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The blanket stitch is sometimes referred to as the buttonhole stitch, but it differs from the regular buttonhole stitch because it has a single purled edge. It may be used to embroider scallops and is sometimes substituted for overcasting.

The stitch is worked from the left-hand side to the right. Begin on the wrong side of the material with two small stitches. Point the needle toward the left and take the little stitches one eight of an inch above the edge of the material. Bring needle through to the right side, with the needle toward you.

Hold the thread down with the left thumb and insert the needle one-eighth of an inch to the right, on a line with the first stitch, but do not draw the thread too tight. Fasten the headby putting the needle through to the left.

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HANGS SELF TO BEDPOST

MEDFORD, Oct. 20.—Miss Martha Bassett, who had been living for some time with her cousin, Mrs. James E. Powers, 30 Leyden St., South Medford, committed suicide this afternoon by hanging herself from a bedpost in the attic. She was found by Mrs. Powers, who called Dr. Henry C. Hache of Somerville, who had been treating her. The police notified Medical Examiner McCaffrey.

Miss Bassett was about 25 years old and came from Darnley, P. E. I., where her parents live. Owing to poor health she was forced to give up her employment in a laundry about three weeks ago. Since then she had been despondent.

REST IMPORTANT FOR THE BABY

"The importance of rest for a baby is so obvious that it would seem as if there were no necessity to refer to the subject at all," says a trained nurse, skilled in the care of children, "and yet experience among the babies of well-to-do parents proves that in a great number of cases progress is retarded and perfect health marred simply for want of rest.

"Apart from natural tendencies, present day life, in towns anyway, is distinctly exciting to a baby. The quick movement of motor traffic outdoors, the brilliancy of electric light indoors—all mark a very different state of things to the old days of leisurely movement and candles. The sudden switching on and off of a light at night is in itself disturbing or stimulating to a baby; and as it has to become accustomed to such things it is only common sense to reduce other reasons of excitement to the minimum.

"For this reason as a rule a baby should not be played with often, should not have things rattled at it or dangled before its eyes. The nearer to a vegetable existence the early days are passed in, speaking generally, the better for the child.

"Then the room in which the baby sleeps must be well ventilated but secure from draughts. This is important and, of course, the baby must sleep in its own cot, not in a bed with older persons.

No baby should be rocked or "patted" to sleep, is a hard and fast rule with this nurse. She says: "The baby should be laid down warm and dry, with every care to each detail of its comfort, well fed, and shaded from any light, and so accustomed to go to sleep unheeded and unrocked. Sometimes it will be awakened suddenly by some noise or exterior influence, possibly for a cause which cannot be determined; do not immediately take the child up, even if it is crying—although it is the ordinary instinct to do so—but simply turn it over in the cot, soothing it with soft words as you do so, and giving it a teaspoonful or so of cold water if it appears hungry; this simple process, carried on in the dark, or in the same subdued light which obtained before, will in ninety-nine cases out of a hundred induce the little one to go straight off to sleep again.

Babies are very chilly mortals as a rule, the circulation is still too weak to stand any additional strain, while that wonderful system of heat creation and storage whereby the temperature of the blood is maintained always at approximately the same degree, has been so short a time in working order that it makes considerable demand upon the baby's functions. It is therefore most important for those in charge to see that no undue strain is placed upon the child by exterior cold. This is realized more or less perfectly in winter, but is often overlooked in cool days in summer. At the same time beware of overheating the little one.

During the first two months of life a healthy, well-managed baby will sleep almost all the time, waking only at the regular feeding times when probably a cry will give notice of the fact. Once in the twenty-four hours it should be allowed a lusty fit of crying, so that the lungs may be well expanded. The time when sleep should be least encouraged is in the late hours of the day, as by that means a sounder and longer sleep is induced at night.

At six months old two-thirds of the day of twenty-four hours should be spent in sleep, which means that sixteen hours is the proper time. This should be continued until the first birthday, when a couple of hours less suffices, ten hours being devoted to the waking time. This fourteen hours sleep is needed by children until they are five years old, after which about two hours may be knocked off (which means practically in many cases dropping the sleep by day and having only the long night of twelve hours, and after the seventh birthday still another hour may be stolen from night for day, and this eleven hours should be continued on until the small person is ten or eleven years old.

