

# Woman's Realm / Social and Personal / Fashions / Literature

## Living & Leisure

### —THE WOMAN'S REALM—

#### YOUR INSPIRATION

To each one is given a marble to carve, for the wall; A stone that is needed to heighten the beauty of all; And only his soul has the magic to give it grace; And only his hands have the cunning to put it in place.

Yes, the task that is given to each one, no other can do; So the errand is waiting, it has waited through ages for you. And now you appear; and the hushed ones are turning their gaze To see what you do with your chance in the chamber of days. Edwin Merckham.

Spraying penicillin into the throat and lungs with a hand atomizer may become a common practice in fighting coughs, influenza and pneumonia; one physician, at least, has found the treatment successful.

#### WHY ORCHIDS ARE COSTLY

Gathering orchids in semi-drenched jungles is no slight task. Although there are some orchids which grow in the earth, the tropical orchids are commonly epiphytes; that is, they live on the outside of trees, but are not parasites. They do no harm to their host, for they do not take food or water from the tree, but only obtain minerals from the decaying bark. They send out long, spongy roots which obtain water and minerals by condensing the moisture in the air.

Since the trees on which the orchids grow may be six feet in diameter, and correspondingly high, and biting varieties of ants, the orchid collector needs to exercise plenty of persistence and ingenuity before he can lay his hands on the prized specimen.

Nor is the raising of orchids in a hot-house an altogether simple matter. If the orchid is to thrive and bloom away from its native steamy tropic jungles, it is said to require more expert and outside attention than does any other cultivated plant.

Orchid seeds are so minute as to resemble very fine dust, and great care must be taken in planting them. After the seeds are planted, under a glass jar, if the conditions of moisture and temperature are kept right, the seeds will sprout in about a year and a half. Then they require as much as ten or twelve years of expert care before the plants bloom.

#### IS STILL DOING WHAT HE LIKES

"I ain't through doing the things I like," said the 80-year-old captain of the schooner "Calamity Jane," as he prepared to round out 54 years on the high seas with a voyage to South America.

More men and women adopted that philosophy in their thirties and retained it through life, there wouldn't be so many unhappy 80-, 85-, and 70-year-old people in America.

But it seems to be the accepted thing in America for a couple to give up doing the things they really like when they settle down to married life.

The husband concentrates on business; the wife concentrates on the kids and decides how the leisure time of both the husband and wife shall be spent. And generally it is more a matter of killing time than of enjoying leisure.

#### A DEODORANT OF DOUBLE ACTION

**ARRID**

HELPS PREVENT PERSPIRATION SPOTS AND ODOUR WITHOUT IRRITATING THE SKIN

ARRID gives you double protection. It protects you from perspiration odors, and helps protect your clothes from perspiration spots. Arrid is an odorless deodorant, with the fine texture of a heavy cream. It vanishes instantly—giving immediate results. With Arrid, you are absolutely safe—can enjoy yourself wherever you are—regardless of the weather. Protect your daintiness and charm with Arrid. Start using it today. It is very economical. 15¢, 50¢ and 50¢.

#### ARRID

The Largest Selling Deodorant

The couple spend their evenings at home listening to the radio or playing bridge with friends, occasionally going to the movies. Without quite realizing it, they had years before gave up doing the things they really liked.

#### They Gave Up

Then, when their kids have grown up and left home, and their old friends have moved away, they suddenly realize that they are lonely and unhappy. And all because, without quite realizing it, they had years before gave up doing the things they really liked.

The happy old folks are the ones who, like the old captain, kept right on adding to their interests and accomplishments every year of their lives.

Men and women decide when they are young whether they are going to enjoy—or simply endure—old age.

#### BLEND OF ROUGE GAINS EFFECTS

For the skin that looks tired or blanched by fatigue at the end of the day, there's a daring pick-up which you can dare to use for wear under night lights. That's a blended cream rouge, applied to face and neck.

