

Woman's Realm Social and Personal Fashions Literature

TEST IT FOR ECONOMY IMPROVED BLEND—VACUUM PACKED

SEE IF EVERY POUND DOESN'T GIVE YOU MORE FLAVOUR, MORE RICHNESS, MORE SATISFYING GOODNESS.

Roasted in Canada by a Special Process

DRIP GRIND—for Drip Pot and Glass Coffee-Makers
REGULAR GRIND—for Percolator or Boiled Coffee



MAXWELL HOUSE Coffee

Living & Leisure — The Woman's Realm

IN A SMALL PLACE

Fret not because thy place is small. Thy service need not be. For thou canst make it all there is of joy and industry. The dewdrop, as the boundless sea, in God's great plan has part; and this is all He asks of thee—be faithful where thou art.

—Annie Johnson Flint.

FASHION FLASHES

There are cover-up styles for those who prefer them but the extreme décolletés with the tiny draped bodices held up by straps are in the majority. Among the loveliest are those that combine two and more colors in layer-on-layer. For instance, one particularly striking dress combines lime yellow with lime green and has the crossing draped bodice and the floating skirt trimmed with feathers repeating the colors.

For dinner as well as evening are shown exotic tropical flowers and leaves in vivid splashes of colors in which red is predominant. They are seen chiefly on crepe and shark-skin grounds in the softly draped bodice styles of chiffons and in the wide skirts of long-sleeved dresses with tops in dark or white rayon jersey in long torso over-bone or tucked-in shirtwaist styles.

A slim dress in shirtwaist style combines green and beige. The beige is used for the 2-inch cuffs, the collar and the panel down the front of the bodice. Buttons and cuff links are green and the close fitting turban worn with it is of the beige wool.

Evolution from the famous shirred-back coats of resort success last year is the attractive crop of spring coats were shirred waistbands across the front.

HOT SANDWICH

A hot sandwich is a nice luncheon main dish. Toast slices of bread, spread with butter and fill with minced ham. Cover with a thin cream sauce, sprinkle with grated cheese and paprika and heat in oven until the cheese is melted and slightly browned.

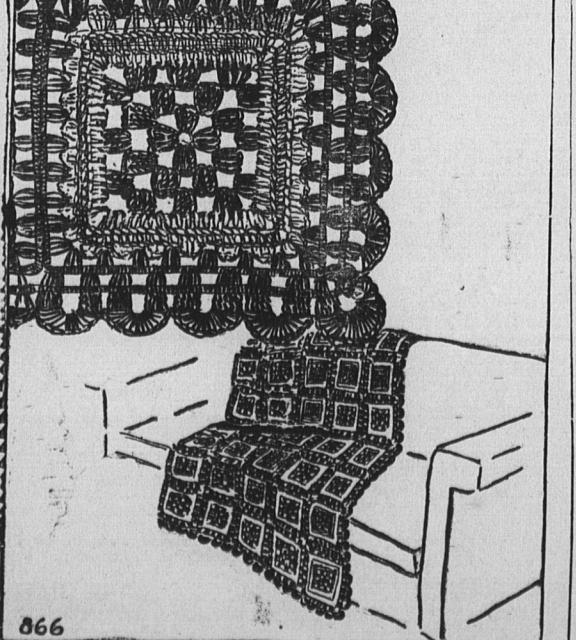
"Blankets of Jam" are made by the Syrians of the Holy Land. They form apricot jam into yard squares and dry the squares in the sun.

"CAKES" FROM BREAD

Trim the crusts from stale bread and cut into fingers. Spread on all sides with sweetened condensed milk. Roll in desiccated coconut. Brown under the grill very slowly. These are a great favorite with children at tea-time.

Fabric gloves emphasize leather details—radiating leaf appliques, shell or palms of leather.

SCRAPS OF YARN MAKE BEAUTIFUL AFGHAN



A glowing fire, a lounge and a hand crocheted afghan make evenings at home a pleasure. This one is made in easy-to-handle squares sewn together. Pattern No. 866 contains illustrations of stitches used, illustrations of the design and complete instructions.

