

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

How to Help Your Husband... Dorothy Dix... Considers Love More Valuable Than Thrift

When a Woman Thinks of Helping Her Husband, She Considers Only Thrift - Yet Good Food and Good Cheer, Love and Faith in His Power to Accomplish Are What Enable a Man to Succeed

Every bride dreams of being an inspiration in her husband's life. Every worth-while woman wants to be a real helpmate to the man to whom she is married.



Strange to say, however, when a woman thinks of helping her husband she thinks of it only in terms of thrift. Saving his money. Penny pinching.

Now, without doubt, an economical wife is one of helping her husband she thinks of it only in first aid to getting rich that is not to be despised.

Indeed very often the women who help their husbands most are not savers but spenders. Many a man would have taken things easily and never been more than moderately well off if he had been married to a woman who could make one dollar do the work of two.

How, then, can a woman help her husband? First, by making him comfortable home and feeding him properly. It is curious how little stress women put on this as a factor in their husbands' success in the world.

Yet when their husbands break down with nervous prostration at 45 it is nearly always because the poor things never had a comfortable place to rest after their hard day's labor so that they could go back refreshed and restored to their work.

Many a man insults his best customer or quarrels with his partner or throws up a good job or goes bear on the market or turns down a business proposition that would have made him a fortune simply because he has had a breakfast of mean coffee and soggy bread and fried eggs that have filled him so full of bile that he looks at everything through green spectacles and feels that the whole world is going to the dogs.

For nothing slows a man down like bawling him out. Nothing takes his mind off his work like a family row. The man who has to make an effort to put out of his thoughts the memory of the mean things his wife said to him and the meaner things he said to her at a breakfast-table fight, before he can concentrate on his daily task has his ability diminished at least 50 per cent.

Not is this mere theory. Not long ago one of the big railroads had a survey made of the home life of their thousands of employees and it ascertained that not only was the efficiency of the men almost in exact ratio to the way they got along with their wives, but that most of the wrecks occurred after the man had had some domestic squabble.

So the woman who wants to speed her husband up does so by keeping him happy, keeping his mind clear of worries so that he can give all the power that he has to his work. For happiness is the big medicine that quickens our faculties, that spurs on our ambition, that gives us fresh strength and courage and makes us feel that we can achieve things. When we are miserable and discouraged we are beaten.

And finally most of all a wife can help her husband by just believing in him and pepping him up when his own courage falters. There come times of discouragement to every man; times when business is bad; times when investments turn out disastrously; times when the results of years of work are swept away in an instant, and then whether he goes down to defeat or girds himself up and fights on to victory depends almost altogether on his wife.

Love, said Mr. Kipling in one of his poems, "hath made this thing a MAN." And it is the women who love their husbands and believe in them who make men successes.

When it was presented the box office manager shook his head. "Sorry," he said, "but we don't make up prescriptions here."

It is curious how little stress women put on this as a factor in their husbands' success in the world. They seem to think it is just a matter between them and their bridge games whether they are home in time to have the house lighted up and cheerful and a good dinner prepared for their husbands or whether he comes home to a dark house and to eat a meal that has been brought home in paper bags from the delicatessen store, and if their husbands complain they think they are fussy and unreasonable.

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THEN SHE LEARNED A SECRET... by C.A. Voight



These richer, safer suds last longer, too... YOU can trust your finest cottons and linens—white or colored—to Rinsol's gentle care.

For The Cook

Almond Fig Cake... 1/2 cup butter, 1 1/2 cups sugar, 2 eggs, 1 cup milk, 3/4 teaspoon salt, 4 cups flour, 4 teaspoons baking powder, 1 cup figs (chopped), 1 cup peel (thinly sliced), 1/2 lb. almonds (blanched).

What the Fashionables are Wearing



By Annabelle Worthington... for it gives the dress such a neat trim appearance. It can be made detachable, so as to be readily laundered.

BURDOCK BLOOD BITTERS advertisement with logo and text.

Boils So Bad Could Not Work... Mr. Wm. Davyduk, Smeaton, Sask., writes: "Three years ago I was troubled with boils which were so bad I could not work."

A Morning Smile... NO DRUG STORE... The simple German remedy, Adlerika, reaches the UPPER bowel washing out poisons which cause stomach trouble.

2 attacks COLDS... 2 WAYS at once 1-by stimulation 2-and inhalation... rub on VICKS VAPORUB

Simple German Remedy For Stomach Trouble... The export of rubber goods in November was valued at \$546,544 of RUBBER

MORTGAGE SALE... To be sold by Public Auction in front of the Court House at Charlottetown in Queen's County on the 28th day of December, A. D. 1932

ASHES of ROSES A Romance of Today By Joanna Cannan... The optimistic chemistry of love will often open the eyes of the most obtuse persons to beauties of the world hitherto ignored by them;

Piles Go Quick... Itching, bleeding or protruding piles go quickly and don't come back if you really remove the cause. Bad blood circulation in the lower bowel and hemorrhoidal veins causes piles by making the affected parts weak, flabby almost dead.

Acknowledgement... On behalf of the Provincial Sanatorium Commission I wish to gratefully acknowledge many contributions of money and other articles received from the Women's Institute during the year 1932.

Bad Attacks of Flu... E. M. Ward Finds Wonderful Pick-Me-Up in Dr. Williams' Pink Pills... "I have had attacks of the flu frequently since 1919, and sometimes very bad attacks, but always when on the road to recovery I take Dr. Williams' Pink Pills and I find them a wonderful pick-me-up."

POLTRY... I require a large quantity of Milk Fed Chickens and Fowl. Prompt remittances.

Professional Cards... Stewart & Lowther, J. D. STEWART, K. C., N. W. LOWTHER, BARRISTERS, SOLICITORS, ETC.

MINARD'S "KING OF PAIN" LINIMENT... Add an equal amount of cream, or sweet oil, to Minard's, and apply the mixture once daily. A simple treatment which will clear up your skin!

Dr. W. R. Carson CHIROPRACTOR... Three Year Palmer Graduate 124 Prince St. Phone 1072 Home Calls Made.

EYES TESTED AND GLASSES FITTED... J. S. TAYLOR AND E. W. TAYLOR, Optometrists, 142 Richmond Street

J. D. JENKINS Charlottetown... I require a large quantity of Milk Fed Chickens and Fowl. Prompt remittances.

McLEOD & BENTLEY... J. A. BENTLEY, W. E. BENTLEY, K. C., Barrister and Attorney-at-Law MONEY TO LOAN

Store For Rent On Queen Street... The store formerly Stewart's Restaurant, opposite Prowse Bros., can be fitted for either store or office purposes.

Prohibition Commission... Chas. H. Black, Chairman, Charlottetown. Jas. E. McDonald, West St. Peter John Simpson, Hamilton. Send all information regarding infractions of PROHIBITION to the above or to Inspector J. Fripps, R. C. M. P.

Professional Cards... Stewart & Lowther, J. D. STEWART, K. C., N. W. LOWTHER, BARRISTERS, SOLICITORS, ETC.