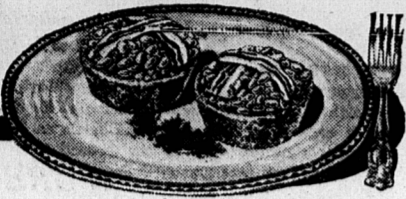


Enough to tempt anybody's Appetite



RECIPE: Remove tops from hot corn muffins and scoop out a cavity. Fill with Clark's Pork and Beans heated very thoroughly. Cover with slices of hot crisp bacon, add a dash of Clark's Tomato Ketchup or Chili Sauce. Garnish with parsley.



Let the Clark Kitchens help you for quicker and better meals.



CLARK'S PORK and BEANS

(With Tomato, Chili or Plain Sauce)

W. CLARK, LIMITED

Establishments at Montreal, P.Q., St. Remi, P.Q., and Harrow, Ont.

Paris Styles

By MARY KNIGHT

United Press Staff Correspondent

PARIS, March 4.—(U. P.)—Because dresses are very long for evening, and many of them so for afternoon with even daytime frocks 12 inches from the ground, stockings have grown increasingly important. Now that may not sound to you exactly as it should because you are probably thinking that because dresses are longer, hosiery will not show as much of itself and therefore will have less significance. But listen, that is the very reason for its importance. Because so little of the leg is exposed it is absolutely essential that "that little" be perfectly covered or it will mar the whole costume.

Stockings will, in general, match the dresses with which they are worn. In fact, shoes and stockings will match. Silk dyers have worked closely with the designers and have perfected color blends that, regardless of different types of materials, the exact shade is produced in leather, silk, wool, cotton and metal brocades. This is an achievement because it is something that has not been done before. Skin tints and sun tans will still be good for resort wear, and the newer weaves of smart lisle hose that were so popular last year, will have a vogue for sport purposes, leaving the webby silks in undisputed possession of Fashion's formal foot.

Etiquette

By Roberta Lee

Q. Until what age is it proper to call a boy "Master"?

A. Until he attains the age of fifteen.

Q. Is it necessary to send wedding invitations to ushers and bridesmaids?

A. It is courteous to do so.

Q. Who enters an automobile first, the mother or the daughter?

A. The mother.

Q. That girl over there shows distinction in her clothes.

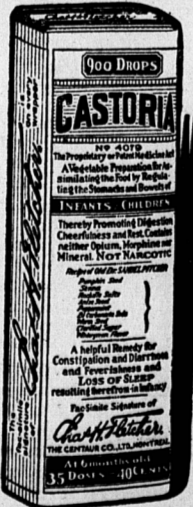
A. "You mean distinctly, don't you?"

A Morning Smile

A Scotch minister from a large town once visited and preached in a rural parish and was asked to pray for rain. He did so, and the rain came in floods and destroyed some of the crops, whereupon one elder remarked to another: "This comes o' trustin' sic a request to a minister who isn't acquentit wi' agriculture."

Psychologist asserts that the average women's thoughts are above her dress. On her hat, presumably.

"I can't think how you can devote so much time to smoking Fred," said the young wife, with a smile.



Quick COMFORT for fretful upset children

ALL children are subject to little upsets. They come at unexpected times. They seem twice as serious in the dead of night. But there's one form of comfort on which a mother can always rely: good old Castoria. This pure vegetable preparation can't harm the tiniest infant. Yet mild as it is, it soothes a restless, fretful baby like nothing else. Its quick relief soon sees the youngster comfortable once more, back to sleep. Even an attack of colic, or diarrhea, yields to the soothing influence of Castoria.

For sale by all druggists. Be sure to get the genuine product with Chas. H. Fletcher's signature on wrapper, and this familiar name-plate:



Keep Castoria in mind, and keep a bottle in the house—always. Give it to any child whose tongue is coated, or whose breath is bad. Continue with Castoria until the child is grown!

