

# Woman's Realm/Social and Personal/Fashions/Literature

## Living & Leisure THE WOMAN'S REALM

Only a boy can set free  
The music in a willow tree.

Can find the cricket and the lark  
Hidden in a willow's bark.

Can fife and flute, can lilt and  
croon  
The notes that make a willow tune.

Can blow an air winged as a this-  
le  
From a little willow whistle.  
—By Ethel Romig Fuller.

### SALAD DRESSING SIMPLE TO MAKE

From economics of the consum-  
er section, Dominion Department  
of Agriculture, recommends two  
excellent dressings for the salad  
which should be on every menu  
for lunches throughout the sum-  
mer.

French Dressing—Ingredients—  
one teaspoon salt; two teaspoons  
sugar; one-half cup vinegar; one  
cup salad oil.

Mix salt, sugar and paprika in  
a pint sifter. Add vinegar and oil.  
Seal the sifter and shake well.  
Keep in cool place and shake well  
each time before using.

Basic Boiled Dressing—Ingre-  
dients: two cups milk; two tea-  
spoons salt; two tablespoons mus-  
tard; one-quarter cup flour; one  
cup sugar; few grains cayenne;  
three eggs; one cup vinegar.

Heat milk in double boiler. Beat  
eggs until light and add dry in-  
gredients. Add hot milk and return  
to double boiler. Cook, stirring  
until thickened; then stir in vine-  
gar slowly. Cook two minutes long-  
er. Yield: three cups.

### HEALTH IN CANS

It is important to include plenty  
of vegetables and fruit in one's diet;  
all year round. So nutrition experts  
at Ottawa issue some suggestions  
to householders planning to put  
up "health in cans."

Vegetables, they tell us, should  
be canned when they are young  
and tender, and the time to can  
fruit is when it is well-formed and  
mature. If it is under-ripe it may  
have poor flavour and texture and  
if over-ripe will be soft and unat-  
tractive.

### WHITE HAT ADDS GLAMOUR TOUCH

The older woman who thinks  
that a pure white hat is an enemy  
which points up age is maligning  
one of her fashionable friends.

An immaculate white hat is one  
of the most dependable accessories  
a woman can use to bring out the  
full pinkness of her skin, to height-  
en the colour of her eyes, to make  
her skin look more daisy fresh.

White hats, which so many old-  
er women think they shouldn't  
wear, are better able to do all of  
these things than pastel-coloured  
hats which so many women think  
are safer. Pastel tints worn over  
the face never seem to look as spec-  
tacularly fresh as white and quite  
often behave perversely and flag  
onlookers' eyes to fading skin tones.

Among the most strikingly dressed  
older women in the Easter parade  
this year were those who wore  
hats as white as snowdrops with  
their figure-slimming dark clothes.

Besides relieving all-black or all-  
navy costumes and besides making  
a woman's face look fresh, immacu-  
late white hats seem to have a  
lifting effect on feminine morale.  
Ask any woman who wears one.  
Or simply watch a woman to see  
if she doesn't perk up under a flat-  
tering white hat.

Quick coffee cakes taste as good  
in warm weather as they do in  
winter. Add some chopped unbal-  
anced almonds to your favorite  
crumb topping and you'll be de-  
lighted with the rich nutty flavor.  
Try this on an orange coffee cake  
when you want something you can  
serve for dessert!

**Time For PARADOL**

"Do women need to suffer from rheumatism?" mothers are often asked. One mother writes:

"The company nurse recommended Paradol when my daughter feared she would lose her job because of time lost each month. Now she loses no time and does not suffer pain or discomfort needlessly."

Paradol is the answer for women who suffer from rheumatism, neuralgia, headache and neuritic pains. The name "Dr. Chase" is your assurance. Carry Paradol in your purse.

