

Woman's Realm / Social and Personal / Fashions / Literature

Saves a Quarter Cup of Flour on Every Cake!

In Moncton, N.B., Miss Martha Poole is very well known as a cook of extraordinary ability. Her friends and acquaintances never miss an opportunity to enjoy her baking and they are loud in their praise of her skill. Like many other clever cooks, Miss Poole follows one rigid rule: she will use nothing but the finest ingredients and places great importance on flour. She says, "I use Robin Hood Flour for everything." No flour is finer or smoother for cakes and pastry and due to its lively quality it makes excellent bread. Miss Poole has another practical reason for always using Robin Hood. She declares, "It saves me at least one quarter of a cup of flour on every cake."



Miss Martha Poole of Moncton, N.B.

So besides having superior quality, Robin Hood Flour is also dependable and economical. Isn't that just what you want in flour? Why not give Robin Hood a trial? Why not bake bread, cakes, pies and pastry with the same satisfaction that Miss Poole does? Have your family and friends praise you! One of the many reasons why you will like Robin Hood Flour is its absolute freedom from contamination with dirt or dust. The wheat from which it is milled is all water-washed! Let us send you our new recipe book, "Baking Made Easy". Mail nine cents in stamps to Robin Hood Flour Mills Limited, Moncton, N.B.

Robin Hood Flour
Milled from Washed Wheat

ALL 5 AWARDS FOR WHITE BREAD AT CANADIAN NATIONAL EXHIBITION GO TO ROBIN HOOD USERS

The Canadian National Exhibition, Toronto, is the largest of its kind in the world. At the baking contest this year many of Canada's finest home bakers competed, and naturally many different brands of flour were used. But, when the judges announced their decisions it was found that users of Robin Hood Flour had won all five awards for White Bread. This sweeping victory for Robin Hood flour is just one more proof that the flour milled from washed wheat has no equal for producing home-made bread of the finest quality. Why not make a batch of bread with Robin Hood and let it demonstrate its superiority to you?

The Housewife And Her Activities

NEARING THE JOURNEY'S END

A little more love for the friends of youth;
A little more zeal for established truth;
A little more charity in all my views;
A little less thirst for the daily news;
And so I am folding my tent away, and passing in silence at close of day.

—J. P. LUCAS.

BED OF MOSS FOR FLOWERING BULBS

If hyacinths, daffodils, or tulips growing in bowls become rather tall, their stately appearance may be softened by a thick layer of moss. The moss should be packed loosely round the stems and piled well up between them. It diminishes the disproportional length of the stalks and leaves and enhances the beauty of the flowers.

Porcelain dishes absorb fat tastes and often give a rancid taint to any food stored in the dish after the fat is used. Paper cups or small covered paper cartons, available in any dime store, are convenient and inexpensive containers for storing cooking fat.

Opium planting in the Jehol provinces of China has been increased. The Japanese regard opium as a profitable crop and encourage its cultivation by cutting the production tax in half.

It is said that 54 per cent of the road troubles of motorists is caused by tire and ignition troubles.

HOW TO BE WELL-GROOMED WHILE TRAVELLING

Or careful preparation depends on a large part of the success of any trip. Any beauty-minded woman knows that this means getting the right clothes, the right luggage and the right cosmetics, as well as reservations, well in advance. The proper travel clothes,

whether you go by air, boat or on one of the swift, streamlined trains, are those which do not wrinkle or show dirt easily.

A suit remains the best type of travel costume, of course, but there are suits and suits. And the fussiest little model of a fabric that crumples and stays crumpled during the first wearing is all wrong. Incidentally, much as you love silk blouses with your suit, be sure to take at least one jersey or knit sweater blouse—something that doesn't have to be packed any too carefully and which never seems to show soil.

About the most unhandy item to have along is a fitted case in which the fittings do not stay in place. To find jars, bottles and odds and ends in a huddle in the middle of the case every time you open it is a little disconcerting. Before you buy a fitted case, turn it upside down, this way and that, to make sure that each item will stay where it is supposed to, no matter how energetically porters toss the bag about.

