

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure THE WOMAN'S REALM

WHITE BIRCH

A white birch sheathes the gleaming sword
Of beauty. Like a jewel stored
Beneath the pale up-curling bark.
The silver blade is housed within
The trunk, straight as a paladin.

But, lo, when on a burnished day,
When the tree's branches lift and sway,
The sword swings in a luminous arc.

Atop the hill, across the sky,
Beauty, incarnate, flashes by.
—Christie Jeffries in the New York Times.

WILD NATIVES TELL WEIRD TALE

A strange story of two white women living on the shore of a big lake in Central Arnhem Land in Australia is being told by wild natives. The natives say the white women live on the bank of a Central Arnhem Lake, and that when a native approaches they jump into the water and stay there until he goes.

The story recalls that after World War I, the newspapers reported that two white women were supposed to have survived the wreck of the Douglas Mawson in the Gulf of Carpentaria, and to have been cared for by Arnhem Land natives. William Harney, in his book North of 33, tells of his discovery of the remains of a lifeboat on which the initials "DM" were still visible. Harney took part of the wreckage to Darwin and Customs examiners identified it as belonging to the Douglas Mawson. Harney recalls that anxiety over the fate of the two white women was responsible for a series of expeditions to Arnhem Land, and many natives were reported to have seen the women. They have described the women in detail, referring to their long hair. These natives as far as is known, have never seen a white woman with long hair.

OLIVE LAND

Spain is the world's largest producer of olives and olive oil.

WHERE COLD HITS

The common cold may originate in any portion of the upper respiratory tract.

ODD-FOOTED TIMES

Only since the 16th century have separate shoe lasts been used for the right and left foot.

WILD WIND'S NAME

"Wiliwaw" is the name of a wild wind which sweeps through the Aleutians.

UNIVERSAL AMMONIA

Ammonia is said to have at least 2,000 industrial uses.

ONE SWAN SONG

The call of the trumpeter swan can be heard as far as two miles.

STAY-AT-HOMES LIABLE TO AGE

"My wife likes to go—you know how women are."

Within a few days I heard two different older men make that remark, writes a United States woman. Both times it was said with a mixture of tolerance and pride, and both times, preceded an account of a trip the men would not have missed for anything—but probably would have never made if they hadn't been married to women who "like to be on the go."

Yes, women do like to get around and do things. And while men make a pretense of regarding that as deplorable, they're usually proud—especially as they grow older—that their women-folk won't let them settle down and stay put.

That's a good thing for women to remember. If they listened to their men, took seriously their complaining about being dragged here and there, and gave up trying to get them away from home occasionally, they both would grow old too soon.

Many a man who would settle down complacently and never go anywhere if left to his own devices, owes a good many interesting and enriching experiences to a wife who "likes to go."

So don't back down, women. Don't let a stay-at-home-minded husband talk you out of that trip you want to take, those places you want to go, those things you want to do.

Keep right on being the kind of woman who "likes to be on the go"—and you'll keep both yourself and your husband young.

While he may never admit to you that your wanting to get around and do things has added zest to both your lives, some day there will probably creep into his voice a decided note of pride and satisfaction as he tells a stranger: "My wife likes to go—you know how women are."

That Body of Yours

By

James W. Barton M. D.

HURRYING THE BODY PROCESSES IN BOILS

While nearly everybody has at least one boil during their lifetime, there are many who seem to suffer with "crops" of boils at times. Just why some are bothered so much with boils and others escape has never been satisfactorily explained. Some sufferers state that they believe their boils are caused by too much starch foods; others, by too much fat foods; and still others, by a "run-down" condition that makes every little scratch on the skin or any hair pulled out turn to a boil.

That acne (pimples) and boils may be caused by lack of thyroid juice in the blood is stated by Dr. Mark M. Marks in the "Southern Medicine Journal." This lack of thyroid juice (hypothyroidism) is shown by a low metabolism rate. That is, all the body processes work at a slower rate than normal. The temperature is low in the morning, heart always beats at a slow rate, and the individual always feels tired or lazy.

