

**Bronchitis** can be quickly relieved if Johnson's Anodyne Liniment is sprayed into the bronchial tubes several times daily. It is also a tried and true remedy for Colds, Asthma, Diarrhoea and most human ills. In most cases where internal use is necessary a few drops are poured on sugar or in sweetened water.

**For 99 years the Family Doctor**

Always keep a supply in your home, because it is invaluable for applying to cuts, bruises, sprains, burns and scalds. It is the emergency remedy almost a century old. **It never fails.**

Sold at 25c and 50c a bottle

Parsons' Pills for bilious indigestion and constipation.

**I. S. JOHNSON & CO.**  
Boston, Mass.



### SUNDAY SCHOOL LESSON

FEBRUARY 20.

Matt. 7:1-12.

GOLDEN TEXT.

#### THE GOLDEN RULE.—TEMPERANCE.

"Therefore all things whatsoever ye would that men should do to you, do ye even so to them, for this is the law and the prophets." (A. V.) — Matt. 7:12.

#### POINTED SUGGESTIONS.

By Rev. D. W. Snider.

No one can study the Sermon on the Mount without being conscious of the sword-like character of the words of the Master, as they cut directly to the central sources of man's sin and lay bare his prejudice or hypocrisy or worldliness, or what? Lay not up for yourselves treasures upon earth. "Ye cannot serve God and Mammon; Take no thought for the morrow, Enter ye in at the straight gate."

But, as in the case of such clear-cut statements for the guidance of men, Jesus is not handing out petty rules and regulations or minor laws and by-laws to fit the possibilities of any and every situation that may present itself in the contact of man with man, in like manner the sharp opening of our lesson is the statement of a directing and underlying principle rather than a word to be followed without any discriminating qualification.

The Master suggests such qualification Himself. "Give not that which is holy unto the dogs," etc. How can that be managed without the exercise of judgment? How shall men classify prophets by the fruit of their doctrines and doings without the necessity of forming mental estimates of character and bringing things under judgment?

Nevertheless, the teaching of Jesus reminds us, with an emphasis vliet, His divine judgment, doubtless, saw to be necessary, that as soon as men begin to sit in judgment upon the motives and aims and objects of one another and to form estimates of their relative merits by reason of the thousand and one factors of race and religion which make up character we are playing with edged tools. They cut both ways. They never make a single wound. The striker will suffer as surely as the stricken.

And as the covetous and worldly man is discovered by the principle of Christian conduct, which exhorts men to lay not up treasures upon earth, so the inconsiderate, uncharitable, unloving judgments of the censorious and faultfinding spirit are exposed, and such a character is brought under blistering condemnation by the decisive warning of the Master when He says, "Judge not, that ye be not judged." Such an one invites to himself the inevitable workings of a just retribution while he fosters a spirit which is more damaging and damnable than an other fault or crime or sin.

This conclusion is reached by the comparison Jesus makes as between the beam and the mote or sliver, or between the eye which has a speck in it or the one which is filmed and blind with cataract.

Verse six is suggestive, also, just here. Does not Jesus more than hint that the dogs and swine of society are those who, in their fancied and hypocritical superiority and censoriousness, make it their business to pillory all and sundry with the prongs of innuendo and gossip and uncharitable criticism.

The judgment which God metes out to His disciples is that of a father to a son. And as a father will not turn away the plea of a son for necessities or make any cruel mistake in the answer he gives, neither will the Father which is in Heaven fail to give the regenerating and Holy Spirit to His believing child, who, rather than possess a proud or defiant or censorious spirit, asks and knocks that he may have victory over such a besetment.



## PANTRY TALKS

I am the Queen of the Flour Bin, the lady-in-chief of the Royal Pantry, the oracle of the Royal Household.

I want the attention of Big Folks and Little Folks, of Experienced housewives and Inexperienced—of Rich housewives and Poor—Young housewives and Old.

For I have stories to tell.

Secrets—four secrets—to unfold.

And these secrets have come by Experience—by actual knowledge of flour, actual study of different grades of flour.

So I will ask your close and careful attention to my little stories about flour and bread and cakes and pies and things.

And I will promise you Profit as well as Pleasure from them.

If I can tell you the secret of making better Bread and Cakes and Pies and Pastry, that will be profitable to you.

And if I can tell you why one flour is more economical as well as more wholesome than another, that, too, will be profitable.

For I mean to go into the flour question deeply, giving Whys and Wherefores, Facts and Figures.

I hope to instruct and edify at the same time.

So if you follow my little stories from time to time, as they appear, you will learn lots of things about flour that nobody has told you before. These Pantry Talks of mine will be chiefly about

## Royal Household Flour

so named because it was the flour selected for use in the Royal Household of Great Britain. It is the one flour in Canada which stands out head and shoulders above all the rest. It is made in Canada by the largest millers in the British Empire—The Ogilvie Flour Mills Co. Limited, Montreal, and, because of its high quality and absolute uniformity, has given the greatest satisfaction both for Bread and for Pastry.



*And don't forget I want*

**"BEAVER" FLOUR**

You see, she can depend on "Beaver" Flour. She knows its uniformly good qualities. She knows what white, homemade flax bread—what light, delicious Cake and Pastry—she gets when she uses "Beaver" Flour. That is why she always orders "Beaver" Flour and insists on having it. Do you?

Dealers—write for prices on Feed, Coarse Grains and Cereals. The T. H. Taylor Co., Limited, Chatham, Ont.



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THE KIND THAT PLEASES THE PEOPLE!

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**E. W. GILLET CO. LTD.**  
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### Getting The Most Out Of Meat

Meat, either cooked or uncooked, in order to be of use in the economy of the human system, needs to be broken up. Tender meat fall apart readily when it comes in contact with the teeth and thus is easily acted upon by the digestive fluids.

Use a Shirreff Meat Cutter and be convinced.

For Sale By

**W. Crabbe**

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You will want something to entertain your friends and here is nothing that pleases all like good music.

We have—in stock, Pianos, Organs, Phonograph

and all other Musical Instruments all of the best make and all prices that cannot fail to please

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All sizes on hand now from a boy's one to a man's eight. Call early before your size is gone.

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When the Smelt Season Opens we are Wholesale Commission Dealers in all kinds of FRESH AND FROZEN FISH

Specialties—Smelts, Eels and Quabags in Carload lots. 31 FULTON FISH MARKET, NEW YORK CITY.

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### P. E. I. RAILWAY

Commencing January 1st, 1910, trains on this Railway will run as follows:

Train Inward

Read Up

Mo. Day Tu. Mo. Tu. Mo. Day, Mo.

Wed. ex. Th. Wed. ex. Wed.

Fri. Sun. Sat. Fri. Sun. Sat. Fri.

P.M. A.M. P.M. A.M. P.M. A.M.

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3:31 7:51 2:31 12:31 12:31 11:05 1:05 4:35 9:35

3:49 8:09 2:49 12:49 12:49 10:25 1:25 4:55 9:55

4:07 8:27 3:07 1:07 1:07 9:45 1:45 5:15 10:15

4:25 8:45 3:25 1:25 1:25 9:05 2:05 5:35 10:35

4:43 9:03 3:43 1:43 1:43 8:25 2:25 5:55 10:55

5:01 9:21 4:01 2:01 2:01 7:45 2:45 6:15 11:15

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