

## HEADACHY, BILIOUS, STOMACH SOUR? REGULATE YOUR BOWELS! 10 CENTS

You're bilious. You have a throbbing sensation in your head, a bad taste in your mouth, your eyes hurt, your skin is yellow with dark rings under your eyes, your lips are parched. No wonder you feel ugly, mean and ill-tempered. Your system is full of bile and constipated waste not properly passed off and what you need is a cleaning up "inside." Don't continue being a bilious, constipated nuisance to yourself and those who love you, and don't resort to harsh physics that irritate and injure. Remember that your sour, disordered stomach, lazy liver and clogged bowels can be quickly cleaned and regulated by moving with gentle, thorough Cascarets; a 10-cent box will keep your head clear and make you feel cheerful and bully for months. Get Cascarets now—wake up refreshed—feel like doing a good day's work—make yourself pleasant and useful. Clean up! Cheer up!



"Mother doesn't have to call ME twice to Breakfast"

I'm always in a hurry for breakfast when I know I'm to be served with

**Kellogg's CORN FLAKES**

### Two Minds with but a Single Thought—

and that was

He: "Well, well! No more darned old socks, my dear. See what I bought!"

She: "Oh Jack—Penmans hose! And I just bought some for you this afternoon. I was getting some for myself, and thought I'd surprise you with half a dozen pairs. Just think, Jack! You won't need any more hose for ever and ever so long—Penmans wear so well."

You sample the merits of

# Penmans Hosiery

For men, women and children, in cotton, cashmere, silk and lace

"All Penmans Products are Made-in-Canada"

**MONDAY**

**HEAVY BEEF**—Among the Easter beef weighed on the Market Square last week were several fine animals owned by Mr. H. P. Mills, weighing as follows: 1 cow, 1270 pounds, one ox, 1120 pounds, both fed by H. P. Mills; 1 cow, 1170, fed by John McDonald. Scotch and two yearlings (two year olds) that tipped the scales at 3,600 and fed by James R. McMillan, Covehead.

**—AWAIT TRIAL.**—Dept. Sheriff Wright and Constable George Harris, arrived in Summerside on Friday morning having in charge the three Lewis boys, Calvin, Irving and Archie, of Alberton, the former two are charged with jail-breaking and Archie with interfering with officers in the discharge of their duties. They have all been committed for trial at the next sitting of the Supreme Court.—H.

**—WITH ANOTHER BEAUTY.**—Mr. Frank Perry, of Skinner's Pond, who had the misfortune of losing a beautiful stallion last year, has again become the fortunate possessor of a famous "Goodwood Junior" sired by Victor of Goodwood and dam by Saint Laurent. This animal was bought at a high figure in view of the fact that several were bidding to be its possessor. He weighs 1,400 lbs and is a high red in color. His pedigree is registered.—Z.

**FUNERAL SATURDAY.**—The body of the late Mrs. N. F. Cochrane, whose death took place at Stoneham, Mass., on the 22nd, was brought to the city by the special train from the Stanley, on Saturday morning, and the funeral took place in the afternoon at 2.45 by train to Sherwood Cemetery. The funeral service was held in St. Paul's Church, Rev. T. W. Murphy officiating. Many beautiful floral tributes were received, about 40 pieces coming by boat from friends on the mainland and arriving at the church while the service was being conducted. The pall-bearers were Mr. W. W. Clark, Colonel Peake, Mr. C. H. B. Longworth, Mr. Geo. DeBlais, Mr. Basil Deacon and Mr. Geoffrey Fitzgerald.

**SOLDIERS PARADE.**—The Artillery and Light Horse Volunteers paraded to St. James Church yesterday morning, when the pastor, Rev. Dr. Fullerton, preached an inspiring and stirring sermon appropriate to the occasion, taking as his text, Matthew 25: 25 and 34: "came not to send peace, but to cast a sword." The sermon was listened to with marked attention and could not fail to impress the hearers. Sound advice was given to the soldiers by the preacher in the course of his sermon. Leaving the hospitable shores of this little province, he said, they would encounter many temptations. They would find doors opened, luring them to inevitable destruction. In the face of this they were to don the armour of their Christian faith and stand their ground like men, whatever the pain might be. There was nothing nobler than fighting in the cause of freedom, and they were on the side of Christ in upholding the honour of the Great Empire to which they were proud to belong.

