

# Woman's Realm Social and Personal Fashions Literature

## Living & Leisure THE WOMAN'S REALM

**AWKWARD**

At social and tea little grace I command. And low in such circles I rate. For I never have properly learned how to stand. And balance a cup on a plate.

I'm an awkward old fellow, I frankly admit. I don't like to eat standing up. At fancy affairs where there's no place to sit, I fumble the plate and the cup.

At chat, I slide pieces of meat to the floor. As if I were feeding a pup. And I doubt if I live to be ninety and more.

I'll gracefully balance the cup. —Edgar Guest.

### SUCCESSFUL HOSTESS PLANS HOLIDAY

There's a way for the hostess who entertains during the holidays ahead to look as fresh and pretty as her guests. The trick is to follow a simplified plan of entertaining when school children come home and friends are bidden to visit.

To avoid the sudden drain on energy that the excitement and increased work may impose especially upon the older woman, it's a good idea to make plans early for the work to be done. Such foresight pays off in less strain on energies. In a more serene attitude, and in greater enjoyment of guests, the hostess can do her part better.

On her program, the wise hostess will arrange for preliminary tasks to be polished off before the clan gathers. Scheduled conveniently over the days ahead will be such tasks as shelling up silver, checking linen supplies, making out holiday menus and marketing lists.

Once house guests have arrived, she will plan to be deliberately lazy. This means that she will limit daily routine of housework to the minimum. She will invite the vacationing children to make their own beds, to chauffeur her errands, to lend a hand with dishes.

### MAN IS PUZZLED BY "NEW LOOK"

A man who claims he is looking for information—not an argument—says these are the points about the "new look" in feminine fashions that have him stumped:

First, since the fashion designers have admittedly gone back into the family album and resurrected a lot of styles from a bygone day, how do they get by with talking about the "new style" and the "new look"?

Second, what's the matter with dress designers, anyhow, that they seem to be always going back and copying past fashions, instead of dreaming up new ones?

After all, says he, when an architect designs the house of today, he tries to think up some new ideas.

Third, he wants to know why, since women will accept an old style as a new one if a designer

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calls it news — the same woman don't make better use of the really old stuff they have stored away in their basements and attics.

If they're going to try to look like Grandmas, why not drag out some of Grandmas' old clothes? Frankly, I'm afraid I can't give the gentleman any satisfactory answers to his questions. None, that is, that would satisfy a man.

If any of you women readers think you can explain these matters to him, let me know and I'll pass your answers along. But first I'll read them myself. The man was me puzzled, too.

### EXPERT LIKELY JOON BACHELOR

"It is more important that a couple be able to discuss Bach or Bacon and eggs than bill and coo over their court flasks," says a professor of sociology at the University of Chicago, to illustrate his contention that love, as the determining factor in predicting a happy marriage, has been overrated.

If you're married you have probably guessed already that the professor isn't, says Ruth Mullett, Nobody but a bachelor would assume that husbands and wives, other discuss Bach or bill and coo at the breakfast table.

In most homes the husband reads the morning paper and makes vague noises. Or else he sips his coffee and hurries with his egg and toast.

There isn't much expression of either love or companionship at the breakfast table in this hurried, worried age.

Breakfast is the time when both husband and wife come face to face with a new day and old problems. And they face the day and the problems alone.

The couples who have a good time at married happiness aren't the ones who can talk about Bach at breakfast or bill and coo at each other.

They are the ones who can manage to be courteous to each other, whether they feel like it or not, and silently shoulder their own problems for the day.

### FLAWS HIDDEN BY FLESH TINT

Many women think they have to pass up wearing lovely nylon sheers because of blueveined discolorations on their legs. They don't have to at all.

There are flesh tints which cover up or hide these defects completely so that the most transparent hosiery may be worn with confidence.

One type of camouflage is a cream bluish cover that is in general use today to mask almost any kind of skin discoloration in any part of the body. This is applied lightly over the spots on the legs which need concealment and is manipulated until the cosmetic covering is faded out around the veins.

Another possibility for camouflage is regular leg make-up, like that used during the summer months to fake stockings. In leg make-up there is a choice between a sheer tint, which minimizes flaws and a non-transparent liquid which completely masks skin defects.

### How Can I!!!

By Anna Ashley

Q. How can I make a good metal polish?

A. By using 1 cup of cigar ashes, mixed with 2 tablespoons of bicarbonate of soda, bringing it to a smooth paste with water. Use on a clean cloth, rubbing vigorously.

