

Woman's Realm Social and Personal Fashions Literature

Ellen's Diary

By an Island Farmer's Wife

There was no travelling on this road of ours today. No team moving in or out along the hill, or in friendly shelter of Pat's maples beyond, nor turned in grist-laden on the mill-road. No single track has marked its white windings this stormy day. Not one. Once James and I for a brief respite from the shoring went to a window to look out intently, perhaps to scan skies for a sign of clearing, and we asked: "Who's abroad now?" and then laughed at the idea, for we knew well, that not even a raven or a chattering busy sparrow moved into the storm.

Desolate the countryside appeared beneath leaden skies and a wind-blown snowfall. This evening Mr. E. made his way from the house on the hill, along the dam and up the short-cut "just to be sure you're all living!" and chats now with James. "It's a good thing that we had put in a supply of tobacco before the storm," James chuckled setting down in the depths of his old armchair. And so with pipes drawing to emit billows of smoke they continue to look back over the day. "It's the worst storm we've had for many a long day," James remarks, puffing comfortably, "and it will take a day or two to get things straightened away again."

At Alderlea today, and at Rob's the farmers blessed the engines which sent water in satisfying streams to the stock, so that none went without it, or had to brave the snowfall and drifts, which lay between stable and stream. Yes, every stormy this day has been, but not long. Quickly the hours sped, though indoors the wind which continued to bear down gustily from

(Continued on page 3)

That Body Of Yours

By James W. Barton, M. D.

THE UP-TO-DATE PHYSICIAN

A middle-aged woman consulted a physician about arthritis in her back and hip, and on her return home proceeded to follow the instructions given her.

As she immediately went on the diet suggested, arranged to have two teeth removed and also for treatments of heat and massage, her husband reminded her that the other physician she had visited had given her the same advice and instructions, which she had failed to follow.

"Yes," she replied, "but this phy-

"Say Goodbye to Backache"

-SAYS GRANDMA

Backache is a misery that strikes many women in middle life. But if you could see Mrs. W. H. of Welland, Ont., a grandmother well past 60, working in her neat little home, day after day, you would really appreciate how much Dr. Chase's Kidney-Liver Pills can do to relieve backache!

That's because this time-proven Dr. Chase remedy for backache treats two conditions at once—contains special remedial ingredients for both the kidney and liver disorders which often cause backache. So don't suffer with painful joints and backache—try this reliable remedy proven by over a century's use—Dr. Chase's Kidney-Liver Pills. At all drug counters. 18

After giving me a thorough examination, explained what was causing the symptoms. He sat down and talked to me for at least half an hour, pointing out why the treatment he was advising would remove the cause, and with the cause removed I would get back to normal. It just appealed so much to my common sense that I couldn't help but obey his instructions if I wanted to get well.

What caused this patient to be willing to follow the advice of this last physician and not the others—yet all gave her the same advice? It was because the physician took the trouble to go into the whole situation, carefully explaining how infection interferes with the normal processes of the body, and that if the infection is removed and the cause removed, the body processes will again be able to do their normal work.

She may refer to this method of treatment as a good bedside manner. But the name, as we know it, is psychotherapy—psycho, the mind, and therapy the method of treatment. Psychotherapy, then, is treating the patient—all his symptoms—through the mind. The method of treatment means that the physician instills faith in the patient by taking him into his confidence, making everything clear by the use of simple language.

It was Charles Mayo who stated that the physician who did not take his patient into his confidence was not up to date; he was very much behind the times.

CHRONIC RHEUMATISM AND ARTHRITIS

Sufferers with chronic rheumatism and arthritis will find many helpful suggestions as to diet, heat, massage, and other aids in Dr. Barton's booklet entitled "Chronic Rheumatism and Arthritis." To obtain it, just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

DOROTHY DIX SAYS—

Bewildered Girl

Youngster Can't Understand Why Boys Suddenly Drop Her

DEAR MISS DIX: I am a junior in high school and am fairly good-looking and attractive. My problem is that after I have dated a boy two or three times he drops me, and I have no idea why. I try to make myself as interesting as possible. I don't quarrel with my boy friends. I dress well and make a good appearance. My mother makes my dates welcome, so I don't see why I am not popular.



Can you help me solve the problem of how to hold my dates?

