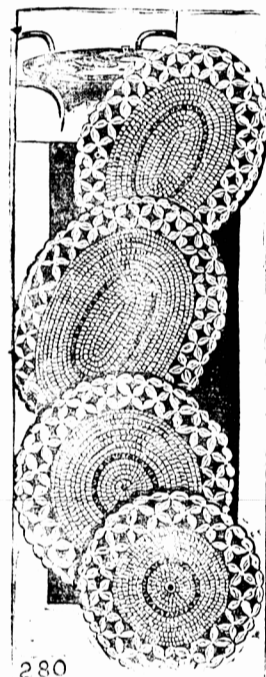


# Woman's Realm Social and Personal Fashions Literature



Proud spectators of United Nations review in Chungking were Generalissimo Chiang Kai-shek and Madame Kung, sister of Madame Chiang and daughter of the late Premier U. S. Army Air Force pilots and Chinese Boy Scouts were among the marchers in parade.

PRETTY HOT PLATE MATS FOR THE TABLE



DESIGN NO. 280

These hot dish mats may be decorated with candlewick or fine cut cotton or rayon yarn. No sewing. Mats needed underneath. Pattern No. 280 contains complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlotteville, Guardian, Needlework Department, Design No. 280

NAME \_\_\_\_\_  
STREET ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_

## Hints for Farmers' Helpers



Tractors are tricky critters — handle carefully! Your first time at showing off may be your last.



If caught in a thunder-storm, hit the ground drinking lots of water flat and fast. Tall and to replace that lost in solitary trees are dangerous. Staying healthy by perspiration. Take extra salt tablets.

Here's some timely advice for land-army volunteers, who can be additionally patriotic by staying healthy as they help the nation's

## Dorothy Dix Says—

### SUSPICION OF MATE DESTROYS WOMAN'S HOUSE OF HAPPINESS

#### Opposite Sexes In Offices Develop Sincere Friendships Far Different From Love

DEAR MISS DIX—I have been married eight years and we have one child. Our home life has been ideal until recently when a woman in her thirties came to work in the same office with my husband. He took a great fancy to her and was always telling me how sweet and good how pure and innocent she was, and what a lovely smile she had, until finally it got on my nerves and I exploded and told him just what I thought of him and of her.



This made him so angry that he struck me. Afterwards he apologized and begged me to forgive him, which I did, but he still insults me if I mention her name and gets perfectly furious. I have asked him to leave this place and get work elsewhere, but he refuses.

I love my husband dearly, but I feel our home is going on the rocks, and my heart is filled with bitterness when I think of his insulting me for this stranger. What shall I do? A SAD WIFE.

#### WIFE BURNS DOWN HOUSE OF HAPPINESS

ANSWER—"For man is tender and woman is tow, and somebody comes and begins to blow, and the tragedy of it is that it is so often the wife who starts the conflagration that burns down her house of happiness. That is what you have done, my poor friend. You have taken the surest possible means of alienating your husband from you and making him fall in love with the other woman by your suspicions and your accusations and your attacks upon her.

Evidently there was nothing between your husband and this girl except a mild mutual attraction, or else he never would have told you about her. Certainly he would never have sung her praises to you if this feeling had not been one of platonic admiration. And if you had agreed with him that she must be a perfectly lovely young woman and asked her up to dinner on Sunday, there are ninety-nine chances to one that it would all have petered out into a harmless friendship that would have been a pleasure in his life, and nothing more. Perhaps you would even have liked the young woman as well as he did if you had come to know her.

You must remember that when men and women work together, day after day there is bound to be some sort of relationship established between them, and they make things either pleasant or unpleasant for each other. Many men and women who work together in the same office find each other intelligent, interesting, stimulating. They come to have a sincere friendship and affection for each other, based on mutual helpfulness and kindness and generosity, but that does not mean that they are in love, or entertain any sentiment towards each other to which the most jealous husband or wife could object.

So my advice to you is to try to get this point of view, which is evidently your husband's. Apologize to him for the insult you offered him in believing that he was not capable of having a disinterested friendship with another woman. Don't, as sure as fate you are going to drive him to her and fan his fancy for the girl into a genuine passion.

