

Woman's Realm Social and Personal Fashions Literature

Spring SINGING STYLES for 1948

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With snug waist-whittling Jackets and swirling Skirts or that ever-stylish Tailored Suit that's always in style.
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Full length and Shorties in all the newest styles and colours.
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Printed perennial favourites as well as plains in Crepes, Jerseys, Gabardines and Rayons.
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BE FASHIONABLE! BE THRIFTY!
SHOP AT
KENNEDY'S LADIES' READY-TO-WEAR
166 QUEEN ST. PHONE 1766

Household Scrapbook

By Roberta Lee

Laundering Linens
If a high gloss is desired on linens, mix the starch with lukewarm water instead of cold. Then mix with boiling water until desired thickness is acquired, add 1/2 teaspoon of salt, and stir with a white wax candle.

Spilled Grease
If grease has been spilled on one of the burners in your stove, it can be easily removed by detaching it and holding it over the flame of another burner.

Rusty Breadbox
Don't allow your breadbox to remain rusty. Clean it up by rubbing gently with some emery paper, and then prevent further rust by coating with some lard.

BLACKHEADS

Blackheads go quickly by a simple method that dissolves them. Get two ounces of peroxide powder from your drugist, apply with a hot, wet cloth gently over the blackheads—and you will wonder where they have gone.

Better English

D. C. Williams

1. What is wrong with this sentence? "We have the fixings for a delicious salad."
2. What is the correct pronunciation of "height"?
3. Which one of these words is misspelled? Allegedly, allegoric, allegiance.
4. What does the word "profanation" mean?
5. What is a word beginning with "r" that means "not applicable or fitting"?

ANSWERS
1. "We have the fixings for a delicious salad." 2. Profanation. 3. Allegiance. 4. Act of profaning, especially sacred things. "The profanation of the name of God." 5. Irrelevant.

Baked the Christie way

Crisp!

all the way through

Christie's Biscuits

That Body Of Yours

By James W. Barton, M. D.

GET EXAMINED BY PHYSICIAN AND EAR SPECIALIST BEFORE BUYING A HEARING AID

One of the encouraging sights of recent years is that of former hard-of-hearing individuals now able to hear clearly and so mix freely with others instead of, as in former years, having to avoid their fellows and develop an inferiority complex.

Today you meet old friends who formerly were a severe trial to your patience who are able to discuss all matters in which you are both interested. Also you are served efficiently in stores and offices by many who formerly were unable to meet or serve the public.

What has brought about this change in the hearing ability, and so in the life of the hard-of-hearing? The main cause is in the new hearing aids, which have been developed by the help of ear specialists, and the use of the audiometer which enables the ear specialist to tell the exact amount and kind of hearing ability present. Just as the eye specialist can prescribe the type of seeing loss present, so can the proper type of hearing aid be prescribed for the hard-of-hearing. Because the proper type of hearing aid can be prescribed for the majority of the hard-of-hearing, it does not follow that these individuals should first purchase a hearing aid. All hard-of-hearing individuals do not need a hearing aid.

With the first sign of loss of hearing, they should consult their family physician who, if unable to locate the cause of the loss of hearing, will refer them to an ear specialist. The family physician may find that some common condition may be interfering with hearing and may be able to remove or correct it.

Thus, we packed against the outer side of the eardrum is a common cause of hard of hearing. By putting in the outer ear a few drops of peroxide of hydrogen, leaving it in for a few minutes with the patient's ear resting on the opposite side, then with a powerful syringe injecting hot baking soda solution—half a teaspoon to a glass of water—the wax can be removed and hearing restored.

Other obstructions to hearing observed and removed or corrected by the ear specialist are enlarged tonsils and adenoids, thin blood, and ear of deafness (psychosis). Remember, see the family physician and ear specialist before purchasing a hearing aid.

