

Woman's Realm Social and Personal Fashions Literature

YOUR BREAKFAST HAS A 3-WAY JOB TO DO



- 1 Gently WAKE your "sleepy" stomach... 2 START your high by providing quick energy... 3 Help keep you GOING until noon...

Here's one delicious breakfast food that does all three ... starts your day right!

Today, we just can't face the huge heavy breakfasts that our grandfathers ate after half an hour at the woodpile...

GET A HEAD START EVERY DAY WITH Kellogg's CORN FLAKES

YOUR INDIVIDUAL HOROSCOPE

By FRANCES DRAKE Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Friday, June 2nd

MARCH 21 to APRIL 20 (Aries) - Today gets on a promising start if discretion and self-mastery guide you... APRIL 21 to MAY 20 (Taurus) - Drops a little in stimulus and variety...

Advantages today if you'll think calmly and avoid sin... NOVEMBER 23 to DECEMBER 22 (Sagittarius) - Have no part in contentions... DECEMBER 23 to JANUARY 21 (Capricorn) - Avoid subterfuge...

Modern Etiquette

Q. Is it permissible for the bridegroom and his best man to wear white kid gloves? A. No; they should wear white buckskin or a very light gray suede...

How Can I??

Q. How can I restore the luster in silk which has been lost in dyeing? A. Grate a dozen large potatoes into one gallon of soft water...

THE COOK'S CORNER

SWISS STEAK (Serves 4 to 6) One and one-quarter pounds bottom round or chuck steak, salt, pepper, dry mustard, 2 1-2 cups canned tomatoes...

Jellied Pear Salad 6 large pear halves 1 pkg. soft cream cheese 2 tablespoons chopped nuts...

PEANUT CRUNCH The secret of making successful peanut crunch is that it must be made quickly. Therefore everything must be ready before the actual cooking begins.

Why Old Women Become Lonely Dorothy Dix Never Neglect Each Other

Under No Circumstances Should Husbands and Wives Permit Themselves to Drift Apart - Beware the Time When Children Are Growing Up One of the great tragedies of marriage is that when most husbands and wives come to middle age and their children have left them...

The wife on her part, is equally unacquainted with her husband. He has been so long since he was anything but Papa to her and the good provider who kept the family soft and comfortable...

A woman who signs herself "Lonely Wife" writes: "I am like thousands of other women, who when their children marry and leave home, find themselves utterly desolate. We crowd the doctors' offices and are being treated for melancholia and nervous breakdowns..."

Dear Dorothy Dix - My husband objects to our outlining a budget plan and trying to live up to it. He thinks I'm foolish to try to save regularly, for he has little confidence in financial institutions...

Answer: I think that people who could save something for an emergency and for their old age, which is a certainty unless they die young, and who fail to do so are just as dishonest as any thief who picks a pocket.

Dear Miss Dix - Is it true that men seldom make passes at girls who wear glasses? H. L. M. Answer: Certainly no one will claim that spectacles are an adornment to the feminine visage...

There are plenty of pretty girls in glasses who have dates to burn and who marry well. And, anyway, a girl is much more attractive in glasses than she is blinking around only half seen.

SKYWAY LOVERS By VERA BROWN

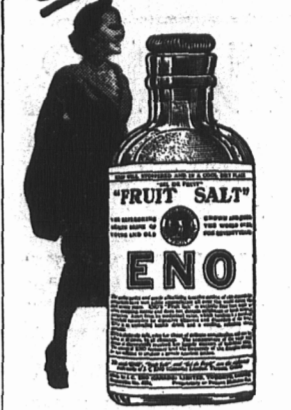
Radman's Views "If I had wanted that woman killed, I wouldn't have taken this much trouble to get her attention. Besides, why should anybody want her killed?"

CHAPTER XVII As Thurber gave the order, Mona said, "I'm afraid I can't tell you that. It's a matter of the law."

Household Scrapbook (By ROBERTA LEE) Fly specks can be removed from gilded picture frames by first washing with soap and water, and then applying lemon juice to the more obstinate spots.

