Woman's Realm ~ Social and Personal ~ Fashions ~ Literature

Helpful Hints For The Women Folk

YOUR MENTAL GARDEN

Resentment is an ugly thing,
It crowds the roses out;
Keep your mental garden fair,
Put harmful things to rout.

Seed-thoughts that you cultivate
Within your fertile mind,
Bring forth varied blossoms
According to their kind.

Anger, malice, worry, fear,
Are noxious mental seeds;
Quickly rid your mind of them
Before they choke as weeds.

Faith, gentleness, humility,
Truth, patience, selfless love,
Are specimens of seedings rare,
Approved of God above.

Your mental garden is a place
In which you daily dwell;
Let nothing ugly flourish there,
Safeguard and tend it well.
—Grenville Kleiser.

The life expectancy of automobiles — like that of humans — is lengthening and cars are now used on the average more than nine years.

FASHION FLASHES

Frilly, gay and feminine hats top dark costumes.

Immense plaids in permanent starchless finished muslin are colored like taffetas. One combination is bright red with black and white in a deep yellow ground.

• • •

Neutrals, foliage green, more bare knee skirts, garden clothes, girl-with-her-fashions — these are some of the sportswear highlights.

A collection of summer daytime clothes is all in a creamy white color called "Lotus." There are very simple spectator and sun dresses in mat weaves, often trimmed with gold buttons. With these neutral colored dresses, snakeskin shoes are suggested in "vivid palette colors — exclamation-pointing monotone costumes."

Navy organdie with white dots is a success for summer.

Fine pin-checked sheers have the color blotted out to form pure white motifs or grounds leaving part of the pattern in the pin check and part pure white. Color combinations include pink, light blue, green and cocoa, as well as black and navy, all combined with white.

Patou is featuring white sharkskin in his midseason collection One domel given specials attention is a tailored coat dress with a dark blue lace jabot.

Vividly patterned jerseys with a bit of white in them have been designed with the idea of combining them with a plain white jersey. The brilliant jersey is to be used for jacket, hat or accessories, the plain white for the dress. Those shown are in a dull, tough, lacy jersey that won't crush. Among them are a screen-printed bayadere pattern in red and blue on white ground; a screen-printed plaid in emerald green, bright red and bright yellow crossed by lines of black, blue and white; a yarn-dyed stripe with emerald ground crossed by narrow stripes composed of red, lime and white.

TOO MANY STEPS

Someone discovered recently that the "average woman" washes an acre of dirty dishes, three miles of clothes, and one mile of glass, and scrubs and washes five miles of floors in a year. Add to this the miles she walks doing the different jobs — frightening, isn't it?

Let's see how we can knock a few miles off the weekly household mileage.

When peeling vegetables for a stew already on the stove, don't take each onion to the pot as it is peeled. Wait until you have finished the lot, and walk across the kitchen once.

When you arrive home with groceries put them away in the cupboard straight away. Don't unload the lot on to the kitchen table and then start all over again.

If you have stairs in your house or flat, things are sure to have to be taken up or downstairs. Unless you have to make the journey, wait until you have collected quite a few at the top or bottom, and then gather them all up together. Keep a tray at the foot of the stairs.

Take a shopping list out with you. Use trays to lay and clear away the meals, even if the kitchen is next door.

Don't dabble in clearing up the rooms. Do one room at a time and finish it, whether it's a turnout or a "spit-and-polish."

Have a slate and chalk in the kitchen ready to write down store-cupboard shortages at a minute's notice. This helps the shopping list.

If you are a home dress maker buy sewing-silk or cotton and all other similar requirements when you buy your material. It's not much fun almost to finish a frock and then have to dash out for a zipper. It's not only mileage you can knock off by these odd trips, but you save shoe leather and temper.

Tiny Slips in Etiquette Give You Away on Dates

Check up on Rules for Poise

Saying "thank you" to her escort for taking her out! And she did so want to appear smooth-mannered, sophisticated.

It's just such little errors that show you aren't used to dating, haven't learned the rules. The man should feel grateful to you for your charming company, though to let him know what a nice time you've had you might say, "It's been fun, Jack."

