HEAVILY HANDICAPPED

Is Every Man or Woman who Suffers from Indigestion.

No one can enjoy life fully, or do life's work properly, without good health, and no one can possibly have good health unless the stomach is working right.

Headache—drowsiness—shortness of breath—pain in the stomach—apathy—irritability—bad breath and bad temper are some of the signs of indigestion—signs that should never be neglected, especially as there is a quick and sure cure—Father Morriscy's "No. 11" Tablets.

These tablets were devised by the late priest-physician to relieve and cure those of his parishioners who suffered from any form of stomach trouble, and they have relieved and cured thousands.

Here is what Mrs. Jerry Mullin, of Trout Brook, Northumberland Co., N.B., writes about them, dated Dec. 2, 1908: "I was afflicted with a very severe stomach trouble and the medicine I received from Father Morriscy cured me completely."

If your stomach is not right, just try "No. 11" Tablets. 50c. at your dealer's, or from Father Morriscy Medicine Co., Ltd., Chatham, N.B. 46

CALENDAR FOR AUGUST, 1909

MOON'S PHASES.

Full Moon d 1 h 5 m 14 p m
Last Quarter d 8 h 8 m 10 a m
New Moon d 15 h 7 m 55 p m
First Quarter d 23 h 11 m 55 p m
Full Moon d 31 h 1 m 8 a m

Day of	Week	Sun Rises h m	Sun Sets h m	Moon Rises h m	High Water a. m. h m	High Water p. m. h m
1	Su	5 06	7 41	rises	9 31	11 23
2	Mo	5 07	7 40	8 44	10 25	...
3	Tu	5 08	7 39	9 16	0 09	11 20
4	W	5 09	7 38	9 44	0 51	12 16
5	Th	5 10	7 37	10 09	1 32	1 15
6	Fr	5 11	7 35	10 37	2 12	2 14
7	Sa	5 12	7 34	11 10	2 52	3 18
8	Su	5 13	7 33	11 34	3 33	4 15
19	Mo	5 15	7 31	a m	4 19	5 28
10	Tu	5 16	7 30	0 07	5 05	6 50
11	W	5 17	7 29	0 47	5 54	[illegible] 10
12	Th	5 18	7 27	1 37	6 50	[illegible] 12
13	Fr	5 19	7 26	2 30	7 47	10 09
14	Sa	5 20	7 24	3 33	8 47	10 54
15	Su	5 21	7 23	sets	9 43	11 30
16	Mo	5 22	7 21	8 11	10 32	....
17	Tu	5 24	7 20	8 34	0 03	11 18
18	W	5 25	7 18	8 56	0 36	12 01
19	Th	5 26	7 17	9 16	1 06	12 44
20	Fr	5 27	7 15	9 36	1 33	1 24
21	Sa	5 28	7 13	9 57	1 58	2 01
22	Su	5 29	7 12	10 20	2 23	2 48
23	Mo	5 30	7 10	10 47	2 50	3 32
24	Tu	5 32	7 08	11 21	3 18	4 32
25	W	5 33	7 07	a m	3 53	6 02
26	Th	5 34	7 05	0 03	4 56	7 28
27	Fr	5 35	7 03	0 55	6 02	8 30
28	Sa	5 36	7 02	1 57	7 09	9 27
29	Su	5 37	7 00	3 11	8 16	10 16
30	Mo	5 38	6 58	rises	9 20	10 58
31	Tu	5 40	6 56	7 44	10 22	11 41

Hay's Hair Health

YOU'LL BE SURPRISED TO SEE HOW YOUNG YOU LOOK WHEN YOUR HAIR IS RESTORED TO ITS NATURAL COLOR.

There's no excuse for unsightly gray or faded hair. It makes you look old when you're not—it's unsightly and embarrassing. Hay's Hair Health will bring back the natural color and beauty, and make your hair bright, luxuriant and full of youthful vitality. Stops dandruff and falling out. Purely vegetable and harmless—**not a dye.**

$1 AND 50c. BOTTLES, AT DRUGGISTS.

