

Eat more Bread and Better Bread

Few of us eat enough of the "Staff of Life."

Make your Bread from



PURITY FLOUR

More Bread and Better Bread

The Eastern Guardian

..IT PAYS to buy in this Province.

..*T. GORDON IVES is Guardian Representative in Montague.

..*D. F. TIERNEY is Guardian representative in Souris. MEIF.

..*LECTURE.—Agricultural meetings will be held in King's County as follows:—Rollo Bay East, Thursday, December 2nd; St. Peters, Friday, Dec. 3rd. These meetings will be addressed by Mr. L. Tennant, District Representative for Kings, and the subject for discussion will be the Sheep Industry and the Co-operative Marketing of Wool.

..*WEDDING BELLS.—St. Columba's Church, Fairfield was the scene of a very interesting event on Tuesday, Nov. 16th, when Margaret Keough and Arthur Keene both of East Baltic were united in the Holy Bonds of wedlock by Rev. B. J. Gillis, P. P. The bride looked charming in a suit of Alice blue with blue hat and white plume, and was attended by Miss Jennie Dunphy of Glencorrodale, who wore a suit of navy blue with hat to match. Mr. Daniel Grady of East Baltic was groomsmen. After the ceremony the happy couple drove to the home of the bride where a sumptuous dinner was awaiting them. The afternoon was spent very pleasantly and as the evening wore upwards of one hundred guests assembled and dancing was indulged in till the "wee sma" hours of the morning. The presents were numerous which goes to testify to the popularity of the young couple. Mr. and Mrs. Keene will reside in East Baltic.

..*ONE CENT per word each insertion for advertising in this column. Cash must accompany order.

..*SOCIAL AND BAZAAR.—The Montague branch of the Women's Patriotic Association will hold a social and bazaar in the Auditorium, Montague, on December 16th. 5035-11-30-Mtt.

EXPLAINED

"Your daughter plays some very robust pieces."
"She's got a bean in the parlor," growled pa, "and that loud music is to drown the sound of her mother washing the dishes."

CIVILIZATION'S GREAT MENACE.

Constipation is civilization's great menace—and nearly every adult suffers more or less from its devitalizing influence. Millions of dollars are expended each year for salts, calomel, pills, etc., to relieve this condition.

How much better people would be if they were to cut out the drugs and eat a good bowlful of Dr. Jackson's delicious Roman Meal each morning! This is a natural laxative food, and most nutritious known, designed by a prominent dietetic specialist. Ask your physician about it. It is guaranteed to relieve constipation or "money back." Follow directions on the package carefully in making porridge. Don't stir.

Sold by all live grocers at 10 and 25 cents.

MADE ESPECIALLY FOR AND WORN BY THE BEST PEOPLE EVERYWHERE

YOU CANNOT BUY BETTER ANYWHERE

- Sold by the Best Dealers -



SHIPPING NEWS

REPORTED INWARD.

Tug Amherst, Capt. Bate, from Pic-tou.

Schr. Grand Master, Grant, Bay Verte.

REPORTED OUTWARD.

Schr. Grand Master, Capt. Grant, Bay Verte.

Now for Xmas Photos

All styles of finish are shown, sepia buff black and white, life-sized hand finished portraits in India ink and the popular hand-painted work in natural colors.

Call in today and see some of the styles.

The Cook Studio

A Personal Thought

The Spirit of the Giving

Determines the value of the gift. What then could be more fitting than your portrait for the Christmas remembrance. To carry your simple message of friendships. A dozen portraits solve at once a dozen perplexing gift problems. Make an appointment today at

THE BAYER STUDIO



A Ticklish Proposition

Our Coal is bound to tickle the whole family either directly or indirectly.

Father is tickled by the nice even heat that fills the den, Mother by the quick, lasting heat that enables her to keep a good stock of goodies for the kiddies who are always tickled to get home to a pleasant fire and mother's BEST. Phone 111.

C. LYONS & CO.



Hard and Soft Coal

Wholesale and Retail

Now is the time to put in your Winter's Supply of Coal when roads are good, weather fine, and prices lowest.

We have a good supply of Soft Coal in stock suitable for Domestic and Steam purposes and have fresh cargoes arriving almost daily.

We have also a supply of Best Anthracite Coal in Egg, Stove and Chestnut sizes suitable for Furnaces and Base Burner Stoves.

We shall be pleased to have your order for your requirements at any time.

Schools, for charter always in demand, and highest rates of freight paid.

SUNTAIN, BELL & CO.

Phone, 404

Selling Agents for Dominion Coal Co.

Thin People Gained Weight Quickly

BY FOLLOWING THIS SIMPLE SUGGESTION.

Thin men and women who would like to increase their weight with 10 or 15 pounds of healthy "stay there" fat should try eating a little Sargol with their meals for a while and note results. Here is a good test worth trying. First weigh yourself and measure yourself. Then take Sargol—one tablet with every meal—for two weeks. Then weigh and measure again. It isn't a question of how you look or feel or what your friends say and think. The scales and the tape measure will tell their own story, and many thin men and women we have met can easily add from five to eight pounds in the first fourteen days by following this simple direction. And best of all, the new flesh stays put.

Sargol does not itself make fat, but mixing with your food, it aims to turn the fats, sugars and starches of what you have eaten, into rich, ripe fat producing nourishment for the tissues and blood—prepare it in a easily assimilated form which the blood can readily accept. Much of this nourishment now passes from your body as waste. But Sargol works to stop the waste and do it quickly and to make the fat producing contents of the very same meals you are eating now develop pounds and pounds of healthy flesh between your skin and bones. Sargol is safe, pleasant, efficient and inexpensive. All other leading druggists in this vicinity sell it in large boxes—forty tablets to a package—on a guarantee of weight increase or money back as found in each large box.

