

Woman's Realm :- Social and Personal :- Fashions :- Literature

Little Princess Celebrates Birthday



Saturday, August 20, each year day anniversary of Princess Margaret Rose, younger sister of the beloved Princess Elizabeth. Three Duchesses of York, for it is the birthday of the quiet beauty father and mother are dark, the children are blonde in type. (1) Princess Elizabeth who and their ever popular mother, the Duchess of York with her little sister. (2) a happy sister. (3) Princess Margaret Rose; (2) a happy sister.

Chocolate on Tap

Milk drinks are very valuable. To make them interesting, there is nothing more useful than chocolate. Not milk alone, but cream, beaten eggs, malted milk, and the good quality cocoa or chocolate itself, add real food value to the drink—which still has all the charm of its refreshing chill and unusual character, to make it welcome on the table.

In the long run, there is no way of making these chocolate drinks that is so easy or so satisfactory as with the cocoa syrup, which can be made up in quantity and used as it is wanted. It is ready at a moment's notice, to help you with luncheon, at the tea hour, when evening guests call or when the children demand a treat. It will be quite satisfactory for a month, if kept in a gum jar in the refrigerator.

Cocoa Syrup

1-2 cup cocoa
1-2 cups sugar
Dash of salt
1 cup cold water
2 teaspoons vanilla
Mix cocoa, sugar, salt and water. Place over low flame and stir constantly until sugar is dissolved and mixture boils. Boil 3 minutes and add vanilla. Pour at once into air tight jar and seal. When cold, place in refrigerator. This syrup will keep fresh for a month. It can be used as a base for delicious food chocolate drinks, as suggested in many of the following recipes, or as a sauce, by reheating and adding a little butter. Makes 2 cups cocoa syrup.

Chocolate Milk Shake

4 tablespoons cocoa syrup
1 glass milk
Combine ingredients and shake well with cracked ice. Serve in tall glass. For chocolate float add 3 tablespoons chocolate ice cream. Serves 1.

Chocolate Egnog

4 tablespoons cocoa syrup
1 glass milk
1 egg yolk, well beaten
1 egg white, stiffly beaten
Mix cocoa syrup and milk; add egg yolk and shake well. Fold in egg white and pour over cracked ice in tall glass. Serves 1.

Chocolate Malted Milk

4 tablespoons cocoa syrup

Dysentery Is Dangerous CHECK IT AT ONCE



is the remedy you should use. It is not an experiment, but a tried and proven preparation that has been used in Canada for the past eighty years for all bowel complaints. Price 50c a bottle at all drug-gists or dealers; put up only by The T. Mulburn Co., Limited, Toronto, Ont.

1 glass milk
2 tablespoons malted milk powder
Combine ingredients in order given, beat well and pour over cracked ice in tall glass. For chocolate malted milk float, add 3 tablespoons chocolate or vanilla ice cream. Serves 1.

Evaporated Milk Shake

4 tablespoons cocoa syrup
1-2 cup evaporated milk
1-4 cup water
Combine ingredients in order given and shake with cracked ice until foamy. Pour into tall glass. Serves 1.

Frosted Chocolate

1-2-2 tablespoons cocoa syrup
1-2 cup milk
4 tablespoons ice cream
Charged water
Combine cocoa syrup, milk and ice cream. Stir well. Add charged water to fill glass. Top with one tablespoon whipped cream, if desired. Serves 1.

Mint Chocolate

6 tablespoons cocoa syrup
3-4 cup milk
2 tablespoons cream
1-4 teaspoon peppermint extract
Mix ingredients in order given and shake well with cracked ice. Pour into tall glass and top with whipped cream and a sprig of mint if desired. Serves 1.

A Morning Smile

BIBLICAL STOREHOUSE

Bishop Hoss of Nashville, Tenn., tells this story concerning the most popular use made of the Bible. He says: "The religious knowledge of too many adults resembles, I am afraid, the religious knowledge of little Eve. 'So you attend Sunday School regularly?' the minister said to little Eve. 'Oh, yes, sir.' 'And you know your Bible?' 'Oh, yes, sir.' 'Could you, perhaps, tell me something that is in it?' 'I could tell you everything that is in it.' 'Indeed!' And the minister smiled. 'Do tell me, then.' 'Sister's beau's photo is in it,' said little Eve promptly, 'and ma's recipe for vanishing cream is in it, and a lock of my hair, cut off when I was a baby, is in it, and the tickle for pa's watch is in it.'