Add to your poise by knowing the correct thing to do. Entering a restaurant with your beau, are you in a quandary over which place to take? It's customary to accept the chair the waiter pulls out for you, unless you specially want another.

Stuck with one man too long at a dance, ask him to look up your date, suggest that the boys switch partners.

And, when a man says "You look beautiful tonight," don't crudely scoff with "You're kidding!" Accept his compliment with a gracious, "I'm glad you think so."

Men like a girl who'll never embarrass them. Learn from our 32-page booklet the correct etiquette for dances, theatres, restaurants, dates, travelling, visiting, entertaining. Has advice on office manners, the petting problem.

Send 20c in coins for your copy of Etiquette For Young Moderns to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

City Province

Dorothy Dix's Letter Box

DOROTHY DIX SAYS—

MODERN WOMEN DEMAND TOO MUCH WITHOUT PAYING FOR IT

You Can't Have Your Cake and Eat It, Too, Holds True For Every Girl

The thing that is the matter with most of the peevish, fretful, restless, discontented women you know is that they are disgruntled because they can't eat their cake and have it, too. Our grandmothers had infinitely less to make life happy and interesting than we have but they were more contented than we are because they accepted the station in life to which it had pleased God to call them, as the prayerbook puts it, and made themselves satisfied in it. But we modern women demand the earth and the fullness thereof. We want the best of everything without any handicaps or drawbacks to it, and we want it handed to us as a free gift without our having to pay the price for it. Consider your friends, if you have not the courage to consider yourself, and see how much of their weeping is just tears of futile rage because they cannot have their cake and eat it, too.

Take, as a very familiar example of this, the business woman who trains herself for some profession or career and who succeeds in it. She enjoys her work. She likes the freedom it gives her and the money it brings in, but she is not happy, because she yearns for a domestic life. She wants love, a husband and children, home, pots and pans and carpet sweepers.

So she gets married, and she is utterly miserable, because cooking and sewing and scrubbing bores one who has been accustomed to dealing with big affairs. Planning a dinner is a piffling occupation to one who has helped plan a million-dollar advertising campaign. Budgeting a $25-a-week housekeeping allowance gets on the nerves of one who has been the understudy of men who juggled millions.

So it often happens that we are called upon to dry the eyes of the business woman because she isn't married, and afterward to wipe away her tears because she is married. She wants her husband and children and home, and likewise her freedom and her good job and pay envelope. And she is miserable because she can't have them all bunched together.

Take motherhood as another example. Virtually all women want children but a lot of them don't want the trouble of them. Half the women you know regard themselves as martyrs because they are tied down with babies and because they are always spreading bread and butter, washing dirty little faces, cleaning up after messy little hands, and answering the eternal cry of M-o-t-h-e-r.

They make the welkin ring with their groans because they cannot gad around as childless women do and go to bargain sales and stay downtown for luncheoon, or go to the movies or spend their afternoons playing bridge. Yet these very women who find motherhood such a burden wouldn't part with one of their babies for all the money in the world. All they ask is just the joy of having children without ever having to bother with them or to take care of them.

The mother who wants to have her cake and eat it, too, is still further exemplified in the woman with children who feels herself ill-used because she hasn't as fine a house, or as good clothes, or as many jewels as some childless woman has. You will often hear a woman say enviously to another woman say you are going to Europe again this

(Continued on page 6, Col 3)

YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)
(Copyright, 1940, King Features
Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Tuesday, May 28th

MARCH 21 to APRIL 20 (Aries)—Saturn, Jupiter, Venus and Mars are in excellent aspect today presaging activity, business expansion and benefits from all constructive and useful work. Deal with bankers, brokers, newspapers, manufacturers, persons in authoritative positions.

APRIL 21 to MAY 20 (Taurus)—Personal affairs, work problems and outdoor interests are favored by fine vibrations. Army, Navy and government employees and executives should find today especially responsive to cooperative measures. Clerks, salespeople, cooks: Day is made to order for you.

MAY 21 to JUNE 21 (Gemini)—You can, without quaims, tackle anything within reason and turn out a good job this fine day. Money to be made in literary transactions, writings, and the like. In fact, today is amenable for advancement in many endeavors, seeking employment and favors.

