

THE CENTRAL GUARDIAN

COWAN'S COOKERY COLUMN

COCA Fruit arts

cup butter
cup sugar
egg
cup milk
cup flour
level teaspoons baking powder
tablespoons Cowan's Cocoa
teaspoon salt
teaspoon cinnamon
teaspoon vanilla

Method:—Cream butter, add sugar gradually, add egg yolks thoroughly beaten. Mix and add dry ingredients three times. Add alternately milk, add vanilla. Fold in egg whites beaten until stiff and dry. Turn into greased and floured patty pans, and bake 30 minutes in moderate oven. Cool, scoop out centre, fill with cream filling and cover with whipped cream or cherique glacé.

COWAN'S Perfection Cocoa comes packed in tins and this is its delicious flavor.

G181

COUPON

Send this coupon with ten cents in stamps or coin & receive a 64 page recipe book.

A. COWAN COMPANY LIMITED, TORONTO.

SHOP from Hoffman's Catalog.

DOLLAR DAY Bargains all day Saturday. J. W. Robblee.

DRESS GOODS All silks at wholesale prices Dollar Day Moore & McLeod, Limited.

DO YOU NEED any knives forks or spoons. Buy them at W. W. Wellner's sale of odd lines. 400099-26-31

WOMEN'S COATS—And suits and dresses at wholesale prices dollar day. Moore & McLeod, Limited.

BEER AND WEEKS offer conglom. rugs, carpets, oilcloths, linoleums, window shades at whole sale on Dollar Days.

BOYS CLOTHING—At wholesale prices dollar day. Moore & McLeod Limited.

REMEMBER THE DATES Thursday and Friday Double \$ Days at the big store.—Prowse Bros, Ltd. 24-41

THE W.T. WELLNER Co Ltd.
Queen St. for Eversham Pencils and Waterman Fountain Pens have your name engraved on them by us.

THE DELICATE FLAVOUR OF MORSE'S ORANGE PEKOE TEA appeals to particular people, and its rich strength equally refreshes. It is an ideal blend of fine India and Ceylon teas.

CHRISTIAN CHURCH, NEW GLASGOW.—There will be no preaching service Sunday evening in order that we may unite with the Presbyterian Church in their Re-opening Service. Regular service at Frederick, 3.00 p.m. A.P. Hodges, Minister.

PROMOTION OF ADJT. HURD—The many friends in Charlottetown and elsewhere of Adjt. Hurd will learn with pleasure that he has received notice of his promotion to Commandant. The Adjt. has been and today one of the hardest working officers in the Salvation Army and the fact that the officer in charge of army work in Newfoundland asked Commissioner Sowton to allow Adjt. Hurd to go there and put on a drive to build a Maternity Hospital proves that the Adjt. is a man of more than ordinary financial ability.

DOUBLE WEDDING.—An event of more than ordinary interest was celebrated at the Parsonage, Bayfield, N. B., on the 25th inst, when Mr. Belford Spence and Miss Nellie Stright, all of Bayfield and Mr. James W. Simpson and Miss Elizabeth M. Walton of Little Shernogue, N. B., were united in marriage. Rev. E. E. Weeks, M. A., B. D. officiated. Immediately after the double marriage the happy party left for P. E. I. where they will visit friends, the former couple going to Summerside and the latter to Kensington.

LANE LETTERS PUBLISHED.—Letters written by the late Franklyn K. Lane, a former P. E. Islander, who was secretary of the interior in the cabinet of President Wilson from 1913 to 1920, have been collected and edited by his widow, Anne Wintermute Lane and have been published by the Houghton Mifflin Co. The correspondence reveals, among other things, how President Wilson frequently lost patience with the tremendous problems confronting him, and how at other times, his courage and determination to such a degree that he was prompted to turn bitterly upon his advisers when they failed to agree with him. The President said he did not wish to see either side win, for both had been equally indifferent to the rights of neutrals. Mr. Lane wrote to his brother on Feb 17, 1917, commenting on a particularly animated cabinet discussion.

Keep Minard's Liniment in the house

1000 lbs Pure French Castile Soap

in 7 1-2 lb. Bars. The real old time kind.

Delivered at your door for **\$1.65**

The Two Macs

149 Great George Street

BEER AND WEEKS offer great bargains in business and comforts on Dollar Days.

