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F. A. Foster CENTRAL DRUGSTORE

Drugs Excite Your Kidneys, Use Salts

If your Back hurts or Bladder bothers, drink lots of water.

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with mild, harmless salts which remove the body's urinous waste and stimulates them to their normal activity.

Drink lots of water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salt is made from the acids of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate clogged kidneys; also to neutralize the acids in urine so it no longer is a source of irritation, thus ending bladder weakness.

Miss Eleanor Sears Scoring Goal in Society Girls' Polo Match



One of the features of the ville, Mass., was a polo game played at the Boston Fair horse show at Read-ed by society. The photograph shows Miss Eleanor Sears driving the ball for a goal.

THE TOBACCO DEVIL

I use the word "devil" purposely, following the doubtful example of those semi-profane and mostly youthful persons who use the word "damn" when they mean the listener to understand it in the sense of "dam," and cheat themselves into the belief that they are not swearing!

And yet I am by no means cheating myself, and am not in any way desirous of deceiving the gentle reader. For there are both devils and devils abroad in these distracting times, the former being malignant and the latter insidious, often playful and pleasing in their companionship, but both classes are malignant at heart.

The tobacco devil usually begins paying attention to boys at an early age. He insinuates himself into the boy's thought so that while the boy thinks he is thinking for himself he is really only listening to the whispers of the tobacco devil. It may be that the boy's father is a smoker, one of those men who have all their lives made a smoky chimney of their mouths, but who do not wish their boys to smoke. There are many such; and to such a boy, not a bad boy at all, the tobacco devil whispers.

"Why not learn to smoke? you're getting to be a big boy now, soon be a man, most men chew, wonderful thing isn't it? Must be something in it; why not try it? Can't do any harm to just take a few whiffs! And you'll never know what any thing is like if you don't try it or taste it. Father who amount to anything smoke, or come now, they need not know anything about it. Cousin Jim smokes 'cigs', yes and lots of other boys, not so big as you. You've seen Jim smoking, and didn't you rather like the smell of the smoke? Just you try one smoke—"A little one for a cent" as the boys say; I'll guarantee that it won't kill you, and you'll feel different and know a lot more when once you try it."

So whispers the tobacco devil to the mother wouldn't like it? Oh, the boy, the boy say nobody there but himself, heard nobody speaking, thought he was merely thinking all alone by himself, just listening to himself thinking. And the whispers continued, keeping the subject in his mind, suggesting a talk with Jim on smoking, and Jim gave him a cig to try. "Are you sure it won't make me sick? I know a fellow that tried smoking a pipe once and it made him, oh, awful sick." "No," said Jim; "guess it was some

strong old pipe he tried; cigs never made me sick!"

You see the tobacco devil already had a mortgage on Jim; that is, Jim had formed a habit, the habit of wanting a smoke every little while, and every boy or man who has acquired the habit has put the mortgage on himself, and you know that when there is a mortgage on a house or a farm the interest must be paid every day, sometimes two, three, ten or even fifteen times a day the tobacco devil will call for the interest, he doesn't call it that but it's like that for all; when the tobacco devil has got a mortgage on a boy or a man he just says, "You want a smoke now," or "get a cig now," or "get your pipe," and the boy or man does as he is told.

And when once the tobacco devil has kept company with a boy or a man for a little time he always stays around that particular person, I think there must be millions of these tobacco devils to be always around so many persons and places, and they all know the people on whom they hold mortgages and are always calling for the interest to be paid, and the boy or the man who has had dealings with the tobacco devil is never quite a master of himself afterward.

Sometimes they do try to break away from their master, but they soon find it is very hard work to do so. And it gets harder day after day and week after week; so that most of those who try to break away are greatly tempted to give up the struggle, and when they do give up trying and take to the pipe or the cigarette again it tastes good, and the tobacco devil whispers, "That's the stuff, my boy, good isn't it? and wasn't you a fool to quit? Why should a boy or a man torment himself the way you've been doing and just for a silly notion."

If the boy or the man who has had dealings with the tobacco devil again attempts to break away, the devil may argue the case very seriously and on high moral grounds as well. He will whisper, "Not immoral—not costly, not unhealthful, you say it's poisonous? Well, there's poison in flour, potatoes, sugar, if you look for it chemically or with a microscope, smokers live to a hundred years, some of the best people you know are smokers" and so on.

Sometimes not often, a boy or a man comes to realize that the tobacco devil is a real tempting devil, and commands the fiend to get behind him, asks himself "why should I be a bond slave to such a creature, to fetch and carry for him all the days of my life, to everlastingly own up that he has a mortgage upon me and I must come and go at his beck and call, paying interest almost every waking hour to this unprincipled devil," and he burns his pipe and tobacco and with a hard fight becomes a freeman once more.