LADIES! READ THIS:

Unwanted hair removed instantly from face, arms, legs with Flax Hair Remover. Actually destroys the entire hair above and below the skin surface. Harmless—leaves skin soft and smooth. You can't lose. Money promptly refunded if hair grows back after third application with no questions asked. Price \$2.00 postpaid. (C. O. D.'s—Postage extra.)

KAPEX PRODUCTS (Dept. 55)
Box 22, Station B, Montreal, Que.

FIRST ON FUR FARM

Silver fox was the first important commercial fur bearer successfully raised in captivity in Canada.

DIGESTION OFF? Jittery? Peppless?

—Your Nerves May Need Feeding

Every act—every movement of your body, no matter how small, is controlled by nerves. When nerves lack nourishment, every function of your body may suffer: digestion, bowels, muscles, bones may be weakened, physically and nervously exhausted.

An impoverished blood condition due to lack of certain vitamins may result in nervousness, for nerves may thus fail to get their proper nourishment. So if you are nervous, run down, and tired with sluggish digestion and bowels because of indigestion, try Dr. Williams' Pink Pills. They not only help build up the blood but they supply Vitamin B-1 which contributes to building up the nervous system and the digestive tract. Then see what a difference your improved blood condition may make in your energy and strength but in your nerves, digestion, and overall action. Get Dr. Williams' Pink Pills today from your druggist.

DIRECTS WORRY TO GOOD OBJECT

A fresh-faced grandmother on the sunny side of 70 with a sparkle in her eye as bright as her teenage granddaughter's told me that she owed her youthful spirit to learning how to worry.

"Too many women waste time and energy in aimless fretting. The art, as I see it, is to save your energy for worries which you can control or change. Whenever I start to worry, I ask myself one question: Is there anything I can do to correct or alter this situation? If the answer is no, I put the matter firmly out of my mind," she explained.

"What's the use," she continued, "of fretting about growing old, getting grey, or adding a wrinkle to your face? Better than worrying over these natural processes is to spend your energy making capital of the gracious middle years."

On the other hand, says our wise mentor, an intelligent worry about a lonely old age has goaded her into staying off her feet. Her method, she confides, is to keep her mind alert and well-informed to enter into community activities, to welcome new friends

Dorothy Dix Says—

Family Scapegoat

Support Of Elderly Mother Falls On Youngest Son

DEAR MISS DIX: I am the youngest of three brothers, the oldest two are married and have nice homes and good jobs. I have borne all the expense of supporting Mother, and I too want to get married. My brothers never think of contributing to Mother's support, or of taking her into their homes for a little while.

My future wife agrees to have my mother live with us, but she wants us to be alone for a few months until we can get settled and adjusted to each other. Don't you think that my brothers should at least invite Mother to stay with them for a few months and let me have a little happiness?

ANSWER: You certainly are entitled to have a honeymoon alone and also to have your brothers forced to contribute to their mother's support, if they are not decent enough to do it willingly, for it is just as much their duty to take care of her as it is yours.

TRY SHAMING BROTHERS

But your case is not an isolated one. In many families some one member is elected to be the family goat and he or she has to sacrifice his, or her, life to the greedy, selfish ones who go scotfree. Perhaps if you shame your brothers and their wives for not being willing to take your mother for even a visit, you can make them come across with their quota of help. Not many people would like to have it publicly known that they refused their mother shelter and to help their younger brother have a happy wedding.

DEAR DOROTHY DIX: I am 26, single and living at home, where I am very unhappy. I am the oldest daughter and have worked since I was 16 and have always given my mother my full week's pay. I just get sick when pay day comes around and all my mother gives me is a measly allowance. I beg her to give me more than \$5, but she refuses and tells me to pack my clothes and get out if I don't like it. Out of my \$5 that she allows me I can't even have my clothes cleaned decently, and I am ashamed to go out with men because I am so shabby. I have a few swell girl friends who are always paying for my eats and I feel guilty to tell them that I haven't any money. They work for their money as I do for mine. My teeth also need plenty of treatment.

Is there any way that I can make my mother give me a little more of the money I earn?

