Woman's Realm ~ Social and Personal ~ Fashions ~ Literature

Dorothy Dix Says—

TOO MUCH PROFIT IN DIVORCE

Eliminate Motive Behind Many Women's Actions And Homes Will Be Saved

A correspondent says: "It is women who are the petitioners in the great majority of divorce cases. It is wives who clutter up the courts with their matrimonial woes. Not men. It is seldom that you hear of a husband having the law on his wife. Why is this? Do women, taking them by and large, give better satisfaction as wives than men do as husbands? Or do men bear the wear and tear of marriage better than women do? Or does the fickle sex extend its mania for change even to changing husbands?

Nobody can authoritatively answer these questions, but a light was thrown on them recently by a questionaire that was sent to a large number of married couples asking if they were satisfied with their mates, and to which far more men replied "yes" than women. This may have been mere gallantry on the men's part, or, it may be, that men are less choosy about wives than wives are about husbands, for certainly general observation shows that the mill run of wives are no easier to live with than that of husbands. They are much of a muchness. And neither one is any prize package.

Probably when a husband and wife agree to disagree, the reason he lets her ask for the divorce is to save her face. The divorcee has to have some plausible excuse for breaking up her home and half-orphaning her children that will appeal to public sympathy, whereas the man who resents the Little Woman bawling the life out of him is regarded as a quitter and a poor sport who couldn't take it.

GIRLS MARRIAGE HOPE TOO HIGH

There are many reasons why women are the chief patrons of the divorce courts. One of them is because they expect too much of men and marriage. In spite of all they have seen in their homes and on their walks abroad, every starry-eyed little bride thinks that her marriage is going to be a perpetual petting party, and that her husband will be a happy combination of a go-getter and a cinema hero. And when she finds out that marriage is mostly babies and [illegible] wearing last year's clothes, she turns to Reno as a cure for her sorrows.

Another reason why women get divorces oftener nowadays than they did in the past is because it is the vogue. Everybody's doing it. Especially in Hollywood, which sets the style in conduct as well as clothes for half of the women in the country. In Grandma's time, when a divorcee was looked upon askance, wives suffered and were strong, no matter how much they had lost their taste for their husbands. But now, when getting a new husband causes no more comment than getting a new dress, they feel that to stay married to the same man makes them seem as old-fashioned as if they were still wearing last year's hats.

And another and a bitter and a shameful reason, why women ask for divorces oftener than men is because they have found out how profitable is the alimony racket and how easily it can be worked by any pretty woman. Thousands of women marry men for whom they have no affection, and with whom they have no intention of living, just because a marriage license delivers their husbands into their hands as the victims of the lowest hokum game ever practiced.

Undoubtedly there are times when a divorce is a necessity, but if you will take the profit motive and the fashion out of it it would save many a broken home.

Nylons ! ! !

Nancy Southern chortles with glee as she sits on curb in Greensboro, N.C., and tries on her bargain nylons. Behind her is part of four-block line of women who tried to get in on sale at Federal Building of 5000 pairs confiscated from black marketeers and sold by Uncle Sam at from 50 cents to $1.65 a pair.

A Morning Smile

GOOD REASON

The old man fishing from the river bank landed a pike about two feet long, but threw it back. Later he caught a large roach. This he also threw back.

Five minutes later he caught a small perch, and put it into his bag. As he rose to go a fellow fisherman asked him why he had thrown two beautiful fish back and kept a small one.

"Well," he replied, "my frying pan is only nine inches wide!"

KEEP THEM

A man went to a mental specialist.

"What seems to be the trouble?" asked the doctor.

The patient responded by vigorously brushing imaginary things off his arm, explaining:

"See, I have dragons on my sleeve!"

The specialist, backing away, screamed: "Well, you don't have to brush them off on me!"

Living & Leisure

The Woman's Realm

Where'er my footsteps turned,
Her voice was like a hidden bird that sang.
The thought of her was like a flash of light,
Or an unseen companionship, a breath
Of fragrance independent of the wind.