**QUICK RELIEF FROM PAIN**

↓

**DR. CHASE'S PARADOL**

A summer salad that never fails  
to please is cottage cheese and  
dried fruits. Let your imagination  
guide you in arranging the fruit  
and cheese or make individual posy  
salads by placing the cottage cheese  
in the middle of each garnished  
salad plate and surrounding it  
with cooked prunes and cooked  
dried apricots.

### MOTHER OF FIVE OFFERS ADVICE

The mothers of one or two were  
marvelling at how the mother of  
five managed when it took all of  
their time to care for one or two  
children, says Ruth Millet.

"It's really not so hard," the  
mother of five explained. "I just  
cut out all the non-essentials. Actu-  
ally I don't suppose I work many  
more hours a day than you do. But  
everything I do is something that  
has to be done."

That's the secret, of course, of  
how one woman can manage to  
bring up five children while an-  
other woman thinks she is doing  
all she can to bring up one or two.  
It's a matter of getting back to  
the essentials in child care and  
cutting out the frills. It's being  
sufficient to give children the ne-  
cessities of life without bothering  
because they don't have every so-  
called advantage.

But simple as it sounds, it is a  
solution a great many women don't  
realize is possible. Because they  
keep busy catering to every demand  
of one child, they figure five would  
be just five times as much work.

But it doesn't work that way.  
With each additional child a wom-  
an learns that she has to keep cut-  
ting out unnecessary fuss and both-  
er. She must trim her daily sched-  
ule down to where everything she  
does is something that has to be  
done.

If more mothers of one and two  
realized that, there might be more  
families today of three, four, or  
five or more children.

### POT GARDENING

Some persons live where yards  
are entirely paved and are not in  
a position to start a garden. Oth-  
ers with small gardens find it dif-  
ficult to maintain a succession of  
bloom throughout an entire season.  
Gardening in pots is the salvation  
for both. In fact, pot gardening can  
be extended into a beautiful thing  
by those who have only a low wall  
or fence separating themselves  
from abutting properties.

When thinking of a pot garden,  
one is apt to believe that the ver-  
satile geranium, and old standby  
is the only fit material. While ger-  
aniums are happy in a tin can or  
decorative flower pot, it is also  
true that there are many other  
plants adaptable to pot-garden out-  
ture. Among the many interesting  
subjects are the salpiglossis with  
trembling flowers of purple and  
deep red, the lobelia, the paint-  
er's brush, or ageratum, the lov-  
ely flowering tobacco, the lantana,  
the verbena, and foxglove. Then  
we can use the salvias and the  
Cantebury bells for early season  
bloom and chrysanthemums, es-  
pecially the Korean types, for fill-  
ing long autumn evenings with col-  
our.

The cultural requirements of pot  
gardens about equal those for  
plants growing in the open ground.  
Watering must be more generous  
and frequent. Because of the re-  
stricted amount of soil used, fertil-  
izer additions should be made  
with greater frequency.

The mineral staurolite forms in  
twinned crystals, often producing  
a symmetrical cross.

### GOD BLESS THE ROUTINE PEOPLE

God bless the routine people of the  
world:  
The meek ones who inherit from  
the earth  
What no one really wants, yet with  
their portion  
Purchase from life the limit of its  
worth.

Those who play secret parts in the  
public play—  
Drawers of curtains, shifters of the  
scene,  
All money-raisers in all noble cau-  
ses,  
All human bolts in every big ma-  
chine,  
Chairmen of program, scrubbers of  
public floors

By night that some may know the  
dawn's clear tread,  
Sellers of poppies down the day-  
long street,  
The clearer-uppers when the crowd  
has fled,  
All water carriers at football games,  
Embroiders of flour sacks for  
church bazaars,  
All brothers of a brother, and eyes  
that glow  
For having helped another reach  
the stars,  
The checkers-in and checkers-out  
of tickets,  
The also-rans, the all who had  
no place,  
And every sub-sub-chairman of sub-  
committees,  
God bless them all, for by their  
unsung grace,  
High moments poised upon a tip of  
time,  
And over their sure tracks great  
wheels run free;  
Without whose patient power each  
shaft of glory  
Flooding our eyes might never  
never be!

