

Woman's Realm Social and Personal Fashions Literature

Household Scrapbook

By Roberta Lee

Rugs

If the rug begins to show wear at the seams and becomes faded looking, use soft crayons or paints, the same shades of the rest of the rug and touch up the worn spots. That worn look will quickly disappear.

Smooth Legs

Women who are determined to remove the hair from their legs should use the finest grade of sandpaper instead of a safety razor, and they will get better results.

Starch

Starch will give stiffer results if one teaspoonful of epsom salts is added to the starch and dissolved in the usual manner by boiling.

QUITS USING LAXATIVE PILLS

Keeps regular now with famous cereal

Is constipation a serious trouble with you? Then read this unaltered letter:

"I was sick with constipation. I reached the point where no part of pill helped. Then my mother said I should try KELLOGG'S ALL-BRAN. So I began eating ALL-BRAN every day. It's hard to believe, but I am regular now!" Mrs. Lucien Kelly, 8 Des Lauriers Street, Quebec.

Yes, too, may forget you ever had constipation due to lack of bulk in the diet. Simply eat an ounce of KELLOGG'S ALL-BRAN daily and drink plenty of water. ALL-BRAN is not a purgative but a wholesome regulating cereal. Eat as a cereal or in muffins for constipation relief. If after using a package you are not completely satisfied, get double your money back as guaranteed on the package. Get delicious ALL-BRAN from your grocer today. Made by Kellogg's of London, Ontario.

DOROTHY DIX SAYS—

Lost Confidence

Wife Forgives But Can't Forget Repentant Spouse's Infidelity

DEAR DOROTHY DIX: I have been married for 30 years and have had a happy life except for the past three years when I learned that my husband, who had always been wonderful to me in every way, was having a very serious affair with a young woman in his office. I was completely crushed and offered him a divorce, but he would not agree to it. Said he loved me and would put the other woman out of his life. I have tried very hard to get back my confidence in my husband, but to no avail. Something has happened to me inside and all the joy has gone out of my life. My husband tells me that I should forget it, that other wives have forgiven their mates for stepping off of the straight and narrow path, but I simply can't forget it.

Do you think I should leave my husband? We are both 55 years old and have no children.

A LONELY, SAD WOMAN

ANSWER: I do not think you will be happier if you divorce your husband. It will only leave you more lonely and with no home on which to expend your energies. Better by far to accept the situation and make the best of it. Get what pleasure you can out of his companionship and remember that time is a great healer. Insensibly we grow used to suffering. Our backs straighten to the burden and somehow we go on and learn to smile again.

When your husband tells you that he still loves you after his fashion, it is doubtless true, and you can accept it for what it is worth. The average man looks at a flirtation as a mere episode, and he doesn't see what his wife goes all to pieces over. He thinks she should have sense enough to know that he is merely amusing himself with a pretty young girl. And the curious part of this, and the thing that we women can never understand, is that it is true.

WOUND NEVER HEALS

But when your husband says that women whose husbands have betrayed them forget it, he doesn't know what he is talking about. No woman ever forgets even for a minute that her husband has been false to her. The memory of that wrong is like a stab in the heart that never heals. She may technically forgive, that is, she may condone it to the extent of not leaving him, but she never forgets, and she never again has any confidence in him.

I often think that in the end it is the philandering husbands who suffer most, because they throw away the love and respect of their wives for mercenary kisses.

DEAR DOROTHY DIX: I am a man 40 years old, desperately in love with a girl of 17. She loves me, but her family does not want her to marry me because they say I am too old for her. They have no other objection to me. What is your advice?

A MAN IN LOVE

ANSWER: I think that 17 is too young for a girl to marry. She has no stability of character. Her tastes change every day. She is crazy about a thing one minute and tires of it the next. She is full of fitful tempers and moods. She is at the playtime of life and she wants to run around and enjoy herself. All of which is perfectly natural and right.