To order this pattern, send 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Needlework Department, Design No. 866.

NAME _____
STREET ADDRESS _____
CITY _____ PROVINCE _____

Turkish ships are exempted from the international law which requires all ships to carry bells for time keeping and fog signals. Turkish vessels carry drums instead.

Paste These in Your Hats

Well, here they are, men: Talk to your wife when you are both eating in a public place. Pay at least as much attention to her as to your food. Even lean to ward her a little and watch her face when she talks. If you do that, no one will suspect you've been married even a year.

If you are in a restaurant where there is dancing—dance with her, and more than one "duty" dance. To that will throw the guests off the trail.

Buy your wife some flowers to pin on her coat. The flowers will show that you aren't old married folks.

Disss as carefully as you did in your courtship days. Appear as if you had taken on a list of things to do—adjusting your look in the mirror before you started out.

Never let her carry any packages.

You may not get a kick out of fooling the public in this way. But people wandering whether you've been married long, she'll be the smuggest woman in the world.

GALLANTRY PRELUDES MENTION OF AGE

After studying the public be-

Books are lighthouses erected in the great sea of time. — E. P. Whipple.

MAKES GOOD COFFEE BETTER

Carnation Milk is smooth, creamy—double-rich. There's nothing like it to bring out the full tempting coffee flavour. Keeps indefinitely in the can—economical—and irradiated for extra "sunshine" vitamin D.

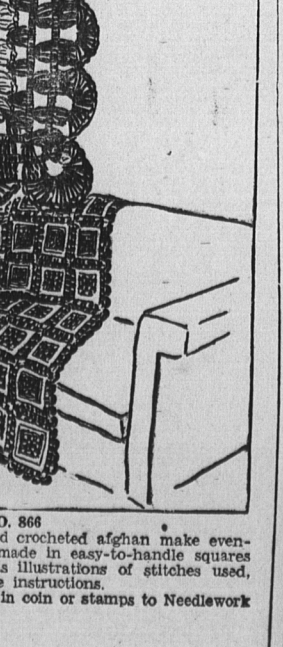
"from Contented Cows" A CANADIAN PRODUCT



Evolution from the famous shirred-back coats of resort success last year is the attractive crop of spring coats were shirred waistbands across the front.

Fabric gloves emphasize leather details—radiating leaf appliques, shell or palms of leather.

SCRAPS OF YARN MAKE BEAUTIFUL AFGHAN



NAME _____
STREET ADDRESS _____
CITY _____ PROVINCE _____

Dorothy Dix Says—

HOME LIFE SUFFERS IF WIFE HAS ANOTHER JOB

Her Paramount Duty Is To Her Husband. Each Couple Must Settle The Working-Wife Problem

Dear Miss Dix—My husband and I have been married six months. Not knowing I was going to be married, I had signed a contract to go on teaching for another year, and am doing so. This has necessitated our living apart, as our jobs are in different places. He has a fine position as manager of the company for which he works, and it is not too arduous for me to go on teaching, but he rather likes the idea of my working and keeping up my end of the expenses, as it would enable us to live in better style than we could if we had to live on his salary. He has always gone with people who were well off. Now the question is: Shall I try to get a job at teaching in the city in which he lives when my contract is out there? The thing that bothers me is that I don't believe that I can do two jobs and then justice, as when I come home from school I am so nervous and irritable that my family can scarcely stand me. I would really like to just stay at home and keep house. My husband doesn't know this because of my own weakness. What shall I do? BEWILDERED WIFE.

ANSWER—

Go domestic. Stay at home. Let George do it. A wife's amblability is worth more to her husband, even in dollars and cents, than any way she can bring in.

