

WELCOME RELIEF FROM ECZEMA

Complete Treatment That Gives Gratifying Results

WASING, Ont.
 "I had an attack of Weeping Eczema so bad that my clothes would be wet through at times. For four months, I suffered terribly, I could get no relief until I tried 'Fruit-a-lives' and 'Sootha-Salva'. Altogether, I have used three boxes of 'Sootha-Salva' and two of 'Fruit-a-lives', and am entirely well."
 G. W. HALL.

Both these favorite remedies are sold by dealers at 50c. a box, 6 for \$2.50, or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

"Fruit-a-lives" is also put up in a trial size which sells for 25c.

A Wife Knows Best



"John, please take Nuxated Iron and be strong and well again!"

Don't wait until the physical and mental breakdown comes.

Build yourself up now by taking **NUXATED IRON** for Health, Strength and Energy

SWOLLEN GLANDS

Wens, Cysts, Soft Bunches Reduced by "ABSORBINE JR."
 "ABSORBINE JR." is a vegetable germicide and antiseptic liniment. It is opposed to unhealthy, unnatural growths. Enlarged glands, wens, cysts, soft bunches are unnatural conditions that "ABSORBINE JR." will materially benefit.

A prominent physician writes: "I have used ABSORBINE JR. on stiff joints and found it all right. Do the work nicely and I cheerfully recommend it."

"ABSORBINE JR." should be in every home in case of accidents—beals cuts, burns, lacerations—ease sprains, strains and bruises—relieve pain and reduce inflammation.

\$1.25 a bottle—at most druggists a cent postpaid by W. F. Youse, Inc., Lyman Building, Montreal.

Professional Cards

Dr. C. C. Archibald
 Graduate of N. Y. Post-graduate Medical School and Hospital.
 Eye, Ear, Nose, Throat, and Skin.
 Office: Mayor Building, Great Street, opposite Guardian.
 Telephone 350.
 Office Hours—9 to 12 a. m.; 1 to 5 p. m.
 After hours by appointment at 1140-1142 St. Lawrence Street.

DR. CLIFT
 CHRONIC DISEASES
 Now at Victoria Hotel, CHARLOTTETOWN, P. E. I., Friday, Saturday, Sunday, Monday.
 At Queen Hotel, SUMMERVILLE, P. E. I., Tuesday, Wednesday, Thursday.
 Hours—From 12 to 3 p. m. FREE—\$100.00 monthly in advance. NOW!
 1812-7-57-5808.

DR. I. E. CROKEN
 VETERINARY SURGEON
 Office and Residence, 69 Prince St. Corner Prince and Sydney Sts. Phone 804

J. A. MacDONALD
 Barrister, Solicitor, Etc.
 MONEY TO LOAN
 Office—Riley Building
 Telephone 1100

DR. H. D. JOHNSON
 Eye, Ear, Nose, Throat and Skin
 Office 187 Kent St. Phone 824-J
 Hours 10.00—4.00.
 Evening by appointment only
 Residence, 6 Water Street, Phone 9.
 1541-7-12-3mos

G. S. INMAN, K. C.
 Barrister and Attorney-at-Law
 Room No. 12, Cameron Block
 VICTORIA ROW
 2252-17-11

S. S. HESSIAN
 Barrister, Solicitor, Notary Public, Etc.
 MONEY TO LOAN
 Montague P. E. Island

DR. J. C. HOUSTON
 EYE, EAR, NOSE AND THROAT
 Office—Riley Building, Queen Street, Opposite Frowse Bros.
 Residence—4 Grafton Street.
 Office Hours—10 a. m. to 4 p. m.
 Evenings by Appointment

Home Nursing

By M. JESSIE LEITCH.

The ranch out on the benchlands, from a woman's standpoint, was a very discouraging place indeed. The woman who had spent seventeen years in the miserable sod hut, with its dejected outbuildings, who had reared seven children, and for whom life was a drab monotony, sighed as she emptied the pail of scrub water in the yard. She glanced without expression at the doctor who drove into the yard.

"Well, Mrs. Dodd, how are the sick folk today?" he said genially, stepping over the wet doorstep and tramping into that portion of the shack called by courtesy a bedroom.

"I s'pose they'll get better." As she spoke the woman pushed back her straggling hair with hands high-water marked with scrubbing.

Conditions in Sick Room.

"Surely, they'll pull through," and as he spoke the doctor pulled aside the dingy curtain and glanced disapprovingly around the room.

