

# Woman's Realm Social and Personal Fashions Literature

## Happenings Of The Week

Queen Elizabeth, free from a slight limp which was observed when she inspected bomb damage at Westminster Abbey, went to school last week as an observer and said she was pleased with what she saw. Her Majesty was overheard telling Lord Woolton, Food Minister and sponsor of the demonstration, that she and the King, both rationed as are any other Britons, like to use their ration in the form of a week-end roast. She added: "Then we try to make it spread over the rest of the week, like so many thousands of other people do." The Queen was watching a demonstration of how to plan use of the meat ration tastefully and colorfully. She shared with Lord Woolton that morale is bolstered by good meals. Lord Woolton unexpectedly roundly reprimanded her for her demonstration, presented them to Her Majesty who talked to them as all the guests do. She spoke mainly of differences in British and American dietary preferences, including the tea-drinking habit which is prevalent in the United States. During the demonstration and when the Queen left the Food Ministry the reporters noticed that the limp they had observed when Her Majesty inspected the damage at Westminster Abbey had disappeared. They never found out what caused it. That day the Queen had a strip of adhesive tape on the outer of her left foot, but apart from saying it was not serious, court officials declined to discuss it.

To celebrate His Majesty's birthday the Governor General and Princess Alice have issued invitations to a garden party on Monday afternoon at four o'clock, June 9.

Mrs. Bruce Marr, with her daughter Sheila and son Ian arrived from Montreal on Tuesday, to spend the summer with her brother and sister-in-law Mr. and Mrs. Harold Messervy.

Miss Edith Rogers, who has been spending two months with her brother Mr. B. D. Rogers and Mrs. Rogers in Westport, P. E. I., returned home on Wednesday.

The tea hostesses at Golf this afternoon will be Mrs. A. E. Russell, Miss Lettie Laird, Mrs. S. T. Green, Mrs. D. B. Bishop, Mrs. O. S. Craswell.

Miss Olga I. Warburton, Supt. of Nurses, Falconer Hospital, Jamaica Plain, Mass., is being welcomed on a holiday visit to her mother Mrs. A. B. Warburton.

Miss Marguerite Cudmore was entertained at a delightful shower last Monday evening at Government House, Mrs. B. W. LePage and her daughter Mrs. Wonnacott inviting upwards of forty friends to meet the popular young bride-to-be. During the evening Miss Cudmore was showered with many lovely miscellaneous gifts accompanied by happy good wishes. A dainty supper was served before twelve were said.

Miss Marion Rogers was hostess Tuesday evening at a three-table bridge and shower for Miss Cudmore which happy gathering was also marked with pretty gifts and a guest prize.

Mrs. (Dr.) V. L. Goodwill to open her summer residence, York Street.

Word has been received of the arrival in Bombay, India, of Sub. Lieut. Alan B. Cosh, R. C. N. V. R.

Miss Lena McLure is being cordially welcomed home from Toronto, to spend the summer with her parents Mr. and Mrs. W. Chester S. McLure, Bonaventure.

Miss Laura Mitchell, whose distressing accident had confined her to the P. E. I. Hospital for the past several months is gradually regaining renewed health.

## The Golden Sands Riddle

By Alexander Campbell

### CHAPTER III

#### TROUBLE — AND MR. XOSA

The manager of the Orient Hotel was small and plump. His name was Sam Orion and he was the proud possessor of white hands, which performed the most graceful and placating gestures. The hands were busy now, but Sir John Carr eyed them without favour.

There was a frown on his brow, and he nibbled his white moustache. "You say they have the fellow locked up?" he jerked. "That's all very well, but where's my note-case?"

Mr. Orion looked sorrowful. His round cherubic face creased into melancholy pink folds. "These natives are very cunning, Sir John; cunning rascals who have the sense to get rid of it almost immediately; probably passed it on to some confederate. But you say there was not much money in the case?"

Sir John shrugged impatiently. "I've told you all that before — you and the police. It isn't the value, but the case happened to be a gift from my daughter, and I want it back if possible."

Mr. Orion nodded understandingly. "A gift. Naturally you wish to have it returned. But we are doing all we can, Sir John. I assure you, we have never had such an event happen at the Orient before. I pick the servants myself. Very, very careful. I have had this man for a number of years. He seemed to me to be quite honest. These things are very distressing. But I assure you, Sir John, get up. "Oh, well, I suppose there's nothing more to be done. If the police get anything, let me know. —"

"Good afternoon," said a soft voice.

They had had the room to themselves. Now a plump, apologetic figure blinked mildly at them. He appeared to have materialized from behind a door. Sir John saw a round black face, and brown eyes behind spectacles; black hands resting meekly on the head of a black stick.