UNHAPPY GIRL

ANSWER: Yes, there is a way that you can get all of your pay envelope. Just keep it. She can't take it away from you by force, nor law, for a woman of 26 is a free agent. Evidently you have been trampled over so long that you have had all of the courage and initiative knocked out of you, but the longer you put up with your mother's tyranny and injustice, the less spunk you will have to fight with.

So my advice to you is to buck up and assert your independence right now. If your mother really needs help, make her an allowance, but don't give her everything you earn.

DEAR DOROTHY DIX: I am a girl of 19. I have been a bridesmaid twice and now I have been asked for the third time. I would like very much to be this girl's friend's bridesmaid, but what is holding me back is the saying "twice a bridesmaid, never a bride."

Is this true, or is it a superstition? I would hate very much to do anything that would doom me to being an old maid.

MARIE

ANSWER: Don't be silly. Being a bridesmaid has nothing whatever to do with your chances of marrying, and I am surprised that any girl with your education should be foolish enough to pay any attention to such an idiotic old saying.

Living & Leisure

THE WOMAN'S REALM

I dream'd that as I wandered by the way
Bare winter suddenly was changed
Of spring, and the birds sang
And gentle odors led my steps astray,
Mix'd with a sound of waters murmuring
Along a shelving bank of turf,
Which lay under a copse, and hardly dared
To fling its green arms round the bosom
Of the stream.

But kiss'd it and then fled, as thou mightest in dream.
—A Dream of the Unknown.
—Percy Bysshe Shelley.

FLUFFY RUFFLES

NEW YORK — Perky ruffles, of lace, eyelets embroidery and other frothy trimmings encircle the hems of suit jackets, and starched or handkerchiefs. Reviving only half a fashion is underestimating today's woman. She has not only delighted in the return of the petticoat but is promoting the dainty camisole with laces matching her petticoat or other trimmings. The word "slip" used in a lingerie sense might well be forgotten.

SCHIAPARELLI SKIRTS "ALL DOWN TO ANKLES"

PARIS — Schiaparelli stunned Paris by pulling all skirts right down to the ankles in her new collection for spring and summer and offers trailing black, tailored suits which could be worn to the opera.

Schiaparelli was always an extremist. When hats covered a cheese, a quarter of a century ago, she suddenly perched them on top of the head. This season her hats

BABY'S COLDS

Help Nature To Fight Them Off
Medical Science denies there is any such thing as a cure for colds—only relief. Here's how to get it. So when baby's sniffles, or study breathing warn you of a cold's presence—cooperate at once with Nature.

See that baby is kept warm, gets plenty of sleep and take extra care that the bowels are thoroughly cleared of harmful wastes. To do this without upsetting baby's whole system and further weaken it, try Baby's Own Tablets. Mild, yet set promptly in getting rid of the irritating material that makes baby's colds so bothersome. Mrs. George McBride of Scarborough says: "My baby of 18 months caught a nasty cold in 1947. Baby's Own Tablets and she threw this cold of winter than ever before. I tried Baby's Own Tablets from now on." Effective also in teething trouble, constipation and other simple baby ailments. 25¢.

Many scientists firmly believe that a trip to the moon by rocket is not a far distant accomplishment of man.

The British electronic delay storage calculator, nicknamed "Edsac," has 25 times more "knowledge" than any calculator in operation.

California's Institute of Technology's new 300-inch telescope mirror's parabolic surface is accurate to within one-millionth of an inch.

Ellen's Diary

By an Island Farmer's Wife

Pat came to visit us at Alderlea this evening when I had not yet finished washing the supper dishes and James was engaged in stirring a warm drink for the heifer. Since her freshening she has not been allowed to go with her stable mates to drink at the cold stream but instead morning and evening she is treated to a mash mixed with plenty of water, warm from the house. I have an idea the work of carrying these heavy pails to her manger is partly compensated by this careful mixing and blending in the coziness of the kitchen. It is interesting to watch James. He adds a little more hot than a measure of cold water and stir all thoroughly, presently testing the heat of it by a left hand dipped to the very edge of a shirt sleeve.

