

# Woman's Realm / Social and Personal / Fashions / Literature



## Here's a TASTY Breakfast packed full of the valuable food-energy of WHOLE WHEAT

This familiar package brings you Nabisco Shredded Wheat, the 100% whole wheat cereal, with all the bran and wheat germ, ready cooked and ready to eat. To help meet wartime demands on your vitality, you can include the whole wheat nourishment and food-energy which this unmilled pure wheat cereal supplies, when eaten regularly. Enjoy the fresh, nut-like flavour and nutritious goodness of Nabisco Shredded Wheat for breakfast tomorrow. Order a package or two from your grocer—now. Be sure to say "Nabisco Shredded Wheat".

THE CANADIAN SHREDDED WHEAT COMPANY, LTD., Niagara Falls, Canada.



### MADE IN CANADA - OF CANADIAN WHEAT

## A Morning Smile

ENCORE!

A commercial traveler put up for the night at a small country inn. In the breakfast-room the following morning he was asked by the landlady how he had enjoyed the cornet-playing in the next bedroom during the night.

"Enjoyed it!" was the reply, "I should think not, indeed; Why I spent half the night pounding on the wall to make that cornet-player stop."

"I'm afraid there's been a misunderstanding," said the landlady, smiling. "The cornet-player told me that the person in the next room applauded him so heartily that he played every piece he knew five times over."

## A POOR VICTORY

Agnes wanted a kitten, but her mother would not let her have one. Agnes was taken sick and it was found that an operation was necessary. Her mother promised her the finest kitten that she could find if she would be a brave little girl.

As she was coming out of the anaesthetic the nurse heard her muttering. "Slopping over, she heard these words: 'It's a tough way to get a cat.'"

## A COINCIDENCE

MONCTON, N. B., April 25 — (CP) — Moncton city hospital was the scene of a coincidence today when two little girls arrived from widely separated parts of the province for X-ray examinations after swallowing pins. The X-ray plates were almost identical. Condition of the children — Carol Robinson, Moncton, and Charlotte Ellis Bathurst — was reported satisfactory.



A soft knitted blouse that is lovely to wear with a suit. A tiny stand-up collar and perky bows make this a favorite. Pattern No. 216 contains list of materials needed, and complete instructions for making sizes 32 to 38.

To order pattern: Write or send above picture with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, to Charlottetown Guardian Needlework Department, Design No. 216.

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STREET ADDRESS \_\_\_\_\_  
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## Amateur Glamour Girl

(By JOSEPH CHADWICK)

### CHAPTER XXXIII

It was midnight when Tonia drove away from the hotel in Sally's coupe, with the precious manila envelope on the seat beside her.

She felt as though she were on her way to face the greatest crisis of her life. If only she could make Michael understand! If only she could make him believe that she really did care and hadn't been merely playing with him. She was terribly afraid, though, that she couldn't. He was so prejudiced against girls of her type.

Soon, she had reached the edge of town, and saw in the distance the lights of the airplane factory, where Michael unknowingly awaited her. Her hands gripped hard on the wheel. She wished that she didn't feel so afraid, so hopeless—prayed silently for courage and for luck.

A couple of miles farther on, she came to the narrow side road that led to the factory. Turning into it, she drove slowly along it. It was tree-lined, and the foliage hid the factory from view.

She had driven a short distance when the lights of another car glomed ahead. As she neared it and slowed down, she saw that it was parked in the center of the road, and that a man stood beside it, talking to the driver.

Tonia stopped, and blew her horn impatiently. The car ahead started to move to one side, but halted as the man in the road, after a glance toward Tonia's car, called something to the driver.

In a moment the driver jumped out. He and the other man came toward Tonia, walking fast.

Then, she saw who they were.

The driver was Lieutenant Craigie. His companion was—Donovan!

At sight of the latter, Tonia knew she had been right. She had backed the coupe to turn, but there wasn't time enough.

Donovan reached the car and jerked open the door. He had become a motorist.

Then, Lieutenant Craigie was beside her. "What's the matter?" he asked.

