

# Woman's Realm Social and Personal Fashions Literature

## DAILY LENTEN MEDITATIONS

### RELIGIOUS DOUBT

From a Correspondent

Readers of the New Testament cannot fail to be impressed by the note of certainty which pervades every page of it. Though differing in style, object, and feeling, these books are all written by men who have no doubts about what they are writing. They neither indulge in speculation nor balance probabilities, and thus do not treat as open to question the message which they deliver. Every page which they write overflows with the feeling of certainty. Their characteristic phrase is not "We think," but "We know." "We know that the Son of God is come." "We know that we have passed from death unto life."

Nowhere is this note of conviction more clearly heard than in the reports which the Evangelists give of the words of their Master—the Christ. He is never shown to men as One Who is expressing opinions, but He stands before men as the truth itself. "I am the Truth," in Him there is no feelings about God, no reference to other authorities or earlier teachers—except, as in the sermon on the Mount, to set them firmly aside in favour of His own ipse dixit—nor does He enter into arguments or advance theories, "Verily, verily, I say unto you," is a frequent introduction to His utterances. He speaks always as One Who knows with absolute certainty both what is in man and what is in God, such things as the more remarkable seem the more remarkable when they are contrasted with the prevailing tone of much preceded or contemporary Greek and Roman literature, of which speculation, scepticism, and even despair are characteristics. The Roman world had few fixed beliefs; in the midst of an unstable sea of thought the New Testament stands out like an immovable rock.

The same contrast is observable when one turns to look at the present state of vacillation with regard to religious truth. On all sides one seems to hear the note of hesitation and questioning rather than that of the certitude displayed by the New Testament writers.

For this marked difference between their state of mind and that of the modern world there is at least one obvious reason. It is that we live in a day in which, having become, intellectually and in every other way, infinitely more

## Dorothy Dix Says— WEDDING RING HAS NO POWER TO CHANGE OUR HUMAN NATURE

### Spoiled Girls and Wayward Boys Same After Trek To The Altar

The other day two kids only 15 years old got married, and when asked what they were rushing into matrimony they replied that they did it to keep themselves off the streets, as they didn't think that it did them any good to play around so much and that they had better settle down. This naive reason for entering into the holy estate calls attention not only to the many curious motives which lead people to the altar, but to the child-like faith which makes them believe that marriage is a sort of nostrum that will cure anything that ails them and will turn life into whatever they want it to be. They regard it as a sovereign remedy for heartache, that empty, lonely feeling of loneliness, poverty, tyranny, work, ungenial surroundings, a craving for pleasure and all the other ills to which human flesh is so prone. But what makes them believe that work on others doesn't shake their belief that it will take on them. Every day I get letters from girls who tell me that they are tired of working and that they want to take life easy, have pretty clothes and good times, and so they are marrying boys who make \$10 or \$12 a week. Or they write me that they are marrying so that they can get away from Mother's bossing and scolding and be free and independent and able to do as they like. Or they are marrying drunks who they are sure will never take another nip after they are married. Or lazy good-for-nothings who will become go-getters, if only they were allowed to look at another petticoat as soon as the magic words of the marriage ceremony have been said over them.

And men are equally sold on the supernatural powers of marriage to change a girl from what she is into what they want her to be. Every day we see highly educated, cultivated men never read a book in their lives, in the fond belief that as soon as they are married these girls will become intellectual companions to them.

### THEY JUST DON'T CHANGE

We see men marrying feminine clothes horses, thinking that marriage will cure their love of dress and make them prefer basement bargains to little numbers from the specialty shops. We see men marrying viragos expecting marriage to turn them into gentle little lambs.

Of course, the matrimonial conjure never works. The girl who marries a poor boy in order to loaf finds that instead of having an eight hour job she has an 18 hour one. The one who married to escape Mama's tyranny discovers that she has jumped out of the frying pan into the fire and that a wife has no more personal liberty than a dog on a leash. Those who married philanderers to reform them find that they have just as wandering feet after as before taking.

And men find that after their brides have picked away their orange blossoms and tulle veils they have no more brains, or sweeter dispositions, or taste for cheap hats than they had as maidens.

### NO MAGIC PROPERTIES

When so many other old superstitions have been scrapped, it is strange that this unquestioning faith in the magic properties of a wedding ring should still persist. But it does, and so deeply is it imbedded in men and women that they not only believe that marriage will change those whom they are marrying, but that it will change themselves.

The spoiled, pampered, rich girl, who has been accustomed to every luxury and led a gay and exciting life, honestly believes that she will find mind going shabby and cooking and scrubbing and winking instead of riding in limousines after she is married to a poor man.

The drunkard thinks he will never thirst for another highball after he is married. The I. W. W. thinks that marriage will galvanize him into action. And Don Juan is sure his eyes will never wander again. And it is this faith in marriage that makes it more than anything else responsible for what we call the disillusion and disappointments of marriage.