Dorothy Dix Letter Box

Two Young Men Without Serious Intentions. What Can a Plain Woman of 30 Expect of Life?—Shall a Man Sacrifice His Hopes of Marriage to Help His Parents?

Dear Miss Dix—We are two young men of good families and ample means and we intend to enjoy ourselves, but never to settle down and marry. We want to have good times, run around with this girl and that, but we have no serious intentions toward any one of them. Do you think that this is the right principle to adopt and that it is giving our girl friends a square deal? B. AND J.



Answer:

If your conscience trouble you in this matter, you might avoid rousing false hopes in the breasts of your girl friends by announcing in advance that your attentions are without intentions and that your object is not matrimony.

Anyway your attentions are perfectly harmless as long as you distribute them among a number of girls and do not play any favorites. A man only does an injustice to a girl when he monopolizes her and keeps other men away who might possibly marry her when he has no intention of marrying her himself. Many men are guilty of this selfishness. They pick out a girl who is pretty and attractive, who has a home that is pleasant to visit and a mother who is a good cook, and they camp themselves down by her radiator in the winter and the coolest window in the summer and make sort of near-love to her.

The girl thinks that Mr. Johnny-On-The-Spot must be in love with her or else he wouldn't be always sticking around, and so she waits and waits and waits for him to pop the question, but he never does. And then some fine day, after all the men of her set who might have married her have married somebody else and she has got a little worn and peaked with the hope deferred that maketh the heart sick, some pretty new girl comes to town and he ups and marries her, with never a thought of the wrong that he has done the old girl.

There is nothing more chadish that a man can do than this. If he does not mean to marry a girl he should not be a dog in the manger and keep off eligible suitors. His attentions should not be such as to compromise her, matrimonially speaking, but that doesn't mean that he shouldn't visit her, or take her out to places of amusement, or have good times with her. He should merely avoid putting himself in the position of "steady" company.

As for boys like yourselves who like all girls instead of being in love with one girl and who like to play around with all the girls, they are the answer to the maidens' prayer. For not all girls want to get married. A lot of them like their jobs and their pay envelopes and their freedom and they want to have some playtime before they tie themselves down with husbands and homes and babies. They are precisely in your position and of your mind and they will be charmed to find such masculine playmates as you.

But don't take too seriously your determination never to marry. Practically every young man has made the same determination never to give up his freedom and never to burden himself with a family. So he went blithely forth to disport himself in the rosebud garden of girls, sure that not one of them could get him, then, all of a sudden, how and whyfore he never knew, he found that there was nothing on earth that he wanted to do so much as to marry some particular maiden and that the thing he yearned for most was just the privilege of working and supporting her.

That's what will happen to you, and the queer thing is that when it does happen you will be tickled pink over it and think that marriage is the only life.

But gather ye roses while ye may. Give all the girls a good time. The more you know before you marry, the more pleased you are likely to be with the one you pick out. DOROTHY DIX.

Dear Dorothy Dix—Would you have pity on a woman of 30 with no looks to her credit, without accomplishments, but with a heart of gold and tell her just what she can hope for in this world. I can't boast of being old-fashioned, neither am I modern to the extent of drinking and necking, so where do I get off? Is it necessary to broadcast your wares and expose your innermost thoughts to capture the modern meticulous man or somewhere, somehow and sometime will my soulmate come looking for me? What kind of a woman do men demand, anyway? MYRTLE.

Answer: It is folly to tell a woman that if she will just fold her hands and wait her soulmate will come along searching for her and eventually find her. It is very seldom that such a miracle happens, especially after a woman is 30, and if she has no particularly gaudy goods in her show window to attract his attention. Of course, sometimes Prince Charming does arrive, but it is not to be depended upon.