"Ah, Miss Martin!" he purred smoothly. "This is an unexpected pleasure—meeting you here at such an hour. And without your glasses, you shouldn't wear them ever. They detract from your beauty."

Tonia didn't speak but looked fearfully from Donovan to Craigie.

The latter grinned. "Remember me, sister?"

"What do you want?" she asked unkindly.

"You know," Donovan retorted. "That envelope you found hidden in your traveling bag. I put it in my pocket. Miss Martin, and I want it back."

"I haven't got it."

"Oh, no?" It was Craigie who spoke. His voice had suddenly lost its RAFAEL accent and had become harsh. "What is this on the seat beside you?"

Tonia started. She had forgotten the envelope! She had forgotten she reached for it, but Craigie grabbed it.

He quickly opened it and examined its contents. Tonia saw him smile crookedly. That twisted smile changed his whole face — made it hard and menacing.

She recalled that she had disliked and distrusted him from the first. Now she knew him for what he was. He was not an inspector for the R.A.F. as he had pretended to be. He looked up from his examination of the papers he had taken from the envelope. His steely eyes met hers. Then, he clicked his heels together and bowed from the waist.

"Thank you, Miss Martin," he said. "I shall take charge of these papers."

He made an impatient gesture. "Don't become so alarmed. I shall return them to the factory officials tomorrow. If you wish, you may see them."

"You won't! You're a spy! You mean to steal them!"

Craigie's eyes narrowed. "Really, Miss Martin, you are letting your imagination run away with you."

"You've forgotten your British accent and mannerisms!" Tonia accused, knowing that she was endangering herself, but not caring.

"You're with Donovan — you're working with him! You can't fool me!"

Donovan said, "I told you, Bruckmann! This dame is smart. She's been playing some game of her own."

"If she has, that is too bad," said Craigie, or Bruckmann. "Cleverness in a woman is always unfortunate."

"What better make a deal with her," Donovan suggested.

"A deal? No—I don't think Miss Martin could be trusted to remain silent, no matter how much she might pay her. She is too intent on ingratiating herself with Shane."

"Then we'll have to get away from here fast before she squeals on us!" said Donovan.

Bruckmann shook his head. "I'm not yet ready to leave. My work here is not done."

"But if this dame talks —"

"She will not talk," Bruckmann said ominously, fixing his eyes on Tonia. "She shall be silenced."

Tonia turned cold. What did he mean? Then she saw that a look of horror had come onto Donovan's face. He was gaining at her confidence incredulously.

"Wait a minute, Bruckmann!" he exploded. "Spying and sabotage are one thing, but what you're suggesting is another! I won't have any part in murder!"

Tonia had never known such fear as she knew then. For an instant, she sat as though paralyzed. Then one thought penetrated her terror. She must escape!

Recklessly, desperately, she flung herself from the car, striking against Bruckmann and momentarily throwing him off balance. She turned to run, but he caught her before she had taken more than a few steps.

As he spun her around, she frantically drove her clenched fist into his face, hitting him wildly. Then, his hands closed on her wrists and held them in an iron grip.

"Fool!" he spat at her, his face contorted with rage. He shook her roughly. "That'll teach you to try to oppose me!"

(To be Continued)

## Dorothy Dix Says—

### MARRIAGE FOR CONVENIENCE ALWAYS PROVES BOOMERANG

#### Wagging Tongues Will Never Cease, And Women Who Try It Will Find Only Censure And Unhappiness

Dear Miss Dix—I am in my early 30s. Have held an office position for a number of years and am financially independent. Now here is my problem. My only ambition is to become a mother some day, but I do not want to stay married. I would like to marry a man on the following terms: That he would give my child my name and that as soon as the child was born that he would agree to a divorce and make no claim on the child whatsoever. I would pay for the divorce. I have met a man which is the type of man that I would like to have as the father of my child and have spoken to him about my plan. He says that marriage is something that is not to be taken in such a casual manner; that matter and an unfeeling part affair; and that he is not willing to marry to his wife. I have various personal reasons for this. The way I want to go is to settle this question to be answered by you. What do you think?