GUILTY CONSCIENCE

"That's a nice umbrella you have!" "Isn't it?" "A present?" "No—it was like this. It started to rain the other day, and I stepped into a doorway to wait till it stopped. Then I saw a young fellow coming along with a large umbrella, and I thought if he was going as far as my house I would beg to be allowed to share it. So I stepped out and asked, 'Where are you going with that umbrella, young fellow?' and he dropped it and ran!"

Widowed Mothers Deserve Independence
Dorothy Dix
Parasitic Life With In-Laws Sad Existence

Letter From Woman Who Refused to Live With Her Children Best Sort of Sermon to One Bereaved of Husband—Proves Her Own Argument in Favor of Being Happy Instead of Dependent

"When my husband died," wrote a woman to me not long ago, "my children insisted that I should come and live with them. Even my sons-in-law and daughters-in-law did, which was sweet and dutiful of them, but I declined their kind invitation with thanks."

"No 'No,' I said to them, 'we are all on the most amiable and delightful terms now and very fond of each other. Let's stay that way.' 'But, mother,' they protested, 'you can't stay in this big house just by yourself.' 'I have no intention of doing so,' I replied, 'I am going to sell it and go and live in a nice comfortable family hotel, where I will have company when I want it, and other unattached women like myself to step out of an evening when I want to go to the theatre or the movies or a lecture. Of course, a woman's things get to be part of her. They are so full of memories and associations, so I shall take my household gods that I worship most and furnish my bedroom and sitting room so I shall have the faces of old friends always about me, and the remainder of the things I shall give away. I am not going to be a slave the balance of my life to a few chairs and tables.' 'But, mother,' they insisted, 'you will be so lonely among strangers.' 'Not so lonely,' I returned, 'as I would be if I even suspected that I was a guest who was wearing out her welcome, and that the household would be a little bit less pleasant and everybody a little more comfortable and happy if I was not there. Anyway, I decline to be that most pestiferous pest, the perpetual visitor. I am going to have some place of my own that belongs to me and where I belong, and where I can turn the key and do as I please without consulting anybody else's taste, or convenience, or comfort, or rights.' 'So, in spite of their protests, I carried out my plan and it has worked for the happiness of all concerned. Instead of my children having me fastened around their necks like an Old Woman of the Sea that they can't get rid of, I am an ever-welcome guest in their houses, and because I am a transient guest I do not feel called upon to criticize the cooking, or interfere with the way in which my hosts run their homes and rear their children.

"And this makes for peace, for an interfering old woman with the best intentions in the world can stir up more trouble in a minute in her children's lives than malice could invent in a week. 'And none of us can keep our fingers out of our children's pies. We are so interested in our sons' and daughters' affairs, so anxious to help them, so eager in our desire to keep them from making mistakes, and they still seem such babies to us, no matter how old they are, that we just can't help thrusting unsought advice upon them, and telling them how we always did thus and so, all of which irritates them to the point of madness. 'Put two women together who belong to different generations, whether they are mother and daughter or mother and daughter-in-law, and they would have to be pin-feathered angels if they didn't clash every day on a thousand points, little things that really don't amount to a row of pins, but that keep them sort of sore at each other. 'Now it is literally true that what we don't know doesn't worry us, and so if we don't see how thick our daughters-in-law peel the potatoes we don't have to warn them about how they are ruining our sons with their wastefulness. And if we don't know how often our son-in-law plays golf we don't have to suggest to our daughters that they had better be attending to their business. And if we don't have our grandchildren's conduct right under our eyes all the time we don't have to throw up our hands and ask what the world is coming to, and say that's not the way we brought our children up. 'Of course, in refusing to live with my children I was considering their welfare first, and facing the fact that any outsider in a home is a menace to it, for it breaks up the intimacy that should exist between a husband and wife. Also, I was recognizing that every woman has a right to run her own house and bring up her own children in her own way, without having any third party butting in. 'But likewise I had my own happiness in mind, and I was reflecting that any mother who goes to live with her children either has to be an irritant or a rubber stamp, and I didn't want to be either. I didn't want to be in a position where I would either have to yes-yes everything that was said and done, or else start something every time I expressed an opinion. 'Nor would my pride permit me to become one of those parasitic women who have no life, nor friends, nor amusements of their own, but have to depend on their children for them. You know the sort of

