

BLUE RIBBON COFFEE

Coffee as it should be

A DELICIOUS BLEND OF THE WORLD'S FINEST COFFEES

SAVE THE COUPONS FOR VALUABLE PRIZES

Ellen's Diary

By an Island Farmer's Wife

(Continued from Page 2)

one-time hired man who was there, laughed and winked at James and commented "there's not much danger" but added on a serious note "But if you do Ellen, well I'm tellin' you, a fellow gets in one heck of a mix-up!" Perhaps my glasses were playing me false but here was one not only facing me but sitting at ease at times and to all appearances inclined to be friendly though in my inability to see clearly I might be mistaking his motives. "Shoo!" I said waving my white head-scarf and he resumed his padding. And so it was by a series of stops and starts, most delaying, I managed in time to reach the shelter of a verandah. Then a frantic rattle of a knob a flying fly across a threshold, a slam of the door; I was safe at last! James mumbled a few words down from the wide old bed of his forbears: "Could you smell any scent of the creature?" "No!" I reply, recalling that even in my moments of concern I breathed only the fragrance of the new earth. "I guess James calls again "it was only that grey and white cat." It might have been. I remember now that when in a flash of white Pard bounded my return I heard an anguished cry as I closed the door.

Lambkins ran spirited races this sunny day; anglers were along the stream; grand-daughter's outing was extended to include much of the sunlit hours; cats coveted singing birds on a bough or lay basking in the sun; visitors called at Alderia enjoying an outing to the country... and now next—to mid-night.

Until tomorrow — Diary — Good-night.

CUT FOOD COSTS

with



CATELLI MACARONI

CATELLI

Ready Cut MACARONI

LABORATORY TESTED Scientifically Packaged To Retain all its Goodness and Quality

5 LB. PACKAGE

BUYS AND WHYS BY Barbara Brent

A weekly shopping and information service for today's women

MONTREAL, May 13th—Summertime comes suddenly in May, but it won't take you, clothes-wise, by surprise when you see your summer clothes at home... with Corticelli Nylon Sewing Thread! I've found that sewing is simple... seams "stay put"... when I sew with this excellent thread. Corticelli Nylon Thread assures you of seams that are sewn to stay because it's durable and elastic... it provides the needed "give" that makes for longer wearing. So for summer clothes that will be yours for several summers... be sure to sew with

CORTICELLI. You'll find this nylon thread in a variety of beautiful colours keyed to summer's loveliest fashion-shades.

Your Husband Will Open BOTH Eyes Wide at breakfast time when you bring to that bowlful of "Cream of Wheat"! There's something about the smoothness—the "just-right" good taste of "Cream of Wheat" that makes it a family favorite in thousands and thousands of homes! And that's not the whole story by any means, for 5 Minute "Cream of Wheat" is simply checkful of blood-building iron... and it provides important Calcium and Phosphorus for diets deficient in these elements. Truly, I know when I buy "Cream of Wheat" that I'm getting my money's worth of wholesome nourishment and downright deliciousness! Just try it... it's so very simple to prepare! Ask your grocer tomorrow for "CREAM OF WHEAT".

For Baby's Sake... make this moisture-resistant test with Z.B.T. Baby Powder! Simply smooth a little of your powder on your hands—then sprinkle with water. It's amazing! Z.B.T. resists moisture—protects your skin. And it protects your baby's sensitive skin in the same way. Never again will the burning irritation of "acid-moisture" if you do this: Every time you change his diapers, be sure to smooth on soothing, moisture-resistant Z.B.T. It's the Baby Powder made with Olive Oil... pure protection day and night... summer and winter! Write to me for your free sample of Z.B.T. BABY POWDER... Barbara Brent, 1411 Crescent St., Montreal, P.Q.

That Husband-By-Heads of bringing unexpected guests to dinner is no problem at all to the wise wife who's redoubtable list of products! Yes—all Heins famous 87 varieties are available again... Baked Beans, Cooked Spaghetti, Pickles, Peanut Butter, Mustard, Vinegar, Soups and Ketchup... to help a hostess out of a jam! The handiest shelf in my kitchen cupboard is my "special" Heins shelf—well stocked for family and friends who like food with flavour and personality! Truly, a Heins meal of "flavours"—from soup to beans—is always a success! That's why I urge you to make HEINS 87 VARIETIES a "buy-word"... as so many thousands of homemakers do!