And for Heaven's sake, quit nagging him about giving up his position. He is quite right to refuse to give up his good job. Besides, whenever he went there would be women in the office. The only difference would be that next time he would have sense enough not to tell you about one whom he happened to think was nice.

DEAR DOROTHY DIX—I am engaged to a very fine young man who has only one defect. He has an ungovernable temper and gets angry enough over a trifle to strike me. Do you think that it is jealousy that makes him behave so, and that after we are married and he is sure of me he will change? I love him, but I am afraid. JOAN.

#### NO PEACE WITH BAD TEMPERED MAN

ANSWER—You do well to be afraid, Joan, of a man with an ungovernable temper, and you will be lucky if you are so afraid of a future with him that you pass it up.

For of all faults that a man can have, none is worse than for him to be bad-tempered, and if he goes into rages now in which he strikes you, after marriage he will beat you up whenever his black devil drives him into working off his fury on some defenseless object.

Don't delude yourself into thinking that after marriage, when he is sure of you, his jealousy will be appeased. The very essence of jealousy is no peace or joy in life for her if she has to go in trembling fear lest she do or say something that will send her husband into a rage and cause him to hurl insults and abuses at her.

Don't marry a high-tempered man, and if you have a grain of sense in your head don't marry a cowardly bully who has already shown you that he is a woman-beater. If you do, you deserve exactly what you will get.

DEAR MISS DIX—My friends and I have been arguing over this question: What is love's greatest mistake? What do you think?

#### A GROUP OF GIRLS.

#### SELFBISHNESS LOVE'S GREATEST MISTAKE

ANSWER—I think love's greatest mistake is selfishness. Trying to monopolize a beloved one, trying to be all-in-all to someone and shut out every other interest and affection.

Very few people in love ever really consider the happiness of the one they love. They are concerned only with their own. They would bind the one they loved to them without asking whether he or she would prefer some other place. If they enjoy the society of some one, they do not stop to consider the fact that they may bore that one. If some one satisfies them, they never question whether they are also enough for that other one.

A young man who loves a girl will marry her even though he knows that he is dragging her down to poverty and want. A wife who loves her husband will cling to him even though she knows that he is tired of her and that she bears him to extinction. A mother who loves her child will often wreck his prospects in life to keep him with her. Very few people are capable of a love great enough to put another before themselves.

#### THE COOK'S CORNER

#### SACCHARIN PICKLES

One gallon vinegar, 1 cup salt, 1 cup sugar, 1 cup mustard seeds, 25 1/2-grain saccharin tablets. If all ingredients are in perfect condition this solution may be heated WITH-OUT the saccharin tablets and poured over the perfectly clean and dry cucumbers (these amounts will

cover from 6 to 8 quarts cucumbers, depending on their size) upon stirring in the saccharin tablets enough to make them dissolve. But the cucumber skin is not toughened if they are just brought to boiling point when the skin will change color, and immediately drained and dried and solution poured over. Cover with weighed-down plate to keep pickles submerged and keep in cool place in crock.

#### TIP ON FEEDING PETS

Ration officials of the Prices Board say a pot pourri for pets can be contrived with a little ingenuity, and meat rationing need not doom dogs to a monotonous diet. They suggest that broths from meat scraps and bones and water from milled wieners, livers and other meats can be used to moisten dry foods. There are always bacon rinds, left-over puddings, bread scraps, and other table scraps available. For a dog's delicacy, bacon strips and grease may be mixed with cornmeal and baked into a cake.

They taste better — They are better

An excellent source of the natural Vitamin B Complex

A delicious whole grain cereal

The OGILVIE FLOUR MILLS COMPANY LIMITED

## Living & Leisure The Woman's Realm

### I LOVE THIS QUIET HOUSE

I love this quiet house. In these first waking hours, when softer than a mouse Dawn creeps across the room. The scent of dew-drenched flowers Steals in across the sill. Through casements opened wide I feel the wind's caress, and when the first ray of dawn on the spider's loom While all is hushed and still. No jarring sounds betray This tranquil loveliness.

GWEN CASTLE.