MADAM—Buy a fur coat at wholesale, Dollar Day. Moore & McLeod, Limited.

DOLLAR DAY will be continued all day Saturday. J. W. Robblee.

OUR WHOLESALE STOCK at wholesale prices Double Dollar Day Thursday and Friday. Moore & McLeod, Limited. 400099-26-31.

OUR LADIES' READY TO WEAR Department offers many bargains on \$ Days.—Prowse Bros, Ltd. 24-41

SPECIAL SALE of knives, forks and spoons, 25% discount at W. W. Wellner's Grafton St. 400099-26-31

MEN'S UNDERWEAR—At wholesale prices dollar day. Moore & McLeod, Limited.

\$ DAY SPECIALS 50 pairs of all wool Blankets sold as high as \$18.00. \$ Days price \$6.30.—Prowse Bros, Ltd. 24-41

TAKE NOTICE the time of the sale at D. McGilvray's Cherry Valley has been changed to 11 o'clock sharp.

HAVE YOU HEARD OF THE Collene Corset, if not, see Miss McClelland at our store. Moore & McLeod Limited. 400099-26-31

CALL AND SEE The McClary Pipeless furnace and the list of satisfied users. Rogers Hardware Co. Ltd. 500038-28-31.

OWING TO THE STORM the sale of John B. Hughes, Avondale has been postponed till Tuesday, October 31st, at 2 o'clock sharp.

WE SELL The Brunswick Phonograph and Records. Just hear them play all records or ask any owner of a Brunswick how they like it. The W. T. Wellner, Co. Ltd.

COME TO THE Bean Supper in Searletown Hall, Tuesday, Oct. 31st. Admission 25c and 15c including supper. If rainy first fine night following.

MOORE & McLEOD LIMITED have a full range of Collene Corsets, Miss McClelland is here to fit every style of figure. We have managed to secure Miss McClelland's services for the balance of this week. Moore & McLeod, Limited. 400099-26-31

RECEIVES BAD NEWS.—Mr. Henry E. Gurney of East Rowley, received on Oct. 25th the sad news of the death of his sister, Mrs. Theodore H. Bearer of Medford, Mass. It will be remembered that only a short time ago Mrs. Bearer returned to Boston after spending a pleasant month with her parents and friends on the Island.

ISLAND FOX SHIPMENT.—A car of live silver black foxes from Charlottetown, enroute to Huntington, New York, passed through Moncton on Tuesday afternoon attached to the Ocean Limited and was transferred by the Dominion Express Company. The consignment was shipped by J. P. Duffus of Charlottetown, and consisted of 182 foxes, there being 36 crates in the car, one pair of foxes in each crate. Another shipment of silver black foxes passed through Moncton yesterday afternoon enroute to Keesville, New York. There were sixty animals in the lot. The shipment was consigned to J. H. Keys, Keesville, New York.—Moncton Times.

HALLOWE'EN TEA ENJOYED.—The ladies of St. Charles Auxiliary Society are again to be congratulated on the very successful tea and bazaar held in the new hall of the League of the Cross. The large number present both evenings testified to the popularity of those teas. Financially the tea was most successful. The prize winners in the several lotteries were as follows: Archbishop O'Leary's portrait Mrs. John McGuigan Elm Avenue, Centre piece, Mrs. Frank Hennessey, Kent St. Box Chocolates, Miss Mary Smith. The drawing for the cake will take place later.

Minard's Liniment for Burns, Etc.

TWO MILLION PEOPLE

In Canada wear glasses to rest their eyes or improve sight.

Glasses really save eyes and are a sign that the wearer values eyesight preciously.

Our examination will tell if your eyesight, too, will benefit.

DR. E. C. HARRIS Specialist

This Christmas

Your Photograph—the only gift that only you can make.

And now is the time to make appointment with

BAYER Photographer

163 Great George Street

Marjans Specific

Agall Stones

Appendicitis

People I Have Met

BY AJAX IN THE CANADIAN COUNTRYMAN

W. R. Reek

A friend once told me that W. R. Reek was a good candidate for the "Movies."

"Why do you think so?" I asked.

"Because he has moved around so much," was the reply.

If moving around and changing jobs frequently puts one in the "movie" class, then W. R. Reek has the "movie" habit to a greater degree than anyone I have ever met in the agricultural arena. Let me here set down in cold type the numerous gradations in "Jobs" that have come to our good friend, the first superintendent of the Ontario Government Experimental Farm at Ridgeway, Ont., in a comparatively few years.