For, of course, marriage cannot change human nature. What we were on one side of the altar we are on the other. Our tastes, our habits, our inclinations and desires have not been altered by the few words the priest utters at the altar. And if, after marriage, some of us do "settle down," as the phrase is, it is because of our own will and sacrifice our personal desires to theirs, it is by reason of our mirage and wisdom and generosity that is in us, and not because of any miracle that marriage has worked in us.

The moral of all of which is: Pick out the kind of husbands and wives you want instead of trusting to luck that marriage will change them.

### UNSTABLE BOY FRIENDS

DEAR MISS DIX—I love my boy friend very dearly and he claims to love me, but every now and then he quits coming to see me and just fades out of the picture until he sees me going out and having a good time with other fellows. Then he comes back and wants me and I have him steady again. He has done this over and over again and I have nearly three months and I haven't seen him now for nearly three months and I am asking you if I should let him come back if he wants to? If I do, what can I do to hold him? He is one of these "go" men. He wants me and still he wants other girls, too. SALLY.

ANSWER—You must be dumb if you can't take the warning this boy gives you. He is one of the unstable men who can't be true to any woman and if you marry him he will be one of the husbands who will just fall through your fingers. You will be left to support yourself and any children you are having for trouble. It is bad enough to be deserted sweet-heart, but it is a million times worse to be a deserted wife.

WHEN GIRLS ARE MEMORIES

It looks as though Alice Marble, whose job it is to make American women fit, is going to get a break says a U. S. commentator.

She will if, as has been predicted, the rubber shortage puts an end to the manufacture of the plump woman's best friend, the girder.

Heretofore, it has been possible for Miss Marble to put a rubber band on a little weight here and there and still manage to squeeze into a dress whose size did not shame them. The trick was done with a girder, the streamlined version of the old-fashioned corset.

But if girdles are going to be just a wistful memory in the minds of stout women—there should be a feminine rush toward fitness, which is just what Miss Marble wants.

Means Walking

With no way to camouflage her weight, the woman who has been heavy for years behind a girder will just have to get busy and reduce.

With the necessity for losing weight before her she'll be ready and willing to walk and exercise her way to physical fitness—as Miss Marble recommends.

And the lucky Miss Marble is

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Good all ways!



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## Living & Leisure The Woman's Realm

THE DAY'S RESULTS

Is anybody happier because you do any one thing today? Does any one remember that you spoke to him today? The day is almost over, and its tolling time is through—Is there any one to utter now a kindly word of yours?

WASHABLE LEATHER GLOVES

To wash leather gloves (and be sure before you try it, that they are washable) use a cool, very mild suds and a light suds for a last rinse. Do not try to wring dry; pat out extra moisture with a thick absorbent towel. Dry in normal temperature away from heat. Fingerpress while the gloves are still a little damp.

DUSTING TIP

The dusting attachment to your electric vacuum cleaner is ideal for carved furniture or woodwork. If you do not have this attachment, try dusting carved mahogany furniture with a stiff brush covered with a soft flannel cloth.

ENTERTAINING THOUGHT

Here's a bright tip for party-givers. Next time you have the gang over for punch and cookies, try painting each person's name on his glass. A good, bright lollipop will think you're a marvel and it saves the trouble of keeping glasses separated.

FRESH CUBES

Even if you don't use all the ice cubes manufactured in your electric refrigerator remove them fairly frequently and freeze fresh ones. Ice cubes that remain too long in the pans acquire a stale taste.

RAINBOW POPCORN

Here's a trick that will take the youngsters. Next time you make popcorn balls for them, divide the syrup into three saucers, add yellow coloring to one, red to another and green to the third. Pour over the popped corn; shape into balls.

HELP YOUR FEET BY DAILY CARE

Long hours spent skating, skiing or shopping tend to make tired aching feet. The weekly pedicure, daily scrubbing with a foot brush and perfectly fitting shoes and stockings will go a long way toward keeping feet healthy and comfortable.

After a restful relaxation bath, is a good time to give your feet their weekly beauty treatment. Dry them well, then put a little cream or pure olive oil on and around the heels. Wrap the end of an orange stick with cotton and push the cuticle back. Cut the nails straight across and smooth any rough or sharp edges with an emery board.

Then apply a foot cream or lotion or even your favorite cold cream, using firm upward strokes from tips of toes to ankles. Rub in well until almost all trace of the cream has disappeared. Remove the excess with soft cleansing tissues and wash the nails with warm, soapy water. Dry carefully and polish with buffer. Buffing is a circulation stimulator and should always be done before painting with nail lacquer. Dust with powder before you go to bed.

Treating Corns

If there are any troublesome corns, don't try to treat them yourself. That is a job for a good foot doctor. If there is just an indication that a corn may appear, get corn plasters and wear them faithfully until the irritated spot until it disappears. If the spot persists, too, is for your doctor to attend to.

An especially hard callous can be treated with pumice. Moisten the pumice with water and divide the corns at any one time. Thirty seconds' rubbing is quite enough for one treatment.