Everyone will advise you to travel light. Not a bad idea, of course, but don't take such advice too seriously and take so few nightgowns and slips that you have to worry about laundry at every hotel. Really put some time and thought into striking a happy medium in your travel wardrobe. Don't take too many clothes, but don't let anyone persuade you to take fewer clothes than you actually will need.

With the exception of a couple of gowns that have skirts widened by a sort of shelf around the hips, slim silhouettes are retained in Paris.

Schiaparelli shows much unrelieved black, either cut in deep square décolleté or high necked with short sleeves.

Evening wraps stress short flare-back coats or capes in vivid red or green fall.

Black taffeta and failles are important for afternoon.

THE COOK'S CORNER

SOUSE CREAM DATE TARTS

Yolks of 2 eggs, 3-4 cup fine granulated sugar, 1 cup sour cream, 1 cup pitted and chopped dates, 1-4 teaspoon each of salt and nutmeg, 1 teaspoon flour. Beat egg yolks, add sugar, salt and flour and beat well. Beat in the sour cream, and add the dates. Line tart pans with flaky pastry and fill 3-4 cup full with the date mixture. Bake in an oven of 375 degrees until firm. Cover with the meringue made from the stiffly beaten egg-whites and 2 table-spoons sugar. Bake in a slow oven about 15 minutes.

CHOCOLATE CAKE

One cup granulated sugar, 1-2 cups flour, 1 teaspoon baking powder and a pinch of salt. All the above are sifted together. Mix 1 teaspoon soda in 1 cup of sour milk. Stir into first mixture, then add 1 egg, unbeaten, and 1 teaspoon vanilla. Then add 4 table-spoons cocoa which has been moistened with piece of butter size of an egg. Pour into mixture and beat well. Bake in a flat tin.

HARD SAUCE

Work one-half cupful butter until creamy and add one and four-tenths cupfuls brown sugar gradually, while beating constantly. When mixture is very creamy add very gradually two table-spoonsful cream; then add, drop by drop (to prevent a separation), one table-spoonful of vanilla, one-half table-spoonful of lemon extract and two table-spoonsful of salt.

FORGET INSIPID TEAS!

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FREE Save the coupons from Lipton's 1 lb. and 1/2 lb. packages. They will entitle you to a beautiful Wm. Rogers & Co. Lipton's Tea. Write for premium book to The J. Lipton Limited, Lipton Bldg., Toronto.

LIPTON'S Full-Flavoured TEA

RED LABEL ORANGE LABEL YELLOW LABEL

Modern Etiquette

(By ROBERTA LEE)

Q. Should a woman, after the death of her husband, be addressed as "Mrs. Mary Blank" or as "Mrs. James Blank?"

A. The death of the husband of a woman in no way affects the name by which she is known. She continues to be "Mrs. James Blank."

Q. Is it necessary for a man to rise when dining, and another man stops at his table?

A. It is not necessary when there is no great difference in age. If the man who stops is elderly, it is courteous for a young man to rise.

Q. Is it proper to introduce one's self, if one has not met the first member of a receiving line?

A. Yes, if this should happen, one should say, "I am Mrs. Smith."

Dorothy Dix's Letter Box

Women Who Complain About the Hard Lot of Domesticity Do Not Realize That Those Who Make Their Own Way in the World Have to Bear a Much Greater Burden of Responsibility

Dear Miss Dix—Why do women moan and complain about the hardships and difficulties of domesticity, which is often the career they choose for themselves? Why can't each housewife feel that she has the most important job in the universe because she makes the comfort, happiness and well-being of those nearest and dearest to her? Why can't she feel that she is far better off than the business or professional woman because she works in her own home, with her own things, where she is the boss, the head executive, the hub of the wheel around which her world turns? What greater satisfaction can a woman have than in knowing she keeps her husband well-nourished, healthy, comfortable and happy; that she is helping him to make his fortune and that he turns to home as a place of peace and rest? Why can't a woman express her sense of beauty in the adornment of her home? And isn't every perfectly served meal an artistic triumph of which she may be proud? What greater joy can a mother find than in watching her little ones develop? I am thankful that I chose the happy vocation of homemaker and I wouldn't trade jobs with any one.