The second annual Boys' Work Conference opened in Summerside on Friday evening with a sumptuous banquet in Epworth Hall. Upwards of 150 delegates from the various Sunday Schools of the province sat at the tables, which were laden with dainties provided by the good ladies of Summerside. Owing to the unavoidable absence of the Mayor the address of welcome was given by Councillor Jardine, who in a few well-chosen remarks expressed the pleasure of the people of Summerside at having the boys assembled there. Reports were made by Malcolm McEwen, Charlottetown, Ernest White, Souris, and Samuel Proffit, Kensington. Mr. J. C. Jardine, the Chairman, then introduced Mr. Taylor Statten, National Boys' Work Secretary, of the Y. M. C. A., who explained the object of the conference and personal efficiency.

The following officers were elected: President, Nelson McEwen, Charlottetown; Vice-President, Morney Bell, Summerside; Secretary, Lawson Jenkins, P. W. C.'s Resolution Committee, Edgar McInnis, R. Morrison, R. C. Cousins, Credentials Committee, H. Laird, F. Proffit, L. Lea.

The meeting then adjourned with the singing of the National Anthem.

## REPLENISH YOUR BLOOD IN THE SPRING

Just now you are feeling "out of sorts"—not your usual self. Quite exhausted at times and cannot devote real energy to your work. Sleep does not rest you and you wake up feeling "all tired out." Perhaps rheumatism is flying through your muscles and joints, or may be your skin is disfigured by rashes, boils or pimples. Headaches, twinges of neuralgia, fits of nervousness, irritability of temper and a disordered stomach often increase your discomfort in the spring. The cause—winter has left its mark on you. These troubles are signs that your blood is poor and watery, that your nerves are exhausted. You must renew and enrich your blood at once and restore tone to your tired nerves, or there may be a complete breakdown. The most powerful remedy for these spring ailments in men, women and children is Dr. Williams' Pink Pills for Pale People, because these Pills had blood and strengthen weak nerves.

New, rich, red blood—your greatest need in spring—is plentifully created by Dr. Williams' Pink Pills, and with this new, pure blood in your veins you quickly regain health and increase your strength. Then your skin becomes clear, your eyes bright, your nerves strong, and you feel better, eat better, sleep better, and are able to do your work.

Begin your spring tonic treatment today for the blood and nerves with Dr. Williams' Pink Pills—the Pills that strengthen.

These Pills are sold by most dealers, but do not be persuaded to take "something just the same." If you can't get the genuine Pills from your dealer they will be sent you by mail, postpaid, at 50 cents a box or six boxes for \$2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

## A POSITIVE CURE FOR RHEUMATISM

Hundreds of People Have Found "Fruit-a-tives" Their Only Help

READ THIS LETTER

Superintendent of Sunday School in Toronto Tells How He Cured Himself of Chronic Rheumatism After Suffering for Years.

"For a long time, I have thought of writing you regarding what I term a most remarkable cure effected by your remedy 'Fruit-a-tives'. I suffered from Rheumatism, especially in my hands. I have spent a lot of money without any good results. I have taken 'Fruit-a-tives' for 18 months now, and am pleased to tell you that I am cured. All the enlargements have not left my hands and perhaps never will, but the soreness is all gone and I can do any kind of work. I have gained 35 pounds in 18 months'."

R. A. WAUGH

Rheumatism is no longer the dreaded disease it once was. Rheumatism is no longer one of the "incurable diseases". "Fruit-a-tives" has proved its marvellous powers over Rheumatism, Sciatica, Lumbago—in fact, over such diseases which arise from some derangement of stomach, bowels, kidneys or skin.

"Fruit-a-tives" is sold by all dealers at 50c. a box, 6 for \$2.50, trial size, 25c. or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

**ISLANDERS PROMOTED.**—Word has just been received from Halifax to the effect that Capt. G. H. Campbell has been appointed to a captaincy in the 55th Battalion of the Third Contingent and that Lieut. C. Martin and Lieut. R. B. Rogers each have a lieutenantcy in the same battalion. This was shown to indicate that P. E. Island is to have a company of its own in the Third Contingent, the only remaining requirement being more men. It is hoped that the young men who are in a position to volunteer will not let this splendid opportunity pass, but will enlist without delay.