Hay's Harfina Soap cures Eczema, red, rough and chapped hands, and all skin diseases. Keeps skin fine and soft, 25c. druggists. Send 2c. for free books, "The Care of the Skin," "The Care of the Hair."

Philo Hay Spec. Co., Newark, N. J.

CARTER'S LITTLE LIVER PILLS.

CURE

Sick Headache and relieve all the troubles incident to a bilious state of the system, such as Dizziness, Nausea, Drowsiness, Distress after eating, Pain in the Side, &c. While their most remarkable success has been shown in curing

SICK

Headache, yet Carter's Little Liver Pills are equally valuable in Constipation, curing and preventing this annoying complaint, while they also correct all disorders of the stomach, stimulate the liver and regulate the bowels. Even if they only cured

HEAD

Ache they would be almost priceless to those who suffer from this distressing complaint; but fortunately their goodness does not end here, and those who once try them will find these little pills valuable in so many ways that they will not be willing to do without them. But after all sick head

ACHE

Is the bane of so many lives that here is where we make our great boast. Our pills cure it while others do not.

Carter's Little Liver Pills are very small and very easy to take. One or two pills make a dose. They are strictly vegetable and do not gripe or purge, but by their gentle action please all who use them.

CARTER MEDICINE CO., NEW YORK.

Small Pill. Small Dose. Small Price.

CHARLOTTETOWN MARKETS.

Corrected for every Wednesday and Saturday's issue.

Beef quarter	7 to 11
Flour	$6.50 to $7.50
Oatmeal	4
Potatoes	60
Hay loose per cwt.	38 to 42
Hay pressed per ton.	$9.50 to $10.
White Oats	55 to 58
Black Oats	60 to 63
Butter fresh per lb	22
Eggs	19 to 20
Straw (pressed per ton)	$5.50
Straw (loose) cwt.	30
Beef small	5 to 15
Veal per quarter	3 to 5
Veal small	4 to 8
Lamb	10 to 14
Cherries per qt	6 to 8
Blueberries per qt	6 to 8
Gooseberries per qt	6 to 8
Raspberries	8 to 10

SUMMERSIDE MARKETS

Corrected for every Wednesday and Saturday's Issue.

Butter per lb.	16 to 18
Beef (carcass per lb.)	6 to
Potatoes	35
Calfskins per lb	6
Eggs per doz	20
Hay loose	$8.50
Straw	$4.50
Oats	60
Cornmeal per bag 100 lbs.	$2 to $2.50
Wool per lb	20

MONTAGUE MARKETS.

Corrected for every Wednesday and Saturday's Issue.

Herring per bbl.	$5.00 to $6.00
Flour, Roller Process per 196 lbs	$5
Cod per quintal	$4 to $5
Oats per bus.	60
Potatoes per bus.	35
Oatmeal per cwt	$3.25
Butter per lb (creamery)	16 to 18
Barley, per bus	60
Hides per lb ...	7c
Beef per lb	7 to 8
Carrots per bus	40
Eggs	19
Hay per ton loose	$6 to $8

Minard's Liniment Co., Limited.

Gentlemen,—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for the every day ills and accidents of life I consider it has no equal.

I would not start on a voyage without it, if it cost a dollar a bottle.

CAPT. F. R. DESJARDIN,
Schr. "Storke," St. Andre, Kamouraska.

CANADIAN PACIFIC — CANADIAN PACIFIC Ry

TORONTO EXHIBITION

August 28th to September 13th, 1909.

EXCURSION FARES

From Charlottetown

$ 24.05 GOING August 26th, 28th, 30th, 31st Sept 1st, 2nd, 7th, 8th, 9th,

$ 19.85 GOING AUGUST 27th and SEPT 3rd only

All Tickets Good to Return leaving Toronto September 15th, 1909.

THE SHORT ROUTE

THROUGH SLEEPING CAR FROM HALIFAX.

