

THE CHARLOTTETOWN GUARDIAN

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WEDNESDAY, MAY 14, 1930

The Premier's Apotheosis

"When storms blow loud, 'tis sweet to watch at ease
From shore, the sailor labouring with the seas;
Because the sense, not that such pains are his,
But that they are not ours, must always please."

Fortune has been kind to Premier Saunders. On the eve of an election in which the chances in favor of his party federally are, to say the least, somewhat doubtful, and with a still more dubious contest facing his own Government in this Province next summer, he makes his exit at the critical moment, thus forestalling both criticism and defense.

Having done with Premier Saunders politically, it remains to congratulate him upon his appointment to the most distinguished judicial office in the Province. It is no secret that a Supreme Court Judgeship was the ambition which he pursued with zeal and constancy, at home and at Ottawa, ever since his election to the leadership of his party and particularly since his victory at the polls in 1927.

It can be said, too, that the Premier has largely created his own opportunities. He started with no advantages that other ambitious young men do not enjoy, and he built up in Summerside one of the largest and most successful law practices in the Province. Much of his success was due to his invariable courtesy and honesty.

It is predicted that the Government leadership will devolve upon Hon. W. M. Lea, Minister of Agriculture. Premier Saunders will doubtless express his choice to the Lieutenant Governor, and this expression of opinion from a retiring leader under our constitutional form of government will naturally carry much weight.

Well Earned Retirement

Mr. Justice Hazard, Master of the Rolls and Judge of Equity, whose retirement in favor of Premier Saunders was reported in yesterday's Guardian, has had a long career of conscientious public service. Elevated to the Bench on June 6, 1911 he was from 1904 to 1911 a member of the Legislature of this Province and during the last three years of that period was Premier and Attorney General. As a Judge he filled his responsible position with dignity and rectitude, and lent his support to many worthy causes, notably the Red Cross Society, of which organization he is a past president.

Liberal Opinion Divided

Two members of the King Government addressed Liberal organizations on Wednesday last, one in Ottawa and the other in Woodstock. Col. the Hon. J. L. Ralston, C.M.G., Minister of National Defence, told the Ottawa Women's Liberal Club that the Dunning budget will not be an issue in the forthcoming election, but that the only issue will be the competency of the Government to carry out its policy.

Editorial Notes

"It is part of the irony of fate," said a Labor member in Parliament, "that it should have fallen to the lot of the first western Minister of Finance to drop the cut flowers of British preference on the mangled corpse of free trade."

Three times as many revolvers are reported to have been sold in the United States last year than in 1928. With such an increase among his armed citizenry, Uncle Sam may yet be forced to hold a personal disarmament conference.

There are 57,044 ex-service men drawing pensions in Canada, the average being \$474.63, while 19,532 dependents of deceased soldiers draw an average of \$346.86, according to an answer to a question in the Commons. The average monthly total is now \$3,150,890. This makes a goodly sum annually. The facts, suggests an exchange, are worth noting, for they show that the Dominion is expending much money on war victims and will have to continue doing so for many years to come.

Notes By The Way

There is at least one town in the world which is not perplexed by increasing taxes, municipal expenditures for streets, schools or other modern innovations. Instead of paying taxes, this happy little town, Ebern by name in Bavaria, grants to its citizens a yearly bonus of \$15 together with what fuel they required for the year's operations.

Turkish women will be given full suffrage in 1932. From the seclusion of the harem to the freedom of the franchise in a few years demonstrates that the Ottoman suffragettes are fast workers.

To the village of St. Clet in Soulanges County, belongs the distinction of having inaugurated the first municipal forest reserve in Canada. The municipality, under the auspices of the Provincial Government, has secured control of considerable areas of land adjacent to the village, and last Labour Day, was appropriately chosen for the inaugural ceremonies.

The third spectacular dry raid in New York within a week, executed with dramatic suddenness just before the palatial liner Bremen sailed for Europe, raised prohibition excitement in New York to the highest pitch it has reached in two years. A crowd of 7,000 visitors, bidding both voyage to their friends and relatives, were searched for concealed liquor as they stepped from the North German Lloyd Liner to the pier, where squads of Customs agents and plain clothesmen awaited them.