183 BRITISH SHIPS SUNK BY SUBMARINES.

LONDON, October 23.—Official announcement was made to-day that the total number of British merchant vessels, exclusive of fishermen, sunk by submarines to October 14 was 183. The number of fishing vessels sunk to that time was 175.

DON'T SCOLD, MOTHER! THE CROSS CHILD IS BILLIOUS, FEVERISH

LOOK AT TONGUE! IF COATED, CLEAN LITTLE STOMACH, LIVER, BOWELS.

Don't scold your fretful, peevish child. See if tongue is coated; this is a sure sign its little stomach, liver and bowels are clogged with sour waste.

When listless, pale, feverish, full of cold, breath bad, throat sore, doesn't eat, sleep or act naturally, has stomach, indigestion, diarrhoea, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul waste, the sour bile and fermenting food passes out of the bowels and you have a well and playful child again. Children love this harmless "fruit laxative," and mothers can rest easy after giving it, because it never fails to make their little "insides" clean and sweet.

Keep it handy, Mother! A little given today saves a sick child tomorrow, but get the genuine. Ask your durggist for a 50-cent bottle of "California Syrup of Figs" which has directions for babies, children of all ages and for grown-ups plainly on the bottle. Remember there are counterfeits sold here, so surely look and see that yours is made by the "California Fig Syrup Company." Hand back with contempt any other fig syrup.

THE COSTLIEST GEMS ON EARTH

American women are greatly excited over the magnilcent show of black opals which the Australian government has sent to the Panama exhibition.

These exquisite gems, which were practically unknown up till comparatively recently, cost more, carat for carat, than do diamonds, even, while experts declare that they are infinitely more beautiful.

And in this connection it may be pointed out that the term "black opal" is distinctly misleading. It was coined to distinguish it from the familiar "light opal." As a matter of fact the black opal is alive, with myroad shades of flaming splendor, from brightest tints of green glowing fire to meteoric gold or lavender, that in an instant quivers to crimson, or slips into molten ruby or sapphire, as an angle of light alters.

Black opals are so dear, not only because they are so beautiful, but because they are so rare. They are found only at one spot, a comparatively small tract of grounds in New South Wales, adjoining the Queensland border.

The field is called Lighting Ridge. It is a wild and desolate spot. The nearest towns to it are Walgett and Collarendabri, and it is about 500 miles from Sydney as the crow flies.

Black opal mining is about the biggest gamble extant. There is really nothing to guide the minor in selecting a likely spot. The work is hard. The shafts average 40 feet in depth, and all rock has to be "bucketed" to the top. Water is scarce, food almost unobtainable. On the other hand, the prospector who is lucky to stumble upon a "pocket" of fair-sized, flawless stones reaps o fortune forthwith.—Pearsons.

STEFANSSON

(From the New York Sun)

A lucky man Stefansson is!
The world had thought that he was friz,
But he was not. It now appears
That he has been for several years
Exploring round the Arctic regions
And means to stay there with his legions.

First off you'd think his lot perhaps,
Unenviable was, it chaps
The hands and face up there you know,
And one cant see a movie show,
But pause and let your reason range
Before you say you'd not exchange.

Just think! Stefansson never heard
Of "watchful waiting," that rare bird;
"A scrap of paper" to his mind
Is just a scrap with naught behind;
If Dr. Dumba you should mention
It would not gain the least attention.

War and its rumors freeze up there;
Her mind is on the polar bear,
And Arctic circles, poles and seals,
And whether all the milk congeals
His only plotting's on a map
Stefansson is a lucky chap.

—Maurice Morris.

FOR ALL WE HAVE AND ARE

(By Rudyard Kipling)

For all we have and are,
For all our children's fate,
Stand up and meet the war,
The Hun is at the gate!
Our world has passed away
In wantonness o'erthrown,
There is nothing left today
But steel and fire and stone.

Though all we knew depart,
The old commandments stand:
"In courage keep your heart,
In strength lift up your hand."

