

Woman's Realm Social and Personal Fashions Literature

A Job Only You Can Do

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have been asked by the Board on Housewives in this region. The answers are prepared by the Board. Readers who have intelligent questions to ask are invited to write to the Women's Household Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q Will the new ration book be mailed out?
A No. Distribution will be made over the counter basis. Everyone will have to fill out and sign the postcard in the present book, but one person in a household may use it for all books used in his household.

Q Each local ration board will set up writing centres strategically located within its own area, at which you may apply in person.
A Yes, there are some new rationing about payment of charge accounts?
A According to latest Consumer Credit regulations, charge accounts must be paid by the 25th of the month following the month of purchase; otherwise no further credit may be extended to the account customer.
No days of grace are permitted.

A Morning Smile

Neighbor (Sympathetically)—And I know how long these years must seem to you.
Deserted Wife—Yes, but I remember when he left just as if it had been yesterday—how he stood at the door holding it open until six flies got into the house.

BED-JACKETS OUT OF INVALID CLASS

More and more bed-jackets in the story this season and there are reasons. For one thing, because of rationing heating, bed-jackets have come out of the invalid class, and there is now a healthier interest in these pretty and practical cover-ups. They're easy to slip on, they're becoming, and they keep the chills off the shoulders. When you're buying bed-jackets, remember these important points. They should be washable so that you can dip them regularly in gentle fine-trable studs for economy and convenience. They should be collarless, or have very tiny roll collars (because collars wrinkle and muss too easily). The best sleeve-length is the three-quarter one; long sleeves get into the way or into the coffee; short sleeves aren't much protection and aren't flattering—especially to thin arms. They should be hip-length—very short jackets leave an uncomfortable gap between jackets and bed covers; long jackets double up under the bedclothes. And they must have at least one pocket, on the outside or the inside, for the indispensable handkerchief.

Dorothy Dix Says—

YOUNG AMERICA FIGHTING FOR FUTURE JOYS OF THEIR SONS

High School Girl's Boy Friend Changed Overnight After Pearl Harbor, And She Too

Boys and girls, except when they write maudlin notes to each other, are not prone to spread their most sacred emotions on paper, so I think that the letters I received from boys of how before the war they were bitter, cynical, self-pitying, resentful of not all being millionaires and of having to work instead of being lounge lizards and petty party addicts, a sort of enjoy yourself today and to hell with the country attitude. But that war had wrought a miracle in these same youngsters. Somehow in the tragedy of Pearl Harbor they found their souls.



I get no more letters from whining, would-be-playboys. My mail is filled with brave, strong letters, breathing patriotism in every line, written by lads who have uncomplainingly shouldered the white man's burden and who are going to carry on triumphantly in the war, no matter how heavy it is, nor what their sufferings, nor even if the cost of it is their lives.

GIRLS ALSO AROUSED

Apparently the war has touched the same secret springs in the hearts of girls and wrought the same transformation in them, as is witnessed by this letter from a school girl which has just come to my desk.

"Dear America, this letter to you will tell you exactly what war means to me. I tell just what the word 'patriotism' means, so I try to speak for them as well as myself.

"Before the war my life was filled with dates, ice cream parlors, sorority meetings and my home. I was in a hard-shelled world, a world at 17 I was sure of myself because I was in a country that protected me, but at which I sometimes sneered when things went wrong. I remember just a few months ago when I, with other high school boys and girls, played the Star Spangled Banner. How little we knew then! How much we know now!

BOY OPENS NEW VISTA TO GIRL

"On December 7th, 1941, I got my first realization of what war could mean to me. My steady boy friend changed from a playboy to a serious young man before my eyes. He was no longer an 18-year-old high school boy, but a man who suddenly believed in a God, and a free country for which he felt responsible. I still went on a half-awakened girl who saw the world altered, but did nothing to help it.

"My steady graduated that Spring and enlisted in the navy. On that day I became a woman who was losing her sweetheart. The night before he left we got down on our knees in church and for the first time in my life I prayed to a God I never knew existed, because religion hadn't been part of my past life.

"I am ashamed of myself when I remember how I cried the first week after he left. Then I received his first letter from a recruit camp. Oh, if you could only realize that young fellows don't enlist to get glory or for excitement! You older people don't think we younger people fight for cause. He is only 18, but do you know what he says he is fighting for? He is fighting to come home to me and our future. He is fighting so our children can go to high school and have the fun we had. He is fighting so he can come back and go to college. People think we are just children, but we are fighting for a cause, too.