But these are not the things that make for happiness in marriage. They are not the things that a man of 40 looks for in his wife. So, looking at it from the man's standpoint, I can think of nothing more reckless that he can do than to marry a girl of 17. If she stays in love with him, it is a mere chance. If she is contented with domesticity, it is a miracle. The odds are overwhelmingly against it; it is more likely that she will come to consider her husband an old fossil and tire of him and fall in love with some boy of her own age.

So my advice to you is to give the girl a chance to grow up. Wait until she is older. Then she will be better fitted, mentally and physically, to make you a good wife.

Ellen's Diary

By an Island Farmer's Wife

We were sifting the flour for tomorrow's bread by lamplight in the pantry when James opened the kitchen door to call: "Better make those fellows a cup of tea, Ellen!" "Those fellows?" I repeated unaware of visitors. "Yes," he replied, lowering his voice to a confidential tone, "didn't you know? We've got cattle-buyers here!" At Alderlea there can be no evading such a matter, he is spoken as a command or a request. One can only add chips to the fire, set the kettle over the flame, and recapture that equality of spirit which for an instant had fled.

All of which our farmers view in a cool detached way and usually from a distance. Nor would nearness change this state of mind, which leads them to the opinion that all indoor work belongs strictly to the women, and that they are extremely jealous of their rights in this respect. Jeanie and I have agreed before this that James is one who "would feed the —, if he came by!" We have said it wryly as we tucked in an extra piece of kindling, and added up our resources. It may be that this trait of his is an inheritance from some ancestral squire, who delighted in dispensing hospitality to all comers or it may be only a fortunate coincidence for himself, at the moment feeling the gnawing pangs of hunger.

"But James," we have said, "there's not a crumb of cake in the house, and barely a half loaf of bread and we'll need that for breakfast!" "Never mind about breakfast," James would return in a tone to remind us of our pitiable lack of faith, "you can make pancakes or something for it, but give what we have and do it with a good heart!" And so the cup is brewed and our loaf shared whether it be friendship, an intended purchase or as tonight, a sale at stake.

It turned out that it was a fine buyer—though still only prospective—who had come a-calling, a kindly mortal of a man, wise beyond plumbing, experienced in his line, and patterned after the giants of old time, in stature. His butcher was with him. He is a smaller man, though it may be only in comparison with his employer. A merry faced, light hearted fellow whose eyes appear to be lit with perpetual glints of humor. "If the sky were to fall," Jeanie and I agreed of him, "it would be only a funny incident to him." Jock has taken them to their machine by lantern light where it sits just beyond the hill, and James in his old armchair breaks the silence to comment, "It's early yet to sell those cattle, Ellen there may come many a change before they go off the grass." "The price may go up," I offer. James nods. "And it may go down!" A farmer has his problems, but the considering current ones, so has the wide world, bewildering and complex.

We enjoyed a ride behind the Nell-mare this evening as far as Rob's—grand-daughter and James and I. Enjoyed is a feeble word to describe the state of bliss our small one experiences on such an outing. It transports her to a realm of delight which wreathes her face in smiles and leaves her with bated breath for fear the spell of it will vanish too soon. She was ready and perched on the seat of the wagon before the mare was hitched, and strangely quiet there in anticipation. As we left the yard, she held the ends of the reins, and her main plea was to "make her go, so that we can hear her feet!"

"Now we mustn't stay too long, Ellen," James commented over her head, as we turned into the roadway at the edge of twilight. But night crept over the hilltops quickly this quiet night and before we had admired Mr. D.'s carpentry and learned of the current doings at Rob's, darkness had enfolded the countryside dimly, except the farmhouses set with their twinkling lights. "But we can still make out the trees," grand-daughter, unaccustomed to being abroad at night said, and at lane's end a white figure with a joyful bark bounded out of the dusk to escort us home. . . . And what now? Rest, snug and secure beside James in the wide old bed, in the room above the kitchen.

Until tomorrow . . . Diary . . . Good-night. . .