After he was graduated from the Ontario Agricultural College, where he was a distinguished student, he engaged as drainage surveyor for the Department of Agriculture, being the first student sent out in the province. In a short while he became secretary to the late Dr. C. C. James, then Deputy Minister of Agriculture for Ontario. When Dr. James resigned we find our friend on the way to England, where he became assistant to the Agent-General for Ontario in London, England. After a comparatively short while, he is on the Atlantic again with Canada as his destination. He has his ticket right through to Guelph, where he served his Alma Mater for a time as Assistant Professor of Animal Husbandry.

Horace Greeley's advice: "Go West, young man, go West" had no fascination for him at that time. The lure of the East drew him. He came to a sudden stop, however, on the shores of the Atlantic. Prince Edward Island held him for a time as its director of Agricultural Instruction. He made his return trip to Ontario by comparatively easy stages. As Deputy Minister of Agriculture, New Brunswick held him for a while. In 1918, I think it was, W. R. is again on Ontario soil. As Assistant Live Stock Commissioner, he was domiciled at Ottawa until early in 1922, when another step westward, is taken to his present position at Ridgeway, where from all accounts he intends to prolong his stay.

After an itinerant that has taken him across the Atlantic and back by the sea and back again, W. R. Reek is now once more in the locality where he was born. The "wandering boy" has returned home and has settled down to effective and definite service for the immediate benefit of the people who know him best and for whom special work in the line of experiment and demonstration is needed in the kind of farming they are carrying on. That is the benefit of his new position, done by W. R. Reek in this new field of endeavor may be taken for granted. He would not have been chosen for the position had he not the qualities and the ability to carry on the work in an efficient way. Moreover, W. R. is not the kind of a man who would tackle a "job" which he believed he was not fitted for and could not make a success of.

The old saying, "A rolling stone gathers no moss," does not apply in this case. He is an excellent selection for the position he now occupies. He has always had the inclination to some day get back to his home town. The new Ontario Government farm, of which he has charge, is located alongside, or in any case, just near to the farm on which he was born and where he has passed his boyhood days and where he lived up to the time he entered the Ontario Agricultural College. It is not very often that the opportunity comes to one after many years of absence to take up work in one's home district that will be of benefit to the people one knows best, and in whose success one is most interested.

Such an opportunity has, however, come to W. R. Reek. That he will make good and become a potent factor in advancing the agriculture of his home locality and of the district of Southwestern Ontario there can be no question. The wide knowledge and experience obtained in the varied lines of endeavor should be a most valuable asset.

While W. R. Reek has had a wider and more varied experience than most men who are engaged in Government work for agriculture, he is still a young man as the years of life go. He has reached the stage, when one accomplishes most for himself and for his fellowman.

In his present position much will not be expected of him for a year or two at least. It takes time to plan experiment or demonstration in the growing or handling of crops. I understand, however, that he is putting his whole energy into the work of equipping the farm for the work to be done. This accomplished, we shall look for results without an unnecessary loss of time.

W. R. or "Will" Reek is the type of man who grows on one. His kindness and good nature carry him a long way on the road to success. This, coupled with his desire to succeed, his ability to do things, and that type of mind which prevents him from taking things for granted makes him a valued public servant and one who will serve the agricultural interests of Ontario in an effective way.

He is a son of Kent County, and Kent County now receives him back again. He is glad to be home after a period of "wandering." He is not the prodigal son returned to

Notes By The Way

(Continued from Page 4)

gain and nothing to lose by the fullest discussion. The facts are that wherever prohibitory laws have been, honestly enforced or even imperfectly administered, they have resulted in incalculable moral and material good. The campaign will be educative and impressive, alike to the friends and opponents of prohibition and may be hoped to result in a better administration of the good law we have than has been hitherto obtained. But better instruments are also sadly needed.

True Christian Brotherhood Discussed

(By M. TERAGRAM)

In what does true Christian brotherhood consist? There can be but one answer to this question and that is in treating everyone as we would were they of our own flesh and blood. First of all, the word brother presupposes membership in a family and brings our mind to a realization of that beautiful bond of love and union which exists or should exist in all families, the one helping the other along, overlooking his faults and failings, protecting him from harm and being ever solicitous for his welfare both spiritual and temporal.