Some months ago I spoke of a number of cases of acne (pimples), which were helped by the daily use of thyroid extract. This stimulated all the body processes and removal of wastes from the skin, including the removal of blackheads and too much oil on the skin. Dr. Marks states that thyroid extract, in the usual amount of 1 to 2 grains daily and divided into several doses, will increase the rate of metabolism—including the morning temperature. The result is that there is no thickening of the oil in the oil glands of the skin, owing to increased heat caused by the body processes becoming more active. This same effect—increased heat and activity—prevents boils or helps them to "ripen" and disappear more rapidly.

Those with a tendency to boils should cut down on all fat foods—cream, butter, yolks of eggs, nuts and fat meats—and should eat more of the green vegetables and fruits. This is a factor in preventing constipation, which is frequently present in those afflicted with crops of boils.

A metabolism test, which is not expensive, should be made in cases of acne and boils.

Q. How can I prevent olive oil from becoming rancid?
A. Try placing two lumps of sugar in one quart of olive oil as soon as the can is opened.

Q. How can I remove the stains from soiled eggs?
A. Rub with common baking soda wet with water, and the stains will be easily removed.

How Can I!!

By Anne Ashley

Q. How can I polish the porcelain of the bathtub?
A. Nothing is better than kero-

DOROTHY DIX SAYS—

Stingy Husbands

Wives Often Get Shameful Deal From Ungrateful Mates

Human nature, being what it is, there inevitably are a certain number of women who are goldiggers, who marry for money. The percentage of these feminine grabbers is, however, surprisingly small. The average girl is lured to the altar by romance, not dollars. She is thinking more about whether her fiancé really loves her as much as he says he does than she is about whether he will be a tightwad husband, or give her the run of his pocketbook.



Even business girls, who should know better, fall for this optimistic view that the money question can never raise a problem—much less bring on a fight—in their homes, and who marry their Toms, Dicks, or Harrys without even trying to find out whether they are letting themselves in for a life of penance or not.

Many a loving wife gets the surprise of her life when she finds out that when her husband swore at the altar to endow her with all his worldly goods, he did it with his tongue in his cheek, and that when she tries even to collect enough to buy herself a new dress, she has a heck of a time doing it. The first money of their very own that thousands of wives ever have is their husband's insurance money, which probably explains why so many women bear the loss of their mates with such Christian fortitude.

ALLEGIC MEN
Why men are so allergic to dealing with their wives on a fair financial basis, and especially why they would almost rather die than give their wives an allowance, is a mystery. Certainly it is not because they save any money by making their wives come to them like beggars and delving out the grocery money, penny by penny. On the contrary, it costs them more, because no woman can figure out how to budget the household expenses if she doesn't know whether she is going to have a quarter or a dollar to spend.

Any woman who makes a comfortable home for her family, who cooks, washes, and tends baby, earns more than barely her keep, as every husband finds out when his wife dies and he has to hire three or four substitutes to pinchhit for her. Mom rates a salary that will give her the self-respect and dignity that only her own money and her own pocketbook gives.

The money question between husbands and wives is peculiarly acute just now because so many women had the handling of the family income during the war. And having tasted financial freedom, they refuse to go back to living on handouts. This is bringing about a disastrous situation in which thousands of women, who would much prefer to be homemakers, are keeping on with their jobs in order to have a little money of their own that they can spend as they please. This is adding materially to juvenile delinquency, for while Mama is earning money for the price of a new hat or some parlor furniture, the kids are running wild.

One of the bright suggestions for getting women back into the kitchen and out of the business world is to pay wives wages, but that is merely wishful thinking. If a man will not give his wife an allowance and that marriage to him is a happy partnership, instead of slavery, then he certainly isn't going to be coerced into paying her a salary that she can't collect without starting a scandal.