Your letter is like a draught of sweet water after too many cups of wormwood and gall. For so many other women are continually weeping and how fed up they are with it. How they are tied down by their children and how they wish they had chosen any other occupation on earth than domesticity.

They are eaten up with envy of every woman who has what they call a "career." They view all the smartly clad girls they see frooping about in the morning to work with green eyes. There's life for you! They think. There's gaiety and adventure. There's freedom and excitement. They don't have to walk around the daily treadmill of getting breakfast and hurrying husbands off to work and the children off to school. Fixing the baby's bottle, and ordering the day's food. Doing all the thousand little tasks that have to be done over and over and over again to keep a house running and a family fed and comfortable.

No one will deny that domestic work is hard. That it is routine. But so is all the other work in the world by which we earn our daily bread. The saleswoman, the typist, the teacher, even the glamorous movie star all do the same work the same way until it becomes a chore instead of an adventure. Every woman who works outside of her home has to put up with a boss who takes her good work for granted and raises ructions over her mistakes, who is grouchy and surly at times, just as the domestic woman has to put up with these faults in her husband.

Taking it by and large, the domestic woman has the advantage over the business woman in that she has a job from which she cannot be fired unless for good and sufficient reason, and which she is not liable to lose when she grows old and fat. If she does, she can collect alimony.

She has an equity in her husband's estate, whereas a woman employe has none in her boss. While the wife gets no pay envelope on Saturday nights and feels that she works for her clothes and board, the average working woman fares no better. For she has nothing left after paying for her living.

Furthermore, the wife does not have to punch the timeclock on the dot, as the working woman does. Nor she so hard-driven, for she can take a little time out of her day to gossip over the telephone or snatch a little nap. The business woman could not dream of so doing.

When all is said, there are no easy snaps in life for most of us. Whether our work is hard and dull or a thrilling adventure depends upon how we look upon it. We get out of it what we put in it. I know that so many women get no kick out of the work they do for their families. They are doing the most important work on earth and that which should bring them the richest rewards, and they get out of it nothing but boredom and vain regrets and repining. Why, isn't it?

Dear Dorothy Dix—I am a man of 30 years of age, with a wife who is 24. We have three children. She is a very nice girl, but I don't know how to answer. She says that she wants her freedom to go where and when and with whom she pleases. A very good friend of mine who is married and has two children, has asked my wife to go out with him and that they may live together. I love my wife and I am afraid that if she runs around with him it may mean the breaking up of our home. I don't think it fair to the children. Please advise me what to do?

Answer: When a wife wants to step out with another man, she has already left her husband and she probably no use in his trying to hold her body. Her feet will follow her flighty heart down the primrose path.

Evidently your wife is fed up on domesticity. She is tired of you, tired of the children and she wants to have her fling. But it cannot be done without her losing her own good name and wrecking the family.

You cannot consent to her proposition which is an utterly selfish one on her part, for she proposes to run around with other men, yet have the protection of your name, your support and the shelter of your home. It is not fair to have what she considers a good time to be unfettered even by the children, while you occupy the unenviable position of the complacent husband and stay at home nights with the youngsters.

No married woman can be free. She has given hostages to fortune and she has duties that she has no right to shirk. And instead of giving in to her mad scheme you should try to make her realize this.

If she can be brought to see that she must choose between you and the children or her desire for a wild life, it may bring her to her senses.

DOROTHY DIX.

How Can I???

(By ANNE ASHLEY)

Q. How can I make a plant fertilizer?

A. A little ammonia added to the water affords a rich fertilizer for the plants, and also aids in preventing bugs.

Q. How can I prevent silk thread from unwinding too rapidly on a sewing machine?

A. Place a small piece of felt on the spindle under the spool, and the silk will not unwind so rapidly, tighten, nor break.

Q. Is the eating of honey considered healthful?

A. Yes, very. It is claimed to be a good remedy for indigestion, kidney trouble, and constipation. Another advantage is that honey is not fattening, and can be enjoyed by those overweight.

Household Scrapbook

(By ROBERTA LEE)

For Tired Nerves

A few suggestions for one who is suffering from tired nerves are: Plenty of sleep every night; a carefully balanced diet that includes plenty of fruit and milk; no parties that mean lots of drinking, eating, and late hours; include a long walk every nice day.