Open Your Eyes

PROPER TREATMENT MAKES THEM TALK BECOMINGLY

If your eyelids aren't giving you the proper co-operation don't close them and decide that it is too bad but there is nothing that you can do about it. Open your eyes to the fact that they can still take tricks, without batting an eyelash. Long eyelids are desirable always. They add mystery and charm to a face. An eye that doesn't have the right sort of a lid immediately loses glamor. It tells all it knows right away, and while eyes are supposed to talk—and talk a lot—they aren't supposed to talk unbecomingly? You may extend your eyelids by using an eyebrow pencil at the outside corner of your eye. Don't make heavy, black marks. Just light, gray ones. Blot the line with your finger tips. Then powder. A gray blur will linger under the powder. Your eyes will thank you immediately.

Eye-Shadow

Eye shadow, of course, is used on the lower part of the lid. Never put it under the eye. If you want to make your eyes appear wider, use the eye shadow on that portion of the lid which is nearest the temple. The place immediately under your eyes should have a dewy look. You have this naturally you are one of the blessed. If you haven't just a touch of cold cream will help you to achieve it. Vaseline is excellent for use in this area. If you prefer to use vaseline instead of eye shadow on your eyelids, you may obtain an effect that is just as charming, or in your particular case, even more pleasing. Experiment until you have made the eyes that you want. Eyebrows will curve if you train them to curve. Buy a camel's hair brush, especially designed for brushing them. Use it faithfully and regularly. Consistency is part of the game. Brush your eyebrows the wrong way first, in order to stimulate the blood supply. Then brush them into shape the way that you want them to go. That questioning glance which curved eyebrows give is well worth having. Vaseline, rubbed into the root of your eyebrows at night, will help to nourish them.

Even On Stock Market

By 1834 the Dutch were so obsessed with tulip speculation, according to an account, "that the regular industries were ignored for the most part, and by 1836 the demand for rare species became so great that they were dealt with on the stock exchanges. 'The manipulation of the market and frenzied gambling took place. People sold their houses and lands, jewels and other valuables at any price they would bring to buy tulips. When the crash finally came thousands were left homeless.' With all this early craze over a single type of flower, it is only natural that a measure of its attractiveness should still linger. You can find the flower in any part of the country and, because it lends itself to beds and borders, they generally are seen in a mass.

Plan Now—Plant Later

Planning a tulip bed for next year is a job for the gardener at this time. Perhaps a border or bed is required to touch up some bald spot in the yard; perhaps the gardener wants to plant both late and early varieties in the same bed to secure a succession of blossoms. All this can be done on paper before the bulbs are set in.

Favorite Turkish Flower

The flower was a favorite with the Saracens for generations, and it was in the Constantinople gardens that the tulip was first seen by De Busbequius, ambassador of Emperor Ferdinand I at the court of the sultan in 1534, and sent back to the gardens of Spain, Holland, England and Germany. Holland was the country first to realize the worth of these flowers. Dutch traders began to carry on a heavy traffic in the bulbs, and growers in Holland commenced a painstaking system of raising them crossing them to make numerous strains. During the first part of the 17th century the bulb was at its highest value. Some of them were sold by weight, like jewels, and one bulb of "Vic Roi" was known to sell for \$1,700, while one of the "Admiral Vin Eneckhuysen" strain brought more than \$2,200.

How Do You Place Your Feet

"I didn't know you were absent-minded!" I said to Jane, as we sat together in the street car. "Oh, my dear, I am frightfully, but—" she looked at me, startled, "what do you mean?" "I noticed the way you were sitting!" I told her, and since she wanted to know more, I took her round the carriage, as it were, and pointed out a few characteristics. You can tell an awful lot about people by watching the way they place their feet! For instance, take Jane—she was sitting with her toes turned in. That always denotes a person apt to be dreamy and absent-minded; generally they aren't very tidy; in the same way, if they don't usually sit like this, and you happen to notice them doing so, you can ask them what's on their mind, worrying them. (And watch them jump!) People who sit with their feet side by side are inclined to be rather dogmatic. They have opinions of their own and are rather critical; they have an excellent sense of law and order, and are very just. Those that sit with one foot in front of the other (but not with the toe turned in!) have good imaginations, see the other person's

