Woman's Realm / Social and Personal / Fashions / Literature

Mrs. Kane Can't Risk A Baking Failure

Mrs. Thomas Kane
622 Charlotte St., Fredericton, N.B.

Because Mrs. Thomas L. Kane of Fredericton has an unusually large amount of baking to do, a failure would be serious and costly. She dare not risk it. That's why, years ago, she experimented with flours until she found one whose quality and uniformity she could absolutely rely on. That flour was Robin Hood. For 10 years now, Mrs. Kane has been using it, and to quote her, "Never once has Robin Hood failed me and never have I had a bag that was not number one".

These Cream Spice Buns Are Delicious

3 Cups Bread Sponge
1 Tsp. Almond Flavoring
1½ Tsp. Cinnamon
4 Tbls. Melted Shortening
2 Well-beaten Eggs
½ Cup Sugar

Add well-beaten eggs and other ingredients to bread sponge and beat well. Add Robin Hood Flour to make a soft but not sticky dough. Turn out on board and knead lightly. Place in greased bowl and let rise in a warm place until doubled in bulk. Turn on board and shape into buns. Let rise until doubled in size. Bake in a moderate oven 25 minutes. When cool split in half and fill with sweetened whipped cream. Ice the top or dust with icing sugar.

Uses Same Flour For Puff Paste As For Bread

"I use Robin Hood Flour for everything," said Mrs. Kane, "I even make puff paste with Robin Hood. I like it for pies much better than I do a pastry flour. I get more loaves to the sack from Robin Hood, which makes it more profitable for me to use. And my home-made bread stays fresh longer, which pleases my customers."

Wouldn't you like results like these, too? You can get them with Robin Hood — the flour that is purer, cleaner, whiter, because it is milled from water-washed wheat.

Robin Hood Flour
Milled from Washed Wheat

Dorothy Dix's Letter Box

Frequently Separation Shows a Complaining Husband That Life at Home is Not as Bitter as He Had Allowed His Crimped Mind to Believe, so Try it

Dear Miss Dix—I have been married ten years and have a small family. Up until the last year I have managed to keep my husband and family together, and I have been a good mother, wife and housekeeper.

But my husband announces now that he is tired of domesticity; that he finds a wife and children boresome and cannot tolerate us any longer. He is very anxious for me to take the children and go away for a while, as he says he needs a rest from the family. I was a very successful business girl before I was married and am offered a marvelous opportunity to go back into the business world, but I hesitate because I am afraid I would have to neglect my children. Do you advise me to go away for a while? JEAN.

Answer:

I certainly do. Evidently your husband is fed up on domesticity and for the time being, at least, you and the children are just poison to him. Of course, he is altogether in the wrong, but you can't argue with a mental state like that. You just have to meet it with common sense.

So the thing for you to do is to pack up and get off just as soon as you possibly can, and leave him to the freedom he so ardently craves. [illegible] when he gets the thing he desires so much he will [illegible] after all. Just how he growls over the good [illegible] for him. When you have beef he wonders why you didn't have mutton, and when you have mutton he demands to know if they have quit killing beeves in the slaughter houses. Let him try cooking his own breakfasts and eating around in cafeterias and restaurants for a change.

Just now you and the children bore him to tears and get on his nerves. Let him find out how lonely a house can be without a woman or a child in it, nobody with whom to exchange a word.

Just now he thinks it would be the most delightful thing in the world to be able to come and go as he pleases, and stay out with the boys all night without any one lying awake listening for his key in the lock. Let him try sitting up in a few all-night sessions at poker.

Believe me, he will come out of the experience a wiser man, for whatever else matrimony does to a man, it unfits him for the single life. That is why widowers remarry so soon. They can't stand the freedom they have perhaps longed for. Your husband will miss the good meals you have prepared for him, the comfortable home you have made for him, the responsibilities you have taken off of him, the care you have taken of him.

About the time he gets so that he can read over a menu from top to bottom without finding one single thing on it that appeals to his appetite; when he goes back home at night to a house that is dusty and stuffy and cluttered up; when he finds out that he has forgotten to send out the laundry and hasn't a single clean collar, when he finds that all he has got out of running around with a wild crowd is a headache, a stack of I. O. U.'s and bills he has run up for things he couldn't afford, why, then, domesticity won't look so bad to him and he will begin to count the days until you and the children will come home.

At least, that is the strong probability, and [illegible] it is the one chance you have of getting him back. Try it, and when you go, don't even write him a letter. Above all, don't suggest that he join you. Make him feel that you can perfectly well get along without him. If anything can rouse his interest in you and the children, that will. There is a lot of truth in the old age that absence makes the heart grow fonder.