Wordsworth.

The nutmeg and cloves of the East Indies inspired trade as early as 300 B.C.

Diet was linked to malaria by the discovery that chickens and ducks deficient in the vitamin biotin develop a more serious type of malaria than do fowl on a normal diet.

SAW . . . DON'T CUT

What a beating some loaves of bread take. Four slices off the end and they're as crooked as a snake fence. Try slicing evenly . . . to a thin crisp crust. Easy does it. Hold the loaf on its side . . . the side crust is usually firmer . . . then with a sharp knife saw . . . don't cut. Watch the side toward you and if the slice is straight there the rest of the piece of bread will be too.

Keep medicines in their original bottles, tightly corked and clearly labeled, in the medicine cabinet to avoid any confusion in selection.

HOME NURSE

It is amazing how laundry accumulates when there is illness in the home, writes Mary Beard, director of Nursing Service, American Red Cross. Sick people are usually very sensitive to untidiness or odours, and it is important that the bed and the patient be kept as fresh and clean as possible. A clean gown or pyjamas, and a fresh bed give a sense of well-being that undoubtedly is an aid to recovery.

Does this mean that the patient must have a complete change of bedding daily? No, not if the home nurse plans carefully. Reasonable economy with linens does not violate the principles of good nursing care.

When the patient is confined to his bed all day the lower sheet becomes wrinkled and soiled more quickly than the upper sheet. It should be changed daily, if possible. But you can save laundry by using the wrinkled top sheet for a lower sheet, and putting the fresh sheet next to his face, and his bed will look better.

Laundry Extenders

If the lower sheet is likely to require changing oftener than once daily, protect it with a drawsheet. A drawsheet is made by folding a sheet in half, placing it across the lower sheet, wherever the extra protection is needed, and tucking it firmly under the mattress at the sides. This sheet can be changed as often as necessary without disturbing the lower sheet.

With pen and ink, write the days of the week on small squares of muslin. Pin these inside the pillow slips with a small safety pin as labels to show when the slip was put on clean. This will make it possible to give the patient one fresh pillow each day, to be used next to the face, by changing the slip that has served the longest time.

Another laundry-saving suggestion is the use of paper tissue for handkerchiefs, and paper napkins for the food tray.

HASTE MAKES WASTE

Doesn't it? Broken dishes, food spilled on the clean kitchen floor are usually speed casualties . . . and how they irritate war strained nerves. Conserve your energies by finding a working speed that is efficient but no too hurried. Make your top-knot work to save steps and save time. And be sure your daily schedule fits round a rest period . . . maybe just 15 minutes, but make it efficient by really relaxing. Pays big dividends in the conservation of yourself.

AN EMPTY GARBAGE PAIL

is a sign that "patriots have eaten here." Help your little patriots to achieve this honorable distinction by buying perishable foods in small quantities . . . just the amount you will need for one meal. If every household in Canada threw out even a small portion of spoiled food daily the total waste would be staggering. Store food as carefully as though it were a cherished possession. Food is in other countries. We're just lucky.

New Cream Deodorant
Safely helps
Stop Perspiration

1. Does not rot dresses or men's shirts. Does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Prevents under-arm odor, helps stop perspiration safely.
4. A pure, white, antiseptic, stainless vanishing cream.
5. Awarded Approval Seal of American Institute of Laundering—harmless to fabric. Use Arrid regularly.

Arrid is the largest selling deodorant

39¢
Also 15¢ and 59¢ jars
ARRID

Guaranteed by Good Housekeeping

Ellen's Diary

By An Island Farmer's Wife

I was almost certain it would rain today although the westering sun last evening sank low in a cloudless sky behind the trees. But often when I wish to go "adventuring" it rains. However the dew, promising a fine day rested heavily on, and refreshed everything outdoors as I looked from my window this morning. I hurried with my usual chores, which were no burden today for somehow, I had already gone on ahead to "home." No matter where a grown-up has resided or how much one loves her present abode, the place where earliest days were spent is "home."