ANSWER—I think it is a crazy idea and that if you attempt to put the plan in operation you will find yourself involved in an emotional and financial mess that will be hard to get out of. Consider a few of the complications: In the first place, how are you going to settle matters with your son? Will you be cold bloodedly with a man for whom you have no affection will be ethically correct just because it is legalized? Will you be able to give a wedding ring that you propose to throw away in a year? Don't you think that you profane a holy institution by making a marriage that you intend to break in a short while?

#### Things to Think About

Next, have you realized how you will live with the tongues of the gossips by doing such an unusual thing as you are contemplating doing? You will be ridiculed, vilified and written up in the newspapers until you will not have a shred of character left. Possibly it will cause you to lose your job, because employers do not care for their employees to do peculiar things.

And, finally, what sort of a man would marry you under such conditions? It would put him in an even more absurd position than you would be, and no man with any sense of honor would care for you. He would do it and suppose he should by chance not be willing to give up the good home you propose to provide for him, to part with his child, who then?

These are all matters that you should carefully consider and, be- forehand, you will be wise if you refuse to have anything to do with adopting a child, instead of trying to have one on the installment plan, so to speak.

But I think I see a happy solution to your difficulty in the evidence that you and the man are already falling in love with each other, and that you will settle the matter by marrying for keeps.

#### BE SURE OF YOUR FEELINGS

Dear Dorothy Dix—I was engaged to be married to a very fine man who is highly educated, has a most excellent character and who holds a responsible position with a good salary. He is considerate of other people in every way. Has an unusually kind disposition and good manners. Unfortunately, an automobile accident has left him with a bad limp and it is necessary for him to use one crutch, but in spite of this he walks upright and very dignified. Now what would you advise for me to marry a man who has a bad limp? Would his affliction in any way make me less happy if we married? Do you think in time I would be ashamed of his limp? We are both 30.

ANSWER—I think it will be a great injustice to the man for you to marry him, for you seem to have so little tenderness and sympathy for those who are afflicted. I think you would see only his affliction and not his soul, and that his limp would get on your nerves.

UNCERTAIN.

ANSWER—If you are both very strict in your religions, you will be courting trouble if you marry. You would be in a perpetual argument for those who are strict in their religions, which church in which you would bring up the children. There are plenty of things for every married couple to fight over without dragging in the church. No wars have ever been so bitter and so cruel as holy wars. Keep out of one. If you are in another, and we know that neither one of us could change. What shall we do?

## Your Individual HOROSCOPE

By Frances Drake

For Tuesday, April 29th

MARCH 21 to APRIL 20 (Aries) — Better watch the budget carefully. Don't keep rehanding the same items — get them out of the way, finish them thoroughly or attend to them in whatever way will prevent them from cluttering up your desk or bench.

APRIL 21 to MAY 20 (Taurus) — Broaden your scope mentally and otherwise. Business and duties come before social, entertainment or personal interests, and are favored for gains and assistance through helpful sources.

MAY 21 to JUNE 21 (Gemini) — Wrong moves in the game of life cause trouble, delays, retracting of steps—blame the plays, the moves. NOT THE GAME! Today's aspects are in favorable mood for you who remain true to your man. Fine talents and general capability.

JUNE 22 to JULY 23 (Cancer) — A 30-day, unless you make it peppier by more consistent action and thinking are by hardy determination to get ahead in your work and other activities. Stay in the running.

JULY 24 to AUGUST 23 (Leo) — Don't box down. There is much to be done and good influences under which to work. Others are depending upon you more than you realize. Don't neglect important personal affairs while attending to other interests.

AUGUST 24 to SEPTEMBER 23 (Virgo) — Act today to help speed up tomorrow's work and other vital matters. Offer amiable cooperation and you'll be met by like attitude in most cases. And where you find difficulty, your philosophical manner will serve to ease your nerves and clear your judgment.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Private affairs and your own business activities (also

those of others closely connected with you) are under the special favor of your planetary vibrations. Step away from the ordinary.

OCTOBER 24 to NOVEMBER 23 (Scorpio) — Start the new week with a determined will to make today one of your ace high performances. Heart interests particularly favored this generous, benefic day.

