Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure
THE WOMAN'S REALM

AMEN

It is over. What is over?
Nay, how much is over truly!—
Harvest days we toiled to sow for;
Now the sheaves are gathered newly,
Now the wheat is garnered duly.
It is finished. What is finished?
Much is finished known or unknown:
Lives are finished; time diminished:
Was the fallow field left unsown?
Will these buds be always unblown?
It suffices. What suffices?
All suffices reckoned rightly:
Spring shall bloom where now the ice is,
Roses make the bramble sightly,
And the quickening sun shine brightly,
And the latter wind blow lightly,
And my garden teem with spices.
—Christina Rosetti.

MOLDY LEATHER

For mold on leather, wipe it off with a cloth wrung out of dilute alcohol. If necessary, wash with thick suds of a mild, neutral soap or saddle soap, then wipe with damp cloth. Dry in an airy place. Polish shoes or luggage with wax dressing.

To save fuel, windows should be kept closed during the winter except for a few minutes each day to air the house. If it is desired to open bedroom windows at night, close the room register on a warm air heating system, cover the radiator especially if it is under or near the open window.

ATTIC YIELDS REAL TREASURES

If your budget can't be stretched to include all that new furniture you need, search the attic or junk shops for old cast-offs that can be put back in service. A new coat of paint and a few modernizing touches will bring outmoded chests of drawers, old mirrors, tables and chests out of retirement.

Here are tips from experts on refurbishing these old-timers:

First, streamline the pieces by stripping off any glued-on "gingerbread" trims. Removing unsightly mirrors or elaborate shelf structures held to the tops of buffets or chests with screws is easy to do and will give the finished piece a newer look. New drawer pulls also help to modernize an old chest from another day.

Before you get out your paint bucket, remove the old finish from the furniture by brushing on paint and varnish remover. This softens the finish and makes it simple to peel off with a dull-bladed putty knife.

After the finish is off, wash the wood with soap and hot water to banish any traces of paint remover. Dry, then rub down with No. 00 sandpaper.

Paint with a good grade of enamel. If more than one coat is needed to cover the surface, lightly rub the first coat when dry with No. 0000 sandpaper to dispose of any "nibs" or dust speacks, then apply the second coat.

MAKEUP FOR BRUNETTES

The blue-eyed brunette has rare and lovely coloring and should emphasize this with eye make-up, especially in the evening. If you're a blue-eyed brunette, use a touch of deep blue shadow on the upper lid and blue mascara on the upper lashes.

Leap year styles will be feminine, flirtatious and deceptively demure, according to the spring fashion picture taking shape as New York designers prepare to unveil the 1948 silhouette for the benefit of the press.

Biggest news in the spring fashion parade will be the Shirtwaist Girl, a sleeker and more beguiling edition of her famous ancestor, the Gibson Girl, with pinched-in waistline, whirling skirt over taffeta petticoat, a tailored look that has no hint of the masculine, and a new modesty as to neckline and skirt length.

Stabilized at 12 Inches

Designers for the most part have compromised with the hard-fought "new look." The hemline does not yet require dust ruffles, being for the moment stabilized at 12 inches from the floor, about two inches longer than the average fall styles. In more practical terms, this means that the skirt should just cover the calf of the leg, instead of ending at mid-calf, as was the approved street-length last season.

Style has adopted sound-effects this season, as petticoat fever sweeps the country, and the rustle of taffeta is the accepted accompaniment to dress-up fashions.

Shoulders Still Padded

Women have won one important point in their fight against completely French styles — practically all designers have retained shoulder pads in their spring collections. These are modified or rounded, but they still are present, to balance the feminine figure.

Few hip pads are evident in daytime styles for spring. The rounded hipline is achieved in other, more subtle ways, by skillful cut or flaring peplum and seldom by the bunchy drapery that was evident in the first experiments with the "new look."