## Ellen's Diary By an Island Farmer's Wife

It has been a new experience  
for me to spend Empire Day—"the  
good old twenty-fourth" away from  
The Island, and Alderlea. And when  
the clarion call of the handsome  
master of our hosts' pampered  
flock of a dozen fowls, greeting the  
dawn awakened me while the other  
members of the household were  
not yet stirring, at once I pictured  
the scene at home. Presently we  
would look up from our choring at  
Pard's excited barking to see fish-  
ermen motoring or perhaps cycling  
along the old mill road, to eagerly  
and patiently cast lines along pond  
and stream. As it has been here, so  
I think today would be fair and  
summery back home and our farm-  
ers would be busy at the first of  
their breaking down. It was a bit  
poignant to me and also amusing  
to see the farming being done here.  
Our host's garden, of late lying  
damp and untouched, except for  
stately rows of early peas and on-  
ions on the far side, was cultivated  
this morning. Hearing the sound  
of voices in a strange tongue I  
came to an open window with in-  
terest.

The air was fresh and invigorat-  
ing and sunlight blessed the light  
breeze that stirred the trees. It  
was scented with the rare incense  
of apple blossoms and lilacs, the  
white and purple and of other  
shrubs in bloom. Birds wove gay  
songs then, lilted tunes and happy,  
that one loved to hear. A cat-bird  
set me searching for a feline and  
our hostess at the moment spread-  
ing her wash called: "Listen to  
the phoebe! and the orioles Ellen—  
there on the oak!" But I saw one  
only in a flash of orange as it flew  
away to the orchard. The wash here  
seems to be no chore but only a  
pleasant pastime. One heard the  
hum of activity in the basement  
tune to the fragrance of our coffee  
and toast, and indeed earlier be-  
fore my fellow-travelling sister and  
I were up we were told that it had  
already come to the rising stage. It  
was spread on a line in a sunny  
interval in the trees and what  
woman is there who would not  
pay to loiter there on such a  
morning amid so beautiful a set-  
ting of scent and bloom?

The plowmen, swarthy but rather  
handsome men, came in a farm-  
wagon drawn by a "strawberry  
roan," a turnout that looked out  
of place neighboring the streams  
of motor traffic. If James had been  
here it is likely he would have  
run his hand along the horse's  
neck, smoothing its mane in place  
in a way he has. He would per-  
haps have lifted the collar, easing  
it for a moment, and glanced at  
long its limbs. Amid strange con-  
versation it was hitched to the  
plow and then with a leader and  
a driver and much concentration  
on the task the cultivating com-  
menced. This evening the extent  
of land that lies between the rows  
of fruit trees and intriguing grape  
arbors and goes by the name of  
garden has been turned up in tur-  
rows fresh and new.

Again thoughts revert to the  
homeland and the holiday now  
nearing an end: Empire Day, born  
in memory of a great Queen who  
ruled a vast empire wisely and  
well. One remembers now the con-  
flicts that have kept it secure—  
and a new world in the making.  
One recalls John Oxenham's  
verses:

"Not since Christ died upon His  
lonely cross  
Has time such prospect held of  
life's new birth,  
Not since the world of chaos first  
was born  
Has man so clearly vided hope  
of a new earth,  
Not of our own might can we hope  
to rise  
Above the ruts and failures of the  
past  
But with His help who did the  
first earth build,  
With hearts courageous we may  
fairer build at last."

Daily Wednesday — Diary —  
Goodnight.

## Dorothy Dix Says— Stepfather And Boy

## Dorothy Dix Says— Mother Forsakes Son, 19, Now At Turning Point In Life

DEAR MISS DIX: I am a boy 19 years old. Three months ago  
my widowed mother married a man who has moved into our house.  
He disliked me very much and was very sarcastic in everything he said  
to me, and that would start a fight between us. Finally I had to get  
out, as my mother advised it.

