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By ROBERTA LEE

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FRIDAY, JANUARY 20, 1928

HOW THE CURE WORKS.

WHEN a physician takes charge of a patient and administers what he considers the proper medicine but finds that the more of the medicine he gives the worse the patient becomes, he, if he is a sensible physician, will either discontinue the medicine or call in another doctor.

An interesting sidelight on the way in which prohibition is succeeding in curing the drink evil in the United States is given in the report of an enquiry before a sub-committee of the Judiciary of the Senate into the working of the Volstead Act. Mrs. Willebrand, Assistant Attorney General of the United States, was summoned to give evidence. Her examination is reported as follows: Question—"Describe generally, the enforcement of the law, whether or not the law is enforced."

Mrs. W.—"In 1922, 22,000 convictions; \$4,000,000 fines collected. I am giving round numbers. I have the exact figures if you care for them."

"In 1923, 34,000 convictions, \$5,800,000 collected."

"In 1924, 37,000 convictions; \$7,480,000 fines collected."

"In 1925, 38,000 convictions; \$7,681,000 collected."

"In 1922 there were 1,552 years given in the penitentiary for these 22,000 convictions; in 1923, 2,003 years; in 1924, 3,406 years; in 1925, 4,569 years."

From the above it is quite evident that the Volstead Act is being enforced, at least in spots, evident that the doctor is plying his patient with the medicine, evident also that drunkenness and crime which the medicine is intended to cure are increasing at an appalling rate. The figures given by the Assistant Attorney General are official and they indicate very clearly that drunkenness under the Volstead Act is increasing at an appalling rate. Similar evidence was recently given in the police court records in Charlottetown not only as to the increase of drunkenness but of crimes of all kinds.

OLD AGE INDIGENCE.

IN view of the present interest in old age pensions in Canada it will be interesting to note that a study of the extent of old age dependency, just completed in New York by the Industrial Welfare Department of the U. S. National Civic Federation, does not confirm the popular belief that 90 per cent. or thereabouts of all persons over 65 are without means of support. Of 14,815 persons over 65 interviewed only between 20 and 25 per cent. were dependent upon relatives or charity and less than two per cent. received aid from public or private charity, the remainder being supported by their families. One quarter of all those recorded had property worth \$10,000 or more and nearly six persons in every ten had property worth \$5,000 or more or had an annual income of at least \$1,000. These statistics were compiled from residents of eleven cities and two country towns.

The conclusions reached from these investigations have been disputed, and their critics claim they do not provide a true picture of American conditions. Indigence among the aged, it is said, is much more rife than the statistics seem to prove, and further generalities are quoted which purport to show that the great majority of men and women are dependent upon other persons or on the public in their old age.

As far as we know no attempt has been made in Canada to ascertain what, if any, need there is here for pensions. The Canadian Pensions Act provides that all persons over 70 years of age, with certain exceptions, on account of present incomes, shall be entitled to a yearly pension of \$240. The exceptions, like exceptions in most other cases, could be evaded by unscrupulous persons port, confidence in his leadership, as, so it is alleged, is being done in determination to follow him, believe

the case of income taxes. Generally speaking, the amount of income derived from business is a very indefinite quantity. The only income that can be definitely fixed either for pension or tax is that of the salaried man or woman. When, or if, the Pension Act is adopted it may be assumed in advance that many aged sinners will be able to lay successful claim to it even although they could live very well without it. Doubtless in this province there are many who would gladly accept a pension of \$240 a year although only a comparatively small proportion of them really need it.

HONESTY.

"HONESTY is the best policy," says an old proverb, but someone acquainted with the modern world has added, "but he who acts upon that policy is not necessarily an honest man." The demands upon commerce and industry today are such that no man who depends upon his business with the public can afford to be dishonest. The merchant, for instance, who would cheat a customer or the manufacturer who would sell a faulty product, would lose more by it than he would gain by his dishonesty. Men are obliged to be honest with their customers in order to hold their business. Some, we believe the majority, are honest in principle, but even the dishonest are compelled to deal honestly in order to save themselves.

Even the dishonest politician who gets away with it, often perhaps than anyone else, finds himself eventually up against his broken promises and his fate is therefore sealed. It pays only temporarily even for a politician to be crooked and even the temporary profitability is due more to the gullibility of the people than to the cleverness of the political crook.