Q. How can I prevent drawers from sticking?

A. They will not stick if floor wax is rubbed on the slides and also on the drawers. Polish well, because unless rubbed in thoroughly the wax forms a sticky coating.

Q. How can I kill the odor of perspiration?

A. Bathe with a solution of bicarbonate of soda in water.

### Modern Etiquette

By Roberta Lee

Q. Should one ever present one's mother to another woman?

A. No; we always present everyone to our mother, regardless of age, rank, or sex.

Q. Is it considered rude for a bride to wait until she returns from a month's honeymoon to acknowledge her wedding gifts?

A. Yes. Gifts should be acknowledged the day received if possible. Those received the last minute can be acknowledged while away.

Q. Should one use individual dishes for vegetables when giving a dinner at home?

A. No; this is done only in restaurants.

### That Body Of Yours

By James W. Barton, M. D.

#### PREVENTING HEART DISEASE

Although the average life span is now about 66 years, there are still too many men and women who pass away in middle age because of heart disease. For the past 20 years, heart disease has stood at the top of the list as a cause of death until today deaths from heart disease outnumber deaths from cancer 2 to 1, and deaths from tuberculosis 10 to 1.

We can understand why injuries can occur to delicate tissues like the nerves but why is the heart, which is made up of hard, muscular tissue with the simple job of pumping blood throughout the body, unable to withstand more effectively the diseases and dangers of life?

In "Hygeia," the health magazine, Phyllis B. Kochler, President of Irvington House Sanatorium for Children with Heart Disease, states that the heart's worst assailants are rheumatic fever, syphilis, chronic infection, and arteriosclerosis (hardening of the arteries).

Rheumatic fever is child's greatest enemy, as an attack often damages the heart from which it never fully recovers; and further attacks frequently occur which cause so many deaths from heart disease before the age of 20.

Unfortunately, an attack of rheumatic fever may attack a child or young adult in such a quiet way that it may be considered as nothing serious. The patient remains on his feet for too long a period, thus further damaging the heart.

Another unfortunate factor in rheumatic fever is that the poison in the blood, from various known and unknown sources, not only damages the heart muscle but the valves of the heart also, so that a "crippled" heart remains after an attack has passed. Among the infections believed causes of heart disease are those of tonsils, teeth, gums, sinuses, and gall bladder. Any disease may leave the heart damaged — influenza, pneumonia, diphtheria and gonorrhoea. An overactive thyroid gland can tire the heart till exhaustion occurs.

By preventing sore throats and other infections and living on a lower level of mental and physical activity, the majority of heart patients can prolong their lives for many years. A check-up once or twice a year is good life insurance.

#### Hard Situation

Of course, it is done in the countries where polygamy is practiced and where the more wives the merrier, and the easier for the husband, for it relieves him of the necessity of having to toil and mow to support the family. He simply sits down and lets his Georgians do it. I well recall a scene I once witnessed in North Africa.

On a beautiful hillside, under a spreading orange tree, sat a handsome Sheik in immaculate white linen from head to toe, while he watched his seven wives carrying heavy baskets of fertilizer which they spread upon the ground.

Unfortunately for you, we have not yet gotten the matrimonial problem so well in hand, as they seem to have done in the Orient. One wife is thought to be enough, and sometimes too much, per husband in this country. But for a boy of 20 to have acquired two helpmates shows that you have plenty of get up and get and are not afraid of taking risks.

Of course, it has always been easier in every clime and every language to get a wife than it is to know what to do with her after you get.

#### AN ERROR

The policeman raised his hand

### Dorothy Dix Says— Boy Polygamist

#### Lad Of 20 Tries To Keep Wives Of 21 And 50 Living Under One Roof

DEAR DOROTHY DIX: I am living with my two wives and I certainly need help. At the age of 17 I had trouble with my parents and left home and went to another city where I met a woman of 50 whom I married on the common law plan.

At the age of 19 I married a girl of 21 who works, and she came to live with us.

The older woman knows how to handle me better than my young wife and she attracts me more physically, but I would rather be seen out with my young wife because she is prettier.

Now the situation is getting out of hand and I do not know what to do, as I don't even know which woman I like best. I am now 20 years old.

Please advise me in the paper as soon as you can.