Time was when the instrument used in the stirring was a jermy poker which hung from a nail below the mantle. James has since reverently, it was a link from the past, a remnant of iron from a sleigh of the long ago. Through the years and for a reason which any tidy house-wife could suspect, it was quietly removed to the dimness of a closet. And now I fancy when James comes to mix such potions for the stock his glance strays at first to that nail before he takes up a stick of kindling to stir with it, as carefully as ever.

And sometimes, as it was this evening, the latter method leads to embarrassing moments for the housewife. "And have you no kindling in?" James asked me looking around. I nodded to a few sticks of it by the wood-box. "Humph!" James said in a way that made Pat chuckle aloud. "Sure an' it's busy the woman it is at the hookin'. You'll have to be makin' allowances for her these days. The hookin'—not hard work, but it takes up ones time. Don't I mind it at home in the long ago!" And James rejoined with "Now you needn't be taking the woman's part, Pat. It's lucky you are to be a bachelor!" "Indeed an' it's unlucky I'm after thinkin' I am." And I caught a wistful look in his eye, perhaps from a boyish dream that went astray for an old love still mourned.

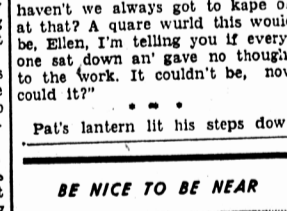
"I always lak the women. It's the lonesome place the world would be with no women in it at all, at all. The two were put in it, men and women an' the one's to help the other. At least that's the way it seems to me—and back off the one is without the other, I'm thinkin'." James laughed. "It's an awful pity Pat you didn't get one—that would have changed your views about them! Can't even have the kindling in!" he said, and he picked up the pail and went out. "Sure an' it never hurted no man yet!" Pat remarked lighting his pipe, "no matter how busy ye's been, to fetch in the mornin' kindles."

"A woman's got plenty to do with her housework an' the children an' all—not that you have any children now, though once you had. An' as I've often said to you Ellen, nather the man nor the woman is perfect. Nobody's meant to be perfect in this world, but all one's expected to do, by the Good Man above, is to pray as often as you can—and I'm tellin' you you won't always have to go down on your knees to do it nather—an' live right, or try to, or at any rate do your best."

"And keep on washing dishes—d mixing drinks for cows!" I reminded him smiling, enjoying much Pat's philosophy of living and his rich brogue. "Sure an' haven't we always got to kape on at that? A quare world this would be, Ellen. I'm telling you if every-one sat down an' gave no thought to the work. It couldn't be, now could it?"

Pat's lantern lit his steps down.

BE NICE TO BE NEAR



1. Safe for chem. Mum gives sure protection against under-ar odor all day or evening.
2. Safe for skin. No irritating crystals. Snow-white Mum is gentle, harmless to skin.
3. Safe for clothes. No harsh ingredients in Mum to rot or discolor fine fabrics.

SCIENCE NOTES

Flawless emeralds are the most precious of all stones, and are even more valuable than diamonds.

According to electro-scientists, an atomic bomb generates a temperature of 100,000,000 degrees Fahrenheit.

Many scientists firmly believe that a trip to the moon by rocket is not a far distant accomplishment of man.

The British electronic delay storage calculator, nicknamed "Edsac," has 25 times more "knowledge" than any calculator in operation.

GOOD BREAD

Gives more good nutrition for your money than any other Food.

"Always Good"

Eastern Bakeries'

BUTTER-NUT BREAD

Morning Smile

QUESTIONABLE

Bridget was applying for the position of maid.

"Have you any references?" asked her prospective employer.

"Yes, ma'am," Bridget replied. "I've lots of them."

"Then why didn't you bring some of them with you?"

"Well, to tell the truth," explained Bridget, "they're like my photographs—none of them do me justice!"