The straightforward, honest way will, in every business, be found to be the best way, the way that ensures a clear conscience and ability to look the whole world in the face. Lying, because of fear of telling the truth, promising an impotent elector a job which he, the politician, knows has been promised to several others, promising favors of many impossible kinds for the sake of securing the support of the applicant, are among the chickens that are bound, sooner or later, to arrive home. There is a flock of these on their way home even now, and there will be a noise when they arrive, but that by the way.

Honesty is the best policy, and he, be he politician, trader or humble citizen, who acts upon that principle because it is right, will lead a happier life and be a more useful and honored citizen than he who succeeds in his ambition by crooked means.

HONORING THE LEADER.

A banquet in honor of Hon. R. B. Bennett will be given in Ottawa when the members assemble in the Capital for the opening of Parliament. This is as it ought to be. Mr. Bennett has, at the call of his countrymen, given up much for the sake, not of his party alone, but for the sake of his country; for, like many other men of vision and experience, he realizes that Canada today needs a strong, steady hand to guide her affairs. Mr. Bennett has received from opponents as well as from friends a welcome to the leadership of the Conservative party such as has not been given to any former leader, a welcome which carries with it an unmistakable note of confidence in his integrity and ability.

It is fitting that his official arrival at Ottawa should be suitably signaled by his political friends, and we feel sure that this shall be done. The leader of a political party is what successful leadership. Mr. Bennett has these factors now—let us continue them.

Notes by the Way

THE weather of last summer has recently come under review in several leading journals across the border because of a prediction that the year 1927 would be "a year without a summer." That prediction was made by one Dr. E. Free and others. Some three years ago Mr. H. H. Clayton, of Massachusetts, began predicting that the weather of 1927 would strongly resemble that of 1816 which tradition had set down as a practically summerless year. Recent attention recalled to the subject arises from the fact that the weather prophets named are claiming that they were right. That the "summerless" season has practically come and gone is the contention of the Scientific American, which is a high authority.

Not that there was no summer, for summer there was, but it was something out of the ordinary run of summers, the month of August being one of the coldest of that name in the last fifty-odd years. And yet, according to the United States Weather Review the summers of 1903, 1907 and 1915 were almost equally cool and the latter a little cooler. As to the cold summer of 1816, there seems to be little evidence that it was general throughout the continent, or even beyond New England. And a century ago records of the weather were not kept as they are now, made up from observations taken from hour to hour, day and night at hundreds of stations widely distributed.

The Weather Review states the facts as follows:—"For June, July and August the weather of the United States averaged three degrees below normal; or, if we choose the astronomical summer from June 21 to September 21, the depression below normal averaged just one degree Fahrenheit!" In our own section of the Dominion perhaps the more noticeable features were the amount of rainfall during the summer and fall months, with a lack of the prolonged periods of clear sunshine which we usually enjoy. But we had a summer all right.

Whatever dispute or controversy there is about the past summer, the winter of 1928 has the appearance of being genuine and normal as well as enjoyable.

The Anti-Saloon League at its recent convention in Washington, adopted and proclaimed its new policy "To fight the demon rum on two fronts—that of force and that of persuasion," each having a general with full authority and ample financial resources, but independent of each other. It is explained that the bone-dry forces are "out for blood" in this Presidential year, which they regard as possibly the most critical prohibition movement since the Eighteenth Amendment was enacted. The two commanders are Rev. F. Scott McBride, who is Superintendent of the League, and Dr. E. H. Cherrington, who is to command the forces of education and propaganda. McBride was re-elected although Cherrington aspired to oust him at the convention and the vote was very close.

The convention prudently adopted the plan of allotting each of the two a separate department, one representing force and the other persuasion respectively. A \$10,000,000 fund is being raised by the League to meet the expenses of Dr. Cherrington's department. Dr. Cherrington believes that prohibition, to succeed, must have behind it "a convinced public sentiment." Perhaps some day the Temperance Alliance in Prince Edward Island may reach a like conclusion. Dr. Cherrington is quoted as saying: "It is not enough to demand that people obey the law. The future of prohibition is in the hands of the next generation. And the next generation must be made to know the reason for prohibition."

Rev. Scott McBride, the other commander, is described as a believer in "the iron fist," in the prohibition fight. His activities will be in the line of keeping in contact with Congress and the departments charged with the enforcement of the prohibitory law. "The League program as he defines it, is to elect a dry Congress and a dry President, then hold the Government responsible for results."