Better English

D. G. Williams

1. What is wrong with this sentence? "I saw him some three years ago."
2. What is the correct pronunciation of "menial"?
3. Which one of these words is misspelled? Friendless, soulless, lifeless.
4. What does the word "knit-table" mean?
5. What is a word beginning with "mp" that means "threatening"?

ANSWERS

1. Say, "about three years ago."
2. Pronounce me-ni-al, e as in me, accent first syllable, 3. Soulless. 4. Capable of being knitted. "The characters of men pitted in lower stations of life are more useful, as being imitable by greater numbers." —Axtworthy, & Espondine.

That Body Of Yours

By James W. Barton, M. D.

AN ORGANIZATION TO FIGHT EPILEPSY

When I was a youngster I saw a woman suffering from an epileptic seizure carried from a theatre by two big, strong men. I felt very sorry for the patient and also for the husband who followed down the aisle. I felt that, in the days to come, I would try to learn more about epilepsy and how to prevent attacks. Since that day much has been done about epilepsy—learning its nature, the different types that occur, how to prevent attacks and what to do for a patient during an attack.

I have written from time to time about the "American Epilepsy League," Boston, and the great help it has been and continues to be in fighting epilepsy. It would seem only fair that we should learn more about another organization in New York City known as the National Association to Control Epilepsy.

While the cause of epilepsy is still unknown, the Association states that there are certain conditions one or more of which are present in epileptics. That nervousness, transmitted from a parent to a child, may be a factor in causing a seizure is now known although epilepsy itself is not considered hereditary. "Epileptic persons are kind, courageous and gentle, and organizations composed of non-professional people send children to summer camp, get jobs for them, and send literature to interested parties."

Fortunately, physicians have new drugs to prevent and control epilepsy, the barbiturates being the greatest help.

Another forward step is that physicians by means of a new instrument, the electroencephalogram—which records brain movements—can diagnose epilepsy from the types of seizures and so prescribe proper treatment immediately.

For those who may wonder what to do for an epileptic during an attack, the Association states that attacks run their own course so that nothing need be done for the patient except to prevent him from hurting himself. A handkerchief or rolled newspaper placed between the back teeth on one side prevents injury to the tongue. Remove hot, sharp or other objects that may cause injury. "If in doubt do NOTHING."

How Can I!!!

By Anne Ashley

Q. How can I kill moths in carpets?

A. Rock ammonia, dissolved in boiling water, is excellent for removing moths from carpets. Use four ounces of the ammonia to every quart of water. Apply with a flannel, then go over the material with a very hot iron.

Q. How can I avoid having to polish shoes so frequently?

A. If the shoes are rubbed with a soft cloth, lightly smeared with Vaseline jelly every day, they will wear much longer, and will not require polishing so often.

Q. How can I freshen a loaf of stale bread?

A. By dampening it with hot water, then covering with a damp cloth and placing it in the oven until it is hot.

Morning Smile

A soldier wrote home and said in his letter: "The heat is sizzling, mom, it's 108 in the shade."

Some months later he got a letter back from his mom, who wrote: "Very worried about you, son. For goodness sake keep out of the shade."



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Modern Etiquette

By Roberta Lee

Q. When not using the knife and fork, where should one place them?

A. The knife and fork should be laid across the plate, at the right side, and never with a handle resting on the table.

Q. Who should announce a wedding engagement?

A. The parents of the bride-to-be, or her nearest relatives, and never the parents of the man.

Q. What is the minimum that one should tip a waiter in a dining car?

A. Twenty-five cents is the minimum.

Cook's Corner

HOT HAM SANDWICH

Make a sandwich with sliced ham and pickle relish, or sliced cucumber pickle filling. Now dip in the following egg-milk mixture:

Egg Milk Mixture

2 eggs, slightly beaten
1/2 teaspoon salt
Pepper
1 cup milk
2 tablespoons butter

METHOD: Beat the eggs slightly, add the salt and pepper and

The Stars Say—

By Genevieve Kambie

For Wednesday, May 4

THERE is an omen of loss of prestige, popularity, efficiency and funds, either through bad judgment, extravagant gestures, or through reckless use of funds. Resources, expenditures, personal prestige and peace of mind should be taken into account before attempting any major operations. Shun all gambles, speculation and wily tongues.