GLAD THAT WAR IMPROVED HER LOVE

The war has changed my life, but I thank God it has. I have a cause, a religion, a home, a steady boy friend, and I will I enter a school of nursing, but in the meantime I am doing all I possibly can to help.

"I am asking just one thing: When you older people see us laughing and fooling on the street, don't sigh and think it is us, because under that mask of gaiety we are hiding our hearts. We are doing our bits. Don't think for one minute that we are heartless about the war, but laughing is stronger than crying. Girls must admit it, but we lift our heads a little higher when we see our boy friends enlist, and we stand when we hear The Star Spangled Banner.

"It took a war to make me realize just what America means to me. Thank God that I found out at an early age!"

And thank God that there are millions of girls like the one who wrote this letter, for they make the mothers whose brave sons will defend their country and keep it free.

KITCHEN UTENSILS OF GLASS AND CERAMIC

metal lids on both utensils are made of glass, which gives the cook an opportunity to check up on how the dinner is progressing.

NEW YORK. The newest versions of the standard Dutch oven and chicken frizer will be welcomed by market which can be used over the many a housewife. In order to save flame as well as in the oven.

HUCKLEBERRY FINN



DESIGN NO. 561

A picture of Huckleberry Finn to embroider and frame is colorful. Hot iron transfer pattern No. 561 contains picture 8 by 8 inches and two fish designs 4 by 4 inches, also girl and boy about 1 1/2 by 5 which may be appliqued or embroidered with complete instructions.

To order pattern: Write, or send above picture with your name and address with 1 cent in coin or stamps to Needlework Bureau, Charlottetown Guardian.

Needlework Department, Charlottetown Guardian
Design No. 561
NAME _____
STREET ADDRESS _____
CITY _____

Living & Leisure The Woman's Realm

TEN-YEAR-OLD

Unwillingly he goes with his mother. To shop for rationed food. While, in the back-yard, A snow fort waits to be built.

A bitter wind drives the sharp hail. Against their faces. He closes his eyes, thinking: "I'm on a mission— No, she's a corvette— And the hall is hissing across her decks.

In the North Atlantic. That noise overhead! Enemy planes! They got me!" He lets himself sink into a snow-bank. "They got me that time!"

Suddenly, like a thrust of pain. The thought of his brother on the high seas. What if they should get Jimmie? He scrambles to his feet. Runs after his mother. Surprisingly, she takes her hand. "God," he keeps thinking. As they face the bitter wind together. "God, don't let them get Jimmie!" Verna Lovelady Harden.

CLEAN WAFFLE IRON WITH STIFF BRUSH. NO SOAP OR WATER

Every waffle iron needs to be cleaned from time to time so that it will continue to make good waffles. For this reason Consumer Information Service suggests the following three cleaning steps be followed:

- (1) Brush the baking surface of the waffle iron with a very stiff brush.
 - (2) Never use soap or water, but grease the baking surface with unsalted fat.
 - (3) Heat the waffle iron to baking temperature. Allow it to cool, and then wipe off excess grease.
- To insure consistent good baking, reconditioning of the family waffle iron at regular intervals will work wonders.

BLACK LACE RUFFLE ADDS FLIPPANCY

NEW YORK.—There are at the moment many black crepe dresses lifted from banality by the addition of ruffled black lace ruffles for the woman who cannot reconcile winter

Girl On His Hands

By JOSEPH CHADWICK

CHAPTER XXXVI

At last, the bedroom door opened, and Bert came out. Astonishingly, he was smiling.

"John is going to be all right," he told the nurse. "Just a shoulder wound. The doctor says the shock was worse than the injury."

"Oh, thank heaven!" Virginia breathed.

"I'm going in to see him," said Harriet, moving toward the door. "I'm sure he'll be all right."

Virginia watched her go, knowing that Harriet had the right to go to him, whereas she, Virginia, could only sit here and nurse her remorse.

She turned to Bert, said miserably, "You were right. I love him. But it's too late now. I had my chance to marry him and passed it up."

Bert took a quick step toward her. "Virginia, tell him so! It's not too late. He doesn't love Harriet. I'm sure of it. It isn't right for him to marry her. Tell him, Virginia!"

She shook her head. "No—I could not do that to Harriet. You're only being selfish. You want Harriet, yourself but, you see, she loves John."

By the following morning, John was feeling considerably better. In fact, he even demanded to be allowed out of bed, but the middle-aged nurse who had been engaged to attend him firmly told him that she would listen to no such nonsense as that.