Head-To-Toe daintiness is yours in a jiffy with this new powder-spray deodorant! Called Sno-Mist... it's the only deodorant with an atomizer top and since it's anti-septic, it's the perfect answer to many a problem of personal daintiness! It banishes underarm odour instantly... and clings like fine face powder to perspiration "danger-zones"! Keep Sno-Mist handy on your bathroom shelf... and soon you'll find your husband using it, too! You see, men like it—it's so very quick and handy to use! Ask for it at your favourite drug store... SNO-MIST deodorant-spray... remember, it's absolutely harmless to clothing!

There's Nothing Like Good Gravy to perk up a meal... to give it that specially rich flavour that spells appetite appeal! Best gravy I've ever tasted is made with BENSON'S CORN STARCH! Just try it instead of flour next time you're gravy-making and taste for yourself the delicious difference! You'll want to keep a package of Benson's always handy in your kitchen cupboard... for there are truly so many taste-wise ways to cook with it! For instance, it makes the most wonderful white sauces—and variations of same. Here is one Benson's White Sauce recipe I know you'll like...

WHITE SAUCE (basic Recipe)
 3 tbsps. butter or other fat
 2 tbsps. Benson's Corn Starch
 1 tsp. salt
 Dash pepper
 Dash Worcestershire Sauce
 2 cups milk

Melt fat in saucepan; blend in Benson's Corn Starch and seasoning. Let bubble over very low heat for 3 minutes. Add milk slowly and cook until smooth and thick, stirring constantly.

Here's Something "Extra Special" for the tiny King of your Nursery! Nothing is too good for his comfort and he'll never be more comfortable than in these specially designed baby pants of waterproof Vinylite. Bless his heart—he can be as active as he pleases in these sturdy pants... all the seams are heat-sealed, which means they're strong as strong can be. And when romping makes Junior warm... air-vent in the back of the pants... keep him comfy! Look for these new baby pants—and remember, when buying, the VINYLITE Plastics trade mark is your assurance of fine products tested and approved by "The Better Fabrics Testing Bureau".

If Poor Fido is Frantic with peaky fleas... and this is a catastrophe that happens to the best of dogs!... try this: Ask at your nearest drug or department store for Sapho 10% DDT Pest Dust! Buy the "Ridden" size... about the size of a hockey puck—and, unless Fido's a very unusual dog... he'll be flea-free in no time at all! And for other household insect pests... Sapho 5% DDT means death and destruction—complete and effective! Ask for SAPHO at your nearest drug or department store... and remember that it was the first liquid spray for flies, moths and bugs... is now a "first" in fact a "must" in hundreds of insect-free homes!

Newest Thing in Nail Polish... this scented polish is something to talk about... and don't think fashion-wise folks aren't talking! Henley's Country Garden Scented Nail Polish is the most exciting aid-to-loveliness that I've seen for many a moon. Fragrant magic for your fingertips, that's what it is! Scented with enchanting Henley's Country Garden Perfume—this wonderful polish is yours in a rainbow variety of fashion-right, gorgeous colours and it really stays put! I've worn mine for over a week now and there's nary a flaw to mar its gleaming beauty! Ask for HENLEY'S COUNTRY GARDEN SCENTED NAIL POLISH... I know it will delight you!

RELATED LANGUAGES Latin is a branch of the Indo-European family of speech and is more closely allied with the Celtic group than any others.

FIRST PAVED HIGHWAY The stone road between Philadelphia and Lancaster, Pa., was the first paved highway in the United States.