FIRST CHRISTMAS CAROL

Christmas is the time when men are drawn together in a great unity. Much of this may be attributed to our response to familiar songs, sung year after year to commemorate the advent of a little Child on earth. The first Christmas carol ever heard, we like to believe, came over the fields of —"Glory to God on high, and on Bethlehem, when Christ was born —"Glory to God on high, and on earth peace, good will toward men."

But it was 1,200 years later that St. Francis of Assisi and his brother took up the singing in public of carols at Christmas to combat the unbelief of their time. With lighted tapers they went about the streets of the small Italian village pouring out their hearts in songs of praise. In the 800 years since then the singing of Christmas carols has gone around the world. Wherever Christianity is known, carol singing follows.

The simple vision of a mother lulling her babe to sleep gives Christmas music its strength. Some sing as a tribute to their religious faith, others as a custom they enjoy. But whatever the reason, the important thing is that more and more people do. From such widely different sources as churches, theatres, schools, clubs, radio stations come the words of Away in a Manger, Silent Night, Joy to the World, Little Town of Bethlehem, Hark the Herald Angels Sing, and Come All Ye Faithful, sung by soloists, choirs, choruses or the voices of school children. So each year new joy is expressed through old channels. — Frances Grinstead.

GIRLS!! after entering WOMANHOOD

Are you troubled by distress of female functional monthly disturbances? Does this make you suffer, feel so *nervous*, tired, weak—at such times? Then do try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound is very helpful for women troubled this way!

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

CHEST COLDS

Act promptly to relieve muscular soreness and tightness, fits of coughing in the night. Tonight, at bedtime, rub on time-tested VICKS VAPORUB

Daughter of Spain's chief of state, Senorita Carmen Franco Polo is shown handing a toy to a sick child during her visit to the Hospital Del Nino Jesus, a charity centre located in Madrid

That Body Of Yours
By James W. Barton, M. D.

LOW BACK PAIN WITH SCIATICA

Whenever I see a passerby holding his head and back in a forward position, but with no signs of trembling hands, I feel like stopping and having a talk with him.

I do this not so much with the idea of trying, as a physician, to help him, but because I have had three attacks of back ache with sciatica and so learned something about them. I found that one of my attacks was due to injury, and the other attacks to infection. By wearing a brace for four years, I got rid of the pain due to injury, and by removal of infected teeth and tonsils I got rid of the other attacks.

So common is back ache and pain down back of hip and leg (sciatica pain), physicians now are investigating each case instead of just prescribing a pain-killing drug. Thus, so many of these cases of backache and sciatic pain are caused by a crushed disk (cushion between two of the bones of the spine) that treatment for this injury now is prescribed, according to the position and nature of the pain.

In the "Journal of Bone and Joint Surgery," Boston, Drs. V. T. Inman and J. B. M. Saunders report their method of investigation and treatment of injuries to the intervertebral disk. They divide these patients into three groups:

1. Patients with back ache and signs of injury to lower back with pain extending from the lower back down one of the legs, are supported with a belt or cast. This treatment gives relief and final cure.

2. Patients who have the same symptoms as group 1 but who, in addition, have evidence of pressure on the root of the nerve or nerve branches. This type of case requires removal of the root pressure by removal of the ruptured, (crushed or herniated) disk, with some support afterwards.

3. Patients whose symptoms of backache may be mild or lacking, but there is some pain extending down the leg and signs of compression are present. Thus, in some positions the patient may be free from pain but suffer in others. There is weakness and loss of muscle tissue, with some loss of sensation. Removal of the pressure on the nerve by operation may be followed by immediate recovery.