G. E. B.



ANSWER: Any man who is living with two wives in the same house and at the same time certainly does need to send out an SOS call for help.

A wise man once said that no man could court two girls at the same time and preserve a good average, yet that would be no tick at all compared to keeping the peace between two wives, more especially when one is young and pretty and the other old and homely.

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#### Cook's Corner

By Genevieve Kemble

#### EVERYDAY SPONGE CAKE

(2 eggs)

1 cup sifted cake flour  
1 teaspoon double-acting baking powder  
1/2 teaspoon salt  
1/2 cup sugar  
1 1/2 tablespoons butter  
6 tablespoons hot milk  
1 teaspoon lemon juice  
1 teaspoon vanilla

Sift flour once, measure, add baking powder and salt, and sift together three times. Beat eggs until very thick and light. Add sugar gradually, beating constantly. Quickly fold in half of flour; then fold in remaining flour. Mix butter in hot milk; add to batter, mixing quickly until smooth and well blended. Add lemon juice and vanilla. Turn at once into 8 x 8 x 2-inch pan which has been greased lightly, lined with waxed paper to within 1/2 inch of edge, and again greased lightly. Bake in moderate oven (350 deg. F.) 40 minutes, or until done. Sprinkle top of cake liberally with powdered sugar.

#### Better English

D. C. Williams

1. What is wrong with this sentence? "Page fifty is all the farther I have read."

2. What is the correct pronunciation of "condolence"?

3. Which one of these words is misspelled? Banana, hosanna, madonna.

4. What does the word "dnew" mean?

5. What is a word beginning with ar that means "resembling a tree"?

#### ANSWERS

1. Say, "Page fifty is as far as I have read."  
2. Pronounced "kon-dolens, second o as in no, and accent second syllable. 3. Banana. 4. That which supplies strength or power. (Pronounce sin-u, i as in sin, u as in cube) "The bodies of men, munitions, and money, may justly be called the sinews of war." — Sir W. Raleigh. 5. Arborvitae.

#### Morning Smile

A very stout man was walking on the promenade of a seaside town when he noticed a weighing machine with the notice: "I speak your weight."

He put a penny in the slot and stood on the platform. A voice answered: "One at a time, please!"

#### AN ERROR

The policeman raised his hand

### Ellen's Diary

By an Island Farmer's Wife

I too saw the stork — and saw the doctor's car come mercifully along this road of ours, slippery with new-fallen snow, in the stillness of the early morning hours. I saw it cling to a wide old apple tree on a lawn and to rooves making everything virgin white and clean. No light was in any other arm-house then. All slept. Even I, I hoped, whose side I had left so recently. "Well!" I observed to myself at a strange kitchen window "this will be one, whose birthday, I shall easily remember — the first of December—God willing." But there was no sound of any new-comer yet, only a murmur of voices in the guest-room downstairs across the hall and the hands of the clock moved slowly dwelling unnecessarily long on each minute. On occasion, minutes can be terribly long-drawn-out, and yet I have complained at times when they appeared too fleeting. Others slept . . . in the neighboring farmhouses . . . and across the road at Rob's all unaware of the roil, the hopes, the happiness or indeed the sorrow these twilight hours of the new day might bring to this quiet spot.

Strange what one will recall at such a time! I was remembering that while Waterloo was being fought in an alien land folks at home in England snatched a quiet whiff of peace in their churches or about their other quiet pursuits. I thought too of a time long years past when I was undergoing a pain but necessary session in a dentist's chair, while on the street below the window white-gloved worshippers came calmly on their way to church, not knowing that at the other suffered. Not caring — but caring, yes if they knew. Islanders are a considerate kindly folk.

This will be the eightieth birth I have attended," the nurse whispered to me, a nurse young kind and understanding and capable with the years. "Yes," she said "and always-praise be — very fortunate." I was seeing, face after face — a line of grateful mothers with their small blanketed babes. How blessed is the "healing touch" wherever found! I was remembering James' laughing words as in the darkness of the room above the kitchen I had groped hurriedly for stockings and dress and all, so that I might come quickly, though "Just for company, Ellen." "I guess, Ellen," James had said, arranging the covers snugly about his shoulders "you feel just like the mid-wives of long ago!" One may smile or even laugh but it is tremulous at the moment . . . recalling details one had thought pretty well out of mind of days long since. One jokes and reassures, and hopes and prays when chance brings one near the patient — and remembers the slow-ticking clock. Remembered too the radio program, James and I had listened to but a few hours before — a St. Andrews one from Scotland which had ended with The Shepherd's Psalm. The words returned to me with increasing clarity and meaning. There is on earth no other occasion which so well exemplifies the meaning of the words: "Yea, though I walk through the valley of the shadow of death, I will fear no evil . . . For Thou art with me" — to set a brave smile on the lips of the fair-haired mother.