Leaves Halifax, 8.00 a. m., Sydney, 11.30 p. m.; New Glasgow, 7.25 a. m.; Truro, 10.05 a. m.; Pictou, 8.20 a. m.; Amherst, 12.38 p. m.; Sackville, 12.58 p. m.; Moncton, 2.30 p. m.; Sussex, 3.54 p. m.; St John, 5.50 p. m. Arrives Montreal 8.05 a. m.

Two Trains Daily Montreal To Toronto

Leaves Montreal, 8.45 a. m. Arrive Toronto, 6.55 p. m.
Leaves Montreal, 10.00 p. m. Arrives Toronto, 7.35 a. m.

For Tickets and full information, apply to any Ticket Agent or wire

W. B. HOWARD, D. P. A., C. P. R. ST. JOHN, N. B.

COMMONWEALTH HOTEL

Opposite State House, Boston, Mass

Offers rooms with hot and cold water for $1.00 per day and up, which includes free use of public shower baths. Nothing to equal this in New England. Rooms with private baths for $1.50 per day and up; suites of two rooms and bath for $4.00 per day and up. Dining room and cafe first-class. European plan.

ABSOLUTELY FIREPROOF

Stone floors, nothing wood but the doors.

Equipped with its own Sanitary Vacuum Cleaning Plant.

Long Distance Telephone in Every Room

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Cor. of Great George & Grafton Sts.

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Funeral Director and embalmer—Miss A. Ferguson Lady Assistant—Personal Attention and Promptness Guaranteed.

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Silent Salesmen made to order.
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Schooner for Sale

Maggie E. C.—21 tons-well found suit able for fishing or costing.
Apply to James H McLeod New London Harbor or

W. C. Orr,
Kensington.

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EMPRESSES

CANADIAN PACIFIC ATLANTIC STEAMSHIPS

Montreal and Quebec to Liverpool

Sat. Aug. 21 .... Lake Champlain
Fri. Aug. 27 .... Empress of Ireland.
Sat. Sept. 4 .... Lake Erie

First Cabin.

Empresses .... $90.00. up.

One Class Cabin.

Lake Erie, Lake Champlain, Lake Manitoba .... $45.00. up

Second Cabin.

Empressess .... 48.75. up.

Third Cabin.

Empresses, ...$31.25
Other boats $30.00

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St. John N. B.

FOR THE Canadian National Exhibiion TORONTO

INTERCOLONIAL RAILWAY

Will send round trip tickets from Charlottetown at

$19.85

Good going Aug. 27 and Sept. 3 and at

First Class One Way Fare.

Good going Aug. 26, 28, 30 and 31. Sept. 1, 2, 7, 8 and 9.

All tickets are good for return leaving Toronto Sept. 15, 1909.

Proportionate rates from all stations on the Railway.

TWO THROUGH TRAINS.

MARIITME EXPRESS — THE — OCEAN LIMITED.

Connecting at Bonaventure Union Depot, Montreal, with trains of the Grand Trunk Railway, and affording continuous journey by the shortest and quickest route.

Synopsis of Canadian Northwest Land Regulations.

ANY person who is the sole head of a family, or any male over 18 years old, may homestead a quarter-section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the district. Entry by proxy may be made at any Agency, on certain conditions, by father, mother, son, daughter, brother or sister of intending homesteader.

Duties.—Six months' residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm of at least 80 acres soley owned and occupied by him or by his father, mother, son, daughter, brother or sister.

In certain districts a homesteader in good standing may pre-empt a quarter-section along side his homestead. Price $3.00 per acre. Duties.—Must reside six months in each of six years from date of homestead entry (including the time required to earn homestead patent) and cultivate fifty acres extra.

A homesteader who has exhausted his homestead right and cannot obtain a pre-emption may take a purchased homestead in certain districts. Price $3.00 per acre. Duties—Must reside six months in each of three years, cultivate fifty acres and erect a house worth $300.00.

W. W. CORY,
Deputy Minister of the Interior.

N. B.—Unauthorized publication of this advertisement will not be paid for.
—6d6m

S. S. City of Ghent 1909

Will sail from Halifax every Tuesday morning at 7 A. M.