NU-FEET MEDICATED INSOLES NU-FEET INSOLES medicated with seven alkaline antiseptics kill control germs, soothe aching feet and speedily bring ease and comfort to sore, tired, burning feet. Only 25¢ a pair.

your Bodyguard



Keeps you FIT in three ways

Does "acid stomach" bother you? Is your elimination faulty? Has this sluggish acid condition "got you down"? Start taking ENO's "Fruit Salt" before breakfast!

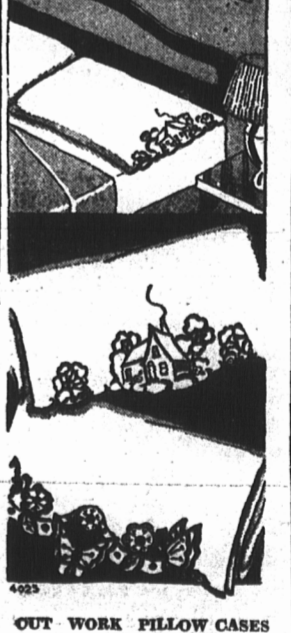
ENO'S FRUIT SALT ENO'S FRUIT SALT A Morning Smile The policeman on point duty was having a busy time with the traffic. Suddenly he saw a dear old lady looking up at him, so he held up a bus, five cars, three motor bikes and a lorry in order to let her cross.

Lamb, hunter style, is a good picnic dish. Cut lean lamb in one-inch squares, broil on wooden skewers with a piece of bacon in between each two pieces of lamb.

Earliest fossil members of dog family are found on the American continent. NEW BREAD FOR OLD Stale bread can be made to taste like new if treated this way.

Loosely twisted knitting silk is often better than wool for darning the light-weight woollies, especially if the darning is very loosely done.

To-Day's Popular Design By Carol Aimes



OUT WORK PILLOW CASES DESIGN NO. 4028 We have found that while most fashions in embroidery come and go, our work seems to be a perennial favorite.

Household Scrapbook (By ROBERTA LEE) Fly specks can be removed from gilded picture frames by first washing with soap and water, and then applying lemon juice to the more obstinate spots.

NU-FEET MEDICATED INSOLES NU-FEET INSOLES medicated with seven alkaline antiseptics kill control germs, soothe aching feet and speedily bring ease and comfort to sore, tired, burning feet. Only 25¢ a pair.

The Housewife And Her Activities

THE WAY OF THINGS It takes so many things to make a day, so many blades of grass for one green lawn, so many weeks of sunshine and blue skies...

YOUR BEAUTY BATH If your beauty budget does not permit bath water luxuries, you may soften the water with borax, a bit of perfumed ammonia, occasionally a five-cent box of ordinary household baking soda...

BRUSH SUEDEN OFTEN Careful attention to accessories marks the well-groomed girl. Even the most expensive handbag, belt or gloves, if soiled or dusty are bound to detract from the smartness of the girl who would be truly chic.

STEWED RHUBARB Don't stew rhubarb in water. Cut it up and cover with sugar overnight. Cook very carefully in its own juice next day. It then retains its full flavor.

FRYING FISH When frying fish in a little salt sprinkled into the boiling fat this keeps the fish from sticking to the pan, and it turns out without breaking.

Handy Hints Loosely twisted knitting silk is often better than wool for darning the light-weight woollies, especially if the darning is very loosely done.

NEW BREAD FOR OLD Stale bread can be made to taste like new if treated this way. Take the loaf and hold it under the cold-water tap (running very slowly) so that the crust is made just moist.

Earliest fossil members of dog family are found on the American continent. NEW BREAD FOR OLD Stale bread can be made to taste like new if treated this way.

Loosely twisted knitting silk is often better than wool for darning the light-weight woollies, especially if the darning is very loosely done.

To-Day's Popular Design By Carol Aimes

FEEN-A-MINT chases CONSTIPATION blues

TIMELY TIPS - FOR THE - HOME SEWER

2753 SIZES 12-40 This is certainly a suit season, and therefore, a blouse season. For your summer wear or to freshen up your pretty spring one, you simply must have one of these fresh new blouses.

Pattern includes transfer sheet for two pairs of cases, and full instructions for embroidering together with stitch details and material requirements.

Old feet hats prove very handy for protecting tables from hot plates. Brush them thoroughly and then cut into the desired shapes. Pictures may be pasted on them for decoration.