The trick can be put across with the materials at hand. If you'll take a dab of the make-up cream that you regularly use and mix well with a dab of cream rouge on the blue-red side. Blue-red is better able to resist the colour-draining of electric lights than orange-red. The colour that you want to get from your blend, however, is a robust pink.

The self-blended mixture must be applied sparingly. The best way to apply it for fool-the-eye effects is to dot it on like freckles, and blend uniformly with your fingertips. After the blending, take a sheet of tissue, and rub off any excess.

If cheeks can take a highlighting, dip into your pot of undiluted rouge for that. Then dust on your powder, and see if you recognize the blanched or tired face that first haunted your mirror.

#### IF YOU'D SERVE TURKEY IN STYLE

The turkey has been promoted says Cleo Miller. No longer is he merely a bird to be served at holiday meals. He is now the mainstay of large parties. You may find him roasted and stuffed with many dressings from wild rice to chestnuts; you may find him smoked and served cold or hot. Large turkey is made in many ways. One is made with a tossed salad and a filling dessert may make the meal, or turkey may be the base meat for a delicious casserole.

Each of these meals presupposes that you have the correct serving dishes. This is the season to take inventory.

#### A TURKEY PLATTER

Do you want and have room for a large turkey platter? They are made in porcelain, earthenware and silver. Some of them are oblong and large, others have an indentation at one end to absorb any of the meat juice or gravy. The traditional turkey platter, to many people, is one of the large blue and white type made about the time the Blue Willow became popular.

What about storing this blue turkey platter if you buy a new one? One clever lady had a coffee table with a raised flange made the size of her platter. When the platter was not in use, she would set it into her table. It was a decorative table in her room and solved her storage problem.

#### SOUP TUREENS

For turkey soup, you will need a large tureen and soup plates or bowls. Once tureens were made in this blue and white ware, in other colors and in pure white ironstone. Some reproductions have been made and old ones may be found in antique and second-hand shops. You may use the tureen on its own platter, the turkey platter or a silver one.

Soup in the old days was served in a soup plate and not a bowl. These are more difficult to obtain as there are few reproductions. Bowls are believed to keep the temperature of the soup longer than the platter plate.

The correct casserole causes many an argument among fanatic cooks. They generally hold for the earthenware type made in France, believing that foods cooked in these will retain more of their flavors than if cooked in a glass or metal container.

There are porcelain or earthenware dishes in which you may serve your casserole but in which you may not cook it.

But turkey served in any fashion helps to make a party a success.

#### NAME EXPLAINED

Pinnacel lines on the hulls of cargo vessels indicate the maximum permissible depth to which they may sink when loaded; the name comes from an Englishman who promoted legislation to prevent overloading.



#### Better English

D. C. Williams

1. What is wrong with this sentence: "I meant to have seen you while in Detroit."?
2. What is the correct pronunciation of "fortnight"?
3. Which one of these words is misspelled? Neuritis, pneumonia, neuralgia.
4. What does the word "poignant" mean?
5. What is a word beginning with "f" that means "wreckage of a ship"?

#### ANSWERS

1. Say, "I meant (or, intended) to see you while in Detroit."
2. Pronounce for-nyit, or as in, or as in, night, accent first syllable.
3. Pneumonia. 4. Keen; piercingly effective. "Consolation" indirectly pressed upon you . . . renders our grief more poignant.—Rousseau.
5. Flotsam.

#### Morning Smile

A teacher noticed one boy in her class who always came to school very dirty, and she decided to write a note to his mother asking her to do something about it. A few days later the boy came to school just as dirty and carrying a letter from his mother, which said:

"Dear Miss—I know my boy ain't exactly violets, but I send him to school for you to learn him, not to smell him."

Old inhabitant (to new minister)—Yes, parson, I'm 97 years old and I haven't an enemy in the world! Minister—That is a very beautiful thought, sir.