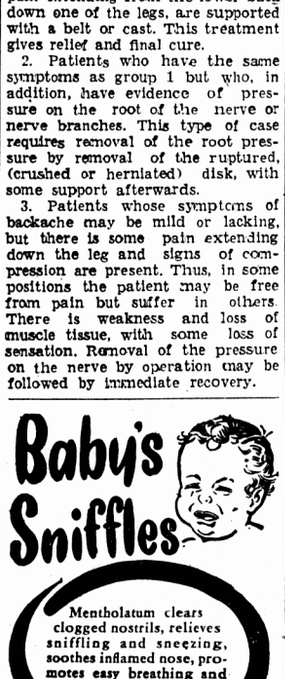
Baby's Sniffles

Mentholatum clears clogged nostrils, relieves sniffling and sneezing, soothes inflamed nose, promotes easy breathing and restful sleep. Jars and tubes 30c.

A10

MENTHOLATUM Gives COMFORT Daily

PETUNIA DESIGN



DESIGN NO. E-852

Beautiful petunia medallions are quickly crocheted and joined to create ideal luncheon doilies. Pattern No. E-852 contains complete instructions. Needlework Book 20 cents.

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Pattern No. E-852

Name

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Dorothy Dix Says—

Overworked Grandma

Older Woman Needs Freedom From Demanding Children

DEAR MISS DIX: I am a widow of 58. My problem is what to do about my grandchildren whom I love very dearly, but whom I would prefer to take in broken doses if such a thing is possible, instead of being fed up to the gills with them all the time.

I have reared a large family of two sons and five daughters, so you see the supply of grandchildren is inexhaustible. But now I would like to live a life of my own, with plenty of peace and quiet in it and doing the things that I enjoy doing myself.

But I find it impossible, for I am no longer a lady of leisure. I am just a baby-sitter. I am just Grandma. My daughters and my daughters-in-law dump the children on me and think they are giving me a treat. The older ones come over to Grandma's for tea. The smaller babies are brought over for Grandma to mind while their parents go to parties, concerts and theaters. This has been going on for about five years, with no prospects, so far as I can see, of the young mothers staying at home and minding their business and letting Grandma mind hers.

Would you write something for others to read?

OVERWORKED GRANDMA

ANSWER: Well, it is a pleasure to hear of one grandmother who has the spunk to raise her voice in protest against the slavery which is wished on most women when the baby crop begins to come in. Not that it will do Grandma any good, for all young mothers are sold to the belief that Grandma just adores walking the colic and changing diddies and that the racket made by Georgie and Sammy with their scooters, drums, whistles and horns is just music to her ears.

It would be funny, if it wasn't also sad, how the family looks on Grandma. They never see her as a youngish woman who likes to go places and do amusing things; who plays a good game of bridge and has a nice taste in clothes a little on the gay side, if her daughters don't interfere with her; and who isn't too old or decrepit not to enjoy spending the evening in company with a boy friend who is also 60 or 70 and with whom she can say, "Don't you remember?"

HOUSEHOLD CONVENIENCE

No, the family picture of Grandma is of a sort of self-abnegating angel whose chief earthly delight is making cookies for hungry youngsters, and running after kids no matter how rheumatic her knees are, singing babies to sleep, listening to the advice that the young mothers give her and being a sort of household convenience that does every odd job and doesn't have to be lubricated with any money.

And, of course, Grandma's job during the war and since the war has been a terrible one, for she has had to crowd Mary, Sally, Ellen, Jane and their kids into her little house that already was bursting at the seams. She has had to give up her sunny room for the babies to play in; she has had to take care of the children while their mothers went out to play or to their jobs, and she has gotten no thanks for anything she has done, because she was just Grandma. All of her children and grandchildren have thought that Grandmothers were devised to make things easier for them.

DEAR MISS DIX: I am 17 years of age and in love with a man of 35 who is married and has three children. We have been going together secretly for nine months. I want him to get a divorce and marry me, but he says it is best to wait a year or two longer.

Do you think I should wait or should I go to his wife and explain?

A. R. C.

ANSWER: What is there to explain to a wife with whose husband you are having an affair? Are you going to tell her, as a happy surprise, that her husband has transferred his affections from her to you? Or are you going to explain to her that it would be cricket for her to get a divorce and let you marry her husband? It would certainly take a lot of explaining to make the lady appreciate your point of view.

