

APRIL 11, 1917

The Central Guardian

Mother Why Don't You Take Nuxated Iron

And Be Strong and Well and Have Nice Rosy Cheeks Instead of Being Nervous and Irritable All The Time and Looking So Haggard and Old?—The Doctor Gave Some to Susie Smith's Mother and She Was Worse Off Than You are and Now She Looks Just Fine.

NUXATED IRON WILL INCREASE THE STRENGTH AND ENDURANCE OF WEAK, NERVOUS, CAREWORN, HAGGARD LOOKING WOMEN 200 PER CENT IN TWO WEEKS' TIME IN MANY INSTANCES.

THE CHILD'S APPEAL



There can be no Beautiful Healthy Rosy Cheeked women without Iron." F. King, M. D.

There can be no healthy, beautiful, rosy cheeked women without iron, says Dr. Ferdinand King, a New York physician, and author of "The Child's Appeal."

"In fact the most common foods of America, the starches, sugars, table syrups, candies, polished rice, white bread, soda crackers, biscuits, macaroni, spaghetti, tapioca, sago, farina, dextrinized cornmeal, no longer is iron to be found. Refining processes have removed the iron of Mother Earth from these impoverished foods."

"Therefore, if you wish to preserve your youthful vim and vigor to a ripe old age, in your food by using some form of organic iron, just as you would use salt when your food has not enough salt."

"As I have said a hundred times over, organic iron is the greatest of all strength builders. If people would only throw away habits forming drugs and nauseous concoctions and take simple nuxated iron, I am convinced that the lives of thousands of people might be saved."

who now die every year from pneumonia, grippe, eczema, kidney, liver, heart trouble etc. The real and true cause which started their disease was nothing more nor less than a weakened condition brought on by lack of iron in the blood.

On account of the peculiar nature of woman, and the great drain placed upon her at certain periods, she requires iron much more than man to help make up for the loss.

Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good, and as a consequence you become weak, pale and sickly-looking, just like a plant trying to grow in soil deficient in iron.

Dr. Ferdinand King, New York physician and author, tells physicians that they should prescribe more organic iron—Nuxated Iron—for their patients—Says anaemic—iron deficiency—is the greatest curse to the health, strength, vitality and beauty of the modern American Woman—Says warning against use of metallic iron which may injure the teeth, corrode the stomach and do far more harm than good; advises use of only nuxated iron.



You can tell the women with plenty of iron in their blood—beautiful healthy rosy cheeked women full of Life, Vim and Vitality

I have induced many other physicians to give it a trial all of whom have given me most surprising reports in regard to its great power as a health and strength builder.

Many an athlete and prize fighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the fray; while many another has gone down in inglorious defeat simply for the lack of iron.

NOTE—Nuxated Iron, which is prescribed and recommended above by physicians in such a great variety of cases, is not patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians both in Europe and America.

\$3.95 Here You Are This price cannot be beaten in Canada today. We offer while they last a Womens Patent High-Cut Laced Boot with doll Kid top and neat heel.

Bad Roads Now while the roads are most impassable, let us supply your Drugs By Mail We are as near as your Post Office or rural box With our large complete stock of Drugs, Patent Medicines, Horse and cattle Remedies, Dyes &c. we can fill all orders promptly.

Geo. E. Hughes "The People's Druggist"

Hartt Shoes For Men The Highest class shoe made in Canada. All the new spring styles are here. Patent Gun Metal Dark Tan and Tobacco Brown Buttoned and Laced. See Our Window Prices \$6.00, 7.00, 8.00 D. Gordon & Co.