Old inhabitant—Yes, sir, I'm thankful to say I've outlived them all.

#### How Can I!!

By Anne Ashley

- Q. How can I keep clothes from freezing on the clothesline during the winter?
- A. During the cold months, before hanging clothes outside, wipe off the line with a cloth wrung out of salt water, and it will prevent the clothes from freezing to the line.
- Q. How can I clean marble?
- A. Mix two parts soda, one part pumice, and one part salt. Then powder and mix to a paste with water and scour.
- Q. How can I add a new flavor to the coffee?
- A. Try putting a few drops of vanilla in the coffee immediately before serving. It gives the coffee a delicious flavor.
- Q. How can I remove a broken cork from a bottle?
- A. This is a custom which seems to have become obsolete. However, it is still the gentlemanly act and a mark of good-breeding for a man to give up his seat to a woman.
- Q. What is the proper way for a maid to hold a dish of vegetables when she presents it to each guest?
- A. Flat on the palm of the left hand, and if it is very hot, she uses a napkin under the left arm.
- Q. How can persons who have been in mourning announce their return to society?
- A. By sending out their cards to friends and acquaintances.

## DOROTHY DIX SAYS—

### There is Only One Today

Tomorrow Never Comes to Enjoy Postponed Happiness

There is one thing in life about which we should all be grabbers. We should seize every bit of pleasure that comes our way and make the most of it while we can get it. It is a fatal mistake to put off being happy until tomorrow because tomorrow never comes. All that any of us ever have is just today, and if we don't get some joy out of that, we have lost out entirely.

This is such a palpable fact that it seems as if the dumbest of us should recognize it and act upon it. Yet the world is filled with gloomy Guses who deny themselves every pleasure and lead hard, dull lives in the belief that sometime in the future they will have a great time making whoopee. Which is just about as sensible as it would be for a starving man to refuse food because he expected some day to sit down to a banquet.

#### HAPPINESS DEFERRERS

Yet we all know people like this. Perhaps we belong to the lodge of the happiness deferrers ourselves. Certainly we see plenty of illustrations of the folly of putting off having our good times for 20 or 30 years. For the irony of the thing is that if we wait too long to eat our cake, we find we have lost our appetite for it. By the time we are able to buy out a bakery we have shed our sweet tooth, and acquired stomach ulcers and are on a diet.

It is a matter of common knowledge that our capacity for enjoyment does not increase with age. On the contrary, it slumps with every year. The things that we got a whale of a kick out of doing when we were 20 bore us to tears when we are 60, so why we kid ourselves into believing that the longer we defer indulging ourselves in the things we want to do and have, the more fun we will get out of them, nobody can explain.

But the idea brings about situations which are comic as well as tragic. It gives us, for instance, the hoarders who pinch and slave and deny themselves every comfort and luxury to pile up a fortune. They wear shabby clothes. They skimp on their food. They hop buses instead of having a car. They tell you that they are laying up for a luxurious old age, but when age comes there is nothing they want that money will buy.

And there are the women who never get any pleasure out of their jewels because they are in a safety deposit box; who are always two years behind the styles in their clothes because they are saving their money for some great occasion; who have beautiful houses beautifully furnished, but they never see their lovely drawing rooms except when they dust them, for they live in a cubby-hole in the back.

But the most pitiful part of the mistake people make in putting off being happy is when they apply it, as they so often do, to the family relationship. We see so many mothers who get no fun out of their babies, whose growing children are nothing but a burden to them, who never even try to get acquainted with their adolescent boys and girls. They are waiting to enjoy their children when they are grown, but when they are grown it is too late. They have flown the home nest.

And we know so many husbands and wives who really love each other and appreciate each other, but who never show each other any tenderness or pay each other a compliment. They keep putting off saying the thing that would have brought happiness to a hungry heart until they whisper into dead ears.

Happiness passes your way but once. Grab it.