In Russia, one overturn succeeds another at the head of the national affairs. Stalin, the latest to gain the dictatorship, is described as a leader of extraordinary ability and shrewdness, who is obeyed by all the lesser aspirants for leadership, and has banished Trotsky and others who might oppose him or be dangerous rivals.

That Body of Yours

By James W. Barton, M.D.

A WONDERFUL VEGETABLE

You have perhaps read that a certain common vegetable is very rich in iron, that it has more of Vitamin A than any other vegetable with some investigated, and that when fresh, weight for weight, is richer than butter.

Weight for weight also it is as rich as milk in Vitamin B. It also contains some Vitamin C. Now when you remember that Vitamins are important in that they seem to bring out in each individual food its very best values, you can see that this vegetable must be worth much to that body of yours. Further, as it is a bulky vegetable with some roughage, which roughage gently irritates the walls of the intestine, you can see that it will thus prevent constipation.

Further one of the necessary elements for everybody, and for growing children particularly, is lime or calcium, and this food is likewise rich in this element.

These qualities naturally make it a most desirable food for those who are well, and a most valuable food for those whose blood needs enrichment. Thus it is a particularly valuable food in anaemia or thin blood and also in kidney ailments.

Now what is this most valuable food?

It is just common spinach, and yet it is so important that the Journal of the American Medical Association, some months ago, devoted its leading editorial to honouring it. Unfortunately it is not as "tasty" as some other vegetables, and thus is not eaten to the same extent.

Of course the modern housewife can help this somewhat by preparing the spinach in different ways, because when calf's liver was shown to be valuable in pernicious anaemia, immediately different ways for making it attractive to eye and palate were discovered. At least twelve different methods, besides frying, are now being used.

We can therefore hope for some variety in preparing spinach. However the main point is that spinach and other leafy vegetables are so rich in food value and vitamins, that it is worth your while to always remember this, so that you get some at least once every day.

The Land We Love

By Frank Yelch

The Indians in Canada.

Q. How many Indians are there in Canada?
A. Canada's Indian population is nearly 105,000 on 2073 Indian reserves scattered throughout the Dominion. The Indian population is showing a slight increase year by year. There are 344 schools for Indians on the reserves with an enrollment of 15,000 pupils. Indians have 225,000 acres of land under cultivation and the Indian Trust Fund stands at \$13,500,000. The Indian Reserve lands are estimated to be worth \$56,000,000.

Daily Selections FOR Guardian Readers

January 20, 1928

THE SURE ARMOUR—O God the Lord, the strength of my salvation, thou hast covered my head in the day of battle.—Psalm 140:7.

PRAYER—In Thee, O Lord God of hosts, no evil can defeat us.

A WINTER SONG
Up in the morning's no' for me,
Up in the morning early;
When a' the hills are cover'd wi' snow
I'm sure it's winter fairly.

Cauld blasts the wind frae east to west,
The drift is driving sairly;
Sae loud and shrill's I hear the blast,
I'm sure it's winter fairly.

The birds sit chattering in the thorn,
A' day they fare but spairly;
And lang's the night frae e'en to morn,
I'm sure it's winter fairly.

—Burns.

DAILY LESSONS IN ENGLISH

By W. L. Gordon

WORDS OFTEN MISUSED: Do not say "the data was presented by Mr. Brown." Say "were presented." Data is the plural of datum.

OFTEN MISPRONOUNCED: compound noun on first syllable, verb on last.

OFTEN MISPELLED: hygiene; ie, not ei.

SYNONYMS: pride, vanity, egotism, conceit, self-esteem.

WORD STUDY: "Use a word three times and it is yours." Let us increase our vocabulary by mastering one word each day. Today's word: EMBRYONIC; undeveloped; rudimentary. "His business is still in the embryonic stage."

The Public Forum

This column is open for the discussion by correspondents of questions of interest. The Charlottetown Guardian does not necessarily endorse the opinions of correspondents.

NEW ZEALAND BUTTER

Sir—A correspondent of the Montreal Star supplies some information regarding the production of butter in New Zealand. He says that cows there "must be fed for at least three months and in many cases for a longer period;" that some of the cows there produce an average of 300 lbs. of butter-fat; and yet the average is comparatively small in some cases, he states. The dairying shows "an actual loss," which is made up by pig-feeding, which is made up by pig-feeding. And he adds that "when it is remembered that the average production of butter-fat per cow over all New Zealand is 200 lbs it is obvious that many farmers there, also find things difficult."