JUNE 22 to JULY 23 (Cancer)—Your own planet, the Moon, is inactive but you are under the friendly influences of several other planets, sponsoring financial affairs, industrial, manufacturing and labor problems.

JULY 24 to AUGUST 22 (Leo)—Work that particularly requires finesse and artistry should move swiftly. You in menial positions; teachers, guardians of little children; builders, gardeners, among the favored. Benefic for personal promotion, success in heart affairs.

AUGUST 23 to SEPTEMBER 23 (Virgo) — Jewelers, designers, artists, singers, musicians, authors, reporters, editors, accountants, critics: You can fulfill some of your big desires and dreams now. Be creative, constructively daring!

SEPTEMBER 24 to OCTOBER 23 (Libra) — You can turn your talents toward good monetary returns this kind of day. And if you can spare some time from necessary matters, develop an avocation or hobby. Good rays.

OCTOBER 24 to NOVEMBER 22 (Scorpio) — Not unfriendly for you energetic folks but vibrations suggest moderation in order to accomplish the most out of stimulating tendencies. Properly allocate your activities so that you will not be under nervous strain or last minute rush.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) — Sturdy interests; matters connected with the Army, Navy and government; building projects; negotiating business and financial deals either for self or for others under benefic rays. Personal advancement indicated.

DECEMBER 23 to JANUARY 21 (Capricorn) — The unusual and original that lends fresh interest and adds to the selling quality of your work or product will enhance sales, improve your income and be beneficial generally.

JANUARY 22 to FEBRUARY 20 (Aquarius) — You "ought to be wearing" a big grin today! Why? Because things will work out nicely if you are in a cooperative and enthusiastic mood yourself. Stars very encouraging to you.

FEBRUARY 21 to MARCH 20 (Pisces) — Painters, carpenters, road builders, mechanics, miners, farmers: Your efforts this encouraging day will bring substantial gains, if not immediately, later. All Pisceans are especially favored.

A CHILD BORN ON THIS DAY will be versatile, imaginative, generous and restless. Impatient occasionally in disposition but can adapt itself easily to all conditions and make friends quickly. It should be taught (early in life) to be careful in choice of friends and to discern sincerity from camouflage. A keen student in subjects it likes.

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SURPRISE SOAP SURPRISE

Here's to Cycling

IN this day of the fast tempo trends change and they change quickly. Now the trend is to cycling by smart girls and young women everywhere. They are cycling to work, cycling for exercise and pleasure. Cycling on hikes to enjoy the beauties of the local countryside.

So here's to cycling and especially to cycling on a beautiful, smooth-running, easy-riding C.C.M., for on a C.C.M. cycling is doubly enjoyable.

The ladies' C.C.M. Bicycles are creations of enduring beauty with their combinations of several coats of baked-on enamel and their heavy chromium-plate over 20-year nickel. They are available in a variety of colors to match your sports ensemble. Ask your nearest C.C.M. dealer for a catalogue.

16P

C·C·M·Bicycles

A Morning Smile

"How did you manage to live to be 107, Mr. Whosis?"

"Wel, you see, I refrained from smoking, drinking, took plenty of exercise and stayed out in the freen air."

"Well, I had an uncle who did all of those things, but he died at 57."

"Well, you see, he didn't do them long enough."

Subscriber: "Say, operator, you gave me the right number the first time I asked for it!"

Switchboard Operator: "Excuse it, please."

LIFE IMPRISONMENT

NORRISTOWN, Pa. May 24 — (AP)— Robert Heineman, 16, described in court as a "mental delinquent," was sentenced to life imprisonment today for the slaying of a girl classmate in Abington, Pa., high school. The boy had pleaded guilty to shooting Edith Snyder, also 16 as she studied in the living room of her home on April 25.

Minard's kills pain.

