

Woman's Realm Social and Personal Fashions Literature

Living & Leisure —The Woman's Realm

LIFE MADE SWEET

Life is made sweet because of friends we have made. And the things which in common we share. We want to live on not because of ourselves. But because of the people who care. It is in giving and doing for somebody else, a person sundering from the making of friends. On that all life's splendor depends. And the joys of this life, when you've summed it all up, are found in the making of friends.

By Grace Walter Clark

European migratory birds spend their winters in Africa, with a few of them sojourning in southern Europe.

An implement has been invented that enables a person sundering erect to plant seeds in the ground or inject fertilizers.

No star can be seen throughout the year at the equator, but every star is visible during a portion of the year.

Tiny, bright sailboats in feathers of fabric or fur are smart women's standbys.

Rubber covered lead strips used in any length have been invented for balancing automobile wheels.

Never suffer your energies to stagnate. The old adage of too many hands makes light work of any job. You cannot have too many—poker, tongs, and all; keep them all a-going.—Dr. A. Clarke.

BUTTONS MANIA

King Louis XIV of France had an unusual mania for buttons, and annually spent \$600,000 for them. Some of the buttons he possessed were set with diamonds and other precious stones.

ORCHIDS

In England, about 80 different varieties of orchids are to be found. The most common in that country is the Bee orchid, which is found on cliffs and open spaces.

The oldest known will, by which a priest left his property to another, was prepared in Egypt about 2500 B. C.

Rub a cotton fabric between the fingers if you wish to determine whether it has been sized. Made to look solid by sizing, the flimsy fabric will crumple under this treatment.

A robin will eat 18 feet of earthworms in a day.

FEARS OF FROCKLESS YEAR VANISH AS LONDON SHOPS DISPLAYS NEW WINTER STYLES

LONDON, Eng.—Not much more than a year ago we were frightened ourselves with tales of how we should be reduced to dressing in any old thing. There won't be anything in the shops next year, we

thought, and we rushed to buy supplies of shoes, materials, anything we could afford. Yet here is winter round again and the shops as gaily and well supplied as ever, and prices are quite higher taking things all-round.

Even the threat of the British Color Council that we should willy nilly have to wear certain colors because of eye shortages is only something of the future and not of the present.

All this because wholesalers always look ahead and before war broke out they had the present supplies in stock. Next year things may be different, but for the time being there is a pre-war selection of almost everything for everyone, except in the case of furs and dresses and costumes, this shortage being due to the fact that so many of the dressmaking establishments were situated in the bombed areas.

Winter fashions are distinguished by three things. They are easy to wear, easy to look and easy to make. Three very essential things in war days.

There is also still, contrary to our fears of a year ago, a plentiful supply of shoes, in fact, shoes have become more attractive than they were in pre-war days. They are so bright and attractive a fashion that seldom found favor in peace-time.

Bootees are a definite winter fashion. And such bootees. Not Swiss-Miss-Kneek-Kneek sort of air, but beautifully cut bootees in soft leather, fur lined with a band of fur turned over the top, adding and sparing the agony of cold feet in shelter hours.

At this season of the year, mice in seeking suitable winter quarters, find their way into dwellings, sometimes in quite appreciable numbers. This is particularly noticeable in rural districts but also occurs to some extent in suburban areas and in city dwellings.

The common house mouse is the chief offender, states the Division of Entomology, Science Service, Dominion Department of Agriculture, but field mice will readily establish themselves in a very short time. Both species in their quest for more comfortable quarters with the approach of winter are driven indoors. Mice are very prolific and, if not checked, soon become a nuisance. The house mouse begins to breed when three months old and has litters at intervals of eight or ten weeks throughout the year.

Unlike many other animals, mice are not particularly wary of baits and traps and are therefore fairly easily controlled. While poisoned baits are effective, they are not recommended for use in dwellings, traps being satisfactory, safer and more sanitary, as the bodies of the mice may be disposed where they will not create an offensive odour. The ordinary galding or "snap" trap is the most satisfactory. Cheese, fried bacon, raw meat, oatmeal and fruit are suitable baits for these traps. A good combination bait is a mixture of peanut butter, rolled oats and chopped raisins. A drop or two of aniseed oil may be added. If the mice are numerous,

several traps should be used, placing them where the mice are known to frequent.