This is how brothers in a family do and as Christians are we not all brothers and sisters in one great family with Christ as our one common head and God as our Heavenly Father? Regardless of race, color or creed, as we are all God's children are we not truly brothers? Then the question arises "Do we thoroughly understand this brotherhood and are we treating each other as brothers?" Alas, I am afraid that the great majority of us are very lacking in this respect. If this point were given more thought how united and how happy the world would be today! If we could but treat everyone as we treat our own brother, what a difference there would be in our relations to each other. Our poor weak human nature is prone to selfishness and we wish everyone to mould themselves according to our own ideas forgetting that they possess their own likes and dislikes just as we do.

To advance our own interests many a time we push a brother aside and reap the benefits of our selfishness at the expense of our brother's comfort and happiness. When we see him ill by the way side, not like the good samaritan, we pass him by and go on our way. When we see him commit a fault, our very tongue seems to burn in our mouth until we have a chance to speak of that fault to him, yet as a true Christian brother how easy it would be to find an excuse for him remembering that we all have our faults, and that there is no one perfect here below. Instead of holding him up to ridicule, let us remember the beautiful example given us by our Divine Master when He came upon a crowd who were going in to put to death the woman taken in sin. He said to them: "Let him who is without sin among you, throw the first stone" and they all slunk away and not one of the accusers was left. Did our Divine Master then publish her crimes to the four winds? No! He gave her a look of pity and said, "Then neither will I accuse thee; go and sin no more!" That was brotherhood. That was ever Christ's way of treating mankind and that is how we must do if we wish to be members in a true Christian brotherhood. We must be the good samaritan at all times, be ministered to, but the son who has returned to serve those who need his services.

A SIN TO LET HAIR FALL OUT

35c "Danderine" Saves Your Hair—Ends Dandruff! Delightful Tonic



Hurry! It's your duty! Each day you see a little more hair falling out and you are making no effort to avoid baldness. What a pity. Falling hair means your hair is weak, sick—possibly dandruff is strangling it, or the hair roots pores in the scalp are not firm and tight, thus wasting the hair-growing oils. Danderine almost instantly stops falling hair of men or women and cleans every particle of dandruff away, then the hair takes on new life, vigor and strength to grow strong, thick, and long.

Danderine is delightful—not sticky or greasy. Go to any drug store now and get a bottle. Use it. Have healthy, heavy, beautiful hair and lots of it.

The Public is Warned

To beware of misbranded products. Attention to the changed labels from cod liver oil to cod liver extract (the word oil having been suppressed.) The superiority and popularity of Dr. J. O. Lambert's Syrup has caused many spurious and inferior imitations to be placed on the market, most of which being represented and widely advertised as containing cod liver oil, when analysis failed to show any trace of it whatever. The law of the country being now stricter against the misbranding and labelling of goods, has forced these manufacturers, since January, 1922, to remove from their labels and packing the words cod liver oil as their product did not nor never did contain any of this component. This action from our law-makers is a just and public vindication as well as a protection for Dr. J. O. Lambert's Syrup, recognized by authorities as possessing the full value claimed for it, being entirely as represented, properties which have won for it the unchallenged record of the largest sale without exception.

In order to continue the false impression created amongst the general public by the claim of cod liver oil constituents in these products, they are now being labelled and advertised as containing cod liver extract or cod liver compound (the word oil having been suppressed.) Such an action on their part is merely a game on words which affords the privilege to continue their business for a while longer. It is, therefore, very important that the public be made aware of these spurious and inferior articles, so outwardly and broadly misrepresented. The above facts are the best indications of the wonderful value and properties of D. J. O. Lambert's Syrup, as the unequalled specific against coughs, colds, and other chest ailments, a product whose exclusive value has made it so popular in the public. Dr. J. O.

Lambert's Syrup is entirely and fully as represented, we absolutely guarantee it.

