

Woman's Realm / Social and Personal / Fashions / Literature

Can't Stop Women's Worries

Dorothy Dix

Free Part of These Lives

If Woman Doesn't Have Something Real to Worry About She Creates An Imaginary Cause and Seems to Thrive on it

A correspondent wants to know why women worry so much more than men do. He says: "No one can fix a woman so she won't worry, because if she hasn't a real trouble she can manufacture a synthetic one that is just as good to lose sleep over."



"She can spoil the flavor of her cake by worrying over the fear of not having bread tomorrow. She can worry over having money and not having it; over being sick and being well; over everything that can happen and can't happen."

Well, doubtless it is statistic. Women were born that way. Besides, they envy it. Women never consider it quite the correct thing to be happy, and they get a lot of comfort out of secret sorrows that they can confide to anybody who will listen.

Consider looks, for instance, which is one of the things that women have to worry over from the cradle to the grave. A man's looks are strictly between him, his beard and his talker. He doesn't have to acquire a perpetual headache over retaining his boyish air, nor letting his hair get grizzled, nor being easy on the eyes.

But a woman hasn't the blessed privilege of being homely, for no matter what else she is, she is expected to be a runner-up for ladies America. So she has to worry over getting fat, her complexion, her hair and her clothes, and wear herself to a frazzle trying to circumvent nature.

There are dates that the girls have to worry over and the boys don't. From the time a girl is 16 she lives on a calendar of anxiety as to whether she will be hit with the boys' left out in the cold. She worries over whether Tom is going to come by in his flivver and take her for a ride, whether Dick is going to ask her to the movies, whether Harry will give her a rush.

But no boy has to worry over dates because he makes 'em. All he has to do is to pick and choose among the dates. He can go with whom he likes, and he can go with the boys' left out in the cold.

Women's prize worry is over their husbands. They worry over their husbands' affections; they worry over the danger of dimes stealing their husbands from them; they worry over their husbands taking them for granted, but the least of a man's worries is the likelihood of his wife ever ceasing to love him, or of her being stolen from him by a sleek-tailed gigolo.

When other worries fail, a woman can always worry over her children. A mother can keep herself worried down to skin and bones over her children's health, their manners, their schools, their associates, their being run over by automobiles, whom they marry and everything they do and leave undone.

Women get old before their time worrying over getting old. Maybe men don't like it any better than women do, but they know they can't help it and so they let themselves get fat, and comfortable and bald without wearing themselves out trying to look 19 when they are 90.

But you needn't sympathize with women because they worry so. They're having the time of their lives, when they are worrying the most.

DOROTHY DIX

Modern Etiquette

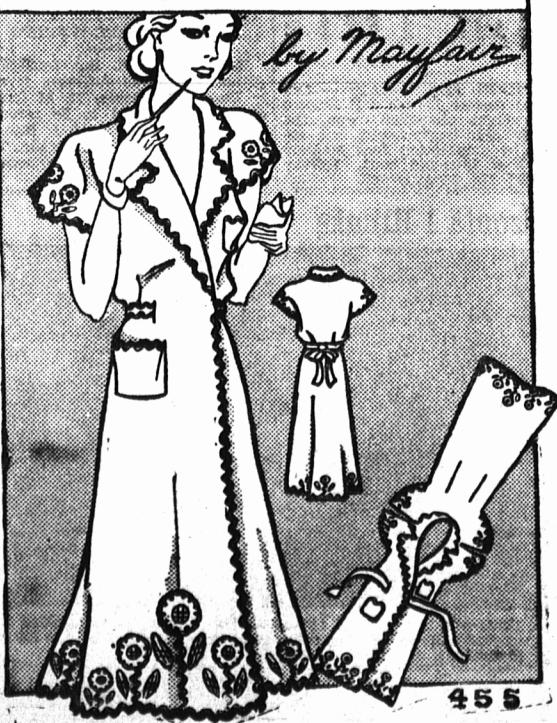
(By ROBERTA LEE)

Q. May letter paper and envelopes be of different color and thickness? A. The envelope may be of slightly thicker paper than the letter paper, but the colors should be the same.