NOVEMBER 24 to DECEMBER 23 (Sagittarius) — You are the recipient of many good rays of which we hope you'll make excellent use. Heart affairs rate high on the list of the many interests receiving benefits. Social connection can be very helpful.

DECEMBER 24 to JANUARY 23 (Capricorn) — Start the new week with a determined will to make today one of your ace high performances. Heart interests particularly favored this generous, benefic day.

JANUARY 24 to FEBRUARY 23 (Aquarius) — Don't be a clock watcher. Regardless of the time, pursue your obligations to your best ability. With a concentrated effort that bespeaks of success, a banner day if you follow this route.

FEBRUARY 24 to MARCH 23 (Pisces) — Don't go around in circles, such a course of action leads nowhere. Favorable vibrations to encourage you to apply yourself assiduously to achieve cherished desires and a substantial goal.

A CHILD BORN ON THIS DAY has been insight and an analytical mind with an eye for the intricacies (if properly nurtured) that lead this child to great heights. Care in his choice of friends and type of activities is of prime importance. A shrewd, gracious, ably practical individual.

Mindard's kills pain



## THE COOK'S CORNER

### BUTTERFLY CAKES

1-4 cup butter or shortening  
1-2 cup sugar  
2 egg whites, unbeaten  
1-3 cups sifted cake flour  
1-4 teaspoon salt  
2-1/2 teaspoons baking powder  
1-2 cup milk  
3-4 teaspoon vanilla

Method: Cream the butter or shortening thoroughly, add sugar gradually, and cream together until light. Add egg whites, one at a time beating very thoroughly after each addition until very smooth and fluffy. Sift the flour, then measure and sift again with the salt and baking powder. Add the dry ingredients alternately with the milk, a small amount of each at a time, to the creamed mixture. Beat after each addition until smooth. Add vanilla.

Put batter into greased cup-cake pans or into paper cups, filling these about 2-3 full. Bake in a moderate oven (375 deg. F.) for about 20 to 25 minutes, or until done. After the cakes are cool, slice off the top crust of each and cut this in half. Spread a very thick layer of sweetened and flavored whipped cream on each cake, then insert the two pieces of the crust in this at an angle like butterfly wings. You may place a maraschino or candied cherry between the wings, as a garnish if desired.

### SPECIAL FUDGE SAUCE

1-1/4 cups cocoa, 3-4 cup sugar, 1-2 tsp. salt, 1 tbsp. cornstarch, 1-2 cup white corn syrup, 1-2 cup milk, 2 tabsps. butter, 2 tabsps. vanilla.

Mix dry ingredients, add corn syrup and milk, and mix thoroughly. Cook 15 minutes over hot water, stirring until it thickens. 2 tabsps. butter, 2 tabsps. vanilla.

### MAPLE SUGAR SAUCE

1-1/2 cups maple sugar, 1-2 cup cream, 2 tabsps. vanilla, 1 tbsp. butter. Cook sugar and cream until the mixture bubbles. Add vanilla and butter. Beat until thick.

### WHIPPED CREAM SAUCE

1 egg white, 3-4 cup powdered sugar, 1 egg yolk, 3-4 cup whipped cream, 1-2 tsp. vanilla, few grains of salt.

Beat egg white until stiff and add sugar gradually, while beating constantly; then add egg yolk beaten until thick and lemon-colored, cream until beaten stiff, flavoring and salt.

## Manners a Social Asset That Anyone Can Afford



Poise Improves Men Who Count

How does Miss Plain Smith have the important Van Styles for friends? By refusing to grieve that hers isn't the richest family in town, by realizing that anyone can afford charming manners!

She introduces her date so smoothly: "Mother, this is Larry Van Style." You may be sure he notices she doesn't use such crude phrases as "make you acquainted."

She says his name last, as it is always correct in introducing a man to a woman, and she knows "Mister" isn't used in presenting a young man to your parents.

She's the sort of girl he can proudly take anywhere. Reserving a compliment from one of his friends, she won't giggle "Aw you don't mean that!" She'll reply smilingly, "Thank you so much!"