This is one phase of the working wife problem that we do not take sufficiently into consideration. For a woman to be a real helpmeet to her husband means that she must be able to do his work as well as her own. It is not enough that she is a good housewife and a good mother. She must be able to do his work as well as her own. It is not enough that she is a good housewife and a good mother. She must be able to do his work as well as her own.

Must Keep Him in Love

She must enable him to do the most of whatever abilities he has, and to do this she has to make him happy. She must keep him in love with her so that he will feel that she is worth working for and striving for.

And she must make him a peaceful and comfortable home, for whether a man breaks down at 40, or is going strong at 70, depends mostly upon how his wife has fed him and taken care of him.

Now no woman, unless she has the strength and endurance of a prize-fighter, can hold down two jobs and make successes of them both. No woman can jump out of bed in the morning, rush through cleaning up her house and getting breakfast and getting herself and her husband off to work. She can't spend the day in hard and exhausting labor, tear home from her place of business, stopping by the way at the delicatessen store, scramble up a hasty meal by aid of the can opener, finish tidying up the house and doing about a million other chores, without being absolutely and utterly exhausted and about as pleasant a companion as a fretful porcupine.

Gay Games Add Sparkle to Valentine Day Party

Don't Wear Yourself Out

The poor woman isn't to blame. Flesh and blood can stand only so much. An inhuman strain has been put upon her and her nerves and temper snap under it. Her back aches and her feet hurt. And there is nothing that her husband can say to her that doesn't make her want to start a fight.

And her husband is equally on edge. For this isn't the kind of home he married for, nor the sort of a wife he thought he was getting. His stomach is growling over the unsavory and unwholesome meal he has had to put in it, and his heart is sick with disappointment, and he wishes he were back at the old comfortable boarding house and was going to step out with a girl who was rested and pleasant.

Statistics show that the number of divorces among the working-wife couples is perfectly appalling, and no doubt it is largely due to the fact that it is practically impossible for the average woman with the average amount of strength, to be both a good business woman and a good wife.

Up to Each Couple

The question of whether a girl should keep on with her job after marriage must be solved by the individual couple according to their individual needs. In a case where only by adding the two salaries together can a boy and girl afford marriage, it is worth the risk. When a man falls sick or loses

THE PROBLEM OF ADOPTED CHILDREN

Dear Miss Dix—What do you think of adopted children who, when they are of age, turn up on the foster parents who had

WHEN IT'S BEST TO LEAVE BABY

Dear Dorothy Dix—I am a young wife with a 19-year-old husband and a 3-month-old baby. I have had to support myself ever since I married because, even when he had work, Larry spent his money on drink and girls. Never has he given me one cent, and a month before our baby was born he went West to look for work, he said, and I didn't hear from him for months. Now he has written and asked me to come out where he is, but his mother, who is caring for our baby, refuses to let me take her and I won't go without her. Shall I keep on with my job and supporting myself and child, knowing that our future is secure? Do you think any boy husband will become a responsible husband and father after he has seen his daughter? Shall I risk a court fight with my mother-in-law to take my baby out to an unknown and uncertain future? CHILD WIFE

HEARTBROKEN MOTHER

ANSWER—

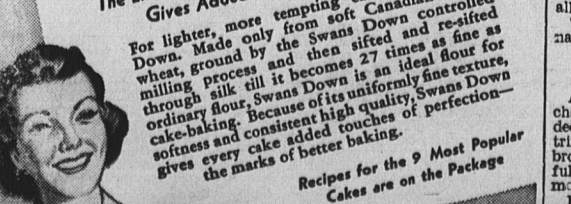
I think you would be very foolish to take the baby away from her grandmother, where she is safe, certain of proper food and care, without any definite assurance that her father will be able to support her. If you want to go on the wild adventure of chasing round after an irresponsible, footloose husband, it is your own affair. You can stand hardships. You can go out and earn a living if necessary. But it is different with your baby. She needs her mother's milk and her mother's care. She needs her mother's love and her mother's protection. She needs her mother's help and her mother's guidance. She needs her mother's example and her mother's influence. She needs her mother's love and her mother's protection. She needs her mother's help and her mother's guidance. She needs her mother's example and her mother's influence.