The best advice that I can give any woman of 30 who, as I have said, isn't a beauty and a vamp and plentifully endowed with it, is to shelve her dreams of matrimony along with the other dreams that have gone bloomy and to find some other interest in life. There are plenty of other things worth setting your heart upon than husbands and plenty of careers that pay bigger dividends than marriage usually does.

As to what men demand in wives, that depends upon the individual man. There are men who like the old-fashioned girls who are domestic and thrifty and good homemakers. Others fall for flappers who can't boil water without scorching it and who consider a home only a place to go away from. There are men who like intellectual women and others who prefer morons. It is every man to his taste and every man has a different taste and every man has a different taste about women.

But bear one thing well in mind, and that is that no woman can imitate another woman's personality and make a success of it. Be yourself and if

The SAFE Milk. DOROTHY BRAND EVAPORATED MILK



Pure cow's milk—concentrated—nothing but water removed.

It is safe, easily digested because homogenized—economical.

Use it wherever milk is required. Dilute with an equal quantity of water as a beverage.

What the Fashionable are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



No. 2968. Size Name Street Address City State

This one is charming in a "guardman" blue and white thin woolen plaid. And incidentally plaids are tremendously chic. The upper part of the bodice, jacket facing and trim are in plain woolen in matching blue shade.

The plaited skirt with its curved outline that starts at either side of the front panel, gives that flat slimness over the hips so modish. Style No. 2968 may be had in sizes 16, 18 years, 36, 38, 40 and 42 inches bust.

Plain and printed flat crepe silk, wool jersey and the dress of flat crepe with velveteen jacket are smart.

You will see one attractive style after another as you turn over the pages of our new Spring Fashion Book.

Styles for children or the miss, the matron, the stout—and a series of dressmaking articles. It is a book that will save you money.

Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred).

Price of book 10 cents. Price of pattern 15 cents.

No. 2968. Size Name Street Address City State

The jacket dress again proves itself indispensable in Spring daytime wardrobe.

a man doesn't love you for what you are, you may be very sure that you could not attract him by pretending to be what you are not. DOROTHY DIX.

Dear Miss Dix—I am a young man engaged to a young woman with whom I am deeply in love. My parents, who have reared me in comfort, have recently suffered financial reverses that will cause them to live in meager circumstances the balance of their lives. At my present salary, which can increase but slowly for several years to come, I can either support the girl whom I wish to marry or help support my parents. Is it my duty to destroy my happiness for at least ten years or perhaps for ever, since I have no right to ask the girl to wait for me, or should I marry the girl regardless of my parents' condition? RICHARD.

Answer: There is no question harder to decide than what should be done in this case of divided duty, and my heart aches for you in your dilemma, torn between your obligations to your parents and the girl you love. You cannot turn your back upon your old father and mother and leave them helpless. You cannot ask the girl you love to waste her youth and beauty in waiting for you.

But is there not a commonsense solution to the problem? Young people

For The Cook

GINGERBREAD BANANA SHORT CAKE

Three tablespoons shortening, ½ cup brown sugar, 1 egg, ½ cup light brown cooking syrup, 3 teaspoons ginger, ½ teaspoon cinnamon, salt, ½ teaspoon baking soda, 1 teaspoon baking powder, about 1½ cups pastry flour. Sift dry ingredients together and mix as for a cake. Bake in a pan where the mixture will be about one inch in thickness. Bake in moderate oven about twenty-five to thirty minutes. While slightly warm cover with ripe, sliced bananas and then pile up with whipped cream. Serve in squares, with coffee for dessert.

TO CROSS OCEAN IN TWO MASTED SCHOONER

VANCOUVER, B. C., March 4.—(By the Canadian Press)—The sea has beckoned again to Captain George Ward, who several years ago made a memorable voyage around the world in a Chinese junk.

Now, it is reported from Hong Kong, Capt. Ward has had built a two masted schooner royal blue in color, and 65 feet long, in which he will cross the Pacific Ocean once again.