All of which makes the money problem just as hard to solve in the home as it is in the Government, and probably explains why so many women, married to men who are close about money, continue to follow the time-honored expedient of going through their husbands' pockets at night.

Cook's Corner

BANANA CHIFFON PIE

1½ teaspoons gelatine
2 tablespoons cold water
¾ cup mashed banana (2 to 3)
1 tablespoon lemon juice
¼ teaspoon grated lemon rind
¼ teaspoon grated orange rind
3 tablespoons sugar
2 egg yolks
¼ teaspoon salt
2 egg whites
2 tablespoons sugar
Soak the gelatine in the cold water. Mix bananas, lemon and orange rind, sugar and egg yolks and salt. Cook over hot water, stirring constantly until thickened. Remove from heat, add gelatine and stir until dissolved. Cool. Beat egg whites until stiff enough to form peaks. Then add sugar gradually while continuing to beat. Fold in banana mixture. Fill a baked pie shell and place pie in refrigerator till filling is firm.

FUDGE SQUARE CAKE

3 eggs
1 cup white sugar
½ cup shortening melted
1 teaspoon vanilla
4 tablespoons cocoa
¾ cup pastry flour
1 teaspoon baking powder
¼ teaspoon salt
½ cup nuts
Beat the eggs and add the sugar gradually. Add the sifted dry ingredients. Then add the melted shortening and finally the nuts. Turn into a greased and floured shallow pan (10 inches by 6 inches) and bake 30 minutes at 325 deg. F. Cut in squares while warm.

RHUBARB COMPOTE

1½ pounds rhubarb
¾ cup sugar
¼ teaspoon salt
1 2-inch stick cinnamon
1 orange
Cut the rhubarb in 1-inch pieces. Combine with sugar and salt. Put in a casserole. Break stick cinnamon in small pieces and add. Cover. Bake in a 350 deg. F. oven for 40 minutes (or until rhubarb is tender). Remove from oven and chill and garnish with orange slices before serving. Serves 5 or 6.

THE STARS SAY—

By GENEVIEVE KEMBLE
For Wednesday, May 7

A STRANGE bit of news, a brilliant idea or stroke of genius, should quicken affairs to a thrilling and breathtaking denouement, with not only practically constructive and productive operations but as well most agreeable, happy and romantic reactions on the personal, affectional and romantic life, in which home, social and cultural activities prove spectacular and may cause change of scene. It may demand quick and revolutionary moves,

Modern Etiquette

By Roberta Lee

Q. What is the correct way to acknowledge a written invitation?
A. When writing your reply, give explicit details so that the hostess will know that you fully understand when you have been invited, at what time, and where.

Q. When taking friends to the theater, is it obligatory to take them to supper afterwards?
A. No; this is optional.

Q. Is a man permitted to "cut in" at a dance when he has never been introduced to the girl?
A. No, not at any exclusive, invitational dance.

Better English

D. C. Williams

1. What is wrong with this sentence? "She was exceedingly kind to him."
2. What is the correct pronunciation of "massage"?
3. Which one of these words is misspelled: Fantasia, fastidious, Farenheit.
4. What does the word "responsive" mean?
5. What is a word beginning with des that means "to profane"?

ANSWERS
1. Say, "She was exceedingly kind to him." 2. Pronounce "massage," first a as in ask, unstressed, second a as in ah, accent last syllable, 3. Fahrenheit. 4. Ready or inclined to respond. "You should be more responsive when I ask you questions." 5. Desecrate.

deep uprooting and much determined effort of practical technique. Romance and glamor are in the picture, with thrill, surprise and great joy.

Those whose birthday it is may be prepared for a sudden and most thrilling turn of events, probably due to sudden news, an alluring offer or proposition, or some brilliant and clever idea or bit of creative genius, in which spectacular crisis and romantic adventure should make a deep-rooted impression of the life and the career. Business, finance, professional or public interests are involved, with happy and thrilling reactions on personal, sentimental or romantic affections of far-reaching significance. An under-current of the curious, bewildering or alluring may add drama to intriguing situations. A child born on this day has brilliant inventive and creative talents, with initiative, enterprise and productive ability to put them over, with dramatic force. His personal adventures may add to its intriguing and dramatic nature.