Lighter Cakes are Better Cakes!

The Extra-Fine Texture of Swans Down Cake Flour Gives Added Lightness To Every Cake

For lighter, more tempting cakes, use Swans Down. Made only from soft Canadian winter wheat, ground by the Swans Down controlled milling process, it becomes an ideal flour for cake-baking. Because of its uniform fine texture, softness and consistent high quality, Swans Down gives every cake a better texture, the marks of better baking.

Recipes for the 9 Most Popular Cakes are on the Package



BUY AT TODAY'S LOW PRICE

TIRED FEET

FIND INSTANT EASE WHEN YOU RUB

MILNARD'S GREAT CANADIAN RUBBING LINIMENT

THE COOK'S CORNER

SCOTS POTATO PIE

Peel some very large potatoes of equal size and cut them across in half lengthwise, and hollow out the centres. Mix the good-out-start of the potatoes and mix with some sausage meat, a little par-boiled chopped onion, seasonings of salt and pepper and powdered herbs, then moisten with a very little gravy and a touch of ketchup. Stuff the hollows with this mixture and place in a thickly greased tin or casserole, cover with greased paper and bake for an hour or longer, till the potatoes are ready, basting occasionally with the melted fat. Serve a good brown or tomato sauce poured round.

OATMEAL STUFFING

An excellent stuffing for fowl especially. Put into a basin a breakfast cupful of oatmeal and add half a breakfast cupful of chopped suet, an onion finely chopped and seasonings of salt and pepper. Work all the ingredients together and use as required—no moisture is necessary, as it binds quite well with the fat—if not, use just the smallest quantity of hot water.

OATMEAL GINGERBREAD

Ingredients: 1-1/2 teacups flour 2 ounces margarine or good dripping, 2 tablespoons oatmeal, 2 tablespoons moist brown sugar, 1 teaspoon ground ginger, 3-4 teaspoon baking soda, 2 tablespoons treacle, 1 egg, and a little milk. Sieve the flour into a basin and rub in the fat; then add the rest of the ingredients. Warm the treacle and add it to the beaten egg, then stir these into the dry ingredients. Add enough milk to make a soft dropping consistency and turn into a greased tin. Bake in a moderate oven till well risen and firm generally about an hour, then remove from the oven, cool slightly and turn on to a wire tray. Allow to be cold and keep for at least a day before cutting.

Maple Leaf Soap Flakes

There isn't anything better than Maple Leaf Pure Soap Flakes for washing fine linen, lingerie, stockings, woollens, and baby's wash. They are as pure as soap can be. Prove this for yourself at a real saving in price. Try this for a real saving in price. Try this for a real saving in price.

Maple Leaf Toilet Soap

Maple Leaf Toilet Soap is soothing, lathers quickly, and softly freshens the skin while it cleanses (mildly scented)

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SPECIAL OFFER

SAVE 8¢ ON A 20¢ PURCHASE

1 LARGE CARTON MAPLE LEAF SOAP FLAKES—18¢
2 CANS MAPLE LEAF TOILET SOAP—10¢

All for 20¢ 28¢

Maple Leaf Toilet Soap is soothing, lathers quickly, and softly freshens the skin while it cleanses (mildly scented)

DON'T MISS THIS SPECIAL OFFER—ORDER TOMORROW

Your Individual HOROSCOPE

By Frances Drake

For Thursday, January 30th

MARCH 21 to APRIL 20 (Aries)

Go about your duties and activities with little fuss and much quiet and efficiency. New ideas and improvements should be investigated and used if found practical.

APRIL 21 to MAY 20 (Taurus)

An opportune day for finishing incomplete matters and preparing and planning for the stimulating, favorable tomorrow. Best planetary hours for important issues today: 11:30 am to 7:30 pm.