Toward noon, Bert brought him the first letter that he had been caught. Following the report Bert had given the police shortly after the shooting, they had sent out an alarm. Within twelve hours, Monteros had been apprehended as he was about to board a plane for Mexico. The diamonds had been found in the lining of his suitcase.

During the next few days, John could not complain of being bored for both Harriet and Bert spent much time with him. However, he chafed under his enforced inactivity.

He received a note and some flowers from Virginia, but she did not come to see him. Her avoidance of him was a disappointment. He supposed it was best that she didn't come, but he was sure that she was still considering how much Virginia had been involved in what had happened, he would have expected her to pay him at least one visit. That she didn't, hurt deeply.

On the third day after his illness, he was sitting up for the first time, when the nurse came in to announce Margaret Bailey. John was pleased—wondered whether she had sent her.

Mrs. Bailey greeted him with motherly concern, then sat down to chat cheerfully of this and that. As she rambled on, he began to think she wasn't even going to mention Virginia.

Finally, however, she said, "Virginia is very much upset, John—blames herself for what happened." "She shouldn't. It wasn't her fault."

I suppose you know why she hasn't come to see you?" "John smiled wryly. "Because of Harriet, I guess. Harriet, I'm afraid,

with white. Another little trick you perhaps do not know about is the use of black velvet, especially a black velvet collar on a two-piece print. You know the undercoat kind of print women wear now—it usually has a black ground over which is strewn, or spaced, gay flowers. This type of winter print, with black velvet collar added, is one of the several alternatives of the Chesterfieldian variety. Nice, too, especially when carried out with black suede gloves and bag.

HINTS ON ETIQUETTE

Why not train your small child to get down on street car or bus and take him on your lap or let him stand. As always to practice the small courtesies of life. Then, maybe when he is older he will have more consideration for older persons than have many of the present generation.

VOCATION

Each man has his own vocation. The talent is the call. There is one direction in which all space is open to him. He has faculties silently inviting him thither to endless exertion. He is like a ship in a river; he runs against obstructions, but never is he but one; on that side all obstruction is taken away, and he sweeps serenely over a deepening channel into an infinite sea—Ralph Waldo Emerson.

LUCKY IF NOT MORE

Between the ages of 30 and 50 most women increase in weight by approximately 10 per cent.

GIBSON GIRL NOTE

NEW YORK.—Leading New York designers are well aware that they must produce new-looking clothes, yet be patriotic enough not to make our old ones seem outmoded. This takes genuine skill. It brings to the fore the dress with the lingerie touches—and these will range from frothy white ruffles to strictly tailored effects. The crisp charm of the Gibson Girl comes back with despo, high-necked, long-sleeved, and elegant. These are not many other people's touches, are effective at work of the trend toward "retro" fashions, easily and not too expensively achieved.

He lowered his eyes, didn't answer. "Yes, Mrs. Bailey moved toward the door, then turned. "Would you like to know why she is going, John? It's because of you, running away because she's afraid quite a bit since San Juan. I just thought I'd let you know."

Before John could speak, she was gone.

He sat staring dazedly at the door she had closed behind her. Could she mean what she seemed to mean—that Virginia had fallen in love with him? Greatly agitated, he rose and packed back and forth. Oh, if sugar thoroughly, add one egg and beat well. Stir in one cup bran cereal and 3-4 cup milk, and let soak until most of moisture is taken up. Stir one cup flour with 1-2 teaspoon salt and 1-2 teaspoons baking powder. Add 1-2 cup soaked, chopped prunes, then add to flour mixture and stir until flour disappears. Fill greased muffin pans

two-thirds full and bake at 400 degrees F for about 30 minutes. This will yield 8 large muffins (3 inches in diameter) or 12 smaller ones. If you use milk or buttermilk, use 1/2 cup of sweet milk, reduce baking powder to one teaspoon and add 1-2 teaspoon soda.

FROZEN MOLASSES FRUIT

1 No. 2 can unsweetened applesauce
1 No. 2 can crushed pineapple
1-2 cup old-fashioned molasses
1-2 cup heavy cream, whipped
1 x all ingredients. Chill. Put into freezing tray and freeze to mush. Serve plain or with whipped cream.

WEEKLY WARTIME NUTRITION HINTS

Martha Logan, Swift's famed home economist, whose weekly wartime cooking column is a regular feature of this page. Look for these valuable hints each Monday.

By Martha Logan

Use Variety Meats

Liver, kidney, heart, brains and sweetbread, are extra valuable foods, often available when other meats are scarce

Meat is a wonderful food! It contributes iron, thiamine, niacin and riboflavin as well as the most complete proteins to our diet. There is no other simple food that contributes all of those nutrients in the same degree. So that, with our accustomed meats and meat cuts not always available, we must—if our families are to stay healthy and well nourished—be prepared to use those that we can get.