Once more we hear the word
That sickened earth of old;
"No law except the sword
Unsheathed and uncontrolled."
Once more it knits mankind,
Once more the nations go
To meet and break and bind
A crazed and driven foe.

Comfort, content, delight—
The ages' slow-bought gain
They shrivelled in a night,
Only ourselves remain
To face the naked days
In silent fortitude,
Through perils and dismays
Renewed and re-renewed.

Though all we made depart,
The old commandants stand:
"In patience keep your heart,
In strength lift up your hand."

No easy hopes or lies
Shall bring us to our goal,
But iron sacrifice
Of body, will, and soul.
There is but one task for all—
For each one life to give.
Who stands if freedom fall?
Who dies if England live?

ADDRESS TO JUDGE FRASER

On Thursday the 19th inst., a few of the most prominent citizens of Georgetown gathered to greet Judge Fraser on his first official visit to the town. On his entrance into the court-room the following address was read to him by Mr. E. V. Hession:

To The Honourable Austin L. Fraser,
Judge of the County Court of King's County:

Sir:—On this auspicious occasion of your first visit to our county capital in your newly acquired official capacity we, the citizens of Georgetown think it but fitting that we extend to you our congratulations and express our appreciation of the appointment.

We do not address you as a stranger for we can remember with pride that our town witnessed the closing years of the first part of your career, and that it was here that your first steps were taken in the career upon which you have since conferred such distinction. We know that at no period in your career since your entrance into public life have you neglected either the duties of your profession, or any opportunity which provided to honourable advancement.

As the instructor of our youth the effects of your admirable training are still apparent, as the exponent of our laws your brilliant work shines as a beacon-light to the younger members of our profession. Since then the universal voice of the district which you represented in our Local Legislature bears ample testimony to the ability with which you there defended their rights, and of late years the whole country has witnessed that your activities in the larger field of Dominion politics have not disappointed the most sanguine of your admirers.

It is, therefore, with the greatest confidence that we congratulate both you and ourselves upon your new position and predict that in this sphere as in every other you will acquit yourself as you always have, with credit and honour both to yourself and those whose interests you serve.

G. A. Aitkin,
Arch. J. Macdonald,
Capt. Hugh McPhee,
W. W. Jenkins,
C. M. Fitzgerald,
E. B. McLaren,
J. D. Stewart,
E. V. Hession
W. W. Flynn.

Judge Fraser then replied in a brief but well chosen speech, in which he referred to the fact that his first acquaintance with Georgetown had begun twenty years ago when he came here as the principal of the school, and that he has resided in the county ever since. Continuing he spoke in recommendation of the school, speaking of it as the best on the Island if not in the provinces, and urging the people to support it. He hoped that he would act to the satisfaction of all in his new office, and judge as he hoped one day to be himself judged. He referred to the fact that the responsibilities of the County Court Judge were in some respects even greater than those of the Supreme Court Judge who could divide his responsibility with a jury. Mr. J. D. Stewart in a brief but well delivered address welcomed Judge Fraser in behalf of the bar. The Judge again replied in a few words, stating that his relations with the bar had always been of the most pleasant kind and that he hoped they would always continue as such.

By the voice of the public is the popularity of an appointment judged and the foregoing shows in unqualified terms how Judge Fraser's appointment has been received.—Y.

THRILLING RESCUE IS FEATURE OF $20,000 FIRE IN SYDNEY

SYDNEY, October 24.—What proved to be a stubborn fire broke out in the Macdonald block on Charlotte street at midnight to-night and two hours later the building was a mass of ruins. The flames, through the hard work of the firemen, were prevented from reaching the adjoining buildings. The loss is estimated at from $15,000 to $20,000.

An incident of more interest than the fire itself was the very remarkable rescue of chemical operator, Elvey, by Fireman Dan McDonald. Elvey had entered the building to locate the fire. He was next seen at a three-storey window in a highly dangerous predicament. Smoke and flames were issuing from behind him, and he was shouting for a ladder. Through some mischance there was a delay in erecting the ladder, and when it was got up it was found to be about five feet too short of the window out of which Elvey was now seen to be hanging with his clothes on fire and the building behind him a roaring furnace. Macdonald reached up and gradually pulled Elvey out of the window. Though nobody in the crowd expected the feat could be done, Macdonald managed to land his comrade on his shoulder and finally got down to the street, the clothing of both men in flames as they landed. Macdonald was severely burned. Elvey, who was fearfully injured, was taken to the hospital, where he lies in a precarious condition.