#### Household Scrapbook

By Roberta Lee

**Broken Cork**

A cork that has broken or been pushed inside the bottle can be removed by pouring enough household ammonia into the bottle to float the cork, then putting it aside for a few days. The ammonia will dissolve enough of the cork to permit its easy removal.

**Cocoa**

It is always better to cook cocoa with a small amount of water before adding milk, in order to cook the starch and give a smooth, well-blended mixture.

**Handkerchiefs**

Few handkerchiefs will be lost in school if the child's name is written in indelible ink in the center of each handkerchief.

**Q. How can I add a new flavor to the coffee?**

A. Try putting a few drops of vanilla in the coffee immediately before serving. It gives the coffee a delicious flavor.

#### FIBER FACTS

Of the total fiber used in the United States, approximately 72 per cent is cotton, 8.5 per cent wool, 9.5 per cent rayon, 3 per cent jute and 2 per cent hemp; miscellaneous fibers make up the other 6 per cent.

## Ellen's Diary

By an Island Farmer's Wife

Our men folk came home to us this evening came from their recent engrossing interests up at the other farm, their work at last completed. "You should have come up to see what we've been doing," Ellen said when he was leaving for there this morning. But I knew as well as if I had been there day after day. Some of the pasture land, through which a stream flows broadly, would be furrowed now, the red-brown of the earth exposed to the workings of the Fall and Winter weather. The plowed fields would be left neat and tidy and strictly "according to form." James and I doubt if even one of all the Hawthorns' off-shoots that of late had strayed naughtily from the parent hedge's would be left to tell tales of the more carefree days. No James himself, whose self-imposed task that was, would make a thorough job of such cleaning up. "What's worth doing at all, Ellen, is worth doing well," he will often tell me suggestively, when I might be tempted to slight a chore. Jock was the first to return, and I saw him remove various ones of the tools of the trade in the light of the family car. "And where's your father?" I halted him from the back verandah.

I was rather concerned at the time, for more than one of James' favorite dishes was already losing flavor and substance while awaiting his pleased return in the manure spreader. Jock's voice came to me out of the gloom of the yard. So that was the strange clatter that was shattering the peace and stillness of the night. If the work was now in order at the other farm, a new endeavor that makes for "bigger and better" crops is in the offing at Alderley.

If Jennie's and my day had been quietly spent with nothing to interrupt our regular routine, dusk of the night. Even as I called before James came in the supper negotiations were already under way for the disposal by sale of one of our animals. On a farm like Alderley these are apt to be rare and important occasions. I became aware of it when James opened the door.

(Continued on Page 3)

## BABY'S COLDS

Time-tested home remedy for relieving miseries of children's colds. No dosing to upset stomach. **VICK'S** VapoRub.

#### A GIFT FOR THE SCHOOL GIRL



#### DESIGN NO. 891

An adorable hat, bag and mittens are easy to crochet and trim with colorful embroidery. Pattern No. 891 contains complete instructions.

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**HIGH ENERGY TONIC** helps build **STAMINA! RESISTANCE!**

Raincoats, rubbers, and warm clothing are not enough. The best protection for youngsters is a strong, healthy body. Scott's Emulsion is a strong, healthy tonic.

**SCOTT'S EMULSION** is a valuable, daily food tonic for children because pleasant-tasting Scott's—rich in natural A & D Vitamins and energy-building, natural oil—helps promote proper growth, strong bones, sound teeth, a husky body—also helps build stamina and resistance when meals are skimpy.

Why Scott's is so highly recommended:

1. Rich in natural A & D Vitamins—valuable, pleasant and tonic.
2. Pleasant-tasting and economical.
3. Four times easier to digest than plain cod liver oil—Scott's exclusive process.
4. Great tonic for adults too.
5. Contains finest Norwegian Cod Liver Oil.