My poor little 17-year-old child, haven't you sense enough to see that this unprincipled married Lothario is just playing with you when he tells you it is best to wait a year or two before he gets a divorce from his wife? He hasn't the faintest idea in the world of ever getting a divorce to marry you. So if you don't want to add to your unsome man who offers you a decent marriage.

Cook's Corner

CHICKEN SQUARES

You will observe the use of both rice and bread crumbs in this dish —good stretchers for the modest amount of cooked chicken that is called for.

Yield—4 to 6 servings.
One-third cup rice
2 cups boiling water
1½ teaspoons salt
2 eggs, slightly beaten
1 to 1 1/3 cups diced cooked chicken
1 cup coarse soft bread crumbs
1 cup chicken stock or milk
2 tablespoons chopped pimiento (optional)
⅛ teaspoon pepper
⅛ teaspoon ground ginger

Wash rice in cold water and drain. Measure boiling water into a saucepan and add ½ teaspoon of the salt; bring to boil, then add rice gradually. Boil rapidly until tender—15 to 20 minutes. Drain, but do not rinse.

Combine beaten eggs, well-drained rice, diced chicken, bread crumbs, stock or milk, pimiento if being used, remaining 1 teaspoon salt, pepper and ginger. Taste, and if desired add more seasonings.

Turn mixture into a well-greased 8 by 8 by 2-inch square pan.

Bake in a moderate oven, 350 degrees, until knife inserted in the centre comes out clean — about 1 hour.

For serving, cut into squares and serve with chili sauce.

Why Every Woman Desires Better Looks

It isn't fashionable not to look your best. Modern women don't tolerate headaches, dizziness, depression. When you are feeling blue, off-color, tired, when your head aches — you should look for Constipation, which is easily treated by DR. HAMILTON'S PILLS. These little pills don't cause unpleasant disturbance, but they regulate and aid many women to maintain a well-organized life in which good health is the keynote. To assist in overcoming that worn-out feeling, give DR. HAMILTON'S PILLS a good trial. Sold by druggists in 25c boxes.

Modern Etiquette
By Roberta Lee

Q. What is the correct procedure a man usually follows when buying an engagement ring for his fiancee?

A. After he has proposed and been accepted, he and the girl usually go to the jewellers together and select a ring that is in accord with the desire and taste of the girl.

Q. What would be a suitable phrase for a wife to use when introducing her husband to another woman?

A. Mrs. Barnes, may I present my husband?"

Q. Is it good form for one to use his initials on a visiting card?

A. The proper form is to have the name appear in full.

The Stars Say--
By Genevieve Kemble

For Thursday, January 22

A MOST intriguing and bewildering state of affairs is likely to develop on this day, judging by the unusual, irregular and mystifying aspects of dominant, planetary influences. An inharmonious, exasperating, baffling and discouraging state of affairs, may appear to be injurious, futile, and disastrous, inciting to violent thoughts, words and deeds. Then suddenly from an obscure, unaccountable and strategic source comes a complete reversal in orderly processes. A weird intervention, or a peculiar person, may turn the day into joy, or even spiritual crisis.

If It Is Your Birthday

Those whose birthday it is may be prepared for a time of singular experiences, strange contacts, unusual adventures, in which, from subtle or obscure undercurrents, may arise peculiar or inexplicable developments. At first inharmonious, rash and rancorous, with irritated emotional and mental states of mind and feelings, quite surprisingly the picture changes, with intriguing and fascinating phases.

A spurt of genius, a "hunch" or weird revelation may be at the root of a complete about-face.

A child born on this day may have a arther dual personality. It may be exceptionally versatile sensitive and temperamental, but as well rarely gifted in spiritual, intellectual or artistic, creative expression. Intrigue and subtlety may dominate its life.