Mr. Orion bounded from his chair. "Confirmed your impudence!" he stormed. "Who the devil are you?"

Mr. Xosa said the other meekly. "This is my name, you are my manager? So sorry to trouble you. I have come about my brother."

"And what should I know about your brother?" demanded Mr. Orion sharply.

"He works here."

"Good heavens, am I supposed to know every damned nigger who works in the hotel?" Mr. Orion retorted. "But we are doing our best to keep the hotel in a wave of despair."

"Well, you said you picked them all yourself," said Sir John. He was surveying the intruder with a thoughtful frown.

## Dorothy Dix Says—

### INFATUATION FOR MARRIED MAN LEADS ONLY TO GRIEF

#### If You Bring About Divorce And Marry Him You Only Get A Castoff For A Husband Who Will Tire Of You Also

Dear Miss Dix—I have always had a horror of girls having affairs with married men, but now I am madly in love with one, although he is twice my age and is past middle life. He is a minister of the gospel, like religious work and would enjoy working with him. He writes me the most endearing letters like some says that he cannot live without me, and plans to divorce his wife and marry me and go to a new field. He is not happy and never will be with his present wife, who criticizes his manners, his work and everything else, and who is not affectionate, while I am. What must I do?

MARY.

ANSWER—Clear out and leave this old hypocrite for a wife to adjust their matrimonial differences the best way they can. Apparently they got along well enough together until you barged in on the scene. Most elderly men never discover that their wives do not love them as they are not sympathetic until a pretty young girl comes along. But are you so young and unsophisticated as not to realize that this affair with your elderly Lohengrin would get rid of him at once? Don't you know that to wreck your life unless you part from him at once? The man who makes his high and holy office so scorned as a minister of the gospel who is in love with a girl of your own age and you are sorry for him because he tells you that his wife criticizes his manners and his work and is not affectionate to him, and you think how noble it would be of you to devote your life to making your hero happy?

But youth and age have nothing in common, and if you married him you would get rid of him in a very short time. You would weary of his reminiscences and long for the chatter of boys of your own age.

You would rebel at having to conform to all of his old-fashioned ideas about how women should dress and what they should do. His bad manners would grate on you as much as they do on his present wife, and you would understand that if his wife was not affectionate to him it was because he had killed her love by his infidelities, and you would feel like kissing the lips that had kissed a thousand other women, either.

So take my advice, Mary. Be a good girl and a sensible one. Give up this unholy love affair that can do nothing but drag you into the gutter.

Problems of a Daughter-in-Law

Dear Dorothy Dix—Several years ago I married a young man who had received only a fair education, but, being ambitious for himself, I taught school during the long years in which he prepared himself for a lawyer. His mother, who was a widow, did nothing to help him. In fact, our marriage was so annoying to her that she did not even make a wedding gift. And when our children were born her coldness did not thaw sufficiently for her to embrace them.

However, when her daughter married, she gave her a complete trousseau, money, household furnishings, and a large wedding, and her son-in-law is idolized. I have been an orphan since babyhood and would have welcomed a mother. This was denied me, yet the son-in-law is feted constantly. Why should there be any discrepancy between a woman's feelings for her son-in-law and her daughter-in-law?

PERTURBED.

ANSWER—Evidently in your particular case your mother-in-law's conduct toward you is based upon the fact that her son married the woman he wanted instead of the woman Mother had prepared for him. She is not big enough and intelligent enough to accept the situation and to make the best of it, and to make her son happy. She is too selfish to make a friend of you, and she picks on you all the time, excludes you from the family circle as much as possible and extends her petty spite even to your children. And the only thing for you to do is just to ignore it and refuse to let it make you unhappy.

It is true, however, that virtually all mothers like their sons-in-law better than they do their daughters-in-law. One reason for this is that mothers are anxious to get their daughters married and to get rid of them, and the men who take them are their hands, whereas most mothers hate to see their sons marry and feel that their wives have stolen their baby boys from their interests and opinions and ways of doing things. A daughter-in-law's interests and opinions and ways of doing things are different from a woman's and do not clash with her-in-law's, as a daughter-in-law's do.

DOROTHY DIX.

## THE COOK'S CORNER

### LEMON SEVEN MINUTE FROSTING

2 egg whites  
1-2 cups sugar  
1-8 teaspoon salt  
2 tablespoons lemon juice  
3 tablespoons water  
Grated rind 1 lemon

Method: Put all ingredients together except the lemon rind in the top part of a double boiler. Place over boiling water and beat with a rotary beater for 7 minutes, or until the frosting thickens and holds its shape. Remove from boiling water and add the grated lemon rind. Continue beating until the frosting becomes thick and spreads.