The real mission of vacations is not to give wives and children a change of air and climate. It is to give husbands and wives a change from each other and a chance to let the sore spots in their lives that have been made by the chafing of different personalities get healed.

If at the end of your experiment your husband is still bored with you and the children and still longs for freedom, you will be well advised to take the business opportunity that is offered you and become self-supporting, for it will only be a matter of time until a man whose obligations rest so heavily upon him will take some means of evading them.

Dear Miss Dix—I am a boy of 21, very much in love with a girl who has told me of an affair she has had with another boy, and says, "If you don't like the way I am you can look for some one else." All my life I have always looked forward to marrying a clean, innocent girl. Hasn't a man a right to expect such a wife? Does it really make any difference as to the type of girl she is or will be? Should I be doing right in giving her up? I am very miserable. J. J. J.

Answer:

I think you will be still more miserable if you marry a girl who does not come up to your ideal of womanhood, for always between you will be that stain on her character, and you will never wholly trust her. Sometimes the girl with a past has been the victim of ignorance or circumstances. Sometimes she has sinned in loving and trusting too much, and very often she is so remorseful for the wrong she has done and has such a horror of the pit into which she has fallen that she wipes out her offense with her tears.

The girl who has stumbled and fallen and who is truly repentant seldom repeats her offense, and if a man is big enough and loves her enough to really forgive her, he may take the risk of marrying her, for she nearly always makes him a true and faithful wife.

But when a girl considers that she has a right to stray down the primrose path whenever it looks alluring to her and a pleasing companion presents himself, and when she has no sense of wrongdoing or remorse, then the man who marries her may be absolutely certain that she will have no ideal of honor that will make her respect her marriage vows.

It is often asserted that the young men of today do not demand chastity of their wives. If this is true, it is a sad thing for humanity, for it will reduce us to the level of the beast.

At any rate, a boy of 21 is too young to make a decision that will require him to lower all his standards and accept new ones that go against all of the traditions in which he was reared. It takes a lot of sophistication and cynicism to enable a man to shrug his shoulders over the things his wife has done and that he suspects her of still doing.

Dear Miss Dix—What are we unfortunate ones, who are in poor health most of the time, to do in this great, uncaring world? We who are sick can't stand unkindness as can the well. Criticism and cruel remarks hurt us more than all the suffering we have to bear. Why should sick people be laughed at? INVALID.

Answer:

I don't think that many people are heartless enough to laugh at sick people. I think the amazing thing is how much patience and sympathy are extended to those in poor health, and how often the members of a family martyrize themselves to the afflicted.

You must remember, my dear, that sick people nearly always grow morbid and are supremely selfish and self-centered. Perhaps the conditions you complain of are your own fault and you demand too much of your family and friends.

Try cheering up and looking on the bright side, and see if it doesn't help your own health as well as improve the attitude of those about you.

DOROTHY DIX.

THE COOK'S CORNER

Spiced Cranberry Stuffing

6 cups cranberries, ground
1 loaf bread, crumbled
1-2 cup sugar 1 teaspoon salt
1-4 teaspoon cinnamon
1-8 teaspoon nutmeg

Combine all ingredients, using more salt if necessary. Approximate yield: Stuffing for 1 (ten pound) bird.

For the heavy Christmas dinner, a cranberry sherbet makes an excellent foil for the richer foods. The sauce or jelly can be saved to eat with the leftover turkey for second day feast meals. Here we add Angostura bitters to give a flavor variation. It lends a subtle undertone to the cranberries' ardent tang.

How Can I ? ?

(By ANNE ASHLEY)

Q. How can I simplify the drawing of threads in hemstitching?

A. First go over the threads with a wet brush that has been rubbed over a bar of soap.

Q. How can I prevent pancakes from sticking to the griddle?

A. Instead of greasing the griddle when making pancakes, try heating it first and then rubbing it with a slice of freshly cut raw potato.

Q. How can I clean my fingernails more effectively?

A. Never use any sharp instrument, such as the point of a knife or file, very readily. Use an orange stick, or clean with soap, water, and a stiff brush.

Modern Etiquette

(By ROBERTA LEE)

Q. Is a woman ever presented to a man, when making an introduction?

A. Sometimes, when the man is very distinguished, or the man is eighty years of age and the woman eighteen.

Q. What are the only articles of food placed on the table before the guests are seated?

A. Radishes, olives, salted almonds, or other similar relishes.

Q. What is the proper time in advance of a wedding to send a gift?

A. About ten days or two weeks in advance.

Your Baby Deserves the Best!

Why not see that he gets HEINZ?