• • •

James too was in the best of cheer for a sale was in prospect for the afternoon. Among other things there was a much-prized but now difficult to obtain piece of labor saving machinery to be offered and I heard James say to Jock only yesterday when discussing it: "We had better take a crack at that. The scene of the sale lay some little distance beyond my "home," so Jeanie and I planned to accompany our men-folk that far and "kaley" for the afternoon.

• • •

There is a false rumor prevalent at Alderlea. James has it that no matter how much time is at my disposal, I am always the last member of the family to enter our machine. Today I tried to remedy my failing—if I have it—and was in my place with everything in order, windows closed "in case of thunder" cats out and doors hooked—all but one. From the car, I could hear a one-sided conversation. "Yes. I'll leave it where you say." I felt even then my reputation would remain the same. Then I heard: "Ellen where is that iron?" Dear, dear! Some one on the line, Rob likely wished to treat some small-fry pigs. I called directions. Then James said: "Come and find it then." I found it with of course no trouble and gave it to James. He said: "I knocked something over, when I was searching." It was a box of bluing coverless, that dropped into a basin where curtains from the kitchen-windows soaked. It wasn't the now useless curtains, old and worn at best, that hurt my pride. When I returned to the car, James said with an ingratiating look at Jeanie, a regular "cat-canary" look to me: "She's always the last one to enter the car—give her a week to get ready." I forebore to answer. Sometimes both words and actions are such futile things.

• • •

We had a lovely drive this afternoon, on a highway bordered with smiling homesteads. And then "high on a windy hill" over the lovely woodland, away to the South we came within sight of the Strait's blue in the summer sun. I like it, this coming suddenly on it from the inland and here we first catch the moist tangy smell of the water. Presently we came to the bridge crossing a river and then past trees nearing the old school where years ago we prophesied—and laid the foundations for—our future lives. I suppose many of our hopes floated away unfulfilled down the river of time. The future then was alluring, rosy with never a hard day's work considered in our plans. Some may have found their heart's desires at the foot of some rainbow. I doubt it. I know we may never foregether anywhere unless possibly on another shore. James at times warns me not to be too optimistic about that. He is the best one for anchoring my "feet of clay" to earth. The old school bell calls another generation to classes probably a better one, certainly one blessed with more advantages as to circumstances and training but I would venture to say, moulded along the same lines for the family names on the register today are pretty much those of my generation. There is even a young Ellen there.

• • •

Then we were past the rustic bridge over the brook from whence as far back as I can remember frogs sang their prelude to summer. Then I was home. There were other callers there this afternoon. One a lady of more than 80 summers, much-travelled, now retired to spend the evening of her life on her beloved Island. It amazed me to hear these older folk hearkening back to childhood's days quite glibly and correctly line after line from the immortals with many of whom, I may say I have even less than a nodding acquaintance. This lady visitor related an interesting story. Once, during a Christmas season, some years ago in Boston, she felt lonely as folks will at this particular season. She wondered how she could overcome the poignancy of it alone and lonesome. Then some one gave her a copy of one of the Anne books and she said with her charming smile: "My loneliness quickly left me for all at once I was home."

• • •

Following a delicious supper-meaning chicken!—after our [illegible] returned empty-handed from the sale, we began the return trip to Alderlea. After almost intense heat a great bank of dark clouds massed in the western sky and clouds of dust whirled about behind us. Although for a short while thunder rumbled threateningly, the clouds seemed to part almost above us part of it settlin gaway over to the eastward. The western sky was still dark and angry. We were able with some degree of confidence to make another call at a house almost beside the strait. The water was very inviting following the heat and James gave us permission to go down for a dip. I was content to wade about with two small nieces and their pal "Scotty" while the others ventured further out to swim. One small lass said earnestly: "We'd better splash you, Aunt Ellen, then you won't mind getting under." I got down presently. There were white-capped breakers rolling in not huge ones but enough to make it interesting and to make us thoroughly wet. We left the shore regretfully but there were "those cows" at Alderlea.