Calling at Sheet Harbour, Isaac's Harbour, Canso, Arichat, West Arichat, Port Hawksbury, Summerside, alternate trips Port Hood and Cape George, arriving at Charlottetown Wednesday evening.

For further information—

Apply to

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HOURS:—11 to 1 Daily
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cost very little more than the old time plates and rubber, are a hundred times BETTER lighter, stronger, cleaner, better fit, take up less room, and are in every way more satisfactory than any other kind of plate known to dentistry today.

VITILIZED AIR for Painless Extraction, Safe and Sure and Pleasant—Has no after Effects.

The method by which we can extract one or twenty teeth and not hurt you any at all. Ask your friends and they will tell you this is a fact

BERLIN DENTAL PARLORS — **C. H. BEER, D. D.**
Work Guaranteed — Over Prowse Block — Proprietor.

P. E. I. RAILWAY

Commencing Tuesday, June 1st, 1909, train of this Railway will run as follows:

Trains Outward Read down — Stations — Train Inward Read Up

Tu. Th. Sat	Mo. Wed. Fri	Dly. ex. Sun	Dly. ex. Sun	Stations	Dly. ex. Sun.	Dly. ex. Sun.	Mon. Wed Fri.	Tu. Th Sat.
P. M.	A. M.	P. M.	A. M.		A. M.	P. M.	P. M.	A. M.
4.35		3.00	7.45	lv Ch'town a	11.40	9 00		9.30
5.00		3.18	8.00	Royalty Jc	11.24	8 45		9.10
5.46		3.55	8.28	N. Wiltshire	10.50	8.15		8.30
6.02		4 09	8.38	H. River	10.38	8.05		8.10
6.50	d.7.20	4.48	9.06	Emerald Jc	10.04	7.36	3.25	7.20
	7.55	5.23	9.30	Kensingston	9.33	7.12	2.49	
	8 30	5.55	9.50	ar S'side lv	9.00	6.50	2.15	
P. M.	A. M.	P. M.	A. M.		A. M.	P. M.	P. M.	A. [illegible]

	A. M		A. M.	P. M.
7 00	11.25	lv. S'side ar.	8.45	4.50
7.58	12.48	Port Hill	7.46	3.2
8.47	2.08	O'Leary	6.57	2.08
9.25	3,08	Alberton	6.19	1.08
10 00	4 05	ar Tignish lv	5.45	12.15
P. M.	P. M		A. M.	P. M.

P. M.		A. M.
7 40	lv Emerald Jc ar	7.15
8.30	ar C Traverse lv	6.25
P. M		A. M.

A. M.	P. M		A. M	P. M.
6.45	3.20	lv Ch town ar	8.15	5.20
[illegible]	4.30	Mt. Stewart	7.15	3.45
[illegible]	[illegible]	Morell	6.49	3.00
9.[illegible]	5.17	St. Peter's	[illegible]	2.32
10.[illegible]	6.[illegible]	ar Souris lv	5.30	1.10
P. M.	P. M.		A. M.	P. M.

A. M.	P. M.	Mt.	A. M.	P. M.
8.15	4.30	lv. Stewart ar	7.05	3.35
9.25	5.19	Cardigan	6.16	2.28
9.54	5.40	Montague	5.54	
10.35	6 15	ar Geo'town lv	5.20	2.05
A. M.	P. M.		A. M.	P. M.

P. M.		A. M.
[illegible]	lv Ch town Ar	10.05
[illegible]	Vernon River	8.35
6.45	ar Murray H. lv	8.30
P. M.		A. M.

Trains are run by Atlantic Standard Time
C. A. Sharp Supt. P. E. I. R.
Charlottetown P. E. I.
D. POTTINGER, S. O. [illegible]
Gov Rys [illegible]

Dominion Blend Tea

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Demand increasing.

Excels all others

Ask your dealer for

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Steamship Lines to Boston via Yarmouth
The popular Fast Line
Between Eastern Nova Scotia and Boston via Truro Windsor Jct. and Halifax EXPRESS TRAIN leaves Halifax, daily (except Sundays at 6.50 and Bluenose train at 10.45 a. m. for Digby and Yarmouth making connection at Yarmouth or Boston.