Q. What is the proper fee to give a clergyman for a house christening? A. This, like the wedding fee, is determined by the means of the parents. Q. Is a Sunday luncheon more informal than a week-day luncheon? A. Yes; and the simpler the menu, the more appropriate it is.

Decorative Applique and Rick-Rack Braid

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455

MAYFAIR NO. 455 Morning hours are bright hours when you wear this trim home frock with its very new, very novel and surprisingly simple-to-make decoration. Rick-rack braid makes the stems and finishes all edges—a smart idea for a fastidious homemaker.

Use this coupon Print your name and address plainly. To The Charlottetown Guardian Needlework Dept. DESIGN NO. 455 Name _____ Street Address _____ City _____ Province _____

Today's Short Wave Radio Program

(All Time in Eastern Standard)

FRIDAY, APRIL 8 TOKYO 4:45 p.m.—Talk on Japanes Industry. JZJ, 25.4 m., 11.90 meg.; JZJ, 31.4 m., 9.68 meg. LONDON 6:35 p.m.—Sullivan-German Program. The BBC Empire Orchestra. GSP, 25.5 m., 15.31 meg.; GSD, 25.5 m., 11.76 meg.; GSC, 31.3 m., 9.56 meg.; GSB, 31.5 m., 9.51 meg. BOSTON 6:45 p.m.—Pathways to Peace. WIXAL, 49.8 m., 8.04 meg. MOSCOW 7:00 p.m.—News and Program for English Listeners. RON, 31 m., 9.6 meg. ROME 7:30 p.m.—American Hour. ZRO 31.1 m., 9.68 meg.; IRF, 30.5 m., 9.36 meg.; IQY, 25.21 m., 11.90 meg. MADRID 7:30 p.m.—Program for English Listeners. EAR, 31.6 m., 9.46 meg. PRAGUE, CZECHOSLOVAKIA 8:00 p.m.—Special Transmission to North America. OLR, 31.4 m., 9.36 meg. SCHEENSTADY 8:00 p.m.—Latin American Music. WIXAD, 31.4 m., 9.55 meg. CARACAS 8:30 p.m.—Musical Variety Program. YVSC, 31.7 m., 5.8 meg. LONDON 10:05 p.m.—World Snooker Championship Final: a commentary. GSD, 25.5 m., 11.76 meg.; GSC, 31.3 m., 9.56 meg.; GSD, 31.5 m., 9.51 meg. PITTSBURGH 11:30 p.m.—DK Club. WSKX, 46.8 m., 6.14 meg. TOKYO 12:45 a.m.—Popular Songs. JZJ, 26.4 m., 11.80 meg. SYDNEY, AUSTRALIA 1:15 a.m.—Talk on Australia. VKRME, 31.26 m., 9.59 meg.

Household Scrapbook

(By ROBERTA LEE)

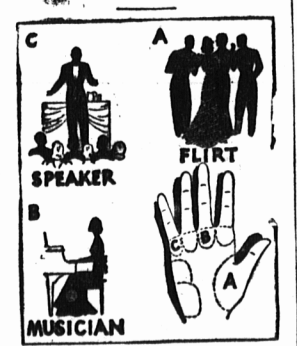
Better Outlook If the outlook of one of your windows is unpleasant and dreary, it may be brightened considerably by having a window box built for it, and growing as early as possible some bright geraniums or coleus. This will do away with the dreary view for the greater part of the year. Delicate curtains can be used to cover the view during the winter months.

Cutting Meringue Pie Wet the knife in cold water before attempting to cut a meringue pie, and in this way you will prevent the meringue from sticking or peeling off.

Angora Wool Long-fibered wool, such as angora should be brushed thoroughly while it is drying. It will then be fluffy and the original appearance restored.