### SAFE METHOD TO CAN VEGETABLES

Even experienced homemakers have had some spoilage in canning peas, corn or string beans. These vegetables are difficult to home can (without pressure cooker) because they are nonacid. We can now recommend the following procedure to add acidity. Wash string beans, string top and tail wash and cut in uniform sizes. Put into kettle, cover with water and boil three minutes. Pack to within one inch of top, fill jar half full of canned tomato juice or hot, cooked, strained tomatoes. Then fill to top with liquid used in pre-cooking. Process in water bath for 1-2 hours. Remove, test and cool.

### BATHING SUITS NEED PROPER CARE

Bathing suits are subjected to more destructive agencies than any other piece of merchandise. Chemicals used in pools as a disinfectant, tend to discolor, fade or damage them. Sunlight weakens most fibres and fades color. Perspiration left in the garment tends to damage it, and there are a number of bacterial organisms, such as mildew, which attack bathing suits, especially those containing cotton or wool. In addition, there is the problem of moths, which are most destructive to wool bathing suits. Proper care is the only thing that will check the harmful effects of these different agencies on swim-suit fabrics, whether they be made of rayon, cotton, wool, or a combination of these fibres.

### CRISP WHITE PINAFORES GIVE FRESH NOTE TO ENSEMBLE

NEW YORK—Did you ever expect to dress up in an apron? To wear one over your dress for the practical purpose of keeping your dress clean? Listen to this story from Los Angeles—It's significant because so many new ideas in dress come from the West Coast. New trick rayon, the college campuses in Los Angeles is the wearing of crisp white pinafores over cotton or rayon gresses. The fad has gained greater proportions at the University of California at Los Angeles, than at University of Southern California, but is adding more recruits every day. Doctor's coats, a large one containing water, a smaller one, to fit inside the other, to hold the milk). A thermometer (made especially for cooking use) of fifty is that. A stirring spoon or large spoon of any kind. A sterilized container to hold the pasteurized milk. Ice or iced water.

### PASTEURIZATION OF MILK

1—A double-boiler or two saucepans, (a large one containing water, a smaller one, to fit inside the other, to hold the milk). A thermometer (made especially for cooking use) of fifty is that. A stirring spoon or large spoon of any kind. A sterilized container to hold the pasteurized milk. Ice or iced water.

### LEARN FRENCH

Don't you hope some day that you will see this famous sight—the Eiffel tower? When you go to Paris for the war you will have to know French to a certain degree. Though France is overrun by the Nazis now she will live again. Her language is still one of the two most important languages in the world and every educated person should have at least an understanding of French as well as English. The Free French under General Giraud and General de Gaulle are one of the main fighting allies of Canada in the war against the Axis, and the contacts with the French will be many. You should learn the language.

There are many French in Canada (itself, so if you live in the same community with them you should learn the language to converse with them. Our 32-page booklet is a very handy guide for those beginning to learn French. You can become familiar with everyday French expressions quickly. In a few hours of fascinating study you can learn the fundamentals of the language. Send 15c in coins for your copy of Teach Yourself to Speak French to the Charlottetown Guardian Home Service A-1, Inc. Be sure to write plainly your name, address and the name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

Place raw milk in smaller or upper part of boiler. Plunge thermometer into milk while stirring with ladle or spoon previously sterilized. Heat milk as rapidly as possible until it reaches 165 degrees F. Empty lower vessel of its hot water and fill with ice or cold water. If the latter is used replace it as it becomes warm. Cool milk as quickly as possible to below 45 degrees F. Four milk-sterilized recipients an place on ice till used.

Apple skins have more vitamin C in the pulp—the reason for unpeeled apple in cabbage, carrot and celery, or chicken salads.

Taste teasing are alternate layers of mashed potatoes and sauerkraut with bits of sausage added, baked to cook thoroughly.

To stretch meat, brown a little ground beef, add diced celery and onion and tomato soup. Simmer 15 minutes, serve on hot buns.

### CANNED FRUIT CELLAR

Canned fruit keeps best in a cool, dark, dry, well-ventilated place where the temperature never falls below freezing.