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THE COOK'S CORNER

SPLIT PEA SOUP

1 cup dried split peas
3 quarts cold water
1-2 onion
4-inch cube of salt fat pork
1 ham bone
2 tablespoons flour
2 tablespoons fat
1-8 teaspoon pepper
1 1-2 teaspoons salt

Method: Pick over the peas and soak them overnight in water to cover. Next morning drain them and add the cold water, pork, ham bone and onion. Simmer for 3 to 4 hours, or until the peas are soft. Rub though a sieve. Add the flour which has been rubbed together with the fat. Boil for about 5 minutes, stirring constantly. Add the seasonings. If the soup is too thick for your liking, you can thin it with a little milk.

OX TAIL SOUP

1 ox tail
1-2 cup ground rolled oats
2 1-2 teaspoons salt
2 tablespoons fat
2 cups canned tomatoes
4 cups water
Bit og bay leaf
1 onion, sliced
1 green pepper, optional
1-2 cup carrot
1-4 cup onion, additional
1-4 cup turnip
1 teaspoon Worchestershire sauce
1 teaspoon celery salt
1 bouillion cube

Method: Cut the ox tail in pieces, wash, sprinkle with ground rolled oats and salt and fry in melted fat until brown. Cover with combined tomato and water, add bay leaf, one onion cut in thin slices and half the green pepper, cut in strips. Bring to a boil and simmer several hours, until the meat is very tender.

Remove the meat from the bones and rub soup through a sieve. Cut enough onion in slices to make 1-4 cup; cut remaining half green pepper, and the carrot and turnip in fine strips and cook until soft in water to cover.

Add the vegetables and water to strained soup with meat from the ox tail; add also the Worchestershire sauce, celery salt, and extract.

Re-heat and serve.

Southern Atlantic Legacy

By BY SYDNEY PARKMAN

"That isn't the point," her father argued. "Personally, I think it was an insane law. But there's such a thing as being decently reticent about it, blurting it out in front of my friends showed a selfish disregard for my feelings. And selfishness is a thing I cannot possibly abide," he added after a moment's reflection. "I never heard that he made anything much out of it."

For the remainder of the meal they ate in silence, and it was not till the Major rose and went over to his desk in the corner of the room and started to look up some papers relative to the committee meeting, that the girl picked up the letter and tore open the envelope.

"Don't bother to wait up for me," he told her. "I shall probably be rather late and . . . What's the matter, child?"

She had uttered a horrified exclamation, and was staring at the letter with her face suddenly gone pale.

"Why, it's——it's Uncle Tom!" she said faintly. "He's—he's dead!"

Her father looked startled.

"Dead?" he echoed. "Tom dead? I say, that's pretty sudden, isn't it? What was it—fever or something?"

She looked at him blankly, with horror in her eyes.

"No," she said. "It says—he was murdered!"

"Murdered?" he exclaimed. "But—but why? Here! Let me see!"

There were three sheets of the thin angular writing, and when he had finished reading from it he looked at her sharply.

"Who is this Maloney?" he demanded.

"I don't know," she said helpless-

(Continued on page 10, Col. 8)

RELIEVE SUFFERING QUICKLY WITH
KELLOGG'S ASTHMA RELIEF K65

Pattern of the Month

Three perfect costumes from one simple pattern. This princess-like style with its flattering raised waistline is ideal for all occasions and many types of figures. Choose a pretty printed cotton for a sweet afternoon frock accented with a white collar and dainty ruffles. For home chores, blue or green chambray looks cool and efficient when trimmed with a tiny face framing collar. Then, for relaxing after the day's work is done, a housecoat made on these same figure flattering lines, of gay printed cotton, will make you feel like a princess.

Style No. 3286 is designed for sizes 12, 14, 16, 36, 38 and 40 Size 16 requires 4 1-4 yards of 39-inch material for short sleeved dress; 3-8 yard contrasting for V-neck collar, 1-4 yard for high neck, 2 yards of ruffling; 5 1-4 yards for short sleeved housecoat.

Send Fifteen (15c) coin is preferred, for pattern. Write plainly your Name, Address and style number Be sure to state the size you wish

Style No. 3286 Size .....

Name

Street Address

City Province

Two types of hats are shown for bridal attendants—the capeline of crin with soft flange, or the off-face hat made of this braid, and in small silhouettes, bonnets of net. Leading shades remain pink, blue, peach and aqua, is the report.

Minard's kills pain.