I have been gone over two months now and have  
just been laid off of work. I owe money to the  
bank and have only \$15. Also, I am terribly home-  
sick, and I am not allowed to go back home.

JACK

ANSWER: You have my heartfelt sympathy,  
Jack. For when a mother turns her son out of his  
father's house to make room for a new husband, it  
hurts more than any other blow that Fate can ever  
deal him. But, inasmuch as your mother has cast  
you off, don't let it get you down. Determine that  
you will try all the harder to make good, because you are going to have  
to do it on your own.

This is my advice to you: Go to the bank and have a heart to  
heart talk with the president. Tell him about your mother's treat-  
ment of you. That will be hard for you to do, but do it nevertheless  
because it will show the banker's sympathy. Then tell him you are  
going to get a job and that you will pay off every cent that you owe  
the bank. Also, ask the banker if he will not try to help you, get  
work. There are very few older men who are not sympathetic with  
young boys who are trying to make something of themselves.

## TURNING POINT IN LIFE

This is the crisis of your life. If you haven't the courage to  
face it out, you will be a failure all through life. But if you are brave  
enough to make the fight, to work hard all day and go to school at  
night, instead of running around with wild crowds and drinking and  
carousing and spending your wages on gold-digging girls, you can make  
of yourself a fine man and be a success in the world. Plenty of men  
have done it before you.

DEAR DOROTHY DIX: My wife chose to leave me instead of  
leaving her dear mother. She claims she can't live without her mother  
and, so she left me. But we have a baby only a little over a  
year old and I love him very much, and neither his mother or his  
grandmother is capable of providing for him as I can.

I love my baby, but I have no use for my mother-in-law. What  
shall I do?

A DESPERATE MAN

ANSWER: Evidently your wife doesn't hold with the Biblical in-  
junction about leaving father and mother and cleaving to a mere hus-  
band; so it leaves a husband in a truly desperate position when his  
wife up and takes the baby and goes back to Mom for no reason ex-  
cept that she cares more for her mother than she does for him.

But my observation has been that in such cases money talks the  
loudest, and that if you have the nerve to cut off your wife's income  
until she comes back on her job again, she will soon be once more at  
home. For her mother isn't going to enjoy supporting her daughter  
and the baby on her small income, nor is your wife going to want  
to give up the pretty clothes and comforts with which you have sur-  
rounded her.

Inasmuch as she is deserting you, it doesn't leave her in a good  
trading position to swap you off for her mother.

DEAR DOROTHY DIX: I have been married now for four months.  
I am very happy with my husband and love him very much, but one  
thing that troubles me is that I cannot do cooking as he likes it done.  
When my husband and I were going around together before we were  
married, I told him that I had always worked outside of the home and  
knew nothing about cooking, but he said not to worry about that as  
other girls can cook, why can't I do it?

This makes me very nervous and I cry a great deal. Can you tell  
me what I should do?

WONDERING.

ANSWER: Well, of course, the only thing you can do is to learn  
how to cook. And don't be discouraged about the difficulty of that,  
for any girl who can read can teach herself within a few weeks how  
to manipulate the pots and pans.

But your husband isn't giving you a fair deal. You warned him  
before marriage that he was risking his digestion on your cooking,  
and he has no right to expect that a miracle would happen that would  
turn you into a kitchen artist.

## Better English D. C. Williams

1. What is wrong with this  
sentence? "The girl done her  
work very good."  
2. What is the correct pronun-  
ciation of "sonorous"?

3. Which one of these words is  
misspelled? Legalize, apprise,  
supervise.  
4. What does the word "alliter-  
ation" mean?  
5. What is a word beginning  
with pr that means "bountiful"?