Modern Etiquette

By Roberta Lee

Q. Is it considered good form for a girl to accept what is known as a "blind date"?

A. Yes, if she is willing to run the risk of being thrown into the companionship of an undesirable man. However, this would depend upon the friends who arranged the date.

Q. Is it appropriate to have a fruit centerpiece for the table?

A. Yes; it is very effective to have a centerpiece composed of a silver plate heaped with oranges, apples, bananas, peaches, plums, or grapes.

Q. What is the correct way to address a woman chairman of a meeting?

A. "Madam Chairman."

along the hill and also at his going-home time. "It's little need av it now I have" he said with a moon well up in the sky. But a light's good company an' besides it's slippery yet in places—worse than before that last skiff av snow" and here he laughed. "You know anybody may fall!" Pat has been at the wood-chopping making a sad change in the bright column of maples that for years marched staunchly beyond the hilltop. Already I find myself missing those trees. There one caught the rose-red of Spring's return and there it has been well after the shortening days of harvest one was content to put the year to sleep. Our farmers continued the threshing and leaving the seed sheaves until later, finished for the time. The work gained in interest for Jamie and grand-father as the sheaves in the granary lower ed. Jamie came in to tell me about it. "You'd think" he said "that she (meaning grand-daughter) would know that I wasn't going to take her cats home with me. We wanted them up in the granary" and Jamie laughed heartily at a remembrance of the cats' making their way up the stairs. "So Pat has gone, but whose step is this? James, bless him! fetching an armful of morning kindling!"

Until tomorrow — Diary — Good night.

Cook's Corner

RHUBARB ICE

4 cups diced rhubarb
1 1/2 cups sugar
Dash of salt
1 cup water
Grated rind 1 lemon
3 tablespoons lemon-juice

METHOD: Wash, trim, dice and measure the rhubarb. Place in a saucepan with the sugar, salt, water and the grated lemon rind. Cook until the rhubarb is tender and then press through a sieve. Add the lemon juice to the strained liquor, and at this point, you might wish to darken the color a little by adding a few drops of red food coloring.

Turn the mixture into a freezing tray, and place in the freezing unit of your refrigerator, with the cold control turned to quick freezing. Freeze until the mixture is firm, then mash and beat until the mixture is smooth before serving.

BAKED POTATO WAFERS

A most delicious way to serve this vegetable. Highly savory, these potato wafers contrast splendidly with a bland meat or fish. Serves 4.

6 medium-sized potatoes
2 tablespoons butter
2 tablespoons shortening
1 teaspoon grated onion
1/4 teaspoon salt
Few grains pepper
1/2 teaspoon Worcestershire sauce

Peel the potatoes and cut into very thin slices. Arrange the potato slices, one overlapping the other, in rows in a greased shallow baking dish. Melt the butter and heat and stir in the grated onion, salt, pepper and Worcestershire sauce. Brush potato slices with the butter mixture. Bake in a very hot oven (475 degrees) until potato slices are tender and tinged with brown (10 to 15 minutes.) Serve piping hot.

Here's Speedy Relief For Tender, Aching Burning Feet

Your feet may be so swollen and inflamed that you think you can't go another step. Your shoes may feel as if they are cutting right into the flesh. You feel sick all over with the pain and torture; you'd give anything to get relief.

Two or three applications of Moore's Emerald Oil and in a few minutes the pain and soreness disappears.

No matter how discouraged you have been, if you have not tried Emerald Oil then you have something to learn. Get a bottle today at Hughes Drug Co. Ltd., and The Jenkins Pharmacy and all druggists.

VICTORY OVER FAMINE

Through vast irrigation systems, a special Famine Code and construction of railways, the peril of famine has been lessened so that there has been only one famine in India in the present century.

Needlecraft

FOR THE HOME

DOUBLE FEATURE

Symbolic of the new season is an ensemble like this assembling a frock that's smart on its own with a beautiful bow at the neck and belt, a little matching bolero that's delightful to don for street scenes.

No. 2172 is out in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36 and 38. Size 36 dress and bolero require 4 1/2 yards 36-inch.

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