to him, I thought he compared his small employee with the silver in his palm, and then giving me a "start" of any doubt he may have entertained, he cheerfully dropped the heavy-and-wonderful mail-bag into my eager hand. This "calm and unruffled" manner that he has preserved through the years, was doubtless a contributing factor in allowing this talented and intelligent farmer to prosper. He was writing two coveted letters after his name, and a good farmer, he heard James say to him admiringly: "And you stayed at home yourself, to see to the new idea of yours." After James' own ideas, a farmer shouldering his responsibilities, finding his pleasure there.

The agent, interested in placing a piece of machinery in the community came from a Province where two languages are common. A "ma-sheen" he was selling "red good pour les farmers." We shall likely see more of this man at Aldrich. "This farmer," he has back home and two "petite filles-Francoise and Lucie."

The potato-spraying was the chief concern today, at Rob's first and last. James came with the other men and at once all the women came as James tells me "from behind the stove" to vie with each other in his entertainment. At present his most absorbing interest is to uncover a spruce cone he has buried in a corner of the barn. When by way of banishing his fears, I said "Why don't you get it done in town, with the electric clippers?" The barber then never hurts me one bit," he appeared not to have heard but appeared away smartly after his "cut dog" following his grandpère to the spraying. At the drive-way he turned to say, with a certain firm-

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You too, can make this test

Follow the example of millions of men and women the world over who take a dash of Eno in a glass of water, when needed, to help keep them Eno's 'Fruit Salt' has gained this enviable record simply because it helps give the zest and energy which come from inner fitness.

Eno helps sweeten the stomach, relieves excess acidity, aids digestion and helps overcome constipation—the cause of many upsetting headaches, sluggishness and that listless feeling that takes the edge off life.

Sparkling and refreshing, Eno is pleasant to take—free of harsh, bitter salts. Buy a bottle of Eno's 'Fruit Salt' from your druggist today.

... TAKE BEFORE BREAKFAST

ENO'S FRUIT SALT

COOK'S CORNER

SALMON SALAD

From canned salmon or a boiled left over from the fresh fish, a delicious salad is available for a warm day's luncheon.

Flake a pound of salmon with a silver fork; mix carefully into this a few capers, chopped gherkins or olives; garnish with the mixture of lettuce leaves. Establish a permanent home on Abegweit-Island, near the tip of the peninsula.

BACHELOR BUTTONS

1 cup butter, 1 cup brown sugar, 1 teaspoon vanilla, 1 egg, 1/2 spoon salt, 2 1/2 cups pastry or 1/2 cups bread flour, 1 level teaspoon baking powder, a few chopped nuts or raisins.

Cream butter and sugar the roughly, add egg and vanilla, then flour sifted with salt and baking powder. Then nuts or raisins. Drop in small bits on pan. Bake moderate oven 375°. These may be stuck together with jam with warm.

We complained about the heat today, notwithstanding the delicate whisper of a breeze, from over the pond. The calves in the pen, sought the shade of the trees and a mother-cow stretched at full-length flicked ears lazily at peering flies. I saw her almost hidden in the orchard grass, the same animal James shooed to a sty after he had prepared it for her comfort. I'm afraid, if that pig as Judy says "starts that" tonight, she will not have James' undivided attention. For we have over-night guests at last summer and the consequence was I was kept so busy I didn't have time to go fishing the week season."

"Why don't you advertise" I asked the representative of a new paper of a man who owned a modest business in a provincial town. "It don't leave a man any good," was the reply. "I advertised once last summer and the consequence was I was kept so busy I didn't have time to go fishing the week season."

"Well, Mary, you have chosen a hymn very appropriate to the season. But what made you choose that particular one?"

"Please, miss, it's the same hymn as my policeman."

MORNING SMILE

Make Your Own Chocolate Syrup

with **FRY'S COCOA**

IDEAL FOR CHOCOLATE MILK, ICE CREAM AND DESSERTS

Needlecraft FOR THE HOME

SOFT AND FLATTERING

A frock with soft and pleasing details of fullness in the bodice and good front of skirt. Excellent now for washables, or for a frock to bridge the seasons (Ginger sleeves included in pattern).

No. 250 is cut in sizes 36, 38, 40, 42, 44, 46, 48 and 50. Size 36 requires 3 yards 90-inch fabric. Size 50 only for FASHION, which includes complete sewing guide. Print your Name, Address, and Style Number plainly. Be sure to state the size you wish.

Address Pattern Department The Charlottetown Guardian.

Name _____

Street Address _____

City _____ Province _____

NOVELTIES AMONG NEW FURS FOR AUTUMN

NEW YORK—Numerous innovations and novelties in furs, include a bolero of white sealskin for above a street suit or for evening, sleek jackets of broadtail or other flat furs to use as a suit jacket. The little Victorian jackets of short-haired furs such as seal and the many tunic-like coats emphasize the belted look. The latter are numerous enough that they are not really a novelty, and appear in many furs. Last but not least are the zoles and capes, best of all are graceful, wearable usually with any dress and evening.

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