ANSWERS  
1. Say, "did her work very well."  
2. Pronounce so-no-rus, first o as  
in obey, second o as in no, u as in  
u nstretser, accent second, syl-  
lable. 3. Supervise. 4. Repetition of  
the same letter or sound at the  
beginning of words succeeding  
each other, as, "In a summer  
season when soft was the sun. 5. Pro-  
fuse.

## How Can I!!! By Anne Ashley

Q. How can I take precautions  
against receiving a shock when  
using any household electrical  
device?  
A. Never operate any of the  
household electrical devices, or  
even turn on the switch, if the  
hands are wet. And when turning  
on a switch of some device, or of  
an electric light, use just one  
hand. Keep the other hand free  
from any metallic contact.  
Q. How can I make candles fit  
into holders, when the candles are  
a little too large?  
A. Hold the candle in hot water  
for a short time and it can easily  
be pressed to fit the candlestick.  
This is better than shaving it with  
a knife.  
Q. What can I do with cream  
that will not whip?  
A. Try adding the white of an  
egg to it. Chill both the cream  
and the egg thoroughly, then  
whip them together.  
heads seem to prefer a vinegar  
rinse. Whenever you use, follow  
it with several rinsings of clear  
water.  
First steambat to make a regu-  
lar sea voyage was the "Phoenix,"  
which steamed from Hoboken to  
Philadelphia in 1808.

## Cook's Corner

SPINACH RING  
3 tablespoons butter.  
3 tablespoons flour.  
1 cup milk.  
1-2 lb. shredded cheese.  
3 eggs, beaten.  
1 cup finely chopped cooked  
spinach.  
1 1-2 cups soft bread crumbs.  
Salt, pepper.  
2 cups hot mashed potatoes.  
Buttered beets.  
Make a sauce with the butter,  
flour and milk. When thickened  
and smooth add the shredded  
cheese. Remove from the fire and  
stir until the cheese is melted. Add  
the eggs, thoroughly drained spin-  
ach crumbs, and seasonings to  
taste. Pour into a buttered 6 1-2  
inch ring mold and make in a  
moderate oven, 350F 40 to 50 min-  
utes. Unmold on a serving plate.  
Fill the centre with hot mashed  
potatoes, and garnish the plate  
with tiny beets. Serves 8.

## "SALADA" TEA BAGS

So handy

## That Body Of Yours

By  
James W. Barton, M. D.

FORMERLY INCURABLE SKIN  
TUBERCULOSIS CASES NOW  
BEING CURED

During World War I we had a  
patient at our base hospital with  
lupus vulgaris—tuberculosis of  
the skin. We were unable to help  
him to any extent, and even 20  
years later there was no apparent  
improvement. In all these years no  
real cure had been found for this  
disfiguring skin ailment.

That research workers in tuber-  
culosis and our skin specialists are  
now getting somewhere in the  
treatment of lupus vulgaris, is  
shown by reports from Europe the  
United States and Canada. The  
new treatment is calciferol, a crys-  
talline ergosterol believed to be in  
vitamin D in crystalline form.

In the "British Journal of Der-  
matology and Syphilis," Dr. D. E.  
Macrae reports his results obtained  
in 20 cases of lupus vulgaris in  
which patients were sent for insti-  
tutional treatment when other  
forms of treatment had failed. The  
average age of the patients was 38,  
and the average number of years  
they had the disease was 19. The  
dose used was 150,000 units of cal-  
ciferol per day by mouth or 60,000  
units twice a week by injection.

After the first two or three  
weeks' treatment, the lupus patches  
looked more "angry" or swollen.  
After three weeks improvement  
commenced but some of the worst  
cases showed no change for six  
weeks, after which "progress has  
been seen in every patient."

Of the 20 patients, five have been  
discharged as cured or greatly im-  
proved (just a few nodules). "All  
patients have shown some improve-  
ment."