After you have put the two layers together with part of this frosting, you will find it quite simple to cut it into a heart shape if you first cut a heart from a piece of paper or cardboard—fasten this to the top of the cake with toothpicks and cut around the cake through to the bottom with a bread knife.

Now ice the sides and then the top and finish as described above with coconut.

### CHOCOLATE LAYER CAKE

1-2 cup cocoa  
1-2 cup boiling water  
1 teaspoon vanilla  
1-2 cup butter  
2 cups brown sugar  
2 eggs  
3-4 cup sour butter-milk  
1 teaspoon soda  
2 cups flour  
Date filling

Method: Add boiling water to the cocoa and blend well. Stir in vanilla and let stand till the last.

Cream the butter and blend in the brown sugar. Add the eggs and beat well. Now add the sour butter-milk in which the soda is dissolved. Sift the flour with the salt and add to the cream mixture. Add the cocoa mixture last, and rinse the cup out with a little extra water. The mixture will be quite thin at this point, but add flour after the cocoa mixture has been added. Pour the batter into greased layer cake pans and bake in a moderate oven (350 deg. F.) for about 25 minutes. Put layers together with date filling and dust with the top and sides with the whipped cream frosting.

### DATE FILLING

1-2 cup chopped dates  
1 cup water  
2 tablespoons brown sugar

Method: Combine dates, water, and brown sugar. Cook together, until nearly all the water is absorbed, but not until the mixture is too dry. Cool and spread between layers of the cake, saving about 2 or 3 tablespoons of the mixture to use in the frosting.

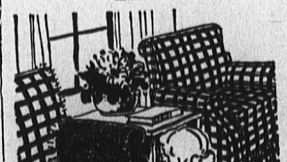
### FROSTING

2 to 3 tablespoons date filling  
3-4 cup heavy cream  
2-3 tablespoons sugar  
1-2 teaspoon vanilla

Method: Whip the cream until stiff and fold in the sugar and vanilla. Add the date filling which has been thoroughly cooled. Mix well, and spread over the cake.

Dark green leafy vegetables are apt to contain more iron and vitamin A than pale green ones.

### Chairs Dress for Summer in Cool New Slip Covers



Made Easily the Pin-On Way

Fresh and clean as a cool breeze, these new checked slip covers? You can make them easily the pin-on way, doing your fitting and cutting out right on the chairs.

The sketch shows how. After removing the chair cushion, smooth one end of your fabric (yellow and white checks would be charming) across the top of the chair and pin it here with large pins three inches apart.

Then smooth and pin fabric down the inside-back and seat, allowing 4 inches tuck-in between, to take up strain. The next step, shown in sketch, is to cut outside the pins, leaving 1 1/2 inches all around for seams.

Now you know how to do arms, sides, back, front and cushion too. For the fabric is fitted, pinned and cut on them the same way!

These sections you next pin together, then baste, sew (making a placket) and finish with a cheerful flourish.

Our 32-page booklet shows in detail how to make slip covers the pin-on way, with box-pleated or French seams. Tells how to fit odd-shaped chairs, also sofas, auto seats. Suggests fabrics, color schemes, attractive trimmings.

Send 20c in coins for your copy of How To Make Slip Covers to The Guardian Home Service, Box 1238 Post Office A, Toronto. Address and Name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

# MORSE'S TEA

## Living & Leisure — The Woman's Realm

### MAKE UP MIND IF YOU WANT TO GAIN WEIGHT

Among dozens of letters from readers who want to reduce their waistline, hip and thigh measurements, there's a note from a young woman who complains about being too thin and, she says, shapeless. "There are no two ways about it, the first thing the underweight woman should do is to see her family doctor and have a complete physical examination, including a basal metabolism.

After that, if she is really serious about gaining weight, she should resolve to go to bed at the same time every night and to stay there for at least eight hours, preferably nine. She should have her meals at the same time every day and, unless the doctor prescribes a special diet, there should be no eating of solid food between meals.

If she has made up her mind to put on a few pounds, she will eat a bowl of cereal or an egg and a couple of slices of toast as well as fruit to hot cereals for breakfast. This may be difficult at first. But the hearty breakfast habit can be acquired. One starts by eating only one spoonful of cereal, then gradually increasing the size of the portion.

BRISK WALK

If she has no appetite at noon, the too thin girl takes a brisk walk before having lunch. Her menu includes dishes which are really nourishing and weight building. These do not necessarily have to be rich and heavy. A salad, with rich dressing, certainly should be included.