EXPERT EYE SERVICE We have recently had the privilege of visiting the offices of some of the most expert Opticians in Canada. We have studied their methods and soon they practically demonstrated, and it is a matter of gratification to be able to say that the service we are giving our patrons, we believe is quite equal to that obtainable in the larger centres. We solicit your patronage. G. F. Hutcheson Optician

Ask your dealer for Hickey's Twist and insist on getting the genuine for it's the Cleanest and best Chewing Tobacco. HICKEY'S is a large, clean, fragrant juicy plug that gives real satisfaction to chewers after they have tired of other kinds. TRY HICKEY'S TWIST—the change will do you good. Hickey & Nicholson Tobacco Co. Ltd Charlottetown

CANADIAN GOVERNMENT RAILWAYS PRINCE EDWARD ISLAND TIME TABLE IN EFFECT, FEBRUARY 1st, 1917. ATLANTIC STANDARD TIME. Trains outward—Read down DAILY ex. Sun. Thurs & Sat. A.M. P.M. 6.50 2.20 Dept. Charlottetown 8.13 3.38 Hunter River 9.00 4.23 Emerald Junction 9.40 5.02 Kensington 10.20 5.30 Arr. Summerside

IT PAYS to buy in this Province. NOTICE—Regular quarterly meeting of the Charlottetown Board of Trade Wednesday evening, 7.963-4-9M31. ST. JAMES' BAZAAR. See the hand embroidered ladies' nightgowns and children's dresses at St. James' Bazaar tomorrow, 28026. CHURCH OF SCOTLAND. Rev. Ewen MacBongall will preach Sabbath 15th, at Dundas at eleven a.m. and Banger at 7 p.m. RECRUITING. Lieut. M. Hardy will recruit for the Forestry Battalion at the following places this week: Annandale, Wednesday; Bay Fortune, Thursday; Souris, Friday and Saturday, 8030. POLICE COURT. At the Police Court yesterday James McIsaac for infringement of the Prohibition Act, was convicted and fined \$100 or three months. One drunk was discharged. WANT SERVICE CONTINUED.—The Pictou board of trade will back up the Charlottetown board in the latter's protest against the discontinuation of the Pictou-Charlottetown steamship service, says a Pictou exchange. HEAVY TRAFFIC.—The car ferry steamer has been carrying an amount of freight to and from Pictou this winter far beyond anything in the history of winter navigation here, says The Pictou Advocate. From Georgetown daily the average cargoes have been from 300 to 500 tons, while the cars from Pictou daily average from 200 to 400 tons. The passenger service has also been unusually large, there being a daily average of from 75 to 125 passengers going and coming.

CONCERT AND PIE SOCIAL IN MT. BUCHANAN SCHOOL.—A most enjoyable concert and pie social was held at Mt. Buchanan school on Friday evening, March 23rd. The handsome sum of \$62.76 was realized of which \$60.00 was handed to the secretary of the Red Cross Society in Charlottetown by Miss Margaret Walsh, daughter of Mr. Martin Walsh, Upper Queen Street, the efficient teacher in that district. Every number on the program was excellently given and greatly appreciated. Excellent pipe music was furnished by Mr. John W. McLeod with Mr. Rory Gillis on the violin. One of the chief features of the evening was the step dancing by John and Angus McLeod also Roderick Gillis. Speeches were made by some of the leading men of the district, and a vote of thanks was tendered to the teacher, Miss Margaret Walsh, and those taking part in the concert for the splendid program provided. Following is the program: Chorus, "O Canada," recitation, "An Overworked Rectifier," Angus McLeod; solo, "Tipperary," Belle Nicholson; Percy Buchanan; dialogue, "I Dink So," Percy McLean, Albert Currie; step dancing, John McLeod; reading, "What the Little Girl Said," Sadie Stewart; drill, "When You and I Were Young," by the little tots; duet, "Roamin' in the Gloamin'," Annie McLeod; Harry Bishop; dialogue, "Baby Boy's Bounce," those taking part, Margaret Walsh, Roderick Gillis, Allan McLeod; recitation, "Betty" and the "Aulay," Sadie Stewart; snowball sextette, Gladys McAulay, Mary McDonald, Alice Marchison, Charles McLeod, Roderick Gillis, Allan McLeod; step dancing, Angus McLeod; solo, "Jingle Bells," Annie McLeod; dialogue, "Riviera Dainties," those taking part, Mary McDonald, Gladys McAulay, Alfred Martin, William Malkman and Alex. Nicholson. Chorus, "Do Your Bit," Mr. Neil McLeod was a very acceptable chairman. Mr. Sydney Nelson, Montague, proved a very capable auctioneer, and Mr. J. D. McLeod attended to the door. The concert closed by the singing of the National Anthem.