Of these, the "Variety Meats" are likely to remain comparatively plentiful and are most valuable, nutritionally speaking. Many delicious ways of preparing these excellent sources of important values are described in my book "Meat Complete" (see below); young and tender meats may be grilled or fried—older or more muscular meats are popularly braised with flavourful vegetables. Some Variety Meats

such as brains and sweetbreads are parboiled first and then may be prepared in a number of attractive ways. But the purpose of this week's column is to urge you all to be sure to buy and serve these delicious, economical and highly nutritious foods regularly. Though, of course, you mustn't forget milk, fruit, vegetables, eggs, Canada Approved bread and cereals as outlined in Canada's official food rules. "Meat Complete," Martha Logan's new meat cookbook, is essential to every housewife faced with need of planning economical but nutritious wartime meals. 54 pages in full colour... sturdy binding. Send 10¢ to Swift Canadian Co., Limited, Dept. M35 Toronto.

SWIFT CANADIAN CO., LIMITED.... a Dominion-wide organization devoted to the conservation and efficient distribution of Canada's food resources.

ONE DAY MY HUSBAND SAID—
"I'M TIRED OF WEARING SHIRTS THAT LOOK

HALF-WASHED"

THEN I FOUND OUT—NO MATTER HOW YOU DO YOUR WASH YOU NEED SUNLIGHT'S "EXTRA-SOAPINESS" FOR THOSE EXTRA DIRTY SPOTS

Now my husband raves about his brighter shirts

SUNLIGHT SOAP

HUSBAND: Gosh, Lucy, my shirts have a brand-new look this week. How did you do it?
WIFE: Easy as pie! I just put a touch of Sunlight Soap at the extra-dirty spots. Then, when I washed the clothes my usual way, Sunlight's "extra-soapiness" just eased out the dirt and grease.
HUSBAND: Great stuff! No "half-washed" look about the clothes this week.
WIFE: Everything is so much brighter now that I use the easy Sunlight method of washing. Grimy work clothes come spotlessly clean in no time; without hard rubbing, either! And Sunlight is all pure soap—that's why it's so kind to my hands, too.
Grand For Dishes Ladies! You'll say Sunlight is just as wonderful for speedier, easier dishwashing and all cleaning. Fairly melts away grease. And Sunlight goes a long, long way even in hardest water.

FOR A COMPLETE WASHING JOB YOU CAN'T DO WITHOUT—

SUNLIGHT

PIMPLES

Use Medicinal CUTICURA

Needlecraft For The Home

LOVELY FROCK

For the First Spring Print It's like the first breath of spring to slip into a pretty print frock. Here's a design that's so soft & feminine, so immensely flattering to the figure, yet so easy and so simple in construction that it seems the perfect solution to that spring-time urge. It makes the perfect undercoat frock, and just as perfect summer frock. The time to make it is now, while the choice of fabrics is better, and the weather is cooler for sewing.

Style No. 2512 is designed for sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30 and 32. Size 36 requires only 3-8 yards of 39-inch fabric.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wear.

Style No. 2512

Name _____
Street Address _____
City _____ Province _____

THE COOK'S CORNER

BRAN PRUNE PUDDING

To make a grand bran prune pudding, blend thoroughly 1-3 cup shortening and 3-4 cup sugar. Add one egg and beat until light and fluffy. Soak 1-4 cup bran cereal in 2-3 cup milk and add teaspoon vanilla extract. Stir one cup flour, 2 teaspoons baking powder and 1-2 teaspoon salt together and add to first mixture alternately with bran cereal and milk. Using 12 soaked, pitted prunes, place one drained prune in bottom of each greased muffin pan or custard cup and fill two-thirds full with batter. Bake at 375 degrees F. about 25 minutes. Serve hot with prune sauce, which, by the way, is good with any pudding, add one cup sweetened juice.

IF YOU SUFFER HOT FLASHES, DIZZINESS, DISTRESS OF "IRREGULARITY," BLUE SPOTS, ARE WEAK, NERVOUS OR IRRITABLE—DUE TO THE "MIDDLE AGE" PERIOD IN A WOMAN'S LIFE—Take Lydia Pinkham's Vegetable Compound. It's helped thousands upon thousands of women to relieve such symptoms. Made in Canada. Pinkham's Compound is worth trying!

2512
Size 12-18