Home Service

Entertain Your Crowd With Palmistry



The 7 Mounts Reveal Character Amaze your friends by reading fortunes in their palms. It's worlds of fun and easy, too, when you've practised on yourself. Look first to see what sort of person you are. Examine the mounts at the base of each finger and opposite the thumb. A normal Saturn (A) means you are affectionate and sympathetic, a lover of beautiful things. Overdeveloped, this mount says you're a flirt. A normal Saturn (B) shows that you are sensitive and thoughtful; a serious musician, perhaps, or a philosopher. A normal Mount of Mercury (C) indicates a forceful person, a leader and a born orator. Are you lucky? Hunt for lucky stars—patterns of little crescent lines—on the tip or at the base of any finger. What will the future bring? Will you marry? Win riches? Your Heart, Head, Life and Fate Lines tell. Learn from our 32-page booklet how to interpret all the fascinating secrets the hands reveal.

Send 20c in coins for your copy of Secrets of Palmistry to the Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

Use this coupon Print your name and address plainly. Name _____ Street Address _____ City _____ Province _____

Married On Saturday



Mr. William Alexander Hyndman and his bride, formerly Miss Mary Alice McCrae, daughter of Mr. and Mrs. G. L. McCrae, of Westmount, whose marriage took place on Saturday afternoon at St. Andrew's Church, Westmount. The bridegroom is the son of Mr. and Mrs. A. W. Hyndman, of Charlottetown, Prince Edward Island. Following them are Miss Barbara McCrae, who was her sister's only attendant, and Mr. Charles Hyndman, who was best man for his brother.

The Housewife And Her Activities

IF IT BE EASY If it be easy the dullard can do it. If it be simple then there's nothing to it. If it need little of courage to win it, you may be certain there's no glory in it. If it be handy so all can acquire it, no one is left to reward or desire it. If without effort the many could learn it, all but the lazy and shiftless would spurn it. Boy, when you're bothered and fretted, stick to it; if it were simple the dullard could do it. Rejoice in the hazards when once you've begun it; The harder the task the more pride when you've done it. —Edgar A. Guest.

FISH ON THE MENU Such fish as fresh haddock or whiting are excellent stuffed. Clean and wipe the fish, rub the inside and fill with a stuffing made with 2 cupfuls breadcrumbs, 4 tablespoonfuls melted butter, 1 tablespoonful each onion juice, chopped parsley, lemon juice, chopped pickle and baking powder, a pinch of paprika, and teaspoonful grated lemon rind. Sew up the fish brush with melted butter, sprinkle with seasoned flour, and put in a greased baking tin. Cover with greased paper, and allow about 15 minutes to the pound and 15 minutes over for whole fish in a good oven.

Fish is also good served with bacon. Use fillet of white fish, and put each fillet on a thin slice of bacon from which rind has been removed. Sprinkle the fish with lemon juice and seasonings, add tiny pieces of butter, and roll up. Put into a fireproof dish and bake in a moderate oven about 25 minutes. Sharkskin in a green and white checked pattern for pleated skirt and tailored bolero. Blouse of green sheer linen and belt of russet leather. As a spring for fashion — the fluffy bolero of blue fox. Flared back bolero in black crepe, with lingerie vestee of embroidered mousseline with lace inlaid.

THE COOK'S CORNER

WINDOW BOX ICE CREAM 1-2 cup sugar 3 tablespoon water 1 egg white 1-2 pint whipping cream 1-2 teaspoon vanilla 2 drops almond flavoring Method: Mix the sugar and water and cook it until it spins a thread. If you find it difficult to dissolve the sugar in that amount of water use a little more; it only means cooking it longer. Pour this in a thin stream over the stiffly beaten egg white, beating all the time, until the mixture is thick and creamy. Whip the cream until it holds its shape, then fold this into the first part and add the flavorings. Mix lightly and turn into a shallow pan of refrigerator tray. If you are smoo-

PURE TEA IS GOOD FOR YOU! BECAUSE — It is wonderfully helpful to the worker if served regularly in the afternoon. Remember KING COLE

ing it out of doors, cover it tightly and bury in the snow, unless the weather is very cold, when it will freeze anywhere. If you are using the refrigerator turn the cold control to the lowest point and freeze as rapidly as possible until the cream is firm. Then return the cold control half way to normal and hold until you are ready to serve.