MAY 21 to JUNE 20 (Gemini)

Experimentation in industries, inventions, with machinery, to-is and means of transportation highly favored. A day for progressive improvements rather than for purely money-making. Look far ahead.

JUNE 21 to JULY 20 (Cancer)

Stars advise caution in handling machinery, tools, chemicals, vehicles. Keep your eye and mind on what you are doing. A day for mental and physical development.

JULY 21 to AUGUST 20 (Leo)

A peppy, productive outlook for you folks. See that your common sense dictates your course of action. Your magnetic personality can do a lot for you as always. Exercise it properly.

AUGUST 21 to SEPTEMBER 20 (Virgo)

Not as friendly for personal attainment as for progress and benefits in general. Personal interests and activities pertinent to the public's welfare. Your natural will be particularly useful today.

SEPTEMBER 21 to OCTOBER 20 (Libra)

Affairs of the heart and social functions can be kept on the sideline while the urgent, more practical matters are attended to first. Midday fine period for action.

OCTOBER 21 to NOVEMBER 20 (Scorpio)

Good judgment and more patience than usual will tide you over the difficulties. If any today. However, this should not slow down your activity. Press into service your innate ingenuity, clever forethought and managerial ability.

NOVEMBER 21 to DECEMBER 20 (Sagittarius)

If you guard against displaying grouch, at least this morning, you'll find the day's achievement will be broader and easier than anticipated. Cheerful cooperation an important element to progress, especially now.

DECEMBER 21 to JANUARY 20 (Capricorn)

Be keenly alive to paramount realities. Work with and for those just forces which are striving to maintain our privileges and liberty and safeguard our whole future. Don't be a slacker in any worthy line of duty.

JANUARY 21 to FEBRUARY 20 (Aquarius)

Today is peculiarly suited to the talents and capability you Aquarians inherit. Get into the midst of things. You can not only advance your personal interests but also others' whom you represent.

FEBRUARY 21 to MARCH 20 (Pisces)

And very encouraging rays for you Pisceans. Find shortcuts to aid productiveness. Realize that we must all take some risks and sacrifice personal pleasures to keep up with our responsibilities and attain new advancements.

A CHILD BORN ON THIS DAY

Undirversive, philosophical, very intelligent. A good reasoner who will want facts as well as theories. Very likely will have unusual literary or musical ability, perhaps both. Also leans to the scientific. Mechanics and government in its path of achievements.

FEMALE PAIN

Women who suffer painful, irregular periods with nervous moodiness find Lydia E. Pinkham's Vegetable Compound very effective to relieve such distress. Pinkham's Compound is made especially to help such women during difficult days. Thousands of women have reported remarkable benefits. Merit guaranteed. WORTH TRYING! Any drugstore.

Needlecraft—

For The Home

The perfect frock for the woman who wears a larger size. This shirtwaist style has slimming, becoming lines that make it the mainstay of your winter wardrobe. Wear it to club meetings, wear at home or to town for a day of shopping and always feel neatly and appropriately dressed. Pin striped rayon is practical and ever so smart this season. If you prefer you can make this dress with a tiny neck band and bow rather than the convertible collar.

Style No. 2757 is designed for sizes 14, 16, 36, 38, 40, 42, 44 and 48. Size 36 requires 4 yards of 39-inch fabric.

Send Twenty (20c) coin is preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 2757—Size _____

Name _____

Street Address _____

City _____ Province _____

The Dominion government has agreed to lend the city of Quebec \$300,000 for urgent public works, it was announced.

GIVE THIS IMPORTANT CARE TO BABY'S SKIN

PURE, SOOTHING, MILDLY MEDICATED CUTICURA OINTMENT • TALCUM • SOAP

A glass of warm milk has been found to have a quieting effect and to induce relaxation and sleep. It is effective for children as well as adults before going to bed.

THE TORCH-UMBRELLA

The torch-umbrella has arrived in Edinburgh, serving a double purpose in the blackout. The torch is in the handle, unrolled until the battery is turned on.

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