Ellen's Diary
By an Island Farmer's Wife

After being a shut-in for some time owing at first to her illness and later to the dampish weather, grand-daughter enjoyed an outing today. By sled, wrapped and scarfed warmly and attended by her mother and Jamie. She liked her spell of airing so well that Jamie telling me of it said shyly: "She made quite a noise" when at last her face was turned towards home. Naturally, it would be annoying to leave the interests and delights of the out of doors, after a lengthy absence. At the first port o' call, there was gran'daddy in a barn busy with the perplexities of feeding turnips to the cattle, open shutters allowing one glimpses of eager faces; In the near field the horses played about in the snow, before setting off to their drinking; cats were about the yard; pigs in their pens and between the bars of a gate in the shed, through which if one wished they might safely reach a mittened hand, one might touch one or another of the ewes or Jamie's black lamb. Fowls were visited too and at an opportune moment, for presently amid smiles a new laid egg warm and brown was fetched in "for somebody's breakfast." Paths must be broken anew and sometimes when the sled stuck fast in a drift there was vigorous pulling and pushing to dislodge it — and much laughter.

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For last night, a great Artist had retouched the wintry picture which to our way of thinking was already flawless, capping each post and smallest twig with white, dropping it softly along the branches of the lawn trees with the same rich beauty as that made by the hoar frost, leaving the scenes all new and different again. James is now much taken up with the snowfalls even when the flakes enfold the surroundings tenderly. He talked of this to Mr. C. from the house on the hill tonight.

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"This" he said, speaking of January, "is one month which for me, passes all too slowly. I find myself looking frequently at the calendar, hoping the days will go quickly. I can't say why —but I just don't like this month. It's not the cold that I mind so much, it's the storms." Mr. C. agreed. "I'm like you too" he said "it can't go too fast for me!" Extremely pleasant however I find these quiet Winter days. Even the dark stormy ones are acceptable and not at all to be hastened, and at Alderlea, to my way of reckoning, all are passed in comfort. Jeanie too enjoys them "so long as folks are well" since they afford time for doing the many things put off during the busy-ness of other seasons: the bits of sewing or mending, hooking and quilting; enjoying some hobby like Jamie and I last evening when until our supply of mucilage was exhausted we added a number of interesting items to our respective scrapbooks.

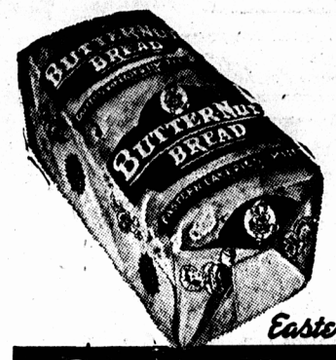
• • •

Scrapbooks make such acceptable readings not only to those who compile them but also may be handled reverently and with much delight and enjoyment by others through the years. Jamie collects any picture or item, when read to him which pleases; of animals and birds, of plants and seeds—fetching kernels of buckwheat from the Fall threshing up at the other farm, when divorced from his pocket, were fastened to a page, adding much interest there —now that this is a strange grain to youthful farmers like Jamie. A fat Canada wild goose has a leaf to himself and the very latest entry was the likeness of a whooping crane, rare now but remarkable since it likely is a cousin of the grey ones which like miniature planes fly in, to enhance Jamie's and my own Summer scenes, coming from the reaches of the river

• • •

And a chinchilla we have caught in its pages; rabbits too and a squirrel, a bright roguish fellow with a plumed tail and nibbling with determination at a nut or as we said "it just might be an acorn" but whichever, it will never be wholly eaten. "I saw your squirrel" Jamie told me laughing when after braving the depth of snow and the distance he fetched the mail from lane's end today. "Not all yourself?" James asked. Jamie nodded proudly. "I mostly bring it for mother — and sometimse Mutt comes, but I don't mind now going alone." We still smile about the day when on the way home Mutt broke away from his master, and in Jamie's words "went, leash and all like a streak of blue blazes for home!" leaving his small companion desolate and extremely vexed . . . And today Jamie's visit came to an end. He returned home when our farmers went to their woodcutting. "Funnies" are still on a small table, where he laughed over them; his forgotten scarf hangs on a nail behind the stove, and now that Mr. C. too is gone, James sighs.