A BEWILDERED GIRL

ANSWER: Well, daughter, it is always easier for a girl to catch a man than it is to hold him. The charm that wows him on one day falls flat on him the next, and so it is no wonder that you little sweeties are bewildered when the lads who they thought were their steadies drop them without rhyme or reason.

There are many explanations for this. One is that a boy's taste in girls changes as it does in all-day suckers. Or he outgrows the girl. Or he goes off to school and absence makes the heart grow fonder of some other charmer. Or the boy is a kid and the girl is a kid and they don't know how to handle each other, so love's young dream just peters out.

HUMILIATING EXPERIENCE

Millions of young girls go through this humiliating experience of having their steadies become unsteady and finally vanish from the scene, and they don't know why. They are just as young and pretty and cute today as they were yesterday and they can't see why Johnny or Tom has lost his taste for them, but he has.

Generally it is because a boy's fancy wanders to another, but mostly when a girl loses her boy friend it is because she did not know how to manage him. She drove with too tight a rein, or she was too possessive, or she was too jealous, or she hinted too much for presents, or she made too many demands upon him, or she wasn't a good play fellow, and so the dates became fewer and fewer until there were none at all.

DEAR MISS DIX: I would like some advice about how to get rid of in-laws who infest our house all the time and practically crowd us out of it. We are never able to have our own friends come to see us because my wife's people have just filled every nook and cranny in it. They never seem to think that we would like to have a little privacy and that we would enjoy being alone.

Can you tell me how to get rid of these deadbeats and still be a gentleman?

ANSWER: I doubt that there is any gentlemanly way of getting rid of sponging relatives. It takes a strong-armed man with a good vocabulary to rid his house of such pests, for hints and suggestions and harsh words and turning the cold shoulder on them won't do the trick. They will forgive you for treating them rough, and stay on.

However, this is no time to dally with the problem of visiting relatives because the housing shortage gives them a perfect alibi. You have to be up and doing and bar the doors quickly if you expect to escape your in-laws.

DEAR DOROTHY DIX: What should be the length of time between when a boy asks you to marry him and when he gives you a ring and the engagement is announced?

EMILY

ANSWER: It depends upon circumstances. There is no time limit. It may be either long or short as best suits the contracting parties.

The Stars Say—

By Genevieve Kemble

For Thursday, March 10

A CRISIS of major significance is shown for the concentrated marshalling of all the forces, faculties, funds and resources in possibly one grand spurge, having all the elements of a so-called "grand slam" of sensational gamble. While the stakes are high, so is the prospect of chance, in which proportionate risk or plunge might have a measure of public attention. Or it may be those in high places may be attracted by exceptional audacity, ingenuity, enterprise or brazen ambition or aspiration. In any event, the sensational culmination finds happy personal reaction, public and private. With due precaution, joy and mirth prevail.

For the Birthday

Those whose birthday it is, may prepare for a year of thrilling and perhaps sensational crises of more than passing interest. While there is promise of a productive and progressive situation or opening of importance, with gain, honors, and even renown, yet the element of chance predominates in all the aspirations and objectives. A strange event, an intrigue, or curious twist, could convert the highest endeavors or plans into utter defeat. With due recognition of a hidden factor, and this astutely manipulated, the prospect of rich rewards, personal preferment, enhanced prestige and cherished intimate approbation, make up a sensational denouement with much joy.

A child born on this day has rich endowment for a spectacular career, with public honors and rewards and a full need of private emoluments or demonstrations.

Modern Etiquette

By Roberta Lee

Q. By whom should the wedding engagement be announced, and what is the proper way to do so?

A. The engagement should be announced by the parents of the girl, verbally to friends, by intimate notes to relatives and distant friends, and publicly through the local newspapers.

Q. At which side of a person at the table are the beverages placed, filled, and removed?

A. At his right.

Q. How much should a bellboy be tipped for bringing a telegram to your hotel room?

A. No less than fifteen cents, and more usually a quarter.

Latest Spring Hats Glittering Efforts



This spring creation is called by its New York designer "Cocher de Fiacre" (coachman's hat), and it looks like a natural for St. Patrick's Day.

How Can I!!!

By Anne Ashley

Q. How can I clean gold chains?

A. Put the gold chain into a small glass bottle with warm water, some pulverized chalk, and a little grated Castile soap. Cork the bottle and shake vigorously. Rinse in clear cold water, wipe on a towel, and the polish will be surprising.