MIDLAND DIVISION—Trains of the Midland Division leave Windsor daily except Sunday for Truro at 7.05 a.m. 5.15 p.m. and 6.15 a.m. and from Truro for Windsor at 6.20 a.m. 2.30 pm. and 11.30 a.m. connecting Truro with trains of the Intercolonial Railway at Windsor with Express trains to and from Halifax or Yarmouth.

Commencing June 28th

The royal and U. S. Mail Steamships Prince Arthur, and Prince George.

The fastest and Finest Steamships plying between the Maritime Provinces and Boston will leave Yarmouth for Boston daily except Sunday on arrival of Bluenose Train from Halifax. Returning leaves Long Wharf Boston daily Saturday excepted, passengers arriving in Halifax next day at 6.50 p. m. by Express train and 4.40 p.m. by Bluenose trains.

S. S. PRINCE ALBERT makes daily trips Sunday excepted between Parrboro and Wolfville, calling at Kings port in both directions. Trains run on Atlantic Standard time For further information, Reservation of staterooms, etc, write or telegraph R. U. PARKER, General Pass. Agt. Kentville Nova Scotia, W. K. ROGERS CO. LTD. Charlottetown.

P GIFKINS
General Manager

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Direct from City to City. Most fascinating Salt Water Route in the world. An unbroken night's rest on the Fastest Merchant Vessels flying the American Flag.

Metropolitan Line.

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Equipped with Wireless Telegraphy, Submarine Signal Service and every known device to insure the Safety, Comfort and Convenience of Passengers. Staterooms with or without bath. Dining-room on Main Deck, Hurricane Deck Cafe for Men, Writing Room for Women, etc., etc.

Week Days and Sundays. Leave India wharf Boston, 5 P. M. Leave New York. Pier 45, North River, near foot Christopher St. same hour. Due either City 8 o'clock next morning.

For through tickets to New York or beyond apply at local Railroad or Steamboat Ticket Offices: for Stateroom reservations or folders address Metropolitan Line, India wharf, Boston

Express Service for Passengers, Freight Automobiles and Horses.

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MORNING DAILY OR RURAL, DAILY PER WORD (six words to each line) one cent for one insertion, two cents for three insertions, four cents a week, six cents for two weeks, eight cents for three weeks, ten cents a month fifteen cents for two months, twenty cents for three months, thirty six cents for six months, and sixty cents a year.

Double Rates for Black Type - - Minimum Charge 15 cents With order

Ten (10) per cent Discount on Above Rates For Cash With Order

Bridal sets and separate pieces at Trainor's big whitewear sale the event of the day—don't miss it Our whitewear bargains are stimulating wide sprea interests and the goods are marching out to a lively tune. "The best and prettiest yet" is the universal comment. Come in and take advantage of the big discounts. Look for the yellow price ticket M Trainor & Co. 6-15urt.

Our whitewear sale is proving more and more popular each season, and hundreds of ladies now look forward to this as a most timely and money saving event. Beautiful gowns, covers, skirts and drawers with dainty and handsome trimmings are here in splendid profusion to fit the slim as well as the fat person, and to suit the slim as well as the fat purse M. Trainor & Co 6-15dr

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Hours until 10 o'clock to 3 p. m.

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OFICE—Morris Block Ch'Town,
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STEAMSHIP LINERS

From London	Steamer	From Halifax
July 27	Kanawha	Aug. 17 (Via Havre
Aug. 11	Rappahannock	" 31
" 25 (Via St. John's)	Shenandoah	Sep. 15

From Liverpool.	Steamers.	From Halifax
—	Almeriana	Aug. 3
July 27	Durango	" 14
Aug 14	Tabasco	" 31
" 24	Almeriana	Sept. 11

The above steamers have a limited accomodation for saloon passengers.

FURNESS, WITHY & CO. LTD.,
Halifax N. S. Agents
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EASTERN S. S. CO.