**SERIOUS OFFENCE.**—Before John McLeod and Hugh McEwen of Bradalbane two of His Majesty's Justices of the Peace for Queens County, three young men from North Granville appeared last week on the charge of disturbing a meeting of the Sons of Temperance held in the hall there on the 9th inst. They were fined and convicted. The fine and expenses costing them several days pay. This habit of disturbing meetings is too prevalent in some sections and stringent measures should be taken by those in charge to see that the outdoor order is as good as it is within.

**PERSONAL MENTION.**—Mr. E. Boswell, merchant, Victoria, left Thursday for Charlottetown on a business visit. He intends to be away for a couple of days.—Mr. E. H. Wright, merchant, Victoria, spent the past week visiting relatives and friends in Summerside.—Mr. Lyman Hall, Sherbrooke, spent a few days visiting friends in Victoria and Hampshire. While in Hampton he was the guest of Mr. and Mrs. Samuel Cameron.—Miss Florence Penpraise returned to Victoria last week after spending a few pleasant days visiting some of her friends in Charlottetown, where she used to reside.—Miss Bertha Cameron, Hampton, returned home last Wednesday from Charlottetown where she spent a very enjoyable vacation.—Messrs Wesley Clark, Crilly Lea, Evan Wright and Ralph Boulter, Victoria, attended the Boys' Conference in Summerside from Friday till Sunday last.—Mr. John B. Lea, Victoria, attended the Boys' Conference in Summerside.—Messrs G. C. Holland, Victoria, and E. Leard Tryon, drove to Bonshaw in search of a horse on Friday.—V.

**CAVALRY VOLUNTEERS.**—The following is a list of the officers and men of the 6th Mounted Rifles to leave last night for Amherst, en route to the front but who were compelled to wait more favorable conditions: Major Frederick, Capt. T. H. Egan, Lieut. F. P. Bell, Lieut. A. C. Squarbriggs, Lieut. H. L. Bowness, Privates Fred Andrew, Gordon Arbing, Joseph Arsenault, Gordon Birch, Elmer Bowness, Geo. Burns, Gordon Campbell, Archibald Campbell, Albert Campbell, Frank Coyte, Chas. Carlisle, George Currie, J. E. Driscoll, Michael Dalton, P. G. Doiron, Joseph Devo, R. H. English, John Gallant, B. W. Taylor, Peter Vessey, W. A. Vessey, A. A. Whidden, E. Gaudet, Fred Henderson, Herbert Jarvis, Michael Jarvis, Angus Jarvis, Z. Lewis, Napoleon Landry, Albert LeClair, Pat. Martin, Arthur Martin, T. W. Martin, T. J. Martin, C. B. Murley (Signaller), L. W. May, Charles McArthur, Somerled McDonald, J. F. McDonald, C. F. McDonald, John McGougan, David McGougan, Gordon McGougan, James McKinnon, Wm. McKeown, George McLeod, K. McLeod, (Signaller), George McLellan, Louis McMurrer, D. A. McPhee, Earl Reid, M. Sinclair, K. Sherrin.

**SUMMERSIDE, March 28.**—The funeral of the late Dr. McLellan which took place today from St. Paul's Church was the largest ever witnessed in Summerside.

Two special trains, from Souris and Tignish, arrived in the afternoon with about 400 of the friends of the deceased. The train from the East brought a large delegation of the Knights of Columbus, of which order the deceased was a member. These, and the members of the C. M. B. A. attended the funeral in a body. Long before the service the church was filled to its utmost capacity, the centre pews having been reserved for the visiting brethren.

Rev. Dr. McDonald, of Kinkora,

preached the funeral sermon, taking his text from Romans 5: 12. He referred to the high esteem in which the late Dr. McLellan was held as was shown by the very large attendance at his funeral and the many expressions of sympathy heard on the announcement of his death. He also referred to the public spirit which he had displayed in the community, and very feelingly referred to the loss his family had sustained in his sudden and tragic death.

The pall-bearers were Hon. J. A. McNeill, A. A. McDonald, K. C. Charlottetown; Alex. McNeill, M. D.; Mayor A. C. Saunders, Hugh McInnis and William Stewart.

Among those from outside points who attended the funeral were Premier Mathieson, Hon. Charles Dalton, Mayor Sterns, Charlottetown.

**TUESDAY**

**MELVILLE.**—A fox captured by Mr. D. McLeod was put up at lottery on Monday evening, March 22nd. The drawing took place at the station, Mr. Lesley Campbell of Flat River won, ticket No. "M 1550"—being the lucky one.—Com.