Q. How can I avoid sogginess in fruit pies?

A. If the pies are inclined to be juicy, it is sometimes wise to bake the shell for about five minutes before putting in the fruit. This will prevent the lower crust from becoming soggy.

Q. How can I make a furniture polish?

A. An economical furniture polish and an effective one, can be made at home by mixing equal parts of turpentine, kerosene, and vinegar.

Better English

D. C. Williams

1. What is wrong with this sentence: "I am pretty sure that I shall be there."

2. What is the correct pronunciation of "tune"?

3. Which one of these words is misspelled? Strychnine, strategem, strategy.

4. What does the word "indispensable" mean?

5. What is a word beginning with gre that means "habitually living in flocks or herds"?

ANSWERS

1. Say, "I am quite sure." 2. Pronounce the u as in unit, not as oo in soon. 3. Strategy. 4. Absolutely necessary. "His services are indispensable." 5. Gregarious.

CAMBRIDGE, England — (CP) — To brighten the local market, the town council are buying 24 stall covers with six-inch colored stripes—orange, green and cream (general stalls), black and white (fish), orange and black (book-stalls).

MITCHAM, Surrey, England — (CP) — John Packham, 20, had a sort of black-out after a row with his wife's parents, walked out of the house, and punched a woman he had never seen before. He was fined £5 (\$20).

Legends Of P. E. Island

(By Uncle Joe)

THE WIZARD AND THE MONSTERS

This curious legend tells us about Neufrage, the wizard, his Indian wife, Powhonta, their half-witted son, Neapon, and the monsters. The days of the French regime and to Prince County. The setting is near the "Bottomless Lake."

Now, Neufrage was a wizard of great renown, a person much feared by the French settlers and their Indian friends. But when the wizard carried off the Indian maiden, Powhonta, and made her share his isolated dwelling without benefit of clergy, the people became very angry and would have slain the creature, had they not feared his supposed supernatural powers.

The wizard's odd abode, half wigwam and half cabin, stood hard by the desolate water, which tradition says was the home of strange monsters that resembled wolves.

It was in this awful atmosphere that Neapon was born and raised; a child of the wilds, he preferred the company of the beasts and was with them almost as soon as he had learned to toddle about.

Neapon's parents frequently referred to their offspring as the wolf-child, on account of his spending so much time with the beasts of the swamp. Often they watched him riding about on the backs of the fierce brutes and pored in their hearts how the boy had managed to subdue them to his will.

One fall, when the crops had failed and the people were faced with an almost foodless winter, they remembered Neufrage and attributed their misfortunes to some evil design on his part. So they formulated plans to have the wizard and his family banished from the Isle of St. Jean.

The night chosen for the act of deportation was late October, when the moon would be in last quarter.

Almost the entire male population joined the expedition, which was headed by a band of Indian torchbearers and guides. For weapons they carried everything from muskets to hatchets. The torchbearers lighted the route of travel.

At exactly twelve o'clock midnight, the procession drew up in front of the wizard's home and demanded that he and his family give themselves up. The couple were fast asleep at the time and it took them several minutes to dress and appear before the angry mob.

Neufrage was very angry at being disturbed and demanded to know what all the fuss was about and why he had been roused from his bed at such an hour.

A spokesman for the party now stepped forward and voiced their grievances in no uncertain terms.

"We have come," said the speaker, "to banish you and your family from the Isle of St. Jean. Too long have we been subjected to your evil influences, the last of which being the destruction of our crops."

"And what if we do not choose to give ourselves into your hands?" questioned the wizard. "Neither myself nor my son has raised our hands against any one of you, and as for Powhonta—why, she would not harm a fly."

The torchbearers moved closer to the shack so that the light from their faggots illuminated the entire surroundings. The enraged mob now circled the dwelling and made ready for any eventualities.

"Where is that half-witted boy of yours?" queried the spokesman. "We want him, too."

Neufrage's only reply was a

FLEISCHMANN'S YEAST gives me FINER BAKING!



More than 3 generations of Canadian women have said it! "Fleischmann's Yeast gives finest results in baking bread, rolls, and dessert breads. So fast-acting! So dependable!"

If you bake at home, profit by their experience. Get the same tempting, fine-textured, fine-tasting batches each time with the sure help of Fleischmann's Yeast. Better baking in hurry-up time!



Choose either form FRESH or DRY

Household Scrapbook

By Roberta Lee

Burned Cake

If a burned cake is allowed to stand until it is thoroughly cold, and then scraped with a lemon grater, the burnt part can be almost entirely removed, leaving the cake smooth and ready for icing.