His new ship is of 30 tons burden and is named the Coquette. She is registered in Hong Kong, and will fly the British flag. She carries a Gardner semi-Diesel crude oil engine of 48 horsepower, developing an average speed of seven knots.

With the captain on his latest venture, will sail his son, who was just a child when the crossing in the Amoy was made, and a crew of four Chinese.

After his pleasure trip to Victoria and Vancouver, Captain Ward says he intends to convert the vessel into a trader, connecting the fishing fleets in the region of Bering Sea with various ports where fish are packed.

There would be fewer day dreamers if there were a way of taxing a man's yearnings.

Rich flavour—so satisfying



Genuine comfort and pleasure in every cup 'Fresh from the gardens'

Fashions

Furs and Diamante Trimming for Palm Beach Dance Frocks

By FRANCES PAGET

Copyright, 1931 by Style Sources

PALM BEACH, March 4.—(U. P.)—A survey of smart rendezvous recently reveals the continued predominance of white and pale shades, in lace, taffeta and satin, while white, pale blue, pale pink and black were observed. The number of satin gowns, some with jackets banded with fur, is also significant. The favor for white was also discerned, including jacket ensembles banded in fur. Combinations of white and black, including a gown in black lace with border of white crepe were noted, also white crepe with black lace border, and a black lace gown in princess effect posed over flesh slip.

There were several versions of tiered themes in sheer fabric and taffeta and an interesting tricolor lace dress in the Chanel manner of pale blue, pale pink and black, the entire surface of dress alternating triangles of pink and blue, the border and panel ends of black, latter falling from shoulders.

A green taffeta frock was worn by a young girl, with stitching decorating the hip yoke section, belted in emerald green velvet with two velvet bows posed on the skirt, the border of which was also stitched.

Many white crepe models were seen, one arranged with bustle panels and a tufted band heading low fullness while a white chiffon frock with skirt banded narrow white, satin ribbon had a bodice pleated, the décolletage outlined white satin, the waistline indicated in a wide girle diamante.

Diamante-trimmed white chiffon frocks were also favored.

always exaggerate the age and helplessness of their parents. It always seems to them that father and mother are so much older than they really are. Also, parents give up much too soon and settle themselves down on their children to be supported. Consider if there is not something that your father and mother can do that will bring in a few dollars a month and, believe me, they will be far happier being busy and feeling that they are helping to support themselves than they will knowing themselves to be a burden upon you and a bar between you and happiness.

And if the girl loves you why isn't she willing to keep on with her job after marriage, as thousands upon thousands of other young wives do? She is a poor sport if she won't do her part to help you rather than give you up. DOROTHY DIX.

Your Children expend 70% of their Energy before Noon!

They need the sustaining nourishment of Quaker Oats



THE strain on your child's nervous and physical strength is greatest in the four morning hours. Seventy per cent. of a child's daily energy is used up between breakfast and lunch. A hot breakfast of delicious Quaker Oats supplies the necessary vigour for the morning.

Quaker Oats are different from other oats because only firm, plump sun-ripened grain is used, rolled to a succulent, flaky tenderness... and roasted to bring out the fresh, nut-like flavour.

Contains 16% protein, for growth; 65% carbohydrates, for energy; and abundant minerals, vitamins and natural roughage.

Children love Quaker Oats... are easy to prepare. Because previous Quaker flavour and substance roasted, Quaker Quaker is ready in

2½ minutes after the water boils. And economical, too... costs only one cent a meal.

Order Quick Quaker Oats today. Large household packages... and small 10c. size. All Quaker packages contain coupons with which you can get valuable premiums.

—but you can't expect the delicate Quaker flavour and substance unless you get the Quaker package.

Lovely china in each package marked "chinaware"

In every package of Quick Quaker Oats marked "chinaware", a piece of genuine English chinaware... beautifully coloured, distinctively shaped... as pretty as you can buy.

QUICK QUAKER OATS

Cooks in 2½ minutes after the water boils