The bright metal package preserves the FRESHNESS as nothing else can. Big value - Modest price. BROWN BETTY TEA 35¢ PER POUND. From the House of KING COLE

Planning Your Tulip Beds

IF YOU WANT A GORGEOUS RIOT OF COLOR NEXT SPRING, BEGIN TO PLAN AND PLANT LATER. In selecting the bulbs, if you haven't a supply pulled up for transplanting from this year's bed, make sure you get them from a reliable dealer. There are many varieties to choose from. Among them are Darwin, Breeder, Rembrandt, Lily-flowered, Bl. Bloom, Botanical and the new rock garden types. The bulbs can be set in the ground from the latter part of September up to freezing weather in November. They should be set about four inches apart and about four inches deep. After setting, which should be in a sunny place, the bulbs should be covered with a layer of fertilizer.

How Do You Place Your Feet

"I didn't know you were absent-minded!" I said to Jane, as we sat together in the street car. "Oh, my dear, I am frightfully, but—" she looked at me, startled, "what do you mean?" "I noticed the way you were sitting!" I told her, and since she wanted to know more, I took her round the carriage, as it were, and pointed out a few characteristics. You can tell an awful lot about people by watching the way they place their feet! For instance, take Jane—she was sitting with her toes turned in. That always denotes a person apt to be dreamy and absent-minded; generally they aren't very tidy; in the same way, if they don't usually sit like this, and you happen to notice them doing so, you can ask them what's on their mind, worrying them. (And watch them jump!) People who sit with their feet side by side are inclined to be rather dogmatic. They have opinions of their own and are rather critical; they have an excellent sense of law and order, and are very just. Those that sit with one foot in front of the other (but not with the toe turned in!) have good imaginations, see the other person's

Favorite Turkish Flower

The flower was a favorite with the Saracens for generations, and it was in the Constantinople gardens that the tulip was first seen by De Busbequius, ambassador of Emperor Ferdinand I at the court of the sultan in 1534, and sent back to the gardens of Spain, Holland, England and Germany. Holland was the country first to realize the worth of these flowers. Dutch traders began to carry on a heavy traffic in the bulbs, and growers in Holland commenced a painstaking system of raising them crossing them to make numerous strains. During the first part of the 17th century the bulb was at its highest value. Some of them were sold by weight, like jewels, and one bulb of "Vic Roi" was known to sell for \$1,700, while one of the "Admiral Vin Eneckhuysen" strain brought more than \$2,200.

Even On Stock Market

By 1834 the Dutch were so obsessed with tulip speculation, according to an account, "that the regular industries were ignored for the most part, and by 1836 the demand for rare species became so great that they were dealt with on the stock exchanges. 'The manipulation of the market and frenzied gambling took place. People sold their houses and lands, jewels and other valuables at any price they would bring to buy tulips. When the crash finally came thousands were left homeless.' With all this early craze over a single type of flower, it is only natural that a measure of its attractiveness should still linger. You can find the flower in any part of the country and, because it lends itself to beds and borders, they generally are seen in a mass.

Plan Now—Plant Later

Planning a tulip bed for next year is a job for the gardener at this time. Perhaps a border or bed is required to touch up some bald spot in the yard; perhaps the gardener wants to plant both late and early varieties in the same bed to secure a succession of blossoms. All this can be done on paper before the bulbs are set in.

How Do You Place Your Feet

"I didn't know you were absent-minded!" I said to Jane, as we sat together in the street car. "Oh, my dear, I am frightfully, but—" she looked at me, startled, "what do you mean?" "I noticed the way you were sitting!" I told her, and since she wanted to know more, I took her round the carriage, as it were, and pointed out a few characteristics. You can tell an awful lot about people by watching the way they place their feet! For instance, take Jane—she was sitting with her toes turned in. That always denotes a person apt to be dreamy and absent-minded; generally they aren't very tidy; in the same way, if they don't usually sit like this, and you happen to notice them doing so, you can ask them what's on their mind, worrying them. (And watch them jump!) People who sit with their feet side by side are inclined to be rather dogmatic. They have opinions of their own and are rather critical; they have an excellent sense of law and order, and are very just. Those that sit with one foot in front of the other (but not with the toe turned in!) have good imaginations, see the other person's