Evidently the beautiful summer season is to be marred again by the toll of human life. Throughout the entire year highway tragedies make travel a sort of horrible nightmare, and now drowning fatalities must be added to swell the list of tragedies. The newspapers of our sister provinces give weekly lists of automobile fatalities and accidental drownings.

Bad news comes from Capetown, South Africa, announcing a pitched battle between whites and natives. "Red" agents are busy among the semi-civilized blacks, and there is grave danger of serious results. The natives are growing bolder when they give battle to white police. The whole incident smacks of bad times ahead.

The Liberal press and Politicians have always depended very largely upon white-wash and at present, on the eve of another federal election, artists of various talents are vigorously wielding the brush. The regime of Mr. Mackenzie King, since its inception, is now being glorified as one of the greatest that have been. Notwithstanding the deftness with which the brush is being applied many grease spots refuse persistently to be covered up.

Farming is now well under-way in this province, and the complaint is heard from various parts that there is a lack of moisture in the soil. Rain, they tell us, is very badly needed. No doubt the rain will come in due season, as it has always done, and seed-time and harvest which have never failed in this Province may still be depended upon.

The happy gardener is now in his or her element, and a number of very promising flower and vegetable plots may now be seen in many sections of the city. The lawns and streetsides, with but few exceptions, are very creditable this season and it is hoped that this phase of the city's beauty will not be neglected as summer goes by.



By James W. Barlen, M.D.

WHEN TO EAT RICH DESSERTS

You have noticed that when you enter a cafeteria—or self serve restaurant—the first food at hand is the desserts.

This is due to the fact that if the desserts were at the distant or far end of the counter, by the time you had put soup, meats, and vegetables, tea or coffee on your tray, you might omit the dessert altogether, feeling you had enough on your tray without the dessert.

However the desserts are very tempting, especially if you are fond of cream or rich pastries. You eat this dessert last, and yet it would be a wise thing, with many individuals if they would eat their cream or rich pastry first instead of last.

Research men have discovered that liquid foods pass through the stomach in less time than other foods. That is the reason that liquid foods are prescribed for weak or sick folk and those afflicted with ulcer of the stomach. You can see that the muscular walls of the stomach do not have to work very hard to push the liquid forward into small intestine.

They have found that a small quantity of meat or eggs will also leave the stomach in a short time, whereas a larger amount takes longer than bread or vegetables. That is an egg or small piece of steak or other meat begins to leave the stomach a few minutes after it is eaten, and are therefore good foods to give to invalids or others whose digestion is only fair.

Starches—that is sugar, breads, vegetables and so forth—are moved from the stomach to small intestine within two or three hours, but fats—rich pastry, creams, desserts, and butter are slowest of all in passing through the stomach.

It has been found that in some individuals these fat foods take five hours to pass through the stomach.

Now as this fatty food is eaten last you can see that with the meat, bread, and vegetables all ahead of it, that it is going to be a long time in the stomach anyway, aside from the slowness of the digestion of fat foods by the stomach.

Now it is not my suggestion that you eat foods first, but that you try to remember that when you have eaten a full course meal—soup, meat and vegetables—and have therefore a real meal in the stomach, that you refrain from the rich fatty dessert. If you don't do this, some of this dessert may still be in the stomach when you eat your next meal.

If you have eaten a light meal, a dessert rich in fat, should be all right.



FROM "SONNETS AND OTHER POEMS"

Flesh, I have knocked at many a dusty door,
Gone down full many a windy midnight lane,
Probed in old walls and felt along the floor,
Pressed in blind hope the lighted window-pane.

But all has passed, the tune has died away,
The glamour gone, the glory; is it chance?
Is the unfeeling mud stabbed by a ray
Cast by an unseen splendor's great advance?

That Body of Hours

This column is open for the discussion by correspondents of questions of interest. This Charlottetown Guardian does not necessarily endorse the opinions of correspondents.