OPERATIONS ARE SUSPENDED.

ATHENS, Oct. 23.— The Serbian Minister to Greece, announces that the German operations in the north of his country, have been temporarily suspended. The Serbians are said to have assumed the offensive, and at certain points to have forced back the invaders.

The German entrenchment, he states, extended only a few kilometres along the line south of Belgrade. The minister states that the Serbians repulsed the Bulgarians who entered Vranya. French and British military attaches arriving from Nish also say that Vranya was not occupied by the Bulgarians, who simply made a cavalry raid there and were driven off.

They further declare that the Serbians have entered Bulgarians territory. The Serbian Minister denies that the Bulgarians have occupied Kumanovo, Pirotorkoprulu.

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DARNING BAGS

Darning bags are legion in variety. One especially pretty is made of black and white striped ribbon; the four corner pouches for needles, cotton and so on, are of corn colored ribbon, feather stitched in black. The bag is drawn with one black and one white satin ribbon and is called the "Magpie darning bag." This same idea in black and white may be used with other colored pouches.

Opera bags are made in numbers of fancy shapes, some with a little looking glass at the bottom, some with a pocket for a vanity case. Those madt of black silk with gold or silvtr medallions are the most serviceable.

CORSET BAGS

Corset bags may be made to hold one pair or two, and are very pretty when made of the delicate shaded satins, either hand painted or embroidered. Dress bags of linen—blue linen for light dresses, brown linen for dark—are made wide at the bottom with a draw string so that when they are slipped over the gown on the clothes hanger the hole at the top allows the hook to pass through, and they may be drawn up and tied at the bottom, thereby protecting the gown from dust. They have two pockets, one at either side, into which may be slipped a sachet bag, which can be removed when the bag is washed.

LAUNDRY BAGS

Linen, chintz and cretonne laundry bags come in all shapes and at all prices. There are cretonne rolls to hold centerpieces, square linen cases into which a dozen napkins can be slipped, and tablecloth cases, much like men's shirt cases, may be had to hold a dozen cloths. These, of course, are linen closet conveniences; sachet bags for the linen closet are made of embroidered linen to hold lavender, emon verbena, peach stone, clover and orrispowders.

Stocking racks are frames having 12 square compartments, neatly covered with silk brocade, moire or cretonne. They are designed to lay in the bureau drawer and each compartment holds one pair of stockings.

Kitchen bags that will be of interest to the housewife include bage made of heavy canvass that come with wooden hallets for cracking ice, linen salad bags, fish and pudding bags, jelly bags and bags to chill vegetables in. String bags of gingham soiled towel bags made of toweling, clotheline and clothespin bags, broom bags for cobweb sweeping and others for numerous purposes are also to be had.

WHAT BILL DID.

Bill Turner was a farmer, he labored all his life. He didn't have no schoolin' and neither had his wife. But Bill was built for business and made the wheels go round, and left a healthy fortune when they put him under ground. He was always taking chances, paid a hundred for a bull. His neighbors called him crazy, but he left a stable full of cows that broke the record, making butter by the ton, and Bill had his picture printed in the Squeedunk Weekly Sun. He had newfangled notions of making farming pay. He even bought a fool machine to help him load hay. The neighbors fairly snorted when they saw the bloomin' thing; said Bill would never make it work. It wasn't worth a song! Bill didn't say a single word, and didn't care a darn 'bout what they said, fer slick as grease his hay went in the barn an hour before a thunder storm came sailin' out that way and caught his neighbors in a pinch and spoiled their new mown hay. Bill's neighbor put his milk in cans, and set 'em in a tank. Bill skimmed his milk with a machine and turned it with a crank. Smith chops his firewood with an axe. Bill used some gasoline and saws a hundred cords a day with another blame machine. Today Bill's wife rides in a car and dresses up in silk. Smith's wife rides in a wagon and keeps on skimming milk.

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