• • •

There were welcome visitors to Alderlea tonight. Some, who had patiently been casting their lines about the stream came up at dusk. We had a pleasant chat and James doubtless apprehensive with my wanderings said: "Is there nothing to eat in the house?" We had our cup of tea and they've gone now, car-lights against the moonlight. I've been complaining a bit to James about being weary from trying to follow a younger generation. He said: "You!" I think actually in his mind, I shall remain forever young — I hope so!

Until tomorrow — Diary.—Good-night.

Getting Preview of Victory

Chantal, Jacqueline and Georgette Casine, 4-year-old French triplets, get a peek at victorious Allied attack on Cherbourg when Cpl. Harold Myers, of Lancaster, Pa., lets them look through his binoculars at artillery barrage laid down by Yanks advancing on the port.

C is for Calcium

CALCIUM builds the bones and teeth. Babies and growing children need lots of it. One of the best ways to get it is in *Irradiated Carnation Milk.* Carnation Milk is not only rich in calcium—it also has an *extra* amount of "sunshine" vitamin D which *helps* the calcium do a first-class job. And Carnation supplies all the *other* essential milk nutrients. For baby's bottle, consult your doctor for a Carnation Milk formula. Carnation is grand for cooking, for drinking, and for creaming coffee and cereals. Write for free book "Your Contented Baby". Carnation Co. Limited, Toronto, Ontario.

IRRADIATED **Carnation Milk** "from Contented Cows"
A CANADIAN PRODUCT
If you don't see Carnation Milk at your grocer's, ask for it

THE COOK'S CORNER

STRAWBERRY PIE

3 cups mashed strawberries
½ cupful sugar to taste
2 tablespoons cornstarch
½ cup cold water
Pinch of salt

Put strawberries, sugar and salt on fire and as soon as they boil, add the cornstarch, which has been mixed with water, and boil three minutes. Pour into baked pie shell. When cold, cover with meringue.

RHUBARB AND STRAWBERRY DESSERT

1 cupful of hulled strawberries
¼ cupfuls of rhubarb cut in small pieces
1 cupful of water
½ cupful of sugar

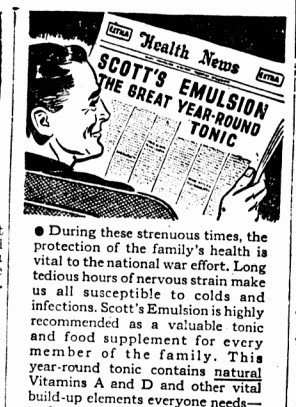
Combine all these ingredients and cook gently until the rhubarb is tender. Chill and serve as a dessert with cookies or plain cake. This is an excellent way to use a cupful of sweetened strawberries that have been left from a previous meal. Serves six to eight.

CUP CAKES

When you bake cup cakes during strawberry season hollow out the centres and fill with slightly crushed sweetened berries and top with whipped cream. Here is a strawberry dessert that you will not find too rich after a heavy dinner.

Strawberry Dessert — Beat one egg white stiff and add a half cup of sugar, a pinch of salt, and a half tablespoon of lemon juice, combined with a half cupful of crushed berries. Beat altogether with egg beater. Chill in individual glasses. This serves six.

Lobster claws may be pulled apart with the fingers when served at a meal.



● During these strenuous times, the protection of the family's health is vital to the national war effort. Long tedious hours of nervous strain make us all susceptible to colds and infections. Scott's Emulsion is highly recommended as a valuable tonic and food supplement for every member of the family. This year-round tonic contains natural Vitamins A and D and other vital build-up elements everyone needs—to fortify the system against colds and other infections, and improve health in general. Scott's Emulsion is 4 times easier to digest than plain cod liver oil. Palatable, economical too. Buy today—all druggists.

