

Woman's Realm :- Social and Personal :- Fashions :- Literature

FOR THE WOMAN READER

THE SPHERE OF WOMAN
They talk about a woman's sphere as though it had a limit: There's not a place in Earth or Heaven...

Table with 3 columns: Item, Quantity, Time. Includes Rib veal chops, Veal outlets, Sliced ham, Chicken, Fish filets.

SALADS
Stuffed eggs are a delicious change from plain egg salad. Garnish with a strip of pimento...

BEEF OLIVES
2-4 lb. lean stewing beef, 1 tablespoon flour, 1-3 cup rolled oats, 2-3 cup chopped suet...

SINK STRAINER
They say that there is nothing new under the sun. But that does not apply where kitchen ware is concerned...

NEW TABLE DECORATION
If you are going in for home entertaining, plan your table decorations with an eye to individuality.

CANNING RACKS
Have you ever wished you had about six hands when it comes to carrying your newly canned fruits and pickles to the basement for winter storage?

WORN SHEETS
When large sheets become worn in the middle, tear them in halves and sew the two selvages together.

GRAVY STRAINER
Nobody likes to encounter lumps in the gravy and certainly any housewife feels conscience-stricken if she allows the gravy or sauce to go to the table with white islands floating about in it.

TIME TABLE FOR BROILING
Meat Approximate Time: Rare beefsteak (1-1 1/2 in. thick) 15 minutes, Medium beefsteak (1 1/2 in. thick) 20 minutes, Rib lamb chops (1 1/2 in. thick) 10-12 minutes, Loin lamb chops (1 1/2 in. thick) 10-12 minutes, Mutton chops (1 1/2 in. thick) 15-20 minutes.

TO CLEAN BURNT SAUCEPANS
Fill the saucepan with water, add a handful of salt and leave until the next day. Then bring slowly to boiling point.



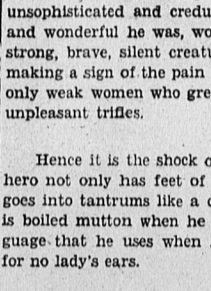
Eagle Brand pulled her through
MRS. J. MOONEY, 222 East Eighth St., Hamilton, Ont., writes: 'Just before my baby was three months old I found I could not satisfactorily nurse her.'



Odd Beliefs Women Hold About Men Finds Men Seem Race Apart Dorothy Dix

Are Men Strong, Brave Creatures Suffering Every Hardship in Life?—Ask Any Wife Who Has Had to Endure Her Husband's Headache! This is Only One of Many Points on Which Women Deceive Themselves Before Marriage

Of course, no woman any more understands a man than a man ever understands a woman. That is why they are of perpetual interest to each other, and one of the chief reasons they marry is to have their jigsaw puzzle always handy to work on.



THE COOK'S CORNER

'LOBSTER NEWBERG'

There has always been a festive connection in our minds with the very name of Lobster a la Newberg. Grand occasions of the past have made mention of it as a very part of that grandeur.

Another queer idea that women have is that men don't feel about their family and friends as they do. A woman would be perfectly shocked if, when she got married, her husband forced her to give up her mother and father and sisters and brothers, and to part from all of her girl friends and only meet them on the sly now and then downtown.

Another queer idea of women is that men enjoy being reformed. No woman likes to be told of her faults, but she cherishes a deathless illusion that a man is simply having the time of his life when his wife is correcting his grammar and pronunciation, and trying to change all of his personal habits and generally cut him over according to her little perforated pattern of what a husband should be.

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Mrs. Peace River Amazingly Brave

(Canadian Press) VANCOUVER, Nov. 13.—Among interesting personalities in the British Columbia Provincial general elections was Mrs. Emily Crawford, a native of Ottawa, of Scottish and United Empire Loyalist stock.

When she arrived in that pioneering country she did not have enough money to build a house and lived for two winters in a tent. She broke her first land herself and used up all her capital of \$150 in buying a piece of equipment.

For instance: For ages and ages, doubtless ever since Adam told the unsophisticated and credulous Eve the first fairy story about how great and wonderful he was, women have devoutly believed that all men were strong, brave, silent creatures who endured every hardship without ever making a sign of the pain they were suffering.

And as for the stoical endurance of pain to which she expected to be an admiring witness, she finds out that every time hubby has the headache or the tummyache he is scared blue and puts in a hurry call for the doctor, and thinks he is going to die and wants her to sit by the bed and hold his hand, and that he makes more fuss over a pin-prick than a woman does over a major operation.

Then every woman is born with the subtle conviction that every man is a money-maker and a Napoleon of finance and knows which way the stock market is going to jump just because he is of the masculine persuasion. That is the reason girls marry in the reckless way they do, without ever taking the trouble to find out whether their prospective husbands have a dollar in the bank, or a job, or any way whatever to support a family.

And not even having to earn the bread and butter herself and finding out that he is a visionary dreamer with the money sense of a white rabbit shakes her faith. Every day you see shrewd, successful business women listening with bated breath while some men whose mother or wife is supporting him discourses on the trend of the market.

Another queer idea that women have is that men don't feel about their family and friends as they do. A woman would be perfectly shocked if, when she got married, her husband forced her to give up her mother and father and sisters and brothers, and to part from all of her girl friends and only meet them on the sly now and then downtown.

But she doesn't think her husband loves his family as she loves hers. She doesn't think that he is grateful to his mother for all of her devotion and sacrifices, and that he is bound to his brothers and sisters by a thousand ties of affection. She doesn't think he would mind giving up the men friends who interest him, and who have stood by him in trouble a hundred times.

It is because brides actually believe that their husbands don't care about anybody but themselves that makes so many young wives weep every effort to separate their husbands from their mothers and shoulder their old friends out of the house. Practically every home you know is filled up with the wife's friends and the wife's relatives. Husband isn't supposed to want any of his own.