CLOTHES MAKE OUTDOOR GIRL

The right sports clothes can transform a shivery, radiator-hugging girl into a hearty young woman who seeks health and pleasure out of doors in winter weather.

The shivery girl usually hates winter, only because she won't prepare for it. A n.c. pink walk against winter wind isn't so cold attractive to the girl whose outdoor costume consists of a thin crepe dress, a short fur jacket, high heels and sheer stockings, says a New York fashion writer.

Yet sports things needn't be expensive. You can limit your purchases to two costumes and still be warmly and smartly dressed for the outdoor weekend.

The first essential costume is a three-piece city-country tweed suit, consisting of a jacket, a skirt with pleats for comfortable walking and a matching hat. The other essential is a ski suit, which is good for many things besides skiing. A well-tailored navy blue gabardine suit is probably the best choice.

The same warm accessories can be worn with both these costumes. One of those hood scarf and mitten sets knitted in gay colors would serve to protect the three points most vulnerable to cold—neck, wrists, and ears.

Or, for greater warmth, get a wool-lined hood and matching mittens. They'll keep your hands and feet warm and possibly long woolen stockings for hiking.

If, with all these protectors, you still shiver, consider some warm underwear. You can get knee-length pants of silk and wool knit, so sleekly made that they may be worn under an evening dress.

SET THE MOUSETRAP THIS TIME OF YEAR

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ONE THING IN COMMON

Prime Minister Churchill shares at least one touch of nature (probably he shares a number) with the Archbishop of Canterbury. Each perpetrated a novel when he was very young, and does not much care to be reminded of the effort. The shiver of the Archbishop's story, The Young Clarion, dealt with Jacobite days. The prime minister made his hero a democratic leader in Mediterranean countries and equipped him with eloquence and daring. His and his novel's name was Savrola.

WHAT COUNTRIES FIGHT FOR

Here is a story that is said to be told with glee in Belgrade, capital of Yugoslavia.

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Macedonian—"And what does Italy fight for?"

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Mistress to Cook—Mandy, I don't like to mention it, but it seems to me that the food in the kitchen disappears very rapidly.

Mandy—"Well, ma'am Ah admits Ah has a good hearty appetite, but no one has ever accused me of being' gorgous."

MINUS EXTRA FATS

LONDON—(CP)—The Vegetarian Society of England has complained to the Ministry of Food that the extra supply of fats would lead their members to surrender of their meat and bacon rations coupons has not been made available.



Warm clothes alone won't ward off...

COLDS

Your child's own reserves of strength are even more important than warm clothes in fighting winter ills. Help build up resistance with Father John's Medicine. This time-tried body-builder—proven by over 85 years of use—is rich in the essential vitamins A and D... helping to build strong young bodies and increase vital resisting power.



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ONE THING IN COMMON

Dorothy Dix Says—

BEING AN OLD MAID HAS MANY RECOMPENSATIONS

There is no Personal Disgrace When Girl in Her Twenties Has Failed or Refuses to Select a Husband

Dear Miss Dix—I am 23 years old. Am self-supporting and no expense to my family, so I do not see why my mother should be so crazy to have me marry. But she is. She twists me all the time with not having got a husband as her other daughters have. Calls me the old maid of the family even in talking to strangers. This mortifies me very much and it hurts me to think she is so anxious to get rid of me. I have talked it over with her and told her how I feel about it, but it does no good. I don't understand why my mother should be so anxious for me to marry, as her own marriage was unhappy. But I think we should even consider marriage before she is 20, because we do not think that until she is adult and her own tastes and character formed that she is capable of choosing a life mate of whom she will not tire.

Also, we think that she should have her pay time and be satisfied with parties and dates and ready to settle down before she marries.

Your mother's ideas about old maids are virtually historic. They belong to the days when girls married at 16 and 18 because their parents were anxious to wish their support off on a husband and when it was considered a reflection on a woman to be an old maid because it showed that she was so unattractive there were no takers.

But the conditions of modern life have changed the whole point of view about women and marriage. Now we do not think that a girl should even consider marriage before she is 20, because we do not think that until she is adult and her own tastes and character formed that she is capable of choosing a life mate of whom she will not tire.