## TRY SCOTT'S EMULSION HIGH ENERGY YEAR-ROUND TONIC

## Cook's Corner

#### WHITE FRUIT CAKE

- 1 pound raisins
  - 1/2 pound chopped mixed peel
  - 1/2 pound glace cherries
  - 1/2 cup butter
  - 1 cup sugar
  - 3 tablespoons milk
  - 1/2 teaspoon soda
  - 1 teaspoon cream of tartar
  - 2 cups sifted cake or pastry flour
  - 6 egg whites, stiffly beaten
- METHOD:** Wash raisins; then soak in hot water for a few minutes. Drain and dry thoroughly. Cut cherries in halves. Here again, glazed mixed fruits or drained and dried maraschino cherries may be used in place of the glace cherries. Make sure the peel is finely chopped. Combine all the fruits.
- Cream the butter thoroughly and gradually cream in the sugar, then beat until the mixture is light and fluffy. Add the milk to this mixture.
- Sift the flour, then measure and sift again with the soda and cream of tartar. Add the sifted dry ingredients to the creamed mixture gradually, then add the fruit mixture. Beat the egg whites stiff, but not dry, and fold these into the cake at the last.
- Four the batter into loaf pans lined with heavy paper that has been well greased. Bake in a fairly slow oven (275 to 300 deg. F.) for about 3 hours, or until the cakes are done. Remove the sifted dry ingredients to the greased mixture gradually, then wrap in several thicknesses of wax paper. Store in a tightly covered container in a cool, dry place.

#### CHEESE-POTATO THINS

This is a wonderful recipe if you are serving a vegetable platter for dinner—or the "thins" would make a good main dish for a more second-course perhaps if you serve a crisp salad or perhaps one green vegetable with them; for the latter, would suggest broccoli with egg sauce.

1 1/2 cups prepared potatoes

1/4 teaspoon salt

1/2 teaspoon pepper

1/2 teaspoon dry mustard

Few grains cayenne

1/2 cup shredded nippy cheese

#### FOR THE BIRTHDAY

Those whose birthday it is any experience year of strange or exciting events, with much hazard and possible sensational adventures. With exceptional grip on the emotions and impulses a beneficial outcome might arise from a curious or irregular twist or idea. But all such ventures should be based on fact and firm plan of good sense and judgment. Flighty moves or fancies are perilous.

A child born on this day should be given early training and discipline with an idea of keeping a level head under strange circumstances or adventures.

2 eggs, slightly beaten

1 teaspoon grated onion

Scrub next coarsely shredded raw potatoes to yield the required 3 cups.

Combine thoroughly the salt, pepper, mustard and cayenne and sprinkle over potatoes; add shredded cheese and mix lightly.

Combine slightly beaten eggs and onion; stir into potato mixture.

Heat a little fine-flavored drip ping in a heavy frying pan; spread potatoes, well apart on pan; spreading if necessary.

Cook underside until nicely browned; turn carefully and cook second side.

Serve piping hot.

## Needlecraft

—FOR THE HOME—

#### OVERALL APRON

A nicely made apron that effectively protects your clothes from kitchen stains because it covers you completely in front and in back. Pretty braided laces it up.

No. 3086 is cut in small, medium, and large sizes. Medium requires 2 1/2 yards 35-inch, 4 1/2 yards braided.

Send 20 cents for PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or some number in your address.

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#### Method Improves

More oil is obtained from soybeans by a new British process that uses tri-chloroethylene and ethanol; when hot the mixture is a solvent for the oil but when cooled forms a slyer over the oil pure enough to be re-used.

## Gives Up Title For Children



Mrs. Janice Pollock, 24, is shown in her Colum bus, Ohio, home with the four children for whom she has surrendered her title as "Mrs. America of 1946", which she had won in a contest at Jackson, Mississippi. Involved in "he award was a six-month tour of the country. The winner decided that it was more important to remain at home with her children. With her and her husband, Marion Pollock, 24, are (left to right) Susan, 6; Bobby, 10 months; Mark, 2, and Tommy, 3.