If she is hungry in the middle of the afternoon, she has a glass of milk instead of candy or sweet food which might spoil her appetite for dinner. And she has a glass of rich, creamy milk before going to bed.

If possible, she has a short nap in the afternoon. Nap or no, she tries to take her daily routine a little more easily, allowing enough to keep her appointment without running and getting nervous with fear of being late and, in general, fusing and fuming less about entirely unimportant little things.

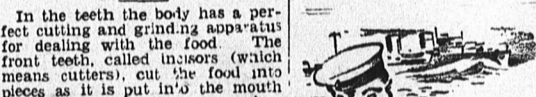
### Brought to Europe from the East by a Dutch trader about 1554, the tulip was a success in Holland that no flower has achieved before or since. But when he asked its name he was told that it was tulip, which was another name for the Turkish turban. From tulband it became tulipan, and this was shortened to the tulip, which is now we know it.

### USE A CLEAN DUSTER

Your shining wood surfaces will never be a bit cleaner than the cloths with which they are polished. Frequent washing of dusters eliminates danger of grime furniture. Once a week, gather up and soak the soiled dusters in a pail of strong warm suds. If it's washday, they may be put in the washer in the sun. Wash them in the sun, and dry in the sunshine. If dusters are made from discarded clothing cut out thick seams, buttons, or anything which might irritate the surfaces to be dusted. Neat squares are hardest. Over-size or under-size cloths make dusting more difficult.

### THE WONDER OF THE TEETH

In the teeth the body has a perfect cutting and grinding apparatus for dealing with the food. The front teeth, called incisors, which means cutters, cut the food into pieces as it is put into the mouth and the side teeth, or molars, (which means millstones), grind it up small. The teeth are really closely with the nails and hairs; their mode of origin and development. They originate from the delicate skin layer which, folded inwards at the mouth, constitutes the gums. The bulk of each tooth is composed of dentine, much denser in texture than ivory, but the crown is coated with the still harder enamel, while at the root is a cement.



Men in Service WANT SNAPSHOTS

They want photos of family groups—pleasure groups—home scenes—pictures of their chums—their pets. Get out your camera—and send your films to us for developing and printing. Quality work and quick service is assured you.

Films Developed and Printed 25¢

6 or 8—Any size roll and FREE Enlargement to Studio Folder with Each Roll

A New Brunswick customer says: "I wouldn't think of sending my films anywhere else."

3 Mounted Enlargements 50¢—42¢ in Enamel Mount

STAR SNAPSHOT SERVICE

Box 1238 Post Office A, Toronto

The natives of Gomera, Canary Islands, have a language which consists of whistling. This strange custom is said to have originated because the island is crisscrossed by many impassable gorges, and whistling would carry farther than the shouted word.

# Needlecraft — For The Home

Neat and nautical... dress to wear all Spring and Summer. Trim princess lines and a shio shape sailor collar are combined to give you two of the season's smartest fashion points. Trim your dress with a bright kerchief about your neck for the true nautical touch. Use this same pattern to make a Sunday best frock with its own collar, and a very little more and at a very little price, too.

Style No. 2821 is designed for sizes 12, 14, 16, 18 and 20 years. Size 16 requires 4 yards of 36-inch fabric for dress with sailor collar. Emblem No. 11207 must be ordered separately.

Send Twenty (20c) coin is preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 2821 Size \_\_\_\_\_

Name \_\_\_\_\_

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City \_\_\_\_\_ Province \_\_\_\_\_

METAL BILLS

French doors are extremely popular in the home of today, but all too often the home owner finds it difficult to weatherstrip them. One reliable method of making them airtight is through the use of a four-inch brass saddle or sill with an interlocking metal strip on the bottom of the doors.

Botanists used to think they knew every kind of cactus in the United States, but a new genus was found recently in Colorado.

## 2821 SIZES 12-20



## ONE DOZEN ROSES



Lovely roses to add charm to aprons, guest towels, luncheon sets, dolls, dress or buffet scarfs, etc. Quickly and easily embroidered in satin, outline and cross stitch. Hot iron transfer pattern No. 735 contains 12 motifs measuring each 1 1/2 x 2 to 8 x 9 inches and complete instructions. To order pattern, write or send above picture with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, G. N. S.

To Charlottetown Guardian Needlework Department

Design No. 735

NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

## A Morning Smile

While crossing a common old woman noticed one of those men who go around jabbing a pointed stick into scraps of paper to gather them up. Stopping beside him, she said, kindly: "Don't you find that work very tiring?"

"Not very, mum," replied the man. "You see" he was born to it—my father used to napooon whales."