**—MAY LOSE HIS EYE.**—News comes from the Charlottetown Hospital that Mr. Peter A. Gaudet of Tignish now an inmate there may lose the sight of his right eye. At present his physicians report that no certainty of cure can at this stage be promised.—Z

**MARKET PRICES.**—The Toronto Globe of the 24th inst., states there is some uncertainty regarding the future of cattle prices. Good Butcher steers and heifers are graded at 6 1/2 to 7 1/2. Butcher cows choice 6 to 6 1/2 live weight. The price of live hogs is steady at 8.60 off cars.

**OF LOCAL INTEREST.**—A telegram from Winnipeg yesterday to Hyndman & Co., City, advised of the death of Mr. J. H. Brock, Managing Director and founder of the Great West Life Assurance Co. Mr. Brock has been in ill-health for the past two years and death occurred while at Long Beach, California.

**TEACHERS MEETING.**—A meeting of the Executive of the Eastern Teachers' Association was held in the Savoy Hotel, Mt. Stewart, on Saturday, March 27th. Messrs Cairn, Mullins and Adams, inspectors, and Messrs Green and Mullaly and Miss Peters, teacher, were present. Mr. Cairn the President, presided, on motion by Mr. Mullins, seconded by Mr. Mullaly, it was decided to hold the annual convention at Mt. Stewart, on May 14th and 15th. On motion, Mr. Green was appointed Recording Secretary to succeed Miss Dougan. Teachers who may have important matters under consideration, to be brought before the convention would confer a favor by notifying the Secy., as soon as convenient.—L.

**THE STEAMERS.**—The Stanley left Georgetown at 5.30 yesterday morning and at 10.30 she was reported three miles south of Cape Bear in heavy ice, making very slow headway. She has on board 3 tons of express, 51 tons of freight, 17 passengers and 60 bags. Up to 6.30 last evening the Stanley had only "made" one mile more than at 10.30 a. m. The Minto left Pictou Sunday morning at 10 o'clock and at 11 a. m. yesterday she was working off the east end of Pictou Island, making poor headway. At eight o'clock she was 3 miles south of Cape Bear with a prospect of getting in to Georgetown through the night. She had on board 20 passengers, 75 bags of mail, 1 1/2 tons of express, 67 tons of cargo. The steamers were only a half mile apart at 8 o'clock.

S. of T.—Highland Division, S. of T., No. 265, of Hartsville, are holding very

## A Daily Treat—Always Acceptable and Delicious.

# "SALADA"

The Tea of all Teas. E 135

Black, Green or Mixed } Get a package and enjoy a cup of Tea "In Perfection".

interesting meetings this quarter, under the direction of an excellent staff of officers, the W.P. being Bro. D. M. McDonald, Springton, late of Cambridge, Mass. An interesting feature of this quarter is a programme contest, which has been going on throughout the entire quarter, under the leadership of Miss Florence McLeod, of Hartsville, and Miss Jeanette McDonald, of Hopedale. The latter having her final night's programme on Tuesday night, the 23rd inst., consisting of the following selections out of such a way as to evoke rounds of applause:—Recitation, D. M. McDonald (encored); solo, Elsie McLeod (encored), followed by a humorous dialogue, "The Somnambulist," participated in by Margaret McDonald, J. D. McKenzie, Jeanette McDonald, Kenneth McInnis and D. McDonald; solo, J. D. McKenzie (encored); recitation, Margaret McDonald (encored); recitation, Jeanette McDonald (encored); duet, Annie Nicholson and Katie L. McLennan (encored); dialogue, "Not a Marrying Girl," by Jeanette McDonald and Kenneth McInnis; recitation, Marion McDonald (encored); recitation, K. McInnis (encored). Next Tuesday will conclude the contest, when Miss McLeod will, doubtless, make it quite interesting for her opponent.

### A Host of Different Centers

You like the spice of variety, therefore you'll enjoy Moir's Chocolates, with their hundred or more different centers.

Toothsome nuts, dainty jellies, luscious fruits, form some of the centers, while others are of unique creamy confections. All are hidden in that wonderfully thick coating of smooth, rich chocolate that's being talked about so much today.

Enjoy a new treat. Try Moir's Chocolates.

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# Moir's Chocolates

## COWAN'S PERFECTION COCOA

After Shopping.

After any fatiguing trip in the chilly outdoors, a cup of COWAN'S COCOA is wonderfully refreshing and stimulating—and it wards off colds.

Quarter-pound Half-pound and one-pound tins