But how much wiser, more self-respecting, and better off in mind and body is the boy or man who never begins to have dealings with the tobacco devil." B. J. M.

Carpentier Is "Sore" on Stories About Fake Fight

NEW YORK, Oct. 15—Reports circulated in sporting circles and published in some newspapers intimating that the bout Tuesday night between Georges Carpentier and Battling Levinsky was not fairly fought brought strong denials tonight from the principals and other interested.

"I fought the man you selected for me to fight, and this is what I get—you call the fight a fake," said Carpentier. "Give me a fair deal—that is all I want." "My vindication will come if ever Carpentier meets Dempsey," said Levinsky. "In the second round he hit me harder than I have ever been hit before. From that moment to the end of the contest I was dazed."

John S. Smith, chairman of the New Jersey Boxing Commission, expressed the opinion that the fight was absolutely honest.

ZBYSZKO DOWNS CUTLER

ROCHESTER, N. Y., Oct. 15—Stanislaus Zbyszko, heavyweight wrestling champion of Poland, defeated Chas. Cutler, of Chicago, here tonight in two straight falls. Zbyszko won the first fall in forty-four minutes with a double body hold and the second in nine minutes with a headlock.

Dandruff Removed

To remove dandruff try the French preparation, DeMay's "Vitalien" Hair Tonic. It will remove dandruff in a few days, continue the treatment and the scalp will become healthy and clear. The greatest hair tonic, beautifully perfumed, non sticky. Price \$1.00 per bottle. Sold in Canada by one druggist in every town. Sold by E. A. Foster Charlottetown.

A good thermometer is correctly gauged to respond to every change of temperature. The Hon. MacKenzie King, not unlike the weather gauge, has also his eloquence of speech tempered to meet the changing conditions of political atmosphere in which he moves, as he traverses back again from West to East. When we last heard of him it was amongst farmers, and his story was "tariff revision downwards." At Calgary, where there was somewhat of the air of industry he adopted the more moderate tone of "a policy of fairness in consideration TO ALL INTERESTS"



When The Sea Gives Up Its Dead

A Talk On Thanksgiving

Do you really give thanks?

What does Thanksgiving mean to you? Has it any spiritual significance, or is it merely an occasion for feasting?

It is not our purpose to preach, but it is our purpose to bring home to you some things for which, as a Canadian, you should give thanks.

Consider your welfare in contrast to the hopelessness of many Europeans, remembering that but for the spiritual and personal sacrifice of hundreds of thousands of our Soldiers and Seamen, Canada might be suffering as Europe is to-day.

Then consider those who still bear the loss of husbands and fathers and sons and who must continue to suffer this loss until the sea gives up its dead.

There are, in this country, wives and mothers and children whose husbands and sons and fathers just as surely laid down their lives for Canada's welfare and protection as did soldiers and sailors who died in battle.

Canada's Merchant Sailors—the unsung dead—the plain men of undaunted courage and spirit, who won for their grave the boundless deep. Cypress nor Yew shall weave for them their shade. Their memory is graven in the lonely hearts of waiting women and uncomprehending childhood.

During the war the people of Canada undertook to provide for such as these. They are the people's charge. The Navy League is merely their trustee—you are their hope and their refuge.

Special Note.—

After this year, the League expects to cease asking for funds for the relief of the Canadian dependents of Merchant Sailors who were killed on Active Service. With the Trust Funds now in hand, together with the sum set aside in the Budget, to be raised by public subscription this week, it should be possible to establish an endowment, the income from which will be sufficient to provide for these dependents until the need no longer exists.

But as many of these dependents are young children, the endowment must continue for a number of years, until they become self-supporting.

Their Faith is in You. Ye cannot—ye dare not Break Faith.

The Navy League of Canada

SAILORS' WEEK CAMPAIGN

October 18—23. Dominion Objective \$760,000

IN CANADA. As he treks his way of tariff peace, and less of free erratic and changeable King into eastward towards the great manu- trade storm. Perchance the glass a full fledged protectionist. The facturing centres his policy baro- may change, when he enters the vagaries of his campaign are cer- meter will no doubt register more- hum of industry, to portray the tainly worth watching.

—By Sinnott

PILES Do not suffer another day with itching, bleeding or protruding Piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and afford lasting benefit. 60c a box; all dealers, or Ed- manson, Bates & Co., Limited Toronto. Sample box free if you mention this paper and enclose 2c stamp for postage.

DICKY DIPPY'S DIARY



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