

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

CRADLE SONG

From groves of spice, O'er fields of rice, Athwart the lotus stream, I bring for you, Aglint with dew, A little lovely dream.

Sweet, shut your eyes, The wild fireflies Dance through the fairy "neem," From the poppy-bowl For you I stole A little lovely dream.

Dear eyes, good-night, In golden light, The stars around you gleam; On you I press With soft caress A little lovely dream. Sarajini Naidu.

TABLOID

To remove rust from white cotton or linen, cover the spot with table salt, squeeze a little lemon juice over it, and hold flat over steam of tea-kettle. Usually the spot disappears immediately, but the process may be repeated, if necessary.

HARD WORK

The sensible man works hard, enjoys each day the best he can, save a little, plays a little, and when the books are balanced at the end of life, you will find to his credit a record of a lot of good deeds well done and some enjoyment.

ATTENTION

Fixing the attention is one of the most valuable habits we can acquire. Attention is the first command in battle or in business.—Van Amburgh.

RETIREMENT

In the good old days of not long ago, men would quit at fifty or sixty, retire and give the young men a chance. Not so now. The men at sixty are not the same as the men at thirty. They have had their share of life, and they are not so keen as they were.

FAITH

The social, moral and financial fabric is founded and grounded in some form of faith that has for its object the betterment of the world.—Van Amburgh.

PERSONAL EFFORT

To be a failure calls for no personal effort. A failure is covered with November gooseflesh, December cold feet, January want. The easiest thing in the world is to be a failure, and this is the hardest lot in life—the hardest lot brought about in the easiest way.—V. A.

SELF ANALYSIS

Frequent self-analysis has helped many men to succeed. There is no limit to what an ambitious man can accomplish through his own efforts.

COOKING A RABBIT

These should be skinned very carefully, so that the hair does not touch the flesh; and the skin drawn off wrong side out, over the head. One must work quickly and remove all stray hairs. Take down and place on clean paper, make a long incision on the under side and remove organs. With a heavy thread tie securely the dart leading from the bladder, beside the long cavity through which it passes to the surface. Use soft paper as you work to prevent any liquid dropping on the flesh. Cut the duct near the bone, and the other part can be folded in the paper. Now proceed to cut out the vent at the back with sharp scissors, as in dressing fowl. Wash in warm water, but do not soak in salted water. Wipe dry and cut off any mutilated portions. Cut up into serving portions, and cook in an iron or heavy aluminum pot, into which has been put fat pork or beef, suet or fresh dripping, and which is hot. Bear meat well on both sides, add a cup of hot water and let simmer until tender. The water will evaporate and the meat will brown in the fat. Add additional water as required, also salt and pepper. During the last hour of cooking add a three-inch carrot and an onion the size of an egg, left whole; remove these before making the gravy. These vegetables absorb much of

the wild flavor to which some people object. Some add a potato to the gravy, put it into a casserole, cover with biscuit dough and serve as rabbit pie. Do not forget to tie the duct leading from the bladder—this is important. Pearlre Gray.

FILLING IN AN IDLE HOUR

Gossip is a sneak-thief, which, if we are not careful, can rob us of most of the things which make life worth while, namely, reputation, friends, social position, and even our work.

Let us take time, for instance, if we begin thinking of the time which is wasted in idling gossip each day of the year, we can hardly stifle the sign which rises within us at the thought of all the useful occupations with which those hours might have been filled. This, of course, is one of the lighter menaces of gossip.

We come to the more serious side of it. How many good names are ruined or blemished by idle gossip? Half truths spoken rashly by those who often are not even sufficiently interested to realize or care about the damage they are doing to someone else's reputation; they must gossip about something, and one person's good name provides as good a target as the next one, when it comes to filling in an idle hour around the tea table.

Friends can be very easily lost when gossip takes a hand and gets busy; innocent, chance remarks made in all good faith are turned into spiteful things with very different meanings, unfortunately, before they reach the ears of those whom they will hurt most, while many a marriage owes its utter shipwreck to the kindly ministrations of idle gossips.

Gossip can do a great deal of harm in the home also, for not only does it lead to late meals and a consequent scrambling through the rest of the housework in a vain effort to catch up on the time lost in gossiping.

There is also another danger, which I am sure many housewives do not appreciate enough. It is not wise to talk out loud to neighbours or tradesman with regard to your plans for the day. Nowadays one can never be quite certain that there is not someone around who may use this information to one's own advantage. In fact a great many burglaries owe their origin to this kind of information, and we can hardly afford to overlook the danger of gossip in this respect, in fact there is till a wonderful lot of truth in the old saying that "a still tongue, makes a wise head."

NEW IDEAS IN INTERIOR DECORATING

Why keep fur for out-of-doors? It may be introduced into modern rooms with excellent results.

An oblong cushion is mole or golden brown fur fabric will give a luxurious air to a plain sofa or divan—and how pleasant to sun-gle against on zero days! For all its silkiness, fur is practically unshrinkable and wears splendidly. Some of it is washable too.

Aid in the bedroom... how distinctive your quilt would be with a deep "fur" border!

NEW COLOR SCHEME

Black, white, and gold is the latest color scheme for interior decoration.

The living-room of a recently converted garage flat in Chelsea (London) has white walls, highly glazed black doors and paintwork, and a polished black floor inlaid with a white star.

Over the fireplace stretches a six-foot-square sheet of burnished imitation gold leaf. Glittering raindrops tangled in a spider's web—that is the theme suggested by the newest white crystal tumblers and wine-glasses designed by a famous French artist.