He'd waited patiently at the post office counter for many minutes while the two assistants conversed. "After evening cloak was a wonder," said the blonde; "it was lamb edged with fox fur, and wide sleeves of printed Oriental satin."

Then the woman turned. "Rapping on the counter, the customer said:

"I wonder if you could provide me with a stamp in royal blue, with a perforated border all round the 'out ensemble' with multicolored on the reverse at two cents, please."

Teacher (to boy's mother): "Why, what's the matter? Has Johnny got toothache?"

Angry Mother: "No, Johnny hasn't got toothache. His suffering comes from your foolish teaching. You told him he was to tell you how long it would take him to eat twenty apples if it took one and a half minutes to eat one apple, — and he got stuck on the fifteenth."

## Your Individual HOROSCOPE

By Frances Drake

For Saturday, June 7th

MARCH 21 to APRIL 20 (Aries) — Afternoon and evening (most favorable star aspect period of today) especially patronize personal and artistic affairs, boating, fishing, and other sports activities, necessary business and pleasure. Vacation interests are also sponsored. Moderation advised in a.m.

APRIL 21 to MAY 21 (Taurus) — Whether at work or play, keep a close watch on your emotions and close your mind to the appetite for food and drink. Go carefully and you'll go safely. Wholesome sports will be a helpful tonic.

MAY 22 to JUNE 21 (Gemini) — Gain from past sound investments or from earnest effort's likely. Be careful, however, in dealings with relatives and close friends. Tact and harmonious co-operation are pay dividends.

JUNE 22 to JULY 23 (Cancer) — A cool head and kindly understanding will eventually put you in the winning class no matter whether your program calls for work or recreation. Not an easy day but you can help it to be more favorable by looking through rosy-colored glasses.

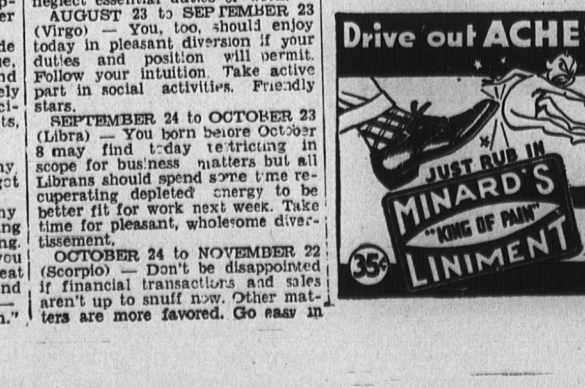
JULY 24 to AUGUST 22 (Leo) — Most matters and the week's business in general less favorable than the usual week-end interests. Competitive sports, entertainment and healthy activities share friendly stars. Essential duties or work.

AUGUST 23 to SEPTEMBER 23 (Virgo) — You, too, should enjoy today in pleasant diversion if your duties and position permit. Follow your intuition. Take active part in social activities. Friendly stars.

SEPTEMBER 24 to OCTOBER 23 (Libra) — You born before October 8 may find today a terrific day all scope for business matters but all scope for business matters but all recuperating depleted energy to be better fit for work next week. Take time for pleasant, wholesome diversions.

OCTOBER 24 to NOVEMBER 23 (Scorpio) — Don't be disappointed if financial transactions and sales aren't up to snuff now. Other matters are more favorable. Go easy in

## Drive out ACHES



personal expenditures but don't worry. There's time ahead for gains.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) — Today's happiness and general outcome depends largely upon how you react to the prevailing tendencies and how you use make your time. Don't overdo; be reasonable.

DECEMBER 23 to JANUARY 20 (Capricorn) — The Moon versus Neptune and later Venus during today's p.m. point to personal achievement and pleasant occurrences for Capricornians. Take advantage of good offerings.

JANUARY 21 to FEBRUARY 20 (Aquarius) — You, too, are on the favored list. Try to avoid unnecessary harmful changes, decisions and stubbornness and you'll sail through happily and help bring about future beneficial gains.

FEBRUARY 21 to MARCH 20 (Pisces) — Augment the best points in your personality; use your ability at peace-making among friends. And in everything you do, maintain the dignified manner and tolerance with which God blessed you. Confer with elders.

A CHILD BORN ON THIS DAY

Energetic, bright, intuitive and impatient with slow progress. This individual is enterprising, talented, versatile, but often too hasty in unpremeditated action. Best results will be obtained if he learns to use a self-restraint. A magnetic personality.

## 2821 SIZES 12-20

Send 20c in coins for your copy of How To Make Slip Covers to The Guardian Home Service, Box 1238 Post Office A, Toronto. Address and Name of booklet.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

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