TEACHES VALUE OF SIMPLICITY

One thing we women have

As it happened a robin saw what the bear had done, so it hopped up to the fire and searched about among the ashes till it found a spark. Then it picked up a tiny stick, placed it on the spark, and fanned with the little wing and after a while the spark and the stick were still the boy slept. At last the stick took fire and burst into flame. The robin rubbed the tiny fire with more sticks and fanned it, till they flamed so fiercely that its breast was burnt red, but still he did not give in.

The robin had nearly fainted with exhaustion when the boy awoke and mended the fire. He tended the robin lovingly, and called again for help. This time his voice was heard. Men came and divided the fire between them and carried it to safety in their log houses. The robin went with the boy who made a little log house for them both and a nice fire in the middle of the floor. But ever since robins have had red breasts in memory of the brave little bird who saved the fire sent by the gods for mankind.

OYSTER CHOWDER

1-4 pint small oysters  
1 qt. potatoes  
2-3 cup celery  
3 cups onion  
1-2 cups salt  
1 cup water  
1-2 tsp. pepper  
3 cups butter  
1 cup canned milk  
3 cups water

Fry the finely minced onion in the butter, add 1 cup water, diced celery, diced potatoes, cover and cook until nearly done; add salt and pepper. When vegetables are tender, add milk and let come to a boil. Remove from fire. Add water to oysters and heat, removing any scum. When oysters are curled, combine with milk and vegetables. Let stand a few minutes for flavors to blend, and serve hot.

TIME TABLE

A man burst into the office of a railway official and demanded that the driver of the 12.15 express should be forbidden to blow the whistle on Sunday mornings.

"Why, that's impossible! What leads you to make such an unreasonable request?"

"Well, our vicar preaches until he hears the train whistle—and that confounded express was forty minutes late last Sunday."

Folding completely to be hung in a closet when not in use, a full size ironing board has been invented to be clamped to the top of a table.

## GARDEN FOR VICTORY Grow Vitamins at Your Kitchen Door



A pleasing design and the use of flowers about your Victory Garden will make it an attraction the season long. The use of flowers in the vegetable garden is an old American Colonial idea.

Rows of annuals are alternated with rows of vegetables. The beds are raised and kept to sharply maintained straight lines with paths between, and around each vegetable bed there is a narrow border of some favorite annual. Some of the vegetables with ornamental foliage are effectively used in this manner. Among them are parsley, carrots, Swiss chard, and green foliage and blue blooms of which are as attractive as many of the subjects grown exclusively in the flower garden.

Chives give a neat grassy line and in their season give a wealth of heads of lavender bloom. Pansies, sweet alyssum, lobelia, Virginia stocks, dwarf petunias, dwarf marigolds and other low growing plants are often used as edgings for vegetable patches.

In the garden laid out in straight rows an occasional row of annuals to furnish flowers for the table upon which the vegetables are to be used in the menu gives fine color and effect. For this purpose, the following are suggested:

Look over the hoes and rakes occasionally and grease the blades if they are growing rusty.

Soil which is frozen should be thawed out gradually for seed to use. Quick drying tends to form hard lumps. It is sufficient to bake in a hot oven for an hour will kill fungi and weed seeds.

Begin collecting stakes for the garden. There will never be enough when you want them.

In planning your Victory garden make the width between rows for root crops, leaf crops and peas and beans, just wide enough to allow the hoe to pass between them.

## THE COOK'S CORNER

RAISIN SCONES

3 cups flour  
4 teaspoons baking powder  
1-2 cup butter or shortening  
1-2 cup corn syrup  
1-2 teaspoon salt  
2-3 cup milk, about  
1-4 cup raisins, about

Method: Sift the flour with the baking powder and salt. Add the butter or shortening and cut this into the mixture is in fine crumbs. Add the corn syrup and enough milk to make a soft dough, then the raisins. Turn out on to a floured board and roll or pat to a floured cookie cutter and bake in a moderately hot oven (400 deg. F.) for about 25 minutes, or until nicely browned.

QUICK FRUIT LOAF

Combine 1 cup brown sugar, 1 tablespoon shortening, 1 pound package Australian seedless raisins, 1-2 teaspoon salt, 2 teaspoon cinnamon, 1-2 teaspoon cloves, 1 cup water and 1 cup strong coffee. Cook this mixture for ten minutes, then cool. In the meantime put in a sifter 3 cups sifted flour, 1 teaspoon each baking soda and baking powder and salt. Add this mixture to the cooled raisin mixture, and blend well. Pour into a loaf pan, greased and lined with 1-2 inch paper, and bake in a slow oven of 325 degrees, one hour and five or ten minutes. When cool, brush the top with a mixture of 1-2 cup confectioner's sugar, 1 cup water and 1-2 teaspoon vanilla.

SYRUP BRAN MUFFINS

1-2 cups flour  
4 teaspoons baking powder  
1-2 teaspoon salt  
2 cups bran  
1 egg  
1-2 cup syrup  
1-4 cup milk

Method: Sift together the flour, baking powder and salt. Add the bran and mix well. Beat the egg and combine with the syrup and milk. Add this to the dry mixture and stir just enough to bind.

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THAT'S LIKE THEM

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"Decidedly," replied Mrs. Black. "What has she been trying to find out recently?"

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