The finger-bowls and dessert-plates belonging to this set are particularly effective in conjunction. New also are fruit-salad cups and plates of white crystal, with borders moulded in a bird design and tinted pale green, water-blue, or misty brown.

Very shallow dahlia candlesticks, of moulded love-in-a-mist blue crystal, look attractive with tall, honey-colored candles.

HOW TO SLEEP BETTER

Here is a method which may help some to sleep better. It is borrowed from the Yogi, or wise men of India, who use it to con-

THREE REASONS why Palmolive helps your skin. IT CLEANSSES SOOTHES and BEAUTIFIES. OLIVE OIL is used in making PALMOLIVE.

CAUTION your beauty with natural soap and water cleansing. That is the advice of more than 20,000 beauty specialists. "Use a soap," they insist, "made from a scientific blend of natural Palmolive oils of olive and palm."

PALMOLIVE BEAUTY BOX THEATRE. Listen to lovely Gladys Swarthout, celebrated Metropolitan opera star, supported by John Barclay and a full orchestra. A full hour of gloriously melodious music.

A Morning Smile THE COOK'S CORNER BUTTERSCOTCH PIE.

One and one-fourth cups grown sugar, 4 tablespoons butter, 2 eggs, 2 cups milk, 6 tablespoons flour, 5 grains salt, 1-4 teaspoon vanilla. Melt sugar and butter in a top of double boiler. Stir flour to a smooth paste with a little cold milk.

TOMATO AND BANANA SALAD. Two cups sifted tomato pulp, two tablespoons lemon juice, 2 teaspoons sugar, 1-2 teaspoon salt, 1 1-2 tablespoons granulated gelatine, 4 tablespoons cold water, 4 whole cloves, 2 bananas, 1-2 cup diced celery.

SOOTY STOVE GAVE LOVELY SHADOWS TO BROWS AND LASHES. Beauty hints and economical, old-fashioned ones are given in an editorial in the New York Herald Tribune: "Despite new literary admonishments of possible danger in fighting, time with chemical warfare, were there even so many ways of saving faces—so many lotions, pomades, skin diets, muscle firmers, wrinkle smoothers, astringents, evening bases, theatre applications, luncheon creams, showerproof rouges, vanishing eye-lashes, cocktail lips, carnage colored talons? What would beauty be in the raw today—in those intervals of plain skin between putting on appearances? From weekly permanent to blaring tinsel, the preparation of the person for public view grows more scientific."

HATS FOR SKIN. Ski hats must be planned as definitely as any part of the outfit. New yarns give shaggy effects of contented, domesticated animals.

BABY'S OWN TABLETS Relieved! Baby's Own Tablets have been the only medicine my four children have ever had. In no single instance has it been necessary to consult our doctor. So writes Mrs. Harry Palmer, Cumberland Bay, N.B.

Is Old Maid Right to Cry for Husband? Dorothy Dix Explodes Theory of Marriage at Any Price. "The World Puts Halo Around the Mother's Head, But it Has Only Dunce Cap for Old Maid's," Cries Young Woman of 28, Whose Point of View Has Been Warped by Nagging of Un-thinking Relatives.

A young woman of 28 who is good-looking and attractive and has a good job wants to get married, and has come to the place where she is praying the traditional prayer of the old maid for a husband: "Anybody, Good Lord, anybody."

This young woman's silly and illogical reasons for desiring to marry are repeated here only because they represent the point of view of so many other girls who have reached the panicky age when they fear that love and marriage are about to pass them by and grab at anything in the shape of a man that they can get their hands on.

Now, if marriage was a surefire happiness proposition in which a woman couldn't lose out; if every husband was certain to prove a congenial mate and be kind and generous and a good provider, then you could see why every spinster would be hell bent on dragging some man to the altar. But such is far from being the case.

Perhaps the explanation is to be found in the reason that women cherish a deathless optimism that makes them believe that they could not possibly fail to get a Fairy Prince for a husband, who will bear them away to his palace where they will live in ease and luxury all their days. It never seems to dawn upon them that they could marry a poor man who couldn't support them, or one who would mistreat them and be surly and cross and hard to live with.

Grandmother's Quilt Patterns OCTAGONAL BLOCK. Out our pieces and sew together as indicated on small block. Either print or plain materials may be used. Set piece and plain blocks together in arrangement suggested on quilt diagram.

IT'S AN ILL WIND—(C. P. By Guardian's Special Wire) PICOTU, N. S., Feb. 25.—A measles epidemic here brought a spell of happiness to one of the 150 school-children suffering from the disease. This boy was one of three whom police suspected of breaking into a New Glasgow rink and stealing skates and other goods.

Chest Colds Rub well over throat and chest. CHESTIC VAPORUS OVER 7 MILLION JARS USED YEARLY. "Those who would measure confidence in this country in the future must look first to the average citizen."—Franklin D. Roosevelt.

MORSE'S TEA Makes More Cups

Snow Queens Of The Northwest



Two winter sports queens from Northwest Canada, Muriel Tunstead and Doris Grimshaw reigned at the same time as queen of the great Peace River country's carnival.

Spring Clothes Song Fashions. Here's a jaunty little rig for juniors. It's a style with numberless possibilities—decided attractiveness not being the least of its qualities. This two-piece dress is practical, too.

Style No. 657 is designed for sizes 11, 13, 15 and 17 years. Size 15 requires 2 3-4 yards of 36-inch material for skirt and scarf, 1 3-8 yards of 39 inch material for blouse. Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.