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Why wives do this is one of the insoluble mysteries of feminine psychology, because every woman knows that the way she got her husband was by flattering him and making him believe that she considered him, the most wonderful person in the world, and that the reason he married her was to secure to himself a perpetually admiring audience. No woman would dare use on a man before marriage the tactics she does after marriage, yet wives go on skinning their husbands' vanity alive, apparently under the impression that they can make them like it.

But queerest of all the ideas that women have about men is that they have no need of tenderness and sympathy and understanding, and that they are never heart-hungry as women are. They labor under the conviction that a man is content to take his wife's love for granted, even when she lavishes all of her affection on the children and gives him none. That he considers it a privilege to be permitted to toil to support a family without anybody even saying "thank you" to him. That he is never lonely, never troubled, never would like to have any of the money he earns for himself, never would like just to go off with a man friend. And it never even occurs to these women that a man wants a wife who isn't a human refrigerator or a mother of a gold-digger, and that being a man hasn't made him immune to being a human being.

Funny, the ideas women have about men, isn't it? DOROTHY DIX.
on fighting and progressed. Her amazing courage and fortitude made her something of a heroine in this rough north country. Her requests to Ottawa and Victoria brought results far more quickly than did delegations traveling about the country. Until now she has thought that she could save the country best by staying on the farm but political conditions have become so chaotic in B. C. er.



SLAIN IN HOLY LAND

Carrol Godfrey, popularly known by the stage as John Winters, who was mysteriously slain near the Garden of Gethsemane in Jerusalem.

A Morning Smile

SECOND THOUGHTS

Sandy applied for a rise, stating that he was thinking of getting married. At the end of the week he found a fairly substantial rise in his pay envelope. Some time later he met the manager on the stairs. "I suppose you've settled down to married life now?" asked the manager. "I'm no married," replied the Scot. "Not married," echoed the manager in surprise; "but didn't you apply for a rise because you were thinking of getting married?" "Oh, aye," came the reply, "but I stopped thinking."

A man stepped up to a grocer's cigar counter and bought two 10-cent cigars. A man who was waiting to be served pushed forward: Scotchman—You sell those cigars three for a quarter don't you? Grocer—Yes. Scotchman—Well, here's a nickel, I'll take the other one.

Judgment Delayed

They took their seats in the carriage. Mac took out his pipe and lit it, and Sandy produced a cigar. "Hallo, mon," said Mac, "where did ye get that cigar?" "A body gave it to me," replied Sandy, preparing to light it. "A fr-r-lend?" asked Mac. "I dinna ken," replied the other. "I haven't smoked it yet."

Vision Obstructed

A sharp-eyed window-cleaner noticed that the windows of a certain house were very dirty. So he knocked at the door, which was opened by a very disagreeable-looking woman. "Would you like the windows cleaned, missus?" he asked. "No, they don't want cleaning," snapped the woman, glancing angrily over the top of her spectacles. "Then," said the man, "may I give your spectacles a wipe over?"

CENTRAL BEDEQUE INSTITUTE

The annual meeting of the Central Bedeque Women's Institute was held at the home of the President, Mrs. John McKenna on the evening of November 6th. There were thirteen members and three visitors present. After the usual routine, the annual reports from the different officers were given and acted upon by the meeting. The election of officers for the ensuing year then took place with the following results: President, Mrs. Marchbank Webster, Vice-president, Miss Florrie Green; Sec'y-treasurer, Miss Doris Muncey; Directors, Mrs. Melville Johnson, Mrs. Eearle Leard and Mrs. Fred Moyle; Auditors, Mrs. T. J. Inman and Mrs. Wright Leard. Mrs. John Stewart was appointed on the school committee and Mrs. W. Hogg and Mrs. Wright Leard on the program committee for the coming month. At the close of the meeting a dainty lunch was served by the hostess.

IT NEVER PAYS TO TAKE CHANCES WITH DOUBTFUL BAKING POWDER. I USE AND APPROVE MAGIC. IT IS ALWAYS DEPENDABLE.

MAGIC BAKING POWDER
—costs not quite 1/4 of a cent more per baking than the cheapest inferior baking powders. Why not use this fine-quality baking powder and be sure of satisfactory results?

Daintiness With Chic Styles
ILLUSTRATED DRESSMAKING LESSON FURNISHED WITH EVERY PATTERN BY ANNABELLE WORTHINGTON

The little sub-deb and debbs plan their school work with much enthusiasm with this jaunty frock in mind. It displays a sportive feeling in its fabric. It is bright blue and soft grayish-blue tiny checked pattern in hazy woolen mixture. The collar is white silk pique. The shoulder treatment is youthfully smart. And you'll like the extreme flatness through the hips. It's a model that lends itself admirably to rough canton crepe, faille crepe, wool jersey, wool and synthetic mixtures, etc. Easy to make and inexpensive. Style No. 726 is designed in sizes 11, 13, 15 and 17 years. Size 15 requires 3 1/2 yards 39-inch material with 1/4 yard 39-inch contrasting and 2 1/4 yards lace. Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

BON AMI
This little doctor prescribes for pots and for pans . . . and his prescription, as you can plainly see, is Bon Ami! His job is to save whatever he treats . . . to keep it always looking neat! Harsh, gritty cleansers scratch cooking utensils. Scratches catch and hold dirt and particles of food . . . make the utensils unsanitary and harder to keep clean. Bon Ami doesn't scratch. It cleans quickly, easily and thoroughly . . . keeps your pots and pans nicely polished . . . and sanitary. Use Bon Ami for all your household cleaning. It doesn't redden or roughen your hands, or injure your fingernails, doesn't leave gritty sediment—and is odorless.