The Public Forum

Sir,—The fact of the S. P. C. A. being very little known, amongst our citizens, was very evident on Saturday, when we had our Tag Day sale of Mayflowers. Almost every second or third person approached would say, "What is the S. P. C. A.?" or "What is your Society doing?" or, "If you would rid the city of all the stray dogs and cats, I might give you a donation."

I should like to tell you some of the things the Society is doing, or trying to do—for it is very uphill work for a few people, with no financial support, from either Government or City, and with very little sympathy on our side, while struggling against the indifference of the public in general, to effect any very noticeable reforms.

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THE LAND WE LOVE

By FRANK LEIGH

PRE-CONFEDERATION CONFERENCES

Q. What were the Pre-Confederation Conferences?
A. Three pre-Confederation conferences were held prior to 1867 the first at Charlottetown in 1864; the second at Quebec in the same year, and the third in London in 1866 when it was resolved "that the best interests and present and future prosperity of British North America will be promoted by a federal union under the Crown of Great Britain, provided such union can be effected on principles just to the several provinces."

zero weather, a whole day, without food or cover (according to neighbors this had been a common occurrence). The matter was laid before the Attorney General, who wrote him a stiff letter of warning. The offense was not repeated.

During our sale on Saturday, a dog was noticed on Queen St., with its paw badly cut and bleeding. This was reported to Inspector Trainor at his home. Though not on duty at the time, he immediately found the dog and took it to the Police Station. The wound was dressed, the owner notified and the dog taken home.

A great number of stray dogs and cats have been taken in this year. Inspector Trainor has found homes for some of them, but many have had to be humanely destroyed.

If citizens are annoyed by homeless starved animals, or if any are found suffering in any other way, if they do not feel like feeding, or doing anything for them, themselves, they can at least report the matter, and it will be attended to.

The condition of horses about the city is much improved in the last year or so. Truckmen and carters take a pride in keeping their horses in condition. Many of the delivery boys, also, take a personal interest in their horses, though there are still a few of these, who have to be watched, and they are being watched as much as possible. As everyone knows it is difficult for our whole city traffic force to keep car drivers from speeding, so it is next thing to impossible for one lone S. P. C. A. officer, to see everything that happens on the streets. However we feel that we have done something in this direction, as it is now almost a thing of the past, to see a delivery boy racing and beating his horse.

But, good people of Charlottetown, don't expect too much, and give us a little support—if only your sympathy. We are rambling along, still under our own power, but the gas supply is pretty low—and we would love a little boost.

I am Sir, etc.

A MEMBER

RURAL MAIL COURIERS

Sir,—With the approach of a general federal election in the near future there is one class of officials who claim to have a just grievance against the Government. I refer to our Rural Mail Couriers who claim they are not justly treated according to the work they do and the system that the Post Office Department has in force at the present time on which their salary is based.

Continued on Page 7

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SMUT OR RUST ON GRAIN

A cheap but thoroughly effective remedy. Grain Growers would be wise to act promptly in order to have seed properly treated before sowing.

One pint to every 40 gallons of water. Full directions given with every order.

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WARNING
The attention of those interested in directed to the fact that The Charlottetown Fox Breeders Protective Association is in a more favorable position than ever to prosecute any who trespass on the property of the under-mentioned members:

3 Points to Remember
BEST LEGAL TALENT RETAINED
FIRST CLASS DETECTIVE AGENCY
TRAINED BLOODHOUNDS
MacLure & MacKinnon, Charlottetown Royalty.
W. K. Rogers, Southport.
Charlottetown S. B. Fox Co., Charlottetown Royalty
E. R. Brow, Charlottetown Royalty

THE CHARLOTTETOWN FOX BREEDERS' PROTECTIVE ASSOCIATION.

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A Booster Feature
To Stimulate Business and Business Conditions in Prince Edward Island, published by The Charlottetown Guardian
We are Soliciting the Cooperation of the Business Firms and Leading Men of Charlottetown, Summerside and the Province.

Mr. Frank Walker, Assistant Editor of the Guardian is editing this Special Feature Edition, which is now in the course of publication, and Mr. J. M. Kirkland is in charge of Publicity.
Boost for a Greater Province

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