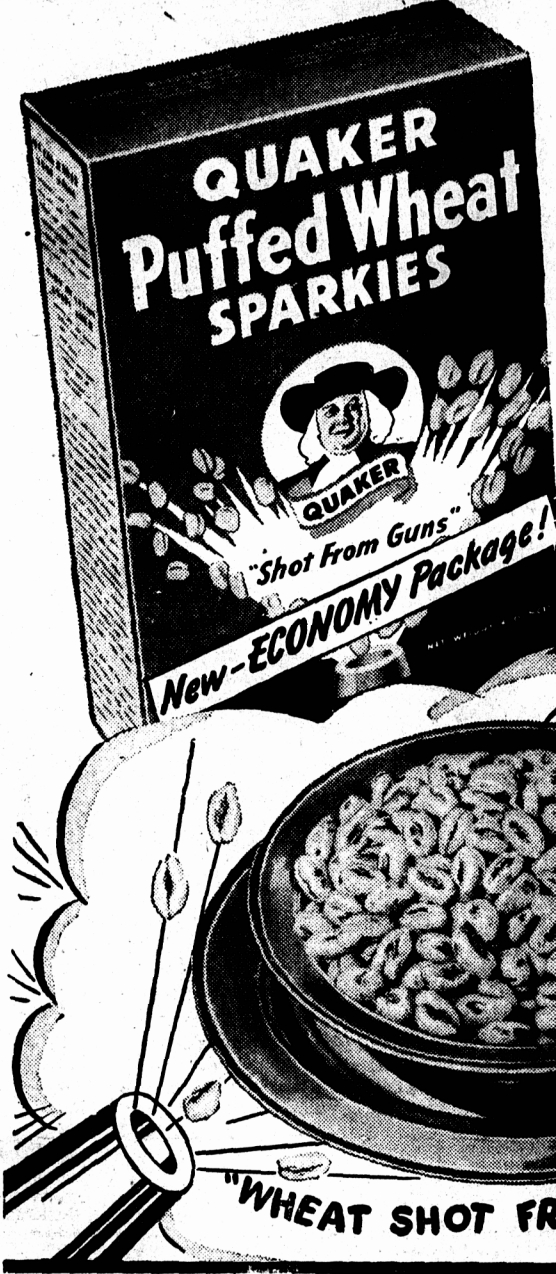
BURDOCK BLOOD BITTERS

Helps to stimulate the action of the bowels, kidneys, liver and stomach. It aids in the elimination of wastes and impurities from the body. The result is often a smoother, clearer skin.

Burdock Blood Bitters is sold at all drug counters.

The T. Millburn Co., Limited, Toronto, Ont.

You Pay No More Than You Did 10 Years Ago!



The same high quality... delicious and nourishing as ever!

Good news in these days of high food prices! Appetizing Quaker Puffed Wheat Sparkies still cost you no more per ounce than in the pre-war years of 1938!

You get the same tempting Quaker Puffed Wheat Sparkies you love so well... the same appetizing crispness... the same inviting toasty whole wheat flavor... the same grand whole wheat nourishment... all for no more than you paid 10 years ago!

NOW IN 2 SIZES!
 Regular Economy Size and Giant Family Package

No wonder more and more housewives are serving delicious Quaker Puffed Wheat Sparkies for breakfast! Treat the family... help your budget... order Quaker Puffed Wheat Sparkies from your grocer today!

The Quaker Oats Company of Canada Limited

Children love 'em!

There's something about Sparkies' toasty whole wheat flavor that youngsters simply can't resist.

"Sparkies" for After-School and Bedtime Snacks

So light! So nourishing! So easily digested! Quaker Sparkies are just right for tasty snacks... anytime... anywhere!

But 'em right from the box—like popcorn

... at school races... Quaker Sparkies are always a taste-tempting confidant.

They're Extra Delicious—served with Fruit

For a real treat... serve Quaker Sparkies with your favorite fruit (fresh or canned).

SAVING

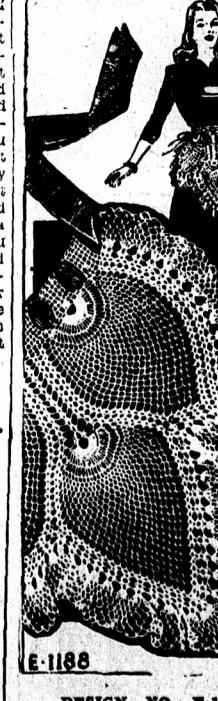
Some time in the life of a man, an urge comes to him that he must make a big effort to save. He may have been paying house rent for ten, yes twenty years, and it never dawned upon him that he has paid enough in rent to build a splendid house for himself. Did it ever occur to you that \$40.00 a month rent for twenty years amounts to \$96,000. You paid that much and what have you got for it? If you could a house, you have your home, and you can always make improvements, they are yours, but you pay rent indefinitely and what have you. Why not stop this, buy a building lot, that is the first start to make. If you cannot build this year convert your lot into a vegetable garden. It will pay you good dividends. The undersigned has a number of desirable building lots, some situated Upper School Street and Upper Prince St. and Allen Street—Others in the city, and a splendid new street is under construction by the city.