Reliable and Popular Route Between St. John and Boston

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CHARLOTTETOWN TO BOSTON.

First Class $10.95
Second Class 8.95
Return 18.35

COASTWISE SERVICE.

Leaves ST. JOHN at 8.00 A. M., Monday Wednesdays and Fridays, for Eastport Lube PORTLAND and BOSTON.

RETURNING. Leaves Union Wharf, BOSTON at 9.00 A. M., and Franklin Wharf, PORTLAND at 5.00 P. M., Mondays, Wednesday and Fridays, for EASTPORT, LUBEC and ST JOHN.

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RETURNING Leaves. Union Wharf Boston, at 12, o'clock Noon on Mondays and Thursdays, due to arrive at ST JOHN about 8.00 A M the following day.

Through Tickets at proportionately low rates, on sale at all Railway Stations, and baggage checked through to destination.

L. R. Thompson, T. F. & P. A.
WM G. LEE,
Agent,
St. John N.

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For Picnics - Socials—Bake and Cake Shops.

No washing—so cheap they can be thrown away after using.

Plates 1-2 m in crate
Dishes 1-4 m in crate

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St. John, N. B.

We have TIN SPOONS cheap enough to throw away too.

7—21drw1yr.

PLANT LINE

Direct Water Route to Boston

S.S. HALIFAX leaves Charlottetown every Friday at 12 noon, for Hawkesbury, Halifax and Boston returning leaves Boston Tuesdays.

Three sailings each way per week between Halifax and Boston.

Passengers from Charlottetown via Pictou on Mondays, Thursdays and Saturdays connect at Halifax For Folders and information

Apply to,
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Charlottetown.

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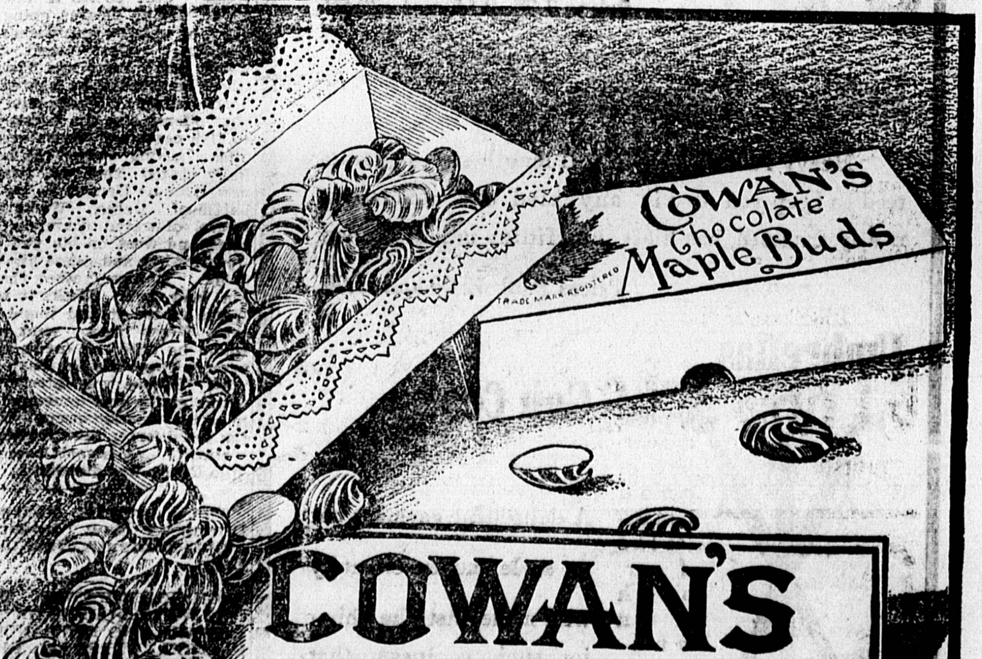

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The most delicious of chocolate confections; matchless for their purity, richness and exquisite flavor.

Insist on having Cowan's Maple Buds.
Name and design patented and registered.

129 THE COWAN CO. LIMITED, - - TORONTO.