Chipped Vase

If you have accidentally chipped out a piece of the top of a valued vase, mold a piece of putty into the cavity and paint it the same shade as the rest of the vase.

Brass

Tarnish can be prevented on brass articles if a raw potato is rubbed over them after they have been cleaned.

In six months. Brown—I wouldn't, if I were you. You'll never get another wife like that.



Morning Smile

Modern Miss—Grandma, did you ever flirt when you were young?

Grandma—Yes, dear, I'm afraid I did.

Modern Miss—And were you punished for it?

Grandma—Well, I married your grandpa.

White—I'm going to get a divorce. My wife hasn't spoken to me

The next story: The Recluse.

Be nice to be near

Use Mum before every bath

...before every date

CHECKS PERSPIRATION ODOR

MUM

Living & Leisure THE WOMAN'S REALM

HOLIDAY-END NO FRETTING

Pass me the pills prescribed for over-eating. The tube of tooth paste said the breath to sweeten. Feed me the bread the radio keeps repeating. Will strength restore the moment it is eaten.

Blind for the day and all it holds I'd waken.

No longer weary of the gay world's clamour.

Give me the tonic, once a dose is taken.

What's guaranteed to add a touch of glamour.

Get me that soap ensuring pink complexion.

Fatigue and indigestion have undone me.

My loved ones' pride I'd keep and their affection.

I do not want my dearest friends to shun me.

Too many parties filled the Christmas nights too late I've been a rover.

Now back I go once more to rhyme and reason.

Thankful at last the holidays are over.

Keep a good magazine or book on the first floor of your home. Then if hubby's late for dinner, the wait will not be so irksome and the few minutes of rest and relaxation make the dinner preparation and clearing away less of a task.

NUT BUTTONS

More than 500 million buttons are made in the United States every year from nuts that grow wild on palm trees in the jungles of South America. About 100 nuts grow in a single bunch. The nut "meat" is sawn into thin slices which are sent to the factories for manufacture into buttons.

Somewhat has recently estimated that 10,000 million buttons are turned out by 300 United States factories in a normal year. Before clothes rationing began in Britain it was said that at least 3,000 million buttons were used every year.

People have been using buttons in Britain since the tenth century, when they were more ornamental than useful. They were often made of gold or silver and were imported from abroad.

Included among the many materials from which buttons have been made are plated copper, white metal, steel, pinch-beck, japanned tin, glass, mother-of-pearl, ivory, bone, tortoiseshell, jet, paper, milk and wood.

When a recipe says sprinkle with grated chocolate or grated cheese, you may slice it with a vegetable parer. It is easier to clean than a grater and gives the same results.

Eat PLENTY! It's Good Whole Wheat

Kellogg's WHOLE WHEAT

MADE INTO CRISPY, READY-TO-EAT FLAKES

Nourishing! Delicious!

MOTHER KNOWS BEST!

Needlecraft FOR THE HOME

FINE FREEDOM

The easy wrap-around styling, the freedom-giving action-back, a smart sprinkling of scallops—all are special features of this washable wonder. Finish with short sleeves or rippeling armhole ruffles.

No. 2859 is out in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, and 42. Size 36 5 yards 35-inch.

Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address Pattern Department The Charlottetown Guardian, Pattern No. 2859

Name _____

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LONDON — (CP) — Any British architect who displays his name in letters higher than two inches may be 'disciplined,' says the Architects' Registration Council.



Doctors Prove You, Too, may win A Lovelier Complexion with the Palmolive Plan!

Regardless of Age, Type of Skin or Previous Beauty Care!



Have a lovelier complexion... In Just 14 Days!

To gain a complexion men admire and women envy—stop improper cleansing. Instead, follow the Palmolive Plan—using Palmolive Soap alone—the way doctors advised. Yes, leading skin specialists proved that the Palmolive Plan brought lovelier complexions to 2 out of 3—regardless of age, type of skin or previous beauty care! Start your Palmolive Plan today. It's easy.

1. Just wash your face with Palmolive Soap. 2. Then, for 60 seconds, massage gently with Palmolive's soft, lovely lather. Rinse! 3. Do this 3 times a day for 14 days. This cleansing massage brings your skin Palmolive's full beautifying effect!

Remember... DOCTORS PROVE PALMOLIVE'S BEAUTY RESULTS