New under-arm Cream Deodorant safely Stops Perspiration

ARRID

1. Does not irritate skin. 2. No staining. Can be used right after shaving. 3. Instantly stops perspiration for 1 to 3 days. Prevents odor. 4. A pure, white, greaseless, stainless vanishing cream. 5. Awarded Approval Seal of American Institute of Laundering for being harmless to fabric.

Arid is the largest selling deodorant

39c a jar

ARRID

Home Service

You Should Know the French Language Fairly Well

LEARN FRENCH

Don't you hope some day that you will see this famous sight—the Eiffel tower? When you go to Paris for the war you will have to know French to a certain degree. Though France is overrun by the Nazis now she will live again. Her language is still one of the two most important languages in the world and every educated person should have at least an understanding of French as well as English. The Free French under General Giraud and General de Gaulle are one of the main fighting allies of Canada in the war against the Axis, and the contacts with the French will be many. You should learn the language.

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**PRESERVE FRUIT**  
The New British Way!

No SUGAR... No COOKING... No STERILIZING

**FRUIT-KEPE**  
Keeps Fruit

25 PRESERVE 25 lbs.

**VICTORY**

HEALTH LEAGUE OF CANADA

Proof found by U. S. investigators that St. Louis and western equine encephalomyelitis (horse sleeping sickness) are naturally transmitted by mosquitoes which are common to the Canadian prairie. The Health League of Canada has given emphasis to warnings by public and animal health authorities to vaccinate all horses this season. Just because there were comparatively few cases of encephalomyelitis a high fat disease, among horses last summer, vaccination has been almost entirely neglected this year, according to Dr. J. S. Fulton, director of Animal Disease Research Laboratory, University of Saskatchewan. Dr. Fulton has been a leading investigator of the cause and epidemiology of equine encephalomyelitis and its relationship to human cases. He has urged for some years the vaccination of all horses. Thousands of animals died in a western epidemic a few years ago. Since then scientists have established the relationship between the disease suffered by horses and human encephalitis cases. The mosquitoes found to be natural transmitters of the sleeping sickness, or brain fever, as it is sometimes called, are Culex tarsalis, Culex pipiens and Aedes lateralis. They are common in Western Canada. In Kansas, also, a bug, Trichona sanguisuga, has been found naturally infected with western encephalomyelitis. Lt. Col. T. Mackie, U. S. Army Medical Corps, reported recently in The Journal of the American Medical Association. He regarded it as even more significant that experimental demonstration had shown that species of Dermacentor ticks could be infected and that in these species the infection should be transmitted to succeeding generations. Possibility is seen in Canada that horses, unless protected against the disease, may provide a reservoir of infection to be transmitted to humans by such agents as mosquitoes and other insects and provide easy rapid and wide spread of such diseases.

**A Morning Smile**

Mrs. Nubryde—I don't want any more flour like you sent me last week. Grocer—What was the matter with it? Mrs. Nubryde—It was so tough my husband couldn't eat the biscuits I made from it.

PURE Fine Quality that assures Smoothest Results

**BENSON'S CORN STARCH**

FOR DELICIOUS AND ECONOMICAL DESSERTS

**Needlecraft For The Home**

SUN-BACK PLAY DRESS

Everybody, it seems, is going bare-back for health and fun in the sun. This halter-neck dress is simplicity itself to make, and a big contribution to your summer vacation, for just a little fabric and a little sewing time. Nice for picnic, for shakspian for rayon crepe and cotton washables.

Style No. 3364 is designed for sizes 12 to 20, 36 to 40. Size 16 requires 2 7/8 yds. 5-in. fabric for the dress; 1 1/2 yds. for the jacket. Pattern is hand-cut to United States Standard measurements and includes chart with step-by-step instructions for cutting and sewing.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

More than 1,000 British girls between the ages of 15 and 17 have been recruited by the government to be trained to look after babies whose mothers are on national service in the industrial areas.

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**SOLDIERS RUB OUT TIRED ACHES**

HEI! SARGE WHERE'S YOUR MINARD'S?

3364 SIZES 12-40

FOR FISHERMAN'S BOOB There are 52 species and species of rays and skates in local coastal waters.