This correspondent states that he is a native of New Zealand, and that he has an intimate knowledge of the most important dairying districts there. If he is correct, the farmers of Canada have not much to fear from the competition of New Zealand—even though New Zealand butter is admitted on payment of a duty of but one cent a pound.

I am, Sir, etc.

A. P. E. ISLANDER

AN UNWITTING EXPOSURE

Sir—About a year ago a public meeting was held in this town, called by Mr. H. H. Acoorn and Mr. J. Johnston. Mr. J. W. Boulter and Mr. C. C. Thompson attended said meeting. All these men made speeches, complimenting the farmers of this neighbourhood upon the large quantities of choice potatoes they produced, and saying that a frost-proof potato warehouse should be built forthwith at Souris.

Resolutions were passed and Messrs. Boulter and Thompson either volunteered or were appointed to go to Ottawa to advocate the construction of such a building.

A few days ago, to our astonishment, we read in the Patriot that Messrs. Boulter and Thompson had betrayed us, and instead of advocating the building of a warehouse here, as they had solemnly promised to do, they had worked for a warehouse at Georgetown.

We hesitate to express our opinion of such conduct, and the worst of it is, the Patriot appears to approve of it. What is the world coming to anyhow? And inasmuch as neither Mr. H. H. Acoorn or Mr. J. Johnston has expressed any disapproval of the reported conduct of Messrs. Boulter and Thompson, it is reasonable to suppose that they also approve of it.

Apparently the meeting at Souris and everything connected with it was intended to be deception from first to last. And these are the kind of men who want to represent us in the Legislature, and in Parliament! And the Patriot, this moral uplifter, sees nothing wrong in that kind of thing.

At all events, we are indebted to the Patriot for exposing perhaps unwittingly, the whole business.

I am, Sir, etc.

SOURIS

KING'S COUNTY NEGLECT

Sir—The facts set forth by your correspondent, Harry Goodfellow, show clearly that the McKenzie King Government and those by whom it is advised are not actuated by a sense of justice or fairplay. Why were not the last year's government grants for Kings County upon an equality with those of Prince and Queens? The public needs of Kings are just as great. The people of Kings contribute proportionately to those of the other counties, just as much money to the Federal exchequer. Why were the public works of Kings voted only \$1000, when the public works of Prince and Queens were voted \$58,800 and \$92,000 respectively? Why had Senator Hughes to fight his friends at Ottawa to obtain the special grant needed for the erection of a frost-proof warehouse at Georgetown? Was it not, evidently, and simply, because a majority of the people of Kings preferred the Hon. Mr. McDonald, an able and honest man resident among them, whom they know, to Mr. Johnston, a lawyer, whom they don't know?

The extreme unfairness of the government and its local advisers, is not likely to strengthen them in the opinion of electors who admire justice and love fair-play in politics as in everything else.

I am, Sir, etc.

ON-LOOKER

JAIL AND FALCONWOOD

Sir—Your remarks about Queen's County Jail were so true and timely that your evening contemporary suggests that your next move should be towards Falconwood. No doubt you would find conditions there equally worthy of remark in the eyes of this Province and of the same people who have to maintain the Falconwood institutions. The dismissal of Dr. Goodwill from the position that he had so long and satisfactorily filled, came as a surprise to many persons. Not only is Dr. Goodwill experienced and skillful in the treatment of lunatics and others of unsound mind, but he is a man of exceptional ability in the management of nurses—both men and women—and of all the affairs in connection with the Falconwood institutions. How is it that he has been discharged from the position he so long and so worthily filled and another doctor whose ability to perform all the duties and meet all the

(Continued on page 5.)

A GUESS THAT IS RIGHT FOUR TIMES IN FIVE

When a child is afflicted with offensive breath, is subject to vomiting, indigestion, colicky pains, nausea, loss of flesh, grinding teeth during sleep and complains of not feeling well without any cause, the experienced mother says "worms."
Four times out of five she is right. When such a condition is noticed it is wise to give treatment on the supposition that worms are present.
Children take Peppermint Worm Syrup with the same relish they do candy. It's effective, safe and has no after-effects.
50c Bottle.

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Modern Etiquette

By ROBERTA LEE

Q. What is an appropriate birthday gift from a young man to a young woman whom he has known a short time?
A. Books, candy, or flowers.

Q. What are the three real essentials of hospitality?
A. The guests must be made welcome, comfortable, and they must be entertained.

Q. How should asparagus be conveyed to the mouth?
A. With the fork.

Coal

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