VON CLURE GAY
 Upper Prince & School St.

NEARLY LOST

The town of Fernie in British Columbia, an important coal mining and lumbering centre, was almost destroyed by a forest fire in 1908.

LACY TEA APRON



A lovely lacy tea apron is crocheted in the ever popular pineapple pattern, which is simple and easy to do. Pattern No. E-1188 contains complete instructions. Needlework Book No. 100 20 cents. Crochet Knitting Book No. 161 20 cents. To order: Send 20 cents in coin to Needlework Bureau, Charlottetown Guardian, Design No. E-1188

Name _____
 Address _____
 City _____ Province _____

Modern Etiquette

By Roberta Lee

Q. Should a young lady be congratulated on her coming marriage?

A. It is not good form to congratulate a prospective bride. She is to receive one's good wishes. The prospective bridegroom is congratulated. The bride-elect's mother receives the kind wishes of her friends, and the mother of the bridegroom-elect receives kind wishes and congratulations.

Q. Should the dinner napkin be entirely unfolded before placing it across the lap?

A. No. One fold is always left in the napkin.

Q. Who holds the baby during the christening?

A. Usually one of the godmothers.

DOROTHY DIX SAYS.

(Continued from Page 2)

Illusioned husbands and wives who are trying to undo the folly they have committed. For they have found out that marriage isn't just a romantic dream.

It is hard reality. It isn't just billing and cooing and kisses. It is work and worry and anxiety. Only too often it is a boy crushed with a burden his young shoulders are too weak to bear, giving up the success he might have made of his life if he had not had to leave school and take any poor job he could get to support a wife. Or it is a little young girl wife, grown haggard and nervous and fretful, her beauty and gaiety gone, slaving over the cooking stove and wash tub and walking colicky babies.

It is tragic to think how many marriages that should have been glorious successes go on the rocks because the high contracting parties will not wait until they are prepared. Yet even a smidgen of common sense would teach them that the failure, or success, of every marriage is in direct ratio of how well-fitted they are to meet its responsibilities.

They will be just as hungry after marriage as they are before. They will take just as much interest in clothes. They will still want to belong to their old set and have fun and go places. No wife is a Lady Love when she is hungry and shabby. No husband is a pleasant companion when he is dogging the bill collector. In marriage, as in everything else, you have to be able to meet your obligations.

There would be very few unhappy marriages if men and women would wait to marry until they are prepared for it.

VON CLURE GAY

Upper Prince & School St.

LIN-X MAKES FLOORS BRIGHTER! SAFER!

LIN-X, the sensational new anti-slip self-polishing wax gives greater safety, brighter beauty to wood, linoleum, and tile floors. It's water-repellent—self-polishing. Try it, today!



ANTI-SLIP SELF-POLISHING WAX

The Quaker Oats Co. Limited
 The Lacy Brothers Company Limited
 The Macmillan Co. Limited
 The Macmillan-Williams Co. of Canada, Limited

OUR BOARDING HOUSE

Major Hoople

BRACE YOURSELF, MISTAH MAJOR! I GOT MOURNFUL TRAGEDY TO REPORT! I'M GOIN' TO TH' TRACK, TH' DRIVER OB MY BUS TOOK A SHANT CUT THROUGH A MAPLE TREE! I MISSED THE FUST TWO RACES, SO I COULDNT BET ON VITAMIN C—HERE ARE THE DOUGH-RE-MI!

OH, WELL, OLD FELLOW, CHIN UP! WHO ARE WE MORTAL WRETCHES TO DEFY DESTINY!

I'LL PAY THE BOARDERS THEIR WINNINGS OUT OF MY OWN POCKET!

THE KILLING—IT'S KILLING HIM—