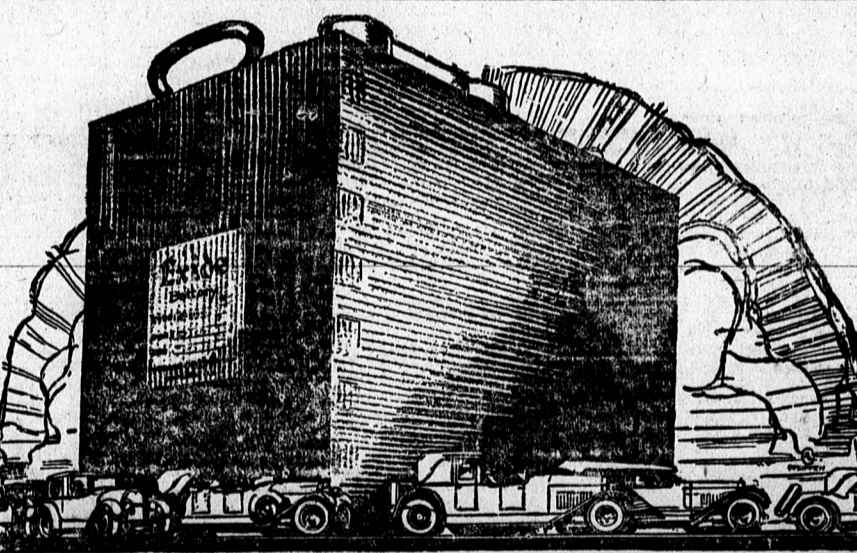
During an important conference on throat-bronchial and lung ailments held in Montreal in 1891, at which some of the most eminent members of the medical profession were present, that indefatigable worker, Dr. J. O. Lambert, said: "I offer to mankind an effective means of successfully fighting all diseases of the chest." It was a little more than a year after the appearance of that terrible epidemic of grippe of 1889-90, which wrought such havoc in this country and throughout the world, that the treatment for cold was discovered. During the period of research and study for the purpose of finding a remedy for grippe, science was rewarded with the discovery of this famous specific for colds, which up to that time was unknown. Many imitations have been exploited, but none has ever equalled it. Dr. J. O. Lambert's Syrup is the same remedy which accomplished such wonderful work during the grippe epidemics of 1889, 1890 and 1918.

Since Dr. J. O. Lambert's Syrup is recognized as the true remedy for grippe, it follows that it is even more so the true remedy for all ailments of the throat, bronchial tubes and lungs—i.e., coughs, colds, bronchitis, catarrh, asthma, croup, etc., etc. Dr. J. O. Lambert's Syrup is the genuine family medicine. In 31 years its reputation has grown to such an extent that today it is sold throughout the North American Continent and has an increasing demand abroad. Dr. J. O. Lambert's Syrup is absolutely pure, and we guarantee that it contains no dangerous drugs. It is the remedy for all ages and classes. For sale everywhere, and has the largest sale of all similar products without exception. (See our challenge.) Dr. J. O. Lambert, Limited, Montreal.

always willing to lend a helping hand, always ready to give the encouragement word, enduring our brother's failings as we expect him to endure ours. "A friend is one who knows all about you but whom you still had breath left in your body to do so."

That is true friendship. Many a time a friend will wound us bitterly but we always can find excuses for them and go on loving them just the same. True Christian brotherhood demands that we should treat everyone as we would treat our own brother in the flesh and in

sure that we would not try to tyrannize our own flesh and blood. No matter how greatly they might be in fault, we would have patience with them, we would defend even though we think he is in fault, let us try to be a friend to him and above all things let us never do anything which will cause him pain or sorrow, or cause others to think less of him. In this manner, by our actions we will show the world what it means to be a member of a true Christian brotherhood.



The Long-Life Battery

The actual performance of a battery in your car and not a paper "guarantee" is what counts.

Since the days of the first storage battery (which was an Exide), the Exide has been earning its reputation as the long-life battery. Ask some Exide owner—they are all about you, for more cars leave the manufacturers' hands equipped with Exides than with any other battery.

The dependable, long-lasting power of the Exide means more to you even than comfort—it means dollars and cents economy.

When you get a new car you have a right to a battery of Exide quality—in other words, an Exide Battery. In replacing an old battery in your present car, insist on an Exide and if you have any trouble in getting one, write us or our nearest district distributor.

Exide BATTERIES

MADE IN CANADA

The recognized battery for farm lighting plants is the rugged, long-life Exide.

Go to an Official Exide Service Station for Winter Storage—it will pay you.

EXIDE BATTERIES OF CANADA, LIMITED
153 Dufferin Street, TORONTO.

THE LONG-LIFE BATTERY FOR YOUR CAR

Announcing New Exide Distributor

Atlantic Auto Co.

Amherst Nova Scotia