Skimming Tomatoes

Tomatoes can be skinned very easily by placing them in a basin, pouring boiling water over them, and letting them stand for a minute. You will then find that the skin can be removed without any trouble.

The Bestest Yeanster

When trying to amuse a child on a rainy day, take the wooden part of a handle used for carrying parcels and give it to the child for making babies.

"It's LOVE makes women happy"



"That's why we advise—keep skin smooth—guard against unattractive Cosmetic Skin," say LOVELY SCREEN STARS

Andrea Leeds, hair pinned up, ready to use the complexion ion cure she knows is safe. "I advise every girl to use Lux Toilet Soap," she says.



ANDREA LEEDS

ROCHELLE HUDSON

ALL WOMEN WANT LOVE! A CLEAR, SOFT COMPLEXION IS VERY APPEALING TO MEN, SO DON'T RISK COSMETIC SKIN!

COSMETIC SKIN RUINS A GIRL'S CHANCES OF ROMANCE! AND IT'S SO EASY TO GUARD AGAINST IT WITH LUX TOILET SOAP'S ACTIVE LATHER

ROCHELLE HUDSON

9 OUT OF 10 SCREEN STARS USE LUX TOILET SOAP



requested by him to take Jock, a rather mettlesome hill pony, across to an adjoining moor, and there wait for the main party to join them.

"Jock won't give any trouble," he assured them, "so long as you keep the rein of the walking."

Meeting them an hour or two later, the laird inquired how they had fared with Jock.

"Very well, indeed," replied one of the youths. "When the rain came on we took turns holding a mackintosh over his tail."

Lovely Hand-Woven Set You Will Enjoy Making



Easy to Weave Purse and Belt Imported! Home spun! They look all that and more—the soft lovely things you make so easily by hand weaving!

Can't you just see the smart belt and purse in the picture, woven of yarn in nut brown, beige and leafy green?

Weaving's simple as darning, as the diagram shows. For the purse your loom's a piece of cardboard—7 1/2 by 13 inches. The green yarn you string back and forth from V-shaped notches across the face of the cardboard.

Then with a blunt needle threaded with brown yarn you weave in and out as in diagram. Make the striped border by weaving rows of beige and green.

The attractive belt? Weave it like the purse on a narrow piece of cardboard as long as your waist measure, less hook and eye.

Other ways to weave are as simple. Tack bright ribbons to a breadboard and weave a pillow top. Or use a hoop as a loom to weave a pretty rag rug.

Our new 32-page booklet HOW TO WEAVE USEFUL NOVELTIES gives full directions and diagrams for weaving these and dozens of other items, such as scarves, lace lampshades, place mats, afghans.

Send 20c in coins for your copy of How To Weave Useful Novelities to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

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A little bolero jacket costume with swirling skirt any young modern will be thrilled to wear for spring. It is navy blue lightweight woolen with a washable blouse of pink shade. The blouse cyclamen pink shade. The blouse cyclamen pink shade. The blouse cyclamen pink shade.

Style No. 2077 is designed for sizes 6, 8, 10, 12 and 14 years. Size 8 requires 2 yards of 35-inch material for bolero and skirt; 1-1/8 yards of 35-inch material with 3-1/4 yards of ruffling.

Send fifteen cents (15c) in stamps or coin (not preferred) wrap coin carefully, address to Charlottetown, P.E.I. (Canadian stamps).

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FRIED ASPARAGUS

Twelve stalks of asparagus, 1 egg, 2 table-spoons vegetable liquid, salt and pepper, dry bread or cracker crumbs, lard or vegetable fat.

Use fresh or canned asparagus; wash the stalks of equal length. They must be firm, thick stalks. Cook the fresh asparagus until partially tender, drain and season with salt and pepper. Beat the egg and dilute with the asparagus liquor.

Dip the stalks of asparagus in the diluted egg and then in the crumbs.

Fry in deep fat until a golden brown. Drain on absorbent paper towels. Lard should be heated to 350 to 365 degrees F.; vegetable should be 390 degrees Fahrenheit.

Branded and Signed for Your Protection! Pure, soft, most absorbent... best for baby and mother, too!

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