If It Is Your Birthday

Those whose birthday it is, are warned against all manner of excesses, extravagance, over enthusiasm or confidence. Loss of funds, influence place and position could follow any rash or erroneous judgments. Safeguard resources health, home and standing, lest an inclination to overdo prove costly. With reserve and consideration penalties may not be too severe. Jupiter being the "eleventh-hour friend."

A child born on this day while being good natured, generous and ambitious may be prone to take large chances, to overshoot the mark, or otherwise endanger its progress and happiness.

lastly the milk. Beat well and then pour into a shallow bowl or plate. After dipping the sandwiches in this, fry them in butter until well browned on both sides. Serve this with sliced tomatoes or a skimp salad such as cole slaw.

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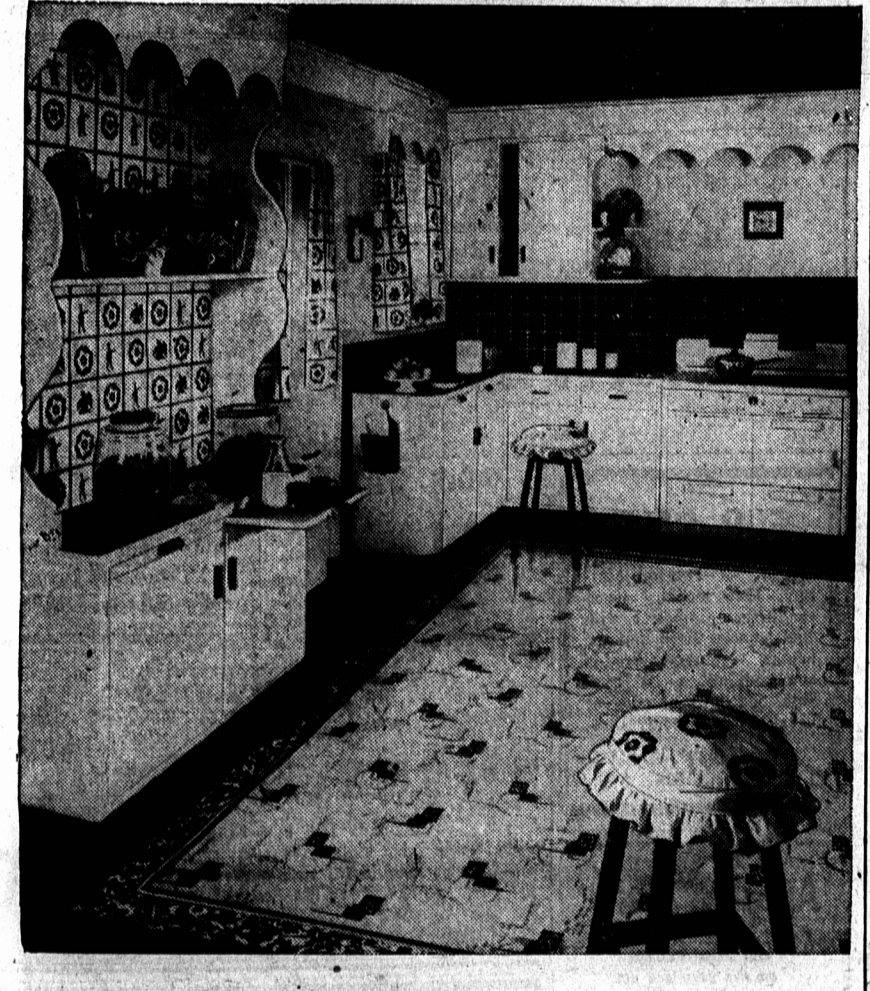
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"Kid's Hangout"

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