With a theatre foursome she won't hesitate awkwardly, wondering where to sit, but will know that the girls take the inside seats.

You can learn as easily the poised thing to do, the way to win nicer beaux.

Our 32-page booklet gives tried-and-true rules of etiquette that help you win popularity. Tells correct things at dances, the theatre, entertaining; when visiting, motoring, dating. Includes telegrams, office manners. Discusses petting.

Send 20c in coins for your copy of Etiquette For Young Moderns to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## Living & Leisure

### The Woman's Realm

#### THE WINDOW BOX

"Infinite riches in a little room!" I think of that so many times when I see all my window box in fragrant bloom. Yellow for sunshine, blue for shining sky!

The long dull road I live in may be grey. But here is beauty, colorful and sweet!

A lovely welcome for me every day As I come home from work with weary feet.

I have no garden space, wherein at ease I could watch the sunlight on the grass; No winding paths, no rustling shady trees. Or sundial telling how the sweet hours pass. But in my window-box a rainbow glows. With little flowers so bravely blooming: White, violet and scarlet, flame and rose. And all the magic glory of the Spring!

—Claire Ritchie.

#### BE CONSISTENT!

Naturally, you should not expect overnight miracles in hair conditioning. Seldom will one treatment of any kind suffice. Furthermore, once you have found an expert in whom you have confidence, you ought to follow his advice from week to week. If he tells you to brush your hair every night between treatments, brush it. If he says you ought to have four treatments instead of three before getting a new permanent, then have four. Just as important as his careful analysis and thorough attention is the manner in which you co-operate with him.

#### KNITTING

Knitting has always been a social craft. While many a lonely hour may be spent during the dark winter evenings, knitters have always had a marked desire for companionship, and knitting is best when carried on to the accompaniment of song and gossip. Whether the gatherings are the "sittings" of the Dales knitters or the organized "knitting circles" of the present day, they are ideal centers of village news, but we must allow them this privilege because now, as always before, they are doing a fine piece of work, from the tiny tots whose squawking socks they knit to blankets, to the grandmothers who are knitting for their second or third war. — James Walton, B.Sc., in Chambers's Journal.

#### WHO CARES ABOUT HOW OLD SHE IS?

Women of forty and fifty spend a great deal of time about the money to make themselves look young. And they succeed, writes Ruth Millet.

Then they turn right around and talk old to a young man. It's very disappointing to men—as an observing man pointed out to me the other day.

"You need a young-looking, attractive woman at a party," he says, "and don't give me thought to her age. Then she brings it into the conversation with some such remark as 'a woman as old as I am' or 'over my age' or 'I'm younger' or even an old woman like me, and right away she makes you more conscious of her age than of her attractiveness."

He thinks it is a mistake for any woman under 70 deliberately to call attention to her years. Why it's a mistake should be realized by such women, most of whom are smart enough to make the appearance of youth far into middle-age without having to have a man point it out to them. But women don't seem to be

#### PRAIRIE SPONGES

The prairies of the midwestern states have large reefs formed by sponges, proving that the land was covered by a great sea, millions of years ago.



## Needlecraft—For The Home

Your dresses will stay neat and clean if you have this handy cover-all apron to slip into at a moment's notice. The princess seaming enables you to fit it to your figure without any trouble and the cross strap back keeps it from slipping from your shoulders just at your busiest moment. Shirred pockets are handy as well as ornamental in this essential apron style. Choose crisp cotton that will take to the wash tubs with a smile and you'll save many a frock from an extra scrubbing.

Style No. 2693 is designed for sizes small, medium and large. Medium size requires 1 3-4 yards of 39-inch fabric with 3 yards of ric-rac.

Send Twenty (20c) coin is preferred for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 2693 size \_\_\_\_\_

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#### COLOUR TIP

You can treat summer curtains lightly. Experiment with colour. How about picking out some favoured colour in the furniture slip-covers, matching it with moss fringes and stitching covers the well-spaced rows across the bottom of simple lace net curtains.

2693  
SIZES SMALL, MEDIUM & LARGE

Mindard's kills pain