LOBSTER MARGUERITE. 1-2 cup butter 1-4 cup flour 2-3 cup bottle milk or 1-8 cup evaporated milk and 1-3 cup water 1 1-3 cup light cream 2 teaspoons Worcestershire or similar sauce 2 teaspoons lemon juice 2 teaspoons cheese 1/2 teaspoon pepper Dash cayenne 3 egg yolks 1 lb. canned lobster meat Melt butter in the top of a double boiler. Add flour and blend thoroughly. Pour in milk and cream; stir constantly until thick. Add seasonings and lobster, and leave over low heat until ready to serve. Just before serving, pour over the well-beaten eggs, blend thoroughly. Reheat quickly and serve at once. Serves 6-8.

Navy woolen bolero ensemble with matching silk blouse, the bolero trimmed with dull braid. The separate bolero in "shredded print" crepe, the print done in yellow, red navy and green over the white fringe. A red chiffon sash is attached to the bolero. For the teen girl: The bolero dress of navy alpaca crepe with printed silk sash, collar and laces. Pleated skirt and slide fastened bodice. For evening—Multicolor printed chiffon in a wavy striped pattern. The colors of the print show through the transparent dices on the bolero. The use of light veils on dark hats is a delightfully feminine and becoming fashion which is lacking hold. Pale pink is especially flattering, but blonde, pale blue and mauve are other shades that tie in pleasantly to lighten the basic colored hat.

The Breton and the flat sailor with "diminishing" crown shaded honors with new versions of the poke bonnet as second most important hat type discussed. Flowers in branch effects, natural looking roses and daring combinations of colors are singled out as the newest trimming for spring millinery. Sun shades (yellow and gold) are to be worn with navy. Ombre colored chiffons and tulles will be seen in summer evening dresses.

DON'T BE A SLAVE TO OLD FASHIONED BAKING METHODS —send coupon below and learn how really easy and simple it is to make bread and rolls the modern Quaker way. With Quaker Flour and "The Quaker Easy Method of Baking," all the drudgery, trouble and hard work is eliminated from baking—it is so easy and simple anyone can use it without failure. Quaker Flour, too, will give you a delightful surprise. It's not just ordinary flour, but the best all purpose flour you can possibly buy. It's especially milled for Canadian use—by the makers of famous Quaker Oats. Valuable Baking Book FREE The Quaker Oats Company, Dept. 51 Peterborough, Ont. Please send me copy of booklet "The Quaker Method of Easy Bread Baking." Name _____ Address _____ Dealer's Name _____

FASHION GUIDES FOR THE HOME DRESSMAKER

A simple princess dress that's very gay in spirit. You'll find it a joy to slip into in mornings in town or country. Lovely if made of dotted cotton print. Its simple buttoned-down-the-front, coat-like closing, gives it a smart casual air. Other interesting details are the slim fitted corselet waist effect and scalloped collar, cuffs and pocket flap. Developed in an exquisite pastel shade of spongy cotton with vivid contrasting shade sleeves and fitted waist sections. It would be strikingly individual. For the other version, a touch of embroidery in peasant coloring would add further charm. Note the collarless see neck and decorative slide fastener. It's so easy to sew and so moderate in price, you'll want both versions. Style No. 2655 is designed for sizes 12, 14, 16, 18, 20 years, 30, 32, 34, 36, 38 and 40-inches bust. Size 16 requires 3 1/2 yards of 36-inch material. Send fifteen cents (15c) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Needlework Dept., Box 455, Charlottetown, P.E.I. Style No. 2655 Size.