Ellen's Diary

By an Island Farmer's Wife

"East River," the book I commenced to read last evening to pass the time during James' absence from the farm on a matter of business, was interesting. Indeed it was the cause of more than one query from James relative to retiring, as he put aside his paper and smoked and finally napped while awaiting my pleasure. Interesting, but still not a book that might be read aloud in the bosom of the family, unless the members be grown up, for I fancy it can only be understood by those of adult years. The scene: "A single street in New York City during the early years of the century" and aside from the drama, it is taken up with spiritual issues. For in this one street was "A polyglot collection of nationalities and religions such as one neighborhood in any other city had gathered together. Polish, Russian and German Jews were there, and Irish, Italians, Germans, Catholics and Lutherans in a bewildering mixture, separated by their diverse origins and by mountains of prejudice, yet somehow united by common interests, enforced intimacy and the struggle to survive." The story never wanders far from the fortunes of the Davidowsky household. There is the head of the house, a storekeeper "Moshe Wolf Davidowsky, a devout Jew and an admirable character; his wife, Deborah, energetic and practical; Nathan, a nineteen year old son, a cripple, helpless and embittered and Irving, who at fourteen is already supporting himself. There is Mary McCarthy, the gentle Irish girl whom Irving marries and Rachel the rich and beautiful Jewish girl, he lists. Though the scene is far removed in action from our quiet and peaceful island setting, yet the characters were not exactly unfamiliar to our way of life. I have an idea human nature is human nature over.

"What a day!" Jeanie said this evening. She had been gathering her daughter's wash from the line and had returned indoors gratefully from the cold which still continues and I noticed gathering the fresh scent of the out-of-doors in their folds as well. It was pleasant there in the twilight. The lamp had not yet been lit and the firelight danced brightly on a wall to

(Continued on Page 3)

Needlecraft FOR THE HOME

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For the younger lassie, a precious dress with wing shoulders scalloped and ruffled to echo the dainty neckline. Little skirt puffs out and wide belt ends in perky back-tied sash. . . all the features she will love! No. 3038 is cut in sizes 2, 4, 6, and 8. Size 4 requires 1½ yards 35-inch, 2 yards ruffling.

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Household Scrapbook

By Roberta Lee

Fabric Gloves

Straighten out the freshly-washed fabric gloves and run them through the wringer. They will dry in half the time and will look better than if twisted and wrung out by hand.

New Frying Pan

Boil a few potato parings with a little water for a few minutes in the new frying pan, and food cooked afterward in the pan will not be so apt to stick.

Rug Cleaning

Be sure to clean the underside of the rugs frequently, as dirt works through and insects are likely to hide underneath.

Morning Smile

"And her husband has a prosperous business, I suppose?"
"Oh, yes, he is taking in a lot of money. Only last night he told me a receiver was to be appointed to assist him."

The priest called on an elderly Irish woman.

"Ah how are you today, Bridget?" asked he.

"I'm bad enough, father," she replied. "I've the pain in me arm and the pain in me legs. And I've only two teeth in the whole of my head; but, thanks be, they're opposite."

NOTHING AROUND OUR HOUSE EVER LOOKS

"HALF-WASHED!"



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BRIGHTER!

EXTRA-SOAPY
SUNLIGHT
MAKES YOUR WORK
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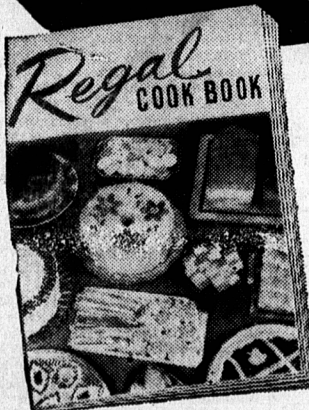
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