Favorite Turkish Flower

The flower was a favorite with the Saracens for generations, and it was in the Constantinople gardens that the tulip was first seen by De Busbequius, ambassador of Emperor Ferdinand I at the court of the sultan in 1534, and sent back to the gardens of Spain, Holland, England and Germany. Holland was the country first to realize the worth of these flowers. Dutch traders began to carry on a heavy traffic in the bulbs, and growers in Holland commenced a painstaking system of raising them crossing them to make numerous strains. During the first part of the 17th century the bulb was at its highest value. Some of them were sold by weight, like jewels, and one bulb of "Vic Roi" was known to sell for \$1,700, while one of the "Admiral Vin Eneckhuysen" strain brought more than \$2,200.

Even On Stock Market

By 1834 the Dutch were so obsessed with tulip speculation, according to an account, "that the regular industries were ignored for the most part, and by 1836 the demand for rare species became so great that they were dealt with on the stock exchanges. 'The manipulation of the market and frenzied gambling took place. People sold their houses and lands, jewels and other valuables at any price they would bring to buy tulips. When the crash finally came thousands were left homeless.' With all this early craze over a single type of flower, it is only natural that a measure of its attractiveness should still linger. You can find the flower in any part of the country and, because it lends itself to beds and borders, they generally are seen in a mass.

Plan Now—Plant Later

Planning a tulip bed for next year is a job for the gardener at this time. Perhaps a border or bed is required to touch up some bald spot in the yard; perhaps the gardener wants to plant both late and early varieties in the same bed to secure a succession of blossoms. All this can be done on paper before the bulbs are set in.

For The Cook

GRAPE WINE

Nine lbs. grapes, 4k lbs. sugar. Wash and pick over grapes and place in 2 gallon jar. Fill with cold water. Cover with cheese cloth and keep in warm place. Stir twice a week for 6 weeks. Strain and let stand 2 weeks longer. Fill in bottles.

CHOCHECHERRY WINE

Pour 2 quarts boiling water over 1 quart berries. Let stand for 24 hours stirring occasionally. To 1 quart juice, add 1 1/2 lbs. sugar, 3 oz. ground cinnamon, 1/4 oz. ground cloves. Boil for 5 minutes, then turn into a crock and set away to ferment. When fermentation ceases, strain, bottle and seal.

RHUBARB MARMALADE

To each lb. rhubarb, cut into inch lengths, add 1 lb. sugar and let stand over night. In morning add juice and grated rind of 1 lemon to each 3 lbs. fruit. Let come to a boil. Boil 30 minutes, then simmer until thick.

RHUBARB WINE

Cut rhubarb in short pieces and to each five pounds in weight, add a gallon of cold water. It should stand about a week and should be well stirred from time to time. Then strain it, and to each gallon of liquid add three pounds of sugar. Keep for several months.

SPRUCE BEER

Ingredients: Two ounces hops, two ounces chip sassafras; ten gallons water. Boil half an hour, strain; add seven pounds brown sugar; one ounce essence of ginger; one half ounce ground pimento. Put in a cask and cool. Then add one and one-half pints yeast. Let stand 24 hours. Fine and draw it off to bottle.

BLUEBERRY WINE

One quart berries 3 quarts water, 5 lbs. sugar (granulated) a handful of raisins. This makes one gallon of wine. Mix all together, put in a jug and set away for forty days at least to ferment. Then smash up all the berries so as to have all the juice and strain well. Put in bottles of jug and cork up tight. It may be used a week or so later.

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern. Annabelle Worthington



It is modish and chic for the normally built woman and has a slenderizing effect for the heavier type. Notice the inset vest extends in pointed effect below the waistline instead of stopping at the waist as such affairs generally do. The softly falling jabot reverses cut breadths in a charming way. You'll like the smart skirt lines. You can use tub silks, linen, plique, shantung, voile, prints and batiste prints, etc., for this smart model. The original was blue and white voile print, so enticingly cool and practical. The trim was plain white. Style No. 562 is designed for sizes 16, 18, 2 years, 36, 38, 40, 44 and 46 inches bust. Size 36 requires 3 1/2 yards 35-inch with 1/4 yard 35-inch contrast. Price of Pattern 15 cents in stamps or coin (coin preferred). Wrap coin carefully.

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern. Annabelle Worthington

Form for ordering a pattern, including fields for Name, Street Address, City, State, and Size.