A TONIC FOR ALL AGES
SCOTT'S EMULSION

GALLON OF MILK

Every gallon of milk must yield fluid milk, butter, evaporated milk, powdered milk and cheese. From the milk produced in Canada this year, enough cheese must be manufactured to send 125,000,000 pounds to the United Kingdom. Enough butter must be churned to meet the Canadian ration of one-half pound per person per week. This explains why the June ration cut was necessary so rations would not have to be cut more drastically next winter.

Fleischmann's fresh Yeast does it!

4 GENERATIONS of Canadian homemakers give credit to Fleischmann's fresh Yeast for smooth, fine textured just-right-tasting bread. Use it—if *you* bake at home. You'll be pleased, too. Bread is the cheapest high-energy food you can put on your table. It's a good stretcher, too, used with scarcer foods. And low in cost. Ask your grocer for Fleischmann's *fresh* Yeast—with the familiar yellow label—today!

SUPPLEMENT YOUR DIET by eating 2 cakes of FLEISCHMANN'S fresh Yeast every day. This fresh Yeast is an excellent natural source of the important B Complex Vitamins.

MADE IN CANADA

Prepare Victory Garden Defense By Learning to Spot Invaders

Like a good general, the Victory gardener who wishes to defeat invasion should do a job of scouting. He should know his enemies and organize defense before they actually attack his crops.

To destroy the enemy is not enough; he must protect his crops from injury, since once it is done it cannot be repaired. Your own experience is the best guide as to what insects may be expected in your garden; lacking experience, ask your neighbors.

The striped cucumber beetle seems widely established, and always able to search out plantings of cucumbers, melons and squash, no matter how small. He has a yellow body with three black stripes, and breeds in the growing end of the vine, eating the leaves and spreading disease. Some gardeners cover the infant vines with little boxes, topped with wire netting. Dusting new growth as rapidly as it develops with a mixture of calcium arsenate, 1 pound, with 10 pounds of talc or gypsum, is effective. Dusting should begin as soon as the plants appear, and continue until the vines are several feet long.

All members of the cabbage tribe, including cabbage, cauliflower, collards, kale, broccoli, kohlrabi and Chinese cabbage, are attacked by cabbage worms. These are pale green caterpillars, which grow to an inch and a quarter long, and eat holes in the leaves, finally devouring the plant. They are hatched from eggs laid by white butterflies; and as soon as these are seen flying about the garden, begin dusting with the same calcium arsenate and gypsum mixture used against cucumber beetles; or with rotenone.

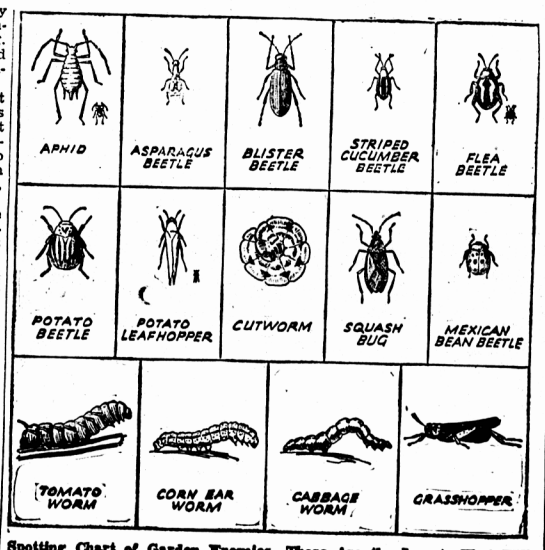
Aphids also attack the cabbages, and protection should begin as soon as hot weather comes. They are likewise found on peas.

There are red, black and green aphids, but those on vegetables are usually pale green. They cling to the under side of leaves, or on the growing ends of stems of many vegetables, multiplying with amazing rapidity. Use rotenone, pyrethrum, or nicotine dust or spray, immediately first specimens are detected.

Asparagus beetles are blue-black with lemon spots, one-quarter inch long. Use rotenone dust or spray while harvest is on, and these or an arsenic dust or spray after the harvest.

