

# Woman's Realm Social and Personal Fashions Literature

## Living & Leisure The Woman's Realm

Be noble; and the nobleness that lies in other men, sleeping but never dead, will rise in majesty to meet thine own.

Short dinner suit, especially with square neckline filled in with lace cascades is one of the smart new looking short fashions. Small hat worn with it.

### HOUSEHOLD HINT

For doors that stick during humid weather, plane doors at point of friction, but don't plane more than is absolutely necessary, or drafts and air leakage may develop when wood contracts under dry cold of next winter.

### Posture Corrected With Simple Exercises



Many Unaware Of Their Posture She doesn't guess how she looks! She'd be so surprised to learn that as long as her head pokes forward and her buttocks stick out, her darling suit is all in vain. Only posture exercises will make her look smart.

So often you don't know what your posture is really like. Or you think you correct yours by holding your shoulders back—when you remember to!

Actually, posture starts at your middle section. Slack muscles there soon have you slumping. Exercise those muscles and what a difference! They hold you youthfully, beautifully erect without a bit of conscious effort from you.

Try this exercise to firm "middle" muscles. 1—Sitting, place hand behind hips. 2—Stretch body upward as far as you can without tucking weight from seat. Back straight, chest out, abdomen in, head back. 3—Slump forward with rounded back. Repeat 5 to 7 times.

Right exercises correct other figure faults, too. In our 32-page booklet are exercises to slim waistline, hips and legs; to beautify shoulders and bust; to correct posture, painful feet.

Send 16 cents in coin for your copy of BEST EXERCISES FOR HEALTH AND BEAUTY to (The Charlotte-Town Guardian) Home Service, Address. Be sure to write plainly your NAME, ADDRESS, and the NAME of booklet.

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## Plenty of These Dusts to Kill Garden Pests

Two kinds of ammunition are needed to fight pests in Victory Gardens. One poisons insects which eat leaves, and the other kills those which pierce plant juices. The latter insects must be hit by what is known as a "contact insecticide" because there is no way to poison their food.

The first class includes the cabbage and tomato worms, potato bugs, cucumber beetle and all other insects which devour leaf and stem tissue. The second class are the plant lice or aphids and the leaf hoppers.

When there will probably be a shortage of materials which are not grown in this country, such as pyrethrum and rotenone, gardeners can fall back upon dusts which are quite effective and are produced in abundance in this country. Here are suggestions:

Against leaf eaters, a dust composed of 10 pounds of gypsum mixed with one pound of calcium arsenate.

Against juice drinkers, tobacco dust, which may be strengthened by all more expensive rotenone and pyrethrum are usually applied in sprays; they kill all insects which they come in contact, including leaf eaters. Arsenate of lead may be applied as a dust or spray, and is a stomach poison.

is all dolled up with train and well and it's all being done in a church, a grey waistcoat, grey tie (four-in-hand usually), grey gloves, high silk hat and a stick.

If he refuses to go in for all this, there's a girl has to make compromise. Probably her best compromise is to have a Summer wedding, outdoors or in a small country church, and let him wear his white flannel trousers, a dark coat, a bow tie and white shoes. But if she does this, she must simplify her own outfit a bit — some light summery fabric, and not quite so much veil.

However she manages it, she'd better not forget her groom. He'll need some instruction. Most men do.

### TAKE BETTER CARE OF STOCKINGS

Of course you are taking better care of your stockings now. You will take better care of sheer stockings, but it's going to be patriotic to wear cotton, which is being knit into flattering meshy design that goes beautifully with simple, tailored things.

Our hosiery manufacturers won't let you down. Like other important industries, they have ingenuity for you. After wearing sheer hose, wash in mild soap. Don't rub or wring dry. Dry indoors, over a smooth rod, away from heat. For shopping or on cotton. With gossamer sheer hose — put them on the first. Beware of tugging, wear, buy service weights between wearing. Keep stored in tissue or in padded hosiery boxes.

Yes, it came off my own coat," said a low voice behind her. She swung round quivering, to see Chad standing a few feet away. He stepped closer to her. "I had a hunch what you'd do, so I followed you. Well? What have you to say, now that you know?"

"No—I didn't push Manders off the cliff. And now, shall we go out into the kitchen and make that coffee you mentioned?"

It was a command, not a suggestion.

In the kitchen, neither spoke for a while. Chad seated himself at the table. Serena put water on the stove and busily collected a can of coffee and a tablespoon.

Finally, Chad said, "Serena you are a clever girl. How anyone as smart as you ever picked up a guy like Paul is beyond me, but that's beside the point. What matters now is that you and I know something that no one else knows. What are we going to do about it? Ah! You shake your head. Does that mean that you don't know what we should do, or does it mean that you intend to keep your opinions to yourself?"

"I have no opinions."

"Wise girl! Didn't I say you were clever. Now a lesser mentality might leap to the conclusion that, because a button found in a murdered man's hand had been torn from my coat, I was responsible for his abrupt end, whereas the country is the case. A coat, Serena, is not like a fingerprint. A coat can be torn and taken off at will. It can be worn by some one other than its owner. . . . Your water is boiling!"

Serena's spoon clattered against the can as she measured out the coffee.