Unfortunately, since calciferol  
was first used, there have been a  
few cases of poor reactions includ-  
ing kidney stones, which have made  
some physicians hesitate about  
using calciferol. However, as this  
form of tuberculosis is sometimes  
very disfiguring, physicians are  
trying the calciferol with careful  
supervision and frequent examina-  
tions of the general condition of  
the patient. The fact remains that  
many cases of a formerly incurable  
form of skin tuberculosis now are  
being cured or greatly helped.

Are you getting enough of the  
foods containing vitamins every  
day? Send today for Dr. Barton's  
handy "Vitamin Chart," with lists  
of the foods containing good quan-  
tities of each of the vitamins. To  
obtain it, just send 5-cents, coin  
preferred, and a 3-cent stamp, to  
cover cost of handling and mailing.  
To The Bell Syndicate, Post Office  
Box 99, Station C, New York 19,  
N. Y., and ask for your copy.

## Morning Smile

"How do you spell 'grit'?"  
asked the young woman. "With  
one 'r' or two?"  
The older man sighed. Well!  
he said at last. If you are going  
to use any, you may as well go the  
limit.

High tide this morning at 4:59  
and this afternoon at 4:04.  
Sun sets this evening at 7:37  
and rises tomorrow morning at  
4:17.  
Last quarter moon May 30, 6:43  
p. m.  
Summerside tide 18 minutes  
later than Charlottetown.

## Better English D. C. Williams

1. What is wrong with this  
sentence? "The girl done her  
work very good."  
2. What is the correct pronun-  
ciation of "sonorous"?

3. Which one of these words is  
misspelled? Legalize, apprise,  
supervise.  
4. What does the word "alliter-  
ation" mean?  
5. What is a word beginning  
with pr that means "bountiful"?

ANSWERS  
1. Say, "did her work very well."  
2. Pronounce so-no-rus, first o as  
in obey, second o as in no, u as in  
u nstretser, accent second, syl-  
lable. 3. Supervise. 4. Repetition of  
the same letter or sound at the  
beginning of words succeeding  
each other, as, "In a summer  
season when soft was the sun. 5. Pro-  
fuse.

## How Can I!!! By Anne Ashley

Q. How can I take precautions  
against receiving a shock when  
using any household electrical  
device?  
A. Never operate any of the  
household electrical devices, or  
even turn on the switch, if the  
hands are wet. And when turning  
on a switch of some device, or of  
an electric light, use just one  
hand. Keep the other hand free  
from any metallic contact.  
Q. How can I make candles fit  
into holders, when the candles are  
a little too large?  
A. Hold the candle in hot water  
for a short time and it can easily  
be pressed to fit the candlestick.  
This is better than shaving it with  
a knife.  
Q. What can I do with cream  
that will not whip?  
A. Try adding the white of an  
egg to it. Chill both the cream  
and the egg thoroughly, then  
whip them together.  
heads seem to prefer a vinegar  
rinse. Whenever you use, follow  
it with several rinsings of clear  
water.  
First steambat to make a regu-  
lar sea voyage was the "Phoenix,"  
which steamed from Hoboken to  
Philadelphia in 1808.

## Cook's Corner

SPINACH RING  
3 tablespoons butter.  
3 tablespoons flour.  
1 cup milk.  
1-2 lb. shredded cheese.  
3 eggs, beaten.  
1 cup finely chopped cooked  
spinach.  
1 1-2 cups soft bread crumbs.  
Salt, pepper.  
2 cups hot mashed potatoes.  
Buttered beets.  
Make a sauce with the butter,  
flour and milk. When thickened  
and smooth add the shredded  
cheese. Remove from the fire and  
stir until the cheese is melted. Add  
the eggs, thoroughly drained spin-  
ach crumbs, and seasonings to  
taste. Pour into a buttered 6 1-2  
inch ring mold and make in a  
moderate oven, 350F 40 to 50 min-  
utes. Unmold on a serving plate.  
Fill the centre with hot mashed  
potatoes, and garnish the plate  
with tiny beets. Serves 8.