The floor, still water-soaked and sloppy in puddles, steamed in the heat of the room. A sickly odor proclaimed the oil stove flickering in the corner. The dusty window was closed and an attempt to raise it disclosed two nails, fastening it securely.

"It rattles in the night," said Mrs. Dodd.

Thinking of the cool night air that swept across the ranch country at night, the air with a hint of the glaciers and the upper snows of the Rockies in its breath, the doctor sighed. His was a hopeless task—to combat the ignorance of a woman who knew nothing of hygiene, who was dispirited, dispassionate, struggling along with a love of her children as the only link between the civilized world she had well-nigh forgotten and the life of drudgery she lived upon the ranch.

Her Husband "Doing Time."

Her husband, as the doctor knew, was "doing time," due to an indiscriminate branding of cattle that did not belong to him.

The two little girls, huddled in the unclean bed, in the drowsy semi-stupidity of typhoid fever, stirred a little as the doctor bent over them. Fetid breath, cracked lips, parched tongue and dull eyes, tangled hair, unwashed hands and bodies—the doctor knew it all only too well.

"Please put out the oil stove," Mrs. Dodd, said the doctor.

"It's to dry the floor, in case they catch cold," demurred the woman. But she put it out.

"Now get a hammer and let's take out this window," said the doctor.

Doctor Opens Window.

"There," as he removed the dingy pane, and the air waited gently into the ill-smelling place. "It's to stay out, night and day. Remember! I trust you to keep this window space open." And the woman promised. At least she would do her best.

"As for catching cold, Mrs. Dodd, that is more often the case in a stuffy room than in the open. Never heard of the cowboys catching cold, sleeping out on the plains with their heads on their saddle, did you?" And the woman wondered a little as she admitted that she could not recall a case.

"But these is young ones," she said, and recognizing the fear for her young that had crept into her voice, the doctor took her hand, pressed it kindly as he said:

An Old-Fashioned Idea.

"You have done only what you believe to be the best thing in protecting your children from the draughts. It's the old-fashioned idea. Mrs. Dodd, and as such we are bound to respect it. But we are living in a different age, you and I and we are learning every day the simplicity of keeping well. I firmly believe in throwing away the medicines and in opening the windows in giving Nature a chance to work out her miracles unaided. And fresh air, water, personal cleanliness and more fresh air, is the secret of health. We will try it out on the little girls, and I am sure you will believe me. For they are going to get well."

And as the doctor drove away Mrs. Dodd looked at her hand still numb from his grip, and something stirred in the brain that had been dulled for so long.

"I'll start out with the water," she said, washing her hands painstakingly at the well. And if the doctor had seen her carrying the

Another "Really Delightful" Flavor

Spearmint Chiclets



In the green packet

Peppermint Chiclets
 In the yellow packet
 Tutti-Frutti Chiclets
 In the pink packet

10 for 5¢

an Adams product, particularly prepared

tin basin into the sick room and continuing her ministrations, he would have been well pleased. Nature was to have her chance.

ECZEMA you are not expert in treating when you use Dr. Chase's Ointment for Eczema and Skin Irritations. It relieves at once and gradually heals the skin. Sample box, Dr. Chase's Ointment free if you mention this paper and send 3c stamp for postage, 60c a box; all dealers or Edmondson, Bates & Co., Limited, Toronto.

Johnny liked ice cream, but he drew the line at turning the freezer. One day when his mother returned home she was agreeably surprised to find him working away at the crank as though his life depended on it. "I don't see how you got him to turn the freezer," she said to her husband. "I offered him a dime to do it." "You didn't go at it the right way, my dear," replied her husband. "I bet him a nickel he couldn't turn it for half an hour."

The question of Canada's status as a nation is once more raised as a result of an announcement from Madrid that the International Postal Union Congress has recommended that "in future congresses only parent countries will have voting power, colonies being excluded from voting, although they may send delegates." The wording of the clause appears to be somewhat unfortunate, while literan accumulation of the phrases, it has been definitely decided that she is not only a colony. Canada has represented

at the Congress in the persons of the Postmaster-General Hon. P. E. Blondin, and his deputy, Dr. Coulter, and the Dominion contributes to the upkeep of the Union. The interpretation upon the matter is that if the item is persisted in Canada will be excluded from voting, as it would be impossible to put us in the position of a "parent country." Under such circumstances there is a possibility that Canada would not care to send delegates to the Congress at all. The item has only been reported, however, and not finally adopted.



WAGSTAFFE'S
 Real Seville
 Orange
 Marmalade
 All Orange and Sugar—No camouflag.
 Boiled with care in Silver Pans.
 ASK YOUR GROCER FOR IT.