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A Help at Home

There is no reason why a girl who makes her own bread and butter should be hurried into marriage as her dependent forebears were. She is an asset to her family instead of a liability, and she would not have but for her.

As for there being any stigma attached to a woman not marrying, that theory has gone with the wind. If a woman stays single, nobody attributes it to her not having had a chance to marry.

They think it is just because she has looked as good to her as her freedom did, and the old maid is looked upon often with envy than with pity.

Half the career women are old maids. And what the married women would do if they didn't have old maid sisters and aunts to help them out with buying the children's shoes and winter clothes and paying for having Mary's adenosils out and sending Robin to college, goodness only knows.

Disregard Taunts

Nevertheless, in spite of all this, there are still mothers so behind the times that they are anxious to get their daughters married that they would rather they had bad husbands than none at all, and who seem to feel it a personal disgrace for their girls to be old maids.

The only thing you can do is to disregard your mother's taunts, laugh them off if you can, and if you can't, leave home. But don't let yourself be high-pressured into marriage before you are ready for it.

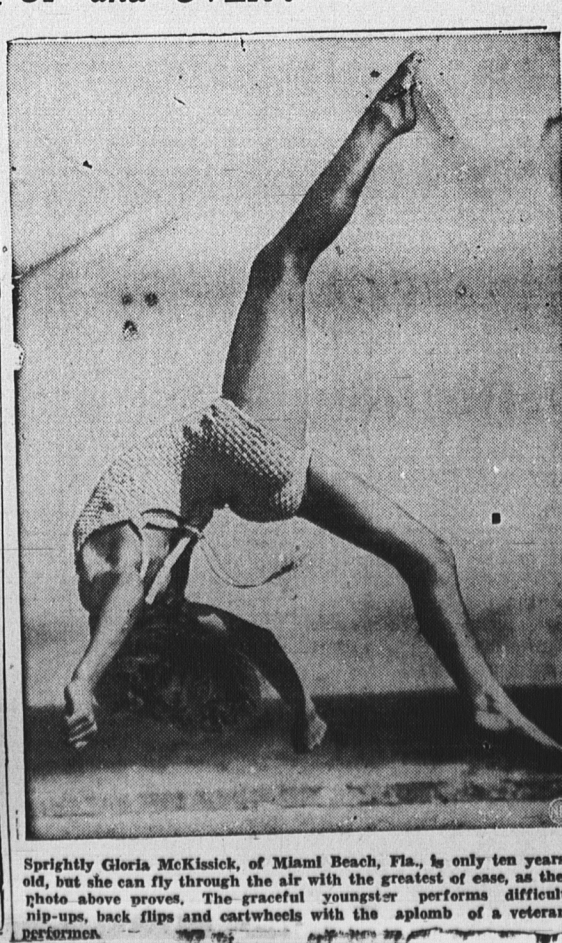
A very wise woman, who was also an old maid, once said that it was better to be single than not to be able to laugh because you were.

PARENTS SHOULD NOT BE SELFISH

Dear Dorothy Dix—What do you think of a woman who tells her son that she will end her life if he marries the girl he loves? Both he and his fiancée are in their late 20s. The man supports his parents and they live in his home. The father

Use this test for deep-fat frying of onions: When a piece of bread browns in one minute, add the onions and cook them about 1-2 minutes.

UP and OVER!



Sprightly Gloria McKissick, of Miami Beach, Fla., is only ten years old, but she can fly through the air with the greatest of ease, as the photo above proves. The graceful youngster performs difficult nip-ups, back flips and cartwheels with the aplomb of a veteran performer.

THE COOK'S CORNER

LIMA BEAN CROWDER

2 cups dried lima beans
6 cups water
1-4-pound salt pork
1-2 cups diced carrots
3 cups diced potatoes
2 cups diced celery
1 cup thinly sliced onions
2 green peppers, chopped
1 bunch parsley, chopped
1-2 teaspoons salt
1-4 teaspoon pepper
2 cups rich milk
2 tablespoons butter

METHOD: Pick over and wash the beans thoroughly. Add the 6 cups of water and let stand overnight. In the morning place over low heat and cook gently until the beans are soft.