## "SALADA" TEA BAGS

So handy

## That Body Of Yours

By  
James W. Barton, M. D.

FORMERLY INCURABLE SKIN  
TUBERCULOSIS CASES NOW  
BEING CURED

During World War I we had a  
patient at our base hospital with  
lupus vulgaris—tuberculosis of  
the skin. We were unable to help  
him to any extent, and even 20  
years later there was no apparent  
improvement. In all these years no  
real cure had been found for this  
disfiguring skin ailment.

That research workers in tuber-  
culosis and our skin specialists are  
now getting somewhere in the  
treatment of lupus vulgaris, is  
shown by reports from Europe the  
United States and Canada. The  
new treatment is calciferol, a crys-  
talline ergosterol believed to be in  
vitamin D in crystalline form.

In the "British Journal of Der-  
matology and Syphilis," Dr. D. E.  
Macrae reports his results obtained  
in 20 cases of lupus vulgaris in  
which patients were sent for insti-  
tutional treatment when other  
forms of treatment had failed. The  
average age of the patients was 38,  
and the average number of years  
they had the disease was 19. The  
dose used was 150,000 units of cal-  
ciferol per day by mouth or 60,000  
units twice a week by injection.

After the first two or three  
weeks' treatment, the lupus patches  
looked more "angry" or swollen.  
After three weeks improvement  
commenced but some of the worst  
cases showed no change for six  
weeks, after which "progress has  
been seen in every patient."

Of the 20 patients, five have been  
discharged as cured or greatly im-  
proved (just a few nodules). "All  
patients have shown some improve-  
ment."

Unfortunately, since calciferol  
was first used, there have been a  
few cases of poor reactions includ-  
ing kidney stones, which have made  
some physicians hesitate about  
using calciferol. However, as this  
form of tuberculosis is sometimes  
very disfiguring, physicians are  
trying the calciferol with careful  
supervision and frequent examina-  
tions of the general condition of  
the patient. The fact remains that  
many cases of a formerly incurable  
form of skin tuberculosis now are  
being cured or greatly helped.

Are you getting enough of the  
foods containing vitamins every  
day? Send today for Dr. Barton's  
handy "Vitamin Chart," with lists  
of the foods containing good quan-  
tities of each of the vitamins. To  
obtain it, just send 5-cents, coin  
preferred, and a 3-cent stamp, to  
cover cost of handling and mailing.  
To The Bell Syndicate, Post Office  
Box 99, Station C, New York 19,  
N. Y., and ask for your copy.

## Morning Smile

"How do you spell 'grit'?"  
asked the young woman. "With  
one 'r' or two?"  
The older man sighed. Well!  
he said at last. If you are going  
to use any, you may as well go the  
limit.

High tide this morning at 4:59  
and this afternoon at 4:04.  
Sun sets this evening at 7:37  
and rises tomorrow morning at  
4:17.  
Last quarter moon May 30, 6:43  
p. m.  
Summerside tide 18 minutes  
later than Charlottetown.

## Better English D. C. Williams

1. What is wrong with this  
sentence? "The girl done her  
work very good."  
2. What is the correct pronun-  
ciation of "sonorous"?

3. Which one of these words is  
misspelled? Legalize, apprise,  
supervise.  
4. What does the word "alliter-  
ation" mean?  
5. What is a word beginning  
with pr that means "bountiful"?

ANSWERS  
1. Say, "did her work very well."  
2. Pronounce so-no-rus, first o as  
in obey, second o as in no, u as in  
u nstretser, accent second, syl-  
lable. 3. Supervise. 4. Repetition of  
the same letter or sound at the  
beginning of words succeeding  
each other, as, "In a summer  
season when soft was the sun. 5. Pro-  
fuse.

## How Can I!!! By Anne Ashley

Q. How can I take precautions  
against receiving a shock when  
using any household electrical  
device?  
A. Never operate any of the  
household electrical devices, or  
even turn on the switch, if the  
hands are