Chad smiled. "One spoonful — two spoonfuls — three spoonfuls — four spoonfuls — and only a little on the floor. I am glad to see that your nerves are steady. As I was saying, it is unkind to leap to any sudden conclusion. In the first place, I wish to state and will continue to affirm that I have not worn my coat today. Now, since I did not wear it, who did? And why my coat? Have you any opinion on that matter?"

"No," said Serena. "Now I'm disappointed in you. Here is where the chance to display your gray matter comes in. There are two possible reasons why some one wore my coat and not (Continued on page 8, Col 1)

## Dorothy Dix Says—

### SEPARATION IS DANGEROUS FOR MARRIED BOY AND GIRL

#### A Scared Young Woman Is Advised Not To Wed Until War Is Over

DEAR DOROTHY DIX—I am a young girl in love with a boy with whom I have been keeping company for a year. I have been trying to persuade him to marry me before he goes into the army, but he refuses and says it will be best to wait until the war is over. I am scared that I will never get married if I wait that long. Do you think I should wait, or break up with him and look for someone else? UNDECIDED

ANSWER—I think the boy is exactly right about waiting until the war is over to marry, and I only hope he has enough backbone to refuse to let you rush him into a hysterical war wedding. He knows that in these uncertain times it is folly to take on new responsibilities, and that you are going to have plenty of cares and anxieties to worry over without adding the troubles of a family man to them.

He also realizes, as you do not, that absence puts a great strain upon the affections of young people, and that it is a dangerous thing for a boy-husband and a girl wife to be parted. Both soon tire of being cut off from the pleasures and amusements of their time of life. They want to dance and go places and do things and chum around with other boys and girls. And if they do that, there is always the chance that they may forget the absent wife or husband and find someone whom they like better.

Hence the wise thing is for them to keep themselves free until the time comes when they can marry and lead a normal family life. Believe me, daughter, you would get mighty tired sitting livelier amusement than reading an improving book, or looking for the letters that perhaps never will come.

LOOK BEFORE YOU LEAP Apparently you want to marry this boy not because you are so much in love with him, but because you are afraid you will be old maid. You want to marry just to be a-marrying, and that is about the silliest reason on earth for doing it. . . .

Will have to be brutal DEAR MISS DIX—My husband's brother has recently married. He and his wife have a nice home of their own in another part of the state, but they are chronic visitors who descend on us, bag and baggage, without any invitation whenever they want an outing. . . .

Too many beans Lots of other people are also afflicted with grafting relatives, and a number of women have written me how they solved this problem. One woman said that she lived in the country and that every Sunday a horde of her and her husband's relatives not only drove out but brought their friends along, for a good dinner of fresh vegetables and country chicken. . . .

13 Years Too Late DEAR DOROTHY DIX—I am the mother of a 13-year-old girl who is pretty, attractive, whom we dress beautifully and whom we have given every advantage she could ask. . . .

Troubled Mother ANSWER—You are just thirteen years too late in asking that question. You have evidently spoiled the girl rotten and now you are regretting what you have sown. . . .

Mcrring Smile A church dignitary was asked to preside at the baptism of the latest arrival in the already crowded, home of the minister of the parish. . . .

He'll Be Angry Little Mary was heartbroken when her pet canary died, and to pacify her, her father gave her an empty cigar box, and with much ceremony assisted in burying the box in the garden. . . .

WHAT'S IN A NAME? ONE CUP SHOWS YOU! At your grocer's in 7- and 12-oz. packages — also in improved FILTER tea balls.

DESIGN NO. 1110

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## Needlecraft For The Home

The style of a coat-dress combines with the perfect comfort of a sleeveless summer frock in this simply cut outfit. A little bolero is added, in order to make this an all-purpose frock. Very easy to make.

Style No. 3055 is designed for sizes 36, 38, 40, 42, 44, 46, and 48. Size requires 3 yards 39-inch fabric for dress; 1-1/8 yards for bolero.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlotte-Town Guardian, Needlecraft Department.

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**HOORAY!**  
**NO MORE HORRID GREASE LEFT ON MY DISHES!**

THE OLD GREASY WAY THE NEW RINSO WAY

Just POP your dishes into Rinso suds—they'll come out sparkling!

QUICK as you can say "Rinso," grease disappears when you wash dishes this grand new way! It saves hours of work at the sink every week—and keeps your dishes brilliant. What's more it saves your hands—keeps them smooth and white—for Rinso suds are gentle, safe!

Simply pop dishes, silverware, glass into thick, rich Rinso suds and out they come spotless and gleaming! No horrid grease to make them smeary, no unpleasant dishpan scum to clean up afterwards! Start using Rinso for your dishes today, get the GIANT package for extra economy.

**Rinso**  
A LEVER PRODUCT

**RINSO DISSOLVES GREASE**

**WHAT'S IN A NAME? ONE CUP SHOWS YOU!**

At your grocer's in 7- and 12-oz. packages — also in improved FILTER tea balls.

**TENDER LEAF TEA**  
Superior Quality

DESIGN NO. 1110

Octagonal rug is made of crocheted diamonds which are made separately and sewn together and finished with a fringe. It is ideal for the bedroom, or in front of a fireplace. Pattern No. 1110 contains list of materials needed, illustration of stitches and complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlotte-Town Guardian, Needlework Department.

Design No. 1110

NAME \_\_\_\_\_ STREET ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_