I was cured of Acute Bronchitis by MINARD'S LINIMENT. Bay of Islands, J. M. CAMPBELL. I was cured of Facial Neuralgia by MINARD'S LINIMENT. Springhill, N. S., WM. DANIELS. I was cured of Chronic Rheumatism by MINARD'S LINIMENT. Albert Co., N. B., GEO. TINGLEY.

Try Us Put Us To Test It is never well to make claims unless they can be backed by actual proofs. So when we ask for your business on the basis of superior goods and service the right prices, we expect you to put us to the test. In making such a test—you run no risk for your money will be refunded without question should any transaction prove unsatisfactory. TRY US ON PRESCRIPTIONS.—We have a complete stock of prescription drugs and employ only experienced pharmacists, therefore we can fill your prescriptions just as your doctor directs. powders, etc., etc. TRY US ON TOILET GOODS. of high-grade brushes, perfumes, toilet waters, creams. We have a most complete line. TRY US ON SPRING REMEDIES.—We handle all of the good remedies which may be needed when you renovate your system for the spring season. Blood Remedies, Tonics, etc. etc. TR US—WE'LL STAND THE TEST. Johnson & Johnson The Quality Druggists Cor. Kent and Prince Sts.

MEETING—Regular Quarterly meeting of the Charlottetown Board of Trade Wednesday Evening, 7.963-4-9M31. BREAD, CAKE, PASTRY and many other dainties as well as new laid eggs will be sold at the Housekeepers' Table in St. James' Hall tomorrow, 8026. CANCELLED SERVICES.—Owing to the heavy rain on Saturday and the very bad condition of the roads, Rev. John Gillis was obliged to cancel his appointment at Murray Harbour for the last Sabbath. RETRIBUTION.—The curtain will rise promptly at 8.15 at the performance of "Retribution" or "A Fisherman's Luck," People's Theatre, April 12th. Patrons must be seated before curtain rises or remain until the end of the first act. 8013. THE CAPES BOATS.—The boats left Cape Tormentine at 10.15 a. m. yesterday with 58 bags of mail, and landed at Cape Traverse at 1 o'clock. The boats left Cape Traverse at 8.40 with 40 bags of mail. WINNER OF ITALIAN CROSS.—The Sergeant L. W. Jenkins of the 98th Siege Battery, referred to in yesterday's issue as having won the Italian bronze cross for bravery on the field of action is understood to be Sgt. Lawson W. Jenkins of Albert Harry Plains. His many friends will be delighted to hear of the great honor conferred upon him. FUNERAL.—The funeral of Mr. Patrick Quinn was held from his late residence Longworth Avenue, yesterday at 8.45 a. m. and was largely attended. A high mass of Requiem was sung in St. Dunstan's Cathedral by Rev. Frank McQuaid. The services at the grave were performed by Rev. Leo Herrell. The pall-bearers were Messrs. McLellan, P. Peters, George McLeod, Henry Laphorne, Patrick McKeown and Edward Dowling. The floral offerings were very beautiful. TO DOCK AT STEWART & CO'S. WHARF.—Arrangements have been completed whereby the car-ferry steamer when she comes to Charlottetown, will dock at Bruce Stewart & Co's Company's wharf, which is much more convenient as there is much more ware room accommodation and better facilities for handling the freight. The steamer will come to Charlottetown just as soon as ice conditions permit. Captain Murchison yesterday reported much heavy ice to the westward and as soon as this is cleared out the steamer will come here. ACKNOWLEDGEMENT FROM SIR R. L. BORDEN.—Mr. Daniel Gillis, President of the Labor Protective Union, Charlottetown, has received the following letter from Sir Robert L. Borden, in acknowledgement of the resolution regarding shipbuilding in Canada, recently forwarded to him: "Dear Sir, I beg to acknowledge the receipt of your letter of March 1, transmitting a resolution adopted at a special meeting of the Labor Protective Union held on February 28th. Yours faithfully, R. L. Borden, 8avoy Hotel, London, W.C., March 19, 1917." OF INTEREST TO L. O. A. MEMBERS.—The Toronto Sentinel of April 5th contains an extended report of the recent Grand Orange Lodge session at Kensington and the Lodge session at Kensington and the address in full of the Grand Master, Mr. George D. Wright, accompanied by an excellent portrait of that gentleman, in his report Grand Master Wright made the following reference to the manager of the Orphanage, whose death, since, (on Monday afternoon) is sincerely mourned: "It is no pleasure to bring to your attention the noble work done by Mr. McAlay, Manager, and Mrs. Cudmore, Matron of the P. E. I. P. Orphan Home. Words would fail to give expression to their true worth. Eternity alone will reveal the last, eternally good that they have accomplished."