Boys' Boots

Our line of boys' school boots for fall wear is complete.

Boston Boy Boot

The leader at \$2.65 a pair for sizes 1, 2, 3, 4, 5. This boot is made in Box Kip leather with solid insoles and counters and nailed soles.

Boston Boy Boot

Sizes 11, 12, 13. \$2.10 made same as above.

See This Line.

Alley & Co.

135 Queen St.

GLENFANNING NOTES.

Mr. Patrick Casey is working at All Saint's Church, Cardigan Bridge effecting some repairs to the heating apparatus which had gotten somewhat out of order, and also making some repairs to the foundation of the building. The storm of Monday night last was very severe in this locality, but no damage was done except that some barrack roofs were carried away.

Mrs. Stephen Macdonald who met with a severe injury to her ankle some time ago has almost completely recovered.

Mrs. Michael Bowlin is visiting relatives in Western Prince.

Mr. Lawrence Byrne of Mitchell River held a sale of his stock, crop, furniture, agricultural implements etc., on the 23rd instant. The sale was well attended and good prices were realized, the cattle especially bringing high figures. Mr. Byrne intends selling his farm and removing to Boston, Mass, where he holds a good position.

Mr. Dominic Bowlen one of Glenfanning's enterprising farmers has of late years taken up sheep raising and his success in this line goes to show what a profitable industry it is. Mr. Bowlen makes a specialty of pure bred Southdown stock from his flock of forty two sheep. he this year sold thirty-five lambs which with the year clip of wool netted him well in advance of two hundred dollars. The roads in the vicinity of Glenfanning are in rather poor condition at present owing partly to the swampy nature of the soil and the great amount of traffic over them the "Seven Mile Road" as it is commonly called between Bridgewater and Cardigan Bridge being one of the most travelled sections of road on P. E. Island.—E.

"With each box of Penslar Tooth Paste or Tooth Powder. We will give away a Penslar Balloon—Here's a chance for the kiddies—Foster's Drugstore. 5005-11-27-M31.

EASTERN PERSONALS

..*Mr. Geo. Parker of Georgetown was in the city on Saturday.

..*Mr. Ham Nelson was a passenger to Charlottetown on Saturday from Montague.

..*Mr. Geo. Thompson was a passenger on the morning train to Montague Saturday morning.

..*Mr. James W. Allen went to Cardigan on Saturday after saying farewell to his brother Lea, who went with the heavy battery to England.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Wm. D. Little*

WAR LOAN

DOMINION OF CANADA

ISSUE OF \$50,000,000 5% BONDS MATURING 1st DEC., 1925

REPAYABLE AT PAR AT OTTAWA, HALIFAX, ST. JOHN, CHARLOTTETOWN, MONTREAL, TORONTO, WINNIPEG, REGINA, CALGARY, VICTORIA.

INTEREST PAYABLE HALF-YEARLY—1st JUNE, 1st DECEMBER.

ISSUE PRICE 97½

A FULL HALF-YEAR'S INTEREST WILL BE PAID ON 1st JUNE, 1916. THE PROCEEDS OF THE LOAN WILL BE USED FOR WAR PURPOSES ONLY.

In the event of future issues (other than issues made abroad) being made by the Government, for the purpose of carrying on the war, bonds of this issue will be accepted at the issue price, 97½, plus accrued interest, as the equivalent of cash for the purpose of subscriptions to such issues.

Delivery of scrip certificates and of bonds will be made through the chartered banks.

The interest on the fully registered bonds will be paid by cheque, which will be remitted by post. Interest on bonds with coupons will be paid on surrender of coupons. Both cheques and coupons will be payable free of exchange at any branch of any chartered bank in Canada.

Holders of fully registered bonds without coupons will have the right to convert into bonds with coupons, payable to bearer or registered, without payment of any fee, and holders of bonds with coupons will have the right to convert, without fee, into fully registered bonds without coupons at any time on application in writing to the Minister of Finance.

The issue will be exempt from taxes—including any income tax—imposed in pursuance of legislation enacted by the Parliament of Canada.

The bonds with coupons will be issued in denominations of \$100, \$500, \$1,000. Fully registered bonds without coupons will be issued in denominations of \$1,000, \$5,000 or any authorized multiple of \$5,000.

Application will be made in due course for the listing of the issue on the Montreal and Toronto Stock Exchanges.

The loan will be repaid at maturity at par at the office of the Minister of Finance and Receiver General at Ottawa, or at the office of the Assistant Receiver General at Halifax, St. John, Charlottetown, Montreal, Toronto, Winnipeg, Regina, Calgary or Victoria.

The books of the loan will be kept at the Department of Finance, Ottawa.

Recognized bond and stock brokers will be allowed a commission of one-quarter of one per cent on allotments made in respect of applications which bear their stamp.

Subscription Lists will close on or before 30th November, 1915.

Finance Department, Ottawa, 22nd November, 1915.

Sale of Island Fox Pelts In New York

I am leaving for New York on or about December the 20th, and will be glad to take with me any fox pelts which Island breeders have for sale, and dispose of them to the best advantage in New York. Being well known to the fur trade, I am in good position to do this.

No sales will be made until prices offered me have been accepted by the owners. There will be no charge of any kind exacted. NOT EVEN HOTEL EXPENSES. Only silver black, standard-bred foxes will be considered. My sole aim is to further the fox industry and I am willing to incur the necessary expenditures to this end in New York out of my own pocket.

[Signed]

DR. LEO FRANK,

Victoria Hotel, Charlottetown,
or Ritz-Carlton Hotel, New York.