Dawn was stealing into the valley. Already Rob's lantern was about the yard over there and above the rim of the countryside the roseglow of morning was seeping

#### The Stars Say—

By Genevieve Kemble

#### For Tuesday, December 9

THE astral influences on this day combine to encourage a definite and determined effort to force ahead to the attainment of cherished goals, in the way of productive and progressive lines, as well as in the realization of fondest hopes and wishes of a more personal and intimate cast. There is a promising vibration for increasing personal popularity and advancement.

#### If It Is Your Birthday

Those whose birthday it is have excellent prospects for forging ahead with ambitious and laudable objectives in slight under matters and expansive influences.

Promotion, enhanced prestige and popularity, growth in finance, credit and possessions, together with warming and felicitous developments in the home, professional, social, and romantic relations, with much gentility and reassurance, is forecast. But an undercurrent of treachery or intrigue bids sagacious, alert and restrained conduct, lest loss, fraud or waste occur.

A child born on this day has an excellent promise for a progressive, efficient and gratifying career, in business as well as personal relations, but it might complicate this by errors, extravagance, or susceptibility to fraud.

and the woman motorist stopped with a jerk.

"As soon as I saw you, miss," the policeman declared, "I said to myself, 'Forty-five at least!'"

"Oh, no," remonstrated the woman, "it's this hat that makes me look so old."

**Lemon Pie-m-m-m!**

Sure it's delicious, when you make it with Canada Corn Starch and it will be a favourite with the whole family.

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### Household Scrapbook

By Roberta Lee

**Felt and Velour Hats**

Felt and velour hats may be cleaned with ordinary wall paper cleaner. Break off a small piece of cleaner, knead it in the hands until soft, then rub well over the hat and the dirt will roll off. Brush well with a good whisk broom to remove the crumbs of the cleaner.

**Coal**

Coal will burn better, and there will be less soot in the flues and chimney, if a strong solution of salt and water is poured over the coal as soon as it has been placed in the bin.

**A Good Mouth Wash**

Dissolve one teaspoonful of salt in a pint of boiled water. This has antiseptic qualities and also keeps the mouth fresh and clean.

### For Quick Cough Relief, Try This Home Mixture

You'll be surprised how quickly and easily you can soothe a bad winter cough when you try this well known recipe. It gives you four times as much cough medicine for your money and you'll find it very pleasant and dependable. For real relief, make a syrup by stirring 2 cups of granulated sugar and one cup of water a few moments, until dissolved. No cooking needed—no trouble at all. Or you can use corn syrup or liquid honey, instead of sugar syrup. Then well known for its soothing effect on throat irritations. Money refunded if not 2 1/2 ounces of Pinex (obtained from any drugstore) into a 4 oz. bot. — it doesn't please you in every way. Pinex Saves Money. Comforting Relief. Easy To Mix.

Fill up with your syrup and you have 16 ounces of medicine that will surprise you by its quick action. It never spoils, lasts a family a long time, and tastes fine—children love it. This home mixture takes right hold of a severe cough. For real relief, you'll say it's splendid. It loosens the phlegm, soothes the irritated membranes, and quickly eases soreness and difficult breathing. Pinex is a special compound of pure ingredients, in concentrated form. It gives you four times as much relief as ordinary cough medicine. Money refunded if not 2 1/2 ounces of Pinex (obtained from any drugstore) into a 4 oz. bot. — it doesn't please you in every way. Pinex Saves Money. Comforting Relief. Easy To Mix.

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### Who Said There Was No Santa Claus?

There's a Santa Claus, all right, is the reassuring word from Rosaria Nuccio in New York. She is sure of her facts because she saw 30 of them all at once and had her photo taken with some of them to prove it. The Santas are workers for Volunteers of America who took their place beside sidewalk chimneys in New York for money for charity.

### FEET 'KILLING' YOU? CUTICURA

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HEALS REAL BUNIONS