Blister beetles are grey, striped or black, three-quarter inch long, prey on potato and tomato plants. Use rotenone or pyrethrum spray or dust, or calcium arsenate dust.

Flea beetles are small flea-like insects which attack cabbage, eggplant, potatoes, tomatoes, turnips and other vegetables, and riddle the leaves with small holes. Use rotenone or nicotine dust or spray.



Spotting Chart of Garden Enemies—These Are the Insects That Will Attack Your Victory Garden. Learn to Know Them So You Can Fight Them.

The potato bug or Colorado beetle, which may also attack eggplant and tomatoes, is red with black stripes, half inch long. Spray or dust with rotenone or arsenic.

Potato leafhoppers are pale green, one-eighth inch long. Also found on beans, swarming on your approach to the plants, on which they cause leaf-curl. Nicotine or rotenone dust or spray will control.

Cutworms are caterpillars of various moths which hide by day and at night cut off young plants at the soil surface. Protect the plants with collars of heavy paper or cardboard surrounding the stems, extending an inch below the soil surface and two inches above, when the plants are set out.

Squash bugs are reddish brown to black, three-quarter inch long. They lay egg clusters on under side of leaves, and can be controlled by pyrethrum or rotenone spray or dust.

The Mexican bean beetle is a black sheep of the Lady Bug family. Coppery brown, 8 black spots on each wing cover; it eats vines and lays yellow egg clusters on under side of leaves, which hatch out into larvae with voracious appetites. Plants must be thoroughly sprayed or dusted with rotenone or arsenic.

Tomato worms are green caterpillars with conspicuous yellow markings, three to four inches long. The worm eats tomato leaves but is easily picked off, or killed by a rotenone or arsenic spray or dust.

The corn ear worm is a caterpillar two inches long, striped and marked green and brown, hatched from eggs laid on the young silk. Inject one-quarter teaspoonful of medical mineral oil in the silk channel of each ear soon after pollination.

Grasshoppers may attack all garden crops and are best controlled by using the poison bait.

Leaves should not be removed from pruned tomato plants, as the fruit ripens best when not exposed directly to the sun. Do not prune the small-vine plants, also known as determinate varieties.

In hot weather do not firm wet soil over newly sown seeds, as this will almost surely cause a crust to form, which will interfere with germination.

By stirring plant food into water and applying the mixture as a side dressing during a summer dry spell, immediate results are obtained. Use a cup of plant food to a bucket of water.

happy surprise for youngsters

Who Hate To Take Laxatives

No more tears—no more fuss at laxative giving time, Mother! For if you use the new, modern relief for children's constipation, . . . Children's Own Tablets. Small, pleasant to take—easy to swallow—youngsters take to them like ducks to water. Especially designed for needs of children from 5 to 15. Gentle—thorough—without drastic, weakening action of many old-fashioned medicines. They also sweeten the sour stomach that often goes hand-in-hand with out-of-order bowels. See difference in fine peppy feeling youngsters enjoy afterwards. Only 25¢. Ask today for Children's Own Tablets.

DUTCH BONNET

DESIGN NO. 961

A delectable crocheted Dutch bonnet is one of the newest hat wrinkles, and may be created from two ounces of knitting worsted. Pattern No. 961 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian. Design No. 961

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For The Home

HAT AND BAG

You'll need the flattery and comfort of this charming visor cap these bright summer days—and you'll want the smart "hobo bag" to match.

No. 3859 requires ¾ yard 35-inch fabric for bag; ¾ yard 36-inch fabric for open-crown hat, which is cut in one size.

Send 20 cents for PATTERN. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address Pattern Department the Charlottetown Guardian.

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YOU WOMEN WHO SUFFER FROM HOT FLASHES

If you suffer from hot flashes, weak, nervous irritable feelings, are a bit blue at times—due to the functional "middle-age" period peculiar to women—try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. *It helps nature!* Follow label directions. Worth trying!

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