Now dice the pork, place in a frying pan and saute to a golden brown. Add this to the beans with the green peppers, carrots and the seasonings and cook until the vegetables are tender. Reduce the heat, add the rich milk and the butter. Reheat to the simmering point and serve at once.

The next is a vegetable soup made without benefit of meat stock.

LEEK AND TOMATO SOUP

1 cup canned tomatoes
1 cup chopped leeks
1-2 cup chopped onion
3 cups finely diced potatoes
1-2 green pepper, chopped
4 tablespoons chopped parsley
6 cups cold water
1 teaspoon salt
2 tablespoons butter

METHOD: Add the salt to the water and drop in the leeks, onion, garlic and potatoes. The potatoes having been washed clean and sliced, but not pared. Cook the mixture after it comes to the boil for about 15 minutes, then add the tomato, green pepper and parsley; again bring to a boil and boil for 5 minutes longer. Remove from the fire, add the butter and serve.

FIG SQUARES

2 cups all-purpose flour
3 tablespoons baking powder
1-2 teaspoon salt
1 tablespoon sugar
6 tablespoons butter
1 beaten egg yolk
1-3 cup milk

Figs drained and crushed
Sift and measure flour and sift again with the baking powder, salt and sugar. Work in the butter with a pastry blender. Combine beaten egg yolk and milk and add to the dry mixture so as to form a dough.

Roll out to 1/8 inch in thickness and spread with soft butter. Cover with well drained figs which have been cooked, chopped and slightly sweetened, and seasoned with the juice and a grated rind of 1 lemon or 1-4 cup chopped preserved ginger. Cover with second half of rolled dough, prick all over with a fork. Push over the top with the egg white.

FUR IDEAS

Shortening your fur coat? Here's a new idea for one of the scraps. Have it used to back a large round compact and you'll stay the rest of the "fals." Other pieces may be used to trim a hat and then you're all set for luncheon or dinner dates, or just to be as ornamental as you possibly can.

Colorful Glass Pictures Painted From Patterns



Give for Christmas Presents

A lovely picture—graceful snow-white swans on a shimmering lake of blue-green. You can easily paint it yourself in a few minutes in its real size, 9 by 12 inches—as a gift or to keep.

For you have a pattern for the picture, and after you place this pattern under your glass, you just follow its lines with your brush.

Your colors you get from three inexpensive tubes of oil paints—red, blue and yellow—and you mix them according to a chart. Green, for instance, is a mixture of blue and yellow. To darken or lighten color, just add black or white household enamel.

In painting "Swans on a Lake," you mostly use varying shades of three colors, blue for the sky, blue-green for the water, green for the foliage. Swans have black eyes, orange beaks. Then, when the picture is dry, frame painted side in and back with silver paper to add sparkle to the water.

Besides "Swans on a Lake," our FOUR DESIGNS TO PAINT ON GLASS (Second Series) includes "Cabin in the Pines," "Rose Bouquet," "Doe and Fawn"—all 9 by 12 inches. Has color chart; tells how to use.

Send 20c in coins for your copy of Four Designs To Paint On Glass (Second Series) to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name _____
Street Address _____
City _____ Province _____

EASIER ON YOUR CLOTHES!



HOW TO GET ORIGINAL ROGERS SILVER-PLATE AT LESS THAN USUAL PRICE!

Just buy 5 bars of Sunlight Soap today and send the 5 carton ends printed with the name and 6¢ to Sunlight, Dept. A 173 Hamilton, Ont. Matching knives, forks, etc. in the lovely "Allure" pattern also available!

Your Individual HOROSCOPE

—By Frances Drake—

For Tuesday, December 3rd
MARCH 21 to APRIL 20 (Aries)
Today's indications do not promise bumper returns for your efforts but you should go right on struggling for the finer things in life and adapting yourself intelligently and cheerfully to changing conditions. Keep in circulation!

APRIL 21 to MAY 20 (Taurus)
Up to 3:30 P.M., stars advise caution in all new propositions, meetings, new clients, giving estimates and opinions. More favorable star aspects exist after this period but then watch out for extremes.

MAY 21 to JUNE 21 (Gemini)
Things on the surface may seem uninteresting or pointless but you've got to go deeper to find the real subject matter. And when you do concentrate and persist (with your natural cleverness) you'll find plenty of good material with which to work.

