

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature



FOR THE WOMAN READER

SQUEAKS

One day, we stopp'd to have car overhaul. Out from the garage came the "handy man."

Bolling and Baking

Cut potatoes in marbles with a vegetable cutter. Parboil ten minutes in boiling salted water.

SLEEP OUT-OF-DOORS BUT AVOID DAMPNESS

SERVE A VEGETABLE PLATE FOR DINNER

The vegetable-plate dinner that is carefully thought out makes a well-balanced and attractive meal.

When vegetables form the main part of a meal, the materials added are most important.

The following menu has been prepared with regard to proper nutritive value and a tempting color scheme.

Vegetable Plate Menu Poached eggs with spinach on toast, potato marbles and parsley butter.

Cut bread in slices about one-half inch thick and toast on both sides.



Now Strong and Healthy thanks to EAGLE BRAND

I CANNOT speak too highly regarding Eagle Brand," says Mrs. R. Scott, 52 Willingdon Apts., Regina, Sask.



The Borden Co. Limited, 113 Truro, N.S. Please send me new edition of "Baby's Welfare."

NOTICE

The Barbour Company believe they have one of the finest flavoured Prepared Mustards made.



Barbour's PREPARED MUSTARD ONE OF A FAMOUS FAMILY

Practically anything else may be given the benefit of the doubt. But not lipstick! The wrong one makes you look so very artificial.

Remember if your upper lip is really too full, don't lipstick it quite to its upper edge.

PEANUT CROQUETTES

- 1 cup shelled peanuts 2 cups mashed potatoes 1 tablespoon extract of meat and plant

LISTEN! get hungry

WHEN you pour milk or cream on Kellogg's Rice Krispies, they crackle out loud inviting you to eat the finest rice cereal ever made.

Children love Rice Krispies. They taste delicious and are nourishing and easy to digest.



Listen! get hungry



USE A BRIGHT LIPSTICK AND APPLY CAREFULLY

Bright flowers dot the way these days. Bright lipsticks take the place of dull red ones.

Queer Ideas Men Have Dorothy Dix Discusses Quaint Theories About Women

Is There a Man in the World Who Doesn't Believe Every Woman is Dying to Get Married? — Or That Woman's Love Endures Despite Neglect? — Dorothy Dix Explodes Popular Masculine Superstitions

Men have a lot of queer superstitions about women that keep women wondering where they got 'em. One is that every woman, be she maid, spinster or widow, is crazy to get married.



Probably this theory is correct so far as very young girls are concerned. Probably there never was an adolescent maiden who didn't dream of some romantic young godling who would appear some time on her horizon.

But that dream passes along with one's belief in Santa Claus and one's taste for chocolate ice-cream sodas and a lot of the other pleasant illusions and amusements of girlhood.

They don't want a man cluttering up their lives nor their houses. They want to be independent and free to handle their own money and come and go as they please, as no wife can.

Other women do not want to marry because they are absorbed in their careers. They are more interested in what they are doing than they are in any man.

And there are plenty of other women who have been through the matrimonial mill and have come out of it with their every romantic dream, their every illusion about marriage, their every faith in man ground to powder.

Many of them were married to tightwads and never had a penny of their own to spend until they got their husband's insurance money.

Yet there probably isn't a man in the world who still doesn't believe that every widow is just dying to get married.

Another superstition that men cling to with both hands is that woman's love is a hardy perennial that you cannot kill, no matter how much you try.

Nothing on earth could be further from the truth. The dog-like woman that kisses the hand that strikes her is just as rare an animal as the man who goes on loving the wife who nags him.

It is killed just as quickly by coldness and neglect. It takes just as long to die as it does to be born.

Another pet superstition of men is that women grow old faster than men. Middle-aged men are strong for the theory that they are much younger than their wives and that they need a flapper for a playmate.

Maybe women did age faster than men once, but not now when there is a beauty shop on every corner and women make a cult of keeping young.

Funny that men have these queer ideas about women, isn't it? DOROTHY DIX.

GARDENING

Some garden makers are now protecting their rose plants from the hot summer sun and drying winds as well as from insects with a light wooden framework which is built over the rose bed and then covered with cheese cloth or the light material used by tobacco growers.

SUN Puzled

A boy was passing along a street one day when a parrot, from its cage on a porch, screamed at him, "How do you do?"



"It Takes the Uncertainty Out of Jelly Making"

"—Certo's greatest advantage is that it takes the uncertainty out of jelly making."

Mrs. Frank A. N. Stinson, Famous Burketon, Ont., Jelly Maker

"I FIND that by using Certo I get more jelly on account of the short boiling time. Also I have had several first prizes in past years and would not attempt to make jellies for exhibition purposes unless I used Certo because then you know your jelly will jell," says Mrs. Stinson.

Take this champion jelly

Let us solve your jam or jelly making problems. Should you desire any information whatsoever, write to the Consumer Service Department, General Foods, Ltd., Cobourg, Ontario.

CERTO MADE IN CANADA

- Is fruit pectin. —The natural jellifying substance extracted from fruit. —Jells the juice that would have boiled away by the old (long-boil) method. —Makes 50% more jam or jelly at less cost per jar. —Saves 3/4 the time. Saves the fruit flavour. Saves the fruit colour. —Permits the use of any fruit—fresh, canned or diced—or fruit-juice.

A Morning Smile

DIRECT ACTION

"Beg pardon, gov'nor," said the tramp—a particularly dirty and objectionable specimen—to a prosperous-looking citizen.

Uncooked Chocolate Orange Cream Wafers

- 1/2 pound unsweetened chocolate 1 1/2 cups icing sugar 1/2 cup finely-cut crystallized orange peel 1/2 pound sweet chocolate Melt the butter, chocolate in a double boiler and spread with a

Two Scots went to a variety show in London.

During the conjurer's turn, one of them was asked to go on the stage to assist in a trick.

THE COOK'S CORNER

CHOKE CHERRY WINE

- 2 quarts of fruit. 1 gal. water. Boil half hour, drain through fine sieve. To every quart juice add three pounds sugar. Boil quarter of an hour (add teaspoon of mixed Jamaica ginger and cloves.) Put in crock or barrel with toast and cake of yeast to work. When ceases to hiss strain and let stand in keg to ripen. Bottle, use after one year.

Rolled Almond Wafers

- 1/2 cup butter 1/2 cup fruit sugar 1/2 cup milk 1/2 cup bread flour 1/2 teaspoon vanilla 1-3 cup finely chopped blanched almonds Cream butter and add sugar gradually. Add milk and flour alternate-

ly, then the flavoring. Spread the mixture very thinly on a buttered baking sheet. Mark off in 3-inch squares; sprinkle with almonds. Bake in a slow oven (350 degrees F) until lightly browned.

knife on heavy waxed paper, on which an oblong, six inches by 11 inches, has been drawn. Add 1 teaspoon grated orange peel and 1 tablespoon juice (enough to moisten sugar so that it will spread out running) to the icing sugar.

Daintiness With Chic Styles

ILLUSTRATED DRESSMAKING LESSON FURNISHED WITH EVERY PATTERN BY ANNABELLE WORTHINGTON

You'll want this attractive dress of simple semi-sports lines. It's perfect for warm weather wear in black and white sheer cotton stripe.

And what an easy affair to make. You'll be delighted for it will cost you such a small sum. And you'll have a dress that will make you look slender.



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