LOOK FOR THESE TWO SEALS. THEY MEAN PROTECTION FOR BABY

57

• Food quality is *so* important. Play safe. Remember Heinz world-wide reputation for quality and flavour.

Vegetables and fruits for your baby are selected and prepared with traditional Heinz care. The precious vitamins your baby needs are often lost in home cooking. Heinz methods help retain them.

Babies love Heinz Strained Foods for their natural, unvarying taste and the smooth texture that comes from perfect cooking, thorough straining. The Heinz trademark and the seal of medical acceptance are on every tin. Give your baby the best. Your dealer has Heinz Strained Foods.

WRITE FOR FREE BOOKLET: "What Shall I Feed My Baby?"
H. J. Heinz Company, Toronto, Ont.

Heinz Gives Your Baby a Choice of 12 Kinds
Strained Vegetable Soup
Strained Mixed Greens
Strained Green Beans
Strained Beef and Liver Soup
Strained Spinach
Strained Tomatoes
Strained Peas
Strained Cereal
Strained Carrots
Strained Apricots and Apple Sauce
Strained Prunes
Strained Beets

HEINZ STRAINED FOODS

To-Day's Popular Design
By Carol Aimes

672

KNIT PULLOVER AND CARDIGAN
DESIGN NO. 672

Miss Aimes receives at least 200 votes for each design before it is accepted for this column. Send us your votes. We print all the popular designs.

Dear Readers: Every mail brings us requests for this staple design that is almost a uniform with well-dressed women and girls. The pullover is plain, finished with a round neckline, long or short sleeves and a ribbed band at the bottom. The cardigan is designed to match using the same neckline, ribbing and banding; the fronts are finished with corded ribbon.

The pattern includes instructions for making the set in sizes 12, 14, 16 and 18; material requirements and all directions for finishing.

Send 20 cents, coins preferred.

Pattern Order Form—To be used when ordering Patterns and Voting for POPULAR DESIGNS.

To The Charlottetown Guardian
Needlework Dept.

DESIGN NO. 672. SIZE

Name ---

Street Address ---

City --- State ---

I suggest the following as a POPULAR DESIGN ---

All reproduction rights to this Design reserved.

THE HOSTESS APPRECIATES AND THE GUEST APPROVES

The Crisp, dainty pastry-filled with your special sweet or savoury!

MARVEN'S PASTRY-SHELLS
NEW IDEA—'YOU-FILL-EM'

MARVEN'S for QUALITY

Comfy Bootees

DESIGN NO. 5003

The most important member of the family will cheerfully brave the stormy blast this winter in these cosy bootees that pull up well over chubby knees.

Knitted in plain stocking and garter stitch, they are quickly and easily made in white, with contrasting colour simulating shoes.

We offer you this pattern in plenty of time so that you can make severel pairs before counting the days 'til Christmas.

The pattern includes complete directions for knitting and material requirements. Size six months only.

Send 15 cents for this pattern to The Guardian Needlework Dept. Design No. 5003 ... ...

Name

Street Address

City Province

A Morning Smile

Since you b[illegible] to give your daughter a m[illegible] education I hear you think yourselves the only people in the block."

"But we really are—all the others have moved."

IT POURS CLEANLY

THE HANDY POURING SPOUT for the two pound tin
It's free—write for one NOW

- Fits the special top of the 2 lb. tin of Crown Brand, Lily White and Karo syrups.
- Is easily cleaned and can be used over and over again.
- Pours without a drip.
- Provides means of accurate measurements.
- Makes the 2 lb. tin an excellent table container.
- The protective cap provides a sanitary cover.

Tell the boys that portraits of famous hockey stars can still be obtained for "CROWN BRAND" labels.

CROWN BRAND CORN SYRUP
The Famous Energy Food
The CANADA STARCH CO., Limited, Montreal

THE HOUSEWIFE —AND— HER ACTIVITIES

Friends in this world of hurry and
work and sudden end,
If a thought comes quick of doing
A kindness to a friend,
Do it that very moment!
Don't put it off, don't wait,
What's the use of doing a kindness
If you do it a day too late?
—Charles Kingsley.

FASHION FLASHES

Ensembles accent loose topcoats of different length, some straight, some wider, and full length, more fitted fur trimmed coats, the latter contrasting with the dress in a fairly colorful gamut— prune over porcelain blue dark green over dull wine or brown with green.

For black afternoon dresses, satin makes brilliant contrast with wool or crepe. Rayon jerseys are still used.

A line of bells, little metal ones suspended from a chain, is the ornamental closing that appears in a jacket costume made in London.

GIVING OLD TOWELS NEW LEASE ON LIFE

It seems almost impossible to have too much household linen, and the necessary ceaseless renewals sometimes become somewhat of a drag upon the domestic exchequer.

It is, therefore, a wise plan to strengthen the edges of half-worn bath towels with a strip of linen tape, machined down the sides.

Towels which have become really thin can be given a new lease of life if two are sewn together and lightly quilted to form a single towel.

Good patches from worn towels can be cut into squares and bound with colored tape to make face cloths.

In the kitchen, too, thin tea towels can be used double by sewing two together around the edges and down the middle.

One high tapering toque is trimmed with two minoches of hackle in two contrasting colors to the hat.

SCHOOL ROUTINE GOOD FOR THE CHILDREN

Home fire is more or less emotional. School is just impersonal enough to be good for our families. Instead of the popular idea that school is hard on nerves, the opposite is more likely the truth. Children accept quite amiably the set program. It relieves them of selecting. It also relieves them of conflicts. When must is must, they escape that wearing thing, "choice"

THREE-IN-ONE

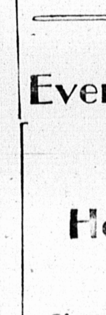
The three-in-one dinner costume, high-waisted skirt and interchangeable blouse tops is presented.

The skirt, in black dull crepe with corded hem, has an attached fitted camisole top of tea rose lace, attractive beneath sheer blouses. The blouse, extremely brief, is in alencon lace edged with pleated net. Another sheer, but in longer overblouse style, is also in Alencon lace with vertical inserts of embroidered organdie. The white silk brocade jacket is slightly 1900 in suggestion, with its little flaring peplum and big broad-shouldered sleeves.

Exterior Colors

For the exterior of a Colonial type cottage, use ivory paint for the body color, sash and trim. Use deep maroon for the shutters. The shingles on the roof will look well finished in warm brown.

Star at Parties With Saucy Tap Dance



Tap Routines Easily Learned

"She's got what it takes." That's what they say when Kate starts to tap.

You, too, can tap your way to popularity. Even the trickiest stage routines are made up of easy basic tap steps.

So get into shorts and low-heeled shoes. Start the radio. Place your feet 12 inches apart. Try to relax knees and ankles. To keep your balance, rest your hand lazily on a chair. And ready, go!

TOE TAP: Extend leg backward with relaxed knee and strike floor with tip of toe.

FLAT: Step on entire surface of foot. The Flat is often accented into a stamp.

PULL: Slide backward or sideward on the foot that bears your weight. If weight is on left foot, flex left knee and extend right foot off floor. Then pull left foot backward or sideward by forcibly straightening left knee.

With our 32-page booklet you easily learn how to combine simple steps into popular routines. Diagrams and expert directions for Buck, Soft Shoe, Military, Waltz routines.

Send 20c in coins for your copy of Tap Dancing Simplified to The Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

Town Province

Household Scrapbook

(By ROBERTA LEE)

Inky Fingers

If your children have trouble using a pen without acquiring a good bit of ink on their fingers, it would be the wise thing to invest in a pumice stone. This stone has but to be dampened and rubbed against the ink stains and they will disappear.

Torn Sheets

Avoid repeated accidents caused by sheets catching in the corners of wire springs and being torn. Cover the corners of the springs with adhesive tape, binding in each direction for about two or three inches.

Old Lemons

Old, dry and hard lemons may be rejuvenated by putting them into a pan of hot water and keeping the water hot (not boiling) at an even temperature for about two hours.

REAL FLAVOUR!

meal-time
4 o'clock
bed-time

FRY'S PURE BREAKFAST COCOA
FRY-CADBURY LTD. MONTREAL

GIVE THEM FRY'S — *it is* BETTER

Every Day Styles For The Home Sewer

Of course you know the costume slip you wear under your fall dress is just as important as the dress itself. This sleek foundation slip is cut out on the straight of the material. It will not ride up when in a sitting posture. Make it of washable silk or satin crepe....in pastel with lace trim or in the new darker shade with selfbias trim! It's an essential basic foundation for smartness. You'll love its flattery to your outer garments and will want to sew half dozen or more. The minimum time it takes to sew it and its low price will be a grand surprise.

Style No. 2547 is designed for sizes 14, 16, 18, 20 years, 32, 34, 36, 38, 40, 42 and 44-inches bust. Size 36 requires 2 1-2 yards of 39-inch material with 3 yards of lace.

Embroidery Pattern No. E-111-71—costs 15 cents extra.

Send fifteen cents in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving:—

Style No. 2547 Size... ... ...

Name

Street Address

City Province

When setting steel windows they should be imbedded in mastic cement. This practice provides a permanent weatherproof seal between the window unit and the surrounding masonry or framework.