JUNE 22 to JULY 23 (Cancer)
Tone down all tendencies to irritability and over-sensitivity. Go on with your duties in a determined manner but don't offend by a belligerent attitude. Remember, the strong and great in character are the humble and gentle.

JULY 24 to AUGUST 22 (Leo)
Advice to Cancer-folk won't go amiss for you. In fact, if you follow it, it will double the effect of the more vibrations shown in your planetary sector. Produce results.

AUGUST 23 to SEPTEMBER 23 (Virgo)
Make a truce with your emotions and a desire to criticize. The more conciliatory and cooperative you are, the better your chances for success and contentment. P. M.: best star aspects.

SEPTEMBER 24 to OCTOBER 23 (Libra)
You can contribute to your own achievement and others' good by permitting your fine judgment and knowledge of human needs to express themselves. Restore harmony.

OCTOBER 24 to NOVEMBER 22 (Scorpio)
Don't be discouraged if you don't seem to make much headway today. The main thing is to try and keep trying to do your best and be happy for the many blessings you now have.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)
Arbitrate and yield sensibly today rather than combat your way through. Diplomacy will aid your cause. All constructive work and progressive matters should make progress. Aid those who are in need.

DECEMBER 23 to JANUARY 21 (Capricorn)
Hold back those ideas and acts that may tend to irritate or cause dissonance. You'll probably find them less worthy of your consideration after you freeze them for a while. On with the reliable and urgent duties!

JANUARY 22 to FEBRUARY 20 (Aquarius)
Be careful about new partnerships and dealings with strangers whose background you do not know. Whole day calls for close, alert attention to business matters.

FEBRUARY 21 to MARCH 20 (Pisces)
May not be especially favorable for transportation, mining, real estate, land and produce. Be tactful and vigilant in all personal matters. Constructive work of a general character more favored than individual advancement. Strive on!

A CHILD BORN ON THIS DAY will be full of vigor and rather inclined to engage in unusual enterprises; alternately chery and moody and difficult to understand at times unless it is taught in its formative years to correct its changeableness. Will need kindly understanding in its rearing. Its natural leaning to religion will be a great help.

PAYING GUESTS

Thomas A. Edison was showing a party of friends over his beautiful summer resort, equipped with many labour-saving devices. One exception, however, was a turnstile so stiff that it required considerable strength to force a passage.

One by one his guests pushed through. At length one of them ventured to say: "Mr. Edison, why do you have everything so perfect except this awful turnstile?"

"Ah!" replied the host, his eyes twinkling. "Every one who pushes the turnstile around pumps several gallons of water into the tank on my roof."

IF YOUR NOSE "CLOSES UP" TIGHT AT NIGHT

HINDERS BREATHING—SPOILS SLEEP

3-PURPOSE MEDICINE

Here's mighty good news... if your nose "closes up" at night and makes breathing difficult, put 3-purpose Vicks Vapo-rol up each nostril. Vapo-rol does 3 important things: (1) shrinks swollen membranes; (2) soothes irritation; (3) helps flush nasal passages, clearing clogging mucus. It helps prevent congestion. It brings comfort, makes breathing easier, invites sleep.

And remember... it helps prevent colds from developing if used in time. VICKS VAPOROL

use Silverwood's Evaporated MILK "Good Milk makes Good Meals"



KIDDIES' MOTIFS

DESIGN NO. 679

We visualized bright-eyed kiddies as we counted your letters this morning telling us you would like small animal and bird motifs to trim this and that gift for tiny tots' Christmas packages. It is a grand thought and we believe you will enjoy working these cunning designs in the simple stitches we suggest.

The pattern includes transfers of the designs, suggested colors and stitches; and diagrams of stitches.

To order this pattern, send 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, To Charlottetown Guardian, Needlework Department, Design No. 679.

Name _____
Street Address _____

A Morning Smile

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RELIEVE SUFFERING QUICKLY WITH



KELLOGG'S STHMA RELIEF

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Send Twenty (20c) coin is preferred, for pattern Write in plainly your Name, Address and style number. Be sure to state the size you wish. Style No. 3124 Size _____

Name _____
Street Address _____
City _____ Province _____

Keep Minard's in the home.