CHILD'S TONGUE BECOMES COATED IF CONSTIPATED When cross, feverish and sick give "California Syrup of Figs."

Children love this "fruit laxative," and nothing else cleanses the tender stomach, liver and bowels so nicely. A child simply will not stop playing if empty the bowels, and the result is, they become slightly clogged with waste, liver gets sluggish, stomach sour, then your little one becomes cross, half-sick, feverish, can't eat, sleep or act naturally, breath is bad, system full of cold, has sore throat, stomachache or diarrhoea. Listen, Mothers! See if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the system, and you have a well, playful child again. Millions of mothers give "California Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Beware of counterfeits sold here. Get the genuine, made by "California Fig Syrup Company." Refuse any other kind with contempt. MILLER'S WORM POWDERS destroy worms without any inconvenience to the child, and so effectively that they pass from the body unperceived. They are given up and pass away through the bowels with the excretion. They thoroughly cleanse the stomach and bowels and leave them in a condition not favorable to worms, and there will be no revival of the pests.

PERSONALS Mr. Joseph Perry, Summerside, went to Souris yesterday. Rev. J. W. Dawson, York, was in the city yesterday. Mr. Maurice McCloskey, Vernon River, was in the city yesterday. Mr. J. F. Arnett, Summerside, went to Souris yesterday. Mr. Louis Dystant, Ellerslie, went to Souris yesterday. Mr. Harry Norton, Bedford, was in the city yesterday. Mr. John Pierce, of the Charlottetown Selling Agency, went to Montague yesterday. Rev. J. R. A. McDonald, St. Theresa's, is in the city today. Mrs. T. B. Grady and daughter, Miss Ruth, went to Summerside yesterday. Mr. Amos Monaghan, station agent at North Wiltshire, and Mrs. Monaghan, were in the city yesterday. Sgt. Bagnall, of Hazel Grove, returned soldier, was in the city yesterday. Mr. J. F. Arnett, Summerside, is visiting his home in Vernon River. Mr. Aeneas McDonald, of the Red Cross Drug Store, Summerside, is visiting his home in Vernon River. Rev. J. C. McDonald, of St. Dunstan's College, who has been under treatment in the City Hospital for about two weeks is rapidly convalescing. Sgt. and Mrs. Warren, in charge of the soldier patients at the Dalton Sanatorium, were in the city yesterday. Miss Black, of Bedeque, returned yesterday after spending a visit in the city with her sister, Mrs. David Schuman. Mr. W. S. Louison, President of the local branch of the Bible Society, left yesterday en route for Montreal to attend the bi-annual meeting of officers and delegates of the Canadian Branches of the Bible Society, in the different provinces. Prince Edward Island contributed \$2,000 to the general funds of this Society last year. There were 3,375 contributors throughout this province which are doing excellent work.

Davis' Perfection "Perfection" 3-for-25c. A most reasonable price for an unusually good cigar: smooth, mellow, matured; with plenty of character yet mild. Why not try one next time? Davis' Perfection "Straights"