Until tomorrow — Diary —Goodnight.



It reflects "GOOD TASTE" to

BUY

Eastern Bakeries'

BUTTER-NUT BREAD

Better English
D. C. Williams

1. What is wrong with this sentence? "We are very pleased to know that you will come."
2. What is the correct pronunciation of "satirical"?
3. Which one of these words is misspelled? Plagarism, plaintiff, plausible.
4. What does the word "Infatuate" mean?
5. What is a word beginning with ma that means "containing an authoritative command"?

ANSWERS

1. Say, "We are very pleased." 2. Pronounce sa-tir-i-kal, both a's unstressed, both i's as in it, accent second syllable. 3. Plagiarism. 4. To inspire with a foolish and extravagant passion. "He became so infatuated that he lost all sense of propriety." 5. Mandatory.

How Can I !!!
By Anne Ashley

Q. How can I prevent having rough and unsightly elbows?

A. Scrub the elbows every night with warm water and soap, using a soft brush. After they are clean, rinsed, and dry, massage with warm olive oil. Keep up this treatment for two weeks and see the improvement.

Q. How can I remove rust from knives?

A. Plunge the rusty knife blade into an onion and leave it there for an hour or so. Then polish in the usual way.

Q. How can I keep lettuce, celery, parsley, and mint fresh for a longer time?

A. Wrap in a cloth wrung out of cold water and keep in the refrigerator.

Household Scrapbook
By Roberta Lee

White Fox Furs

To clean white fox furs, put one pound ground rice into a large bowl. Put the soiled fur into the rice and rub thoroughly. After this process, shake the fur thoroughly to shake out the rice. This is an excellent cleaning method.

Plant Care

Plants that have large, broad leaves should be sponged about once a week with clear, tepid water. This will remove the dust which sometimes harms the plant.

Fresh Paint Stains

Fresh paint stains can be removed by saturating two or three times, if necessary, with a solution of equal parts of turpentine and ammonia.

Morning Smile

The man with the big shirt-front indignantly asserted himself. "I won't be ordered around as if I was a slave," he exclaimed. "It's no disgrace to be a waiter."

"Maybe not," said the dyspeptic guest, "but it's a disgrace to be such a waiter as you are."

One rainy afternoon Aunt Sue was explaining the meaning of various words to her young nephew. "Now, an heirloom, my dear, means something that has been handed down from father to son," she said.

"Well," replied the boy thoughtfully, "that's a queer name for my pants."

Splendid Cough Syrup Easily Mixed at Home

To get quick relief from a distressing cough, mix this recipe in your own kitchen. Once tried, you'll say it's your favorite cough medicine, and it's so simple and easy.

First, make a syrup by stirring 2 cups granulated sugar and one cup of water a few moments, until dissolved. Anyone can do it. No cooking needed. (Or you can use corn syrup or liquid honey, instead of sugar syrup.)

Then get 2½ ounces of Pinex from any druggist. This is a special compound of proven ingredients, in concentrated form, well known for its quick action on throat irritations.

Put the Pinex into a 16 ounce bottle, and fill up with your syrup. Thus you make 16 ounces of very efficient medicine, and you get four times as much for your money. It tastes fine and never spoils.

And for quick, satisfying relief, it is splendid. You can feel it penetrating the air passages and taking hold of the cough. It loosens the phlegm, soothes the irritated membranes, and eases the soreness. Thus it makes breathing easy, and lets you get restful sleep.

Just try it, and if not pleased, your money will be refunded.

Pinex Is Swift Acting. Saves Money. Easily Mixed.

Needlecrafts
FOR THE HOME

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New-look dress beautifully blends fashion with flattery . . . by featuring the longer peplum styling that is so favorable to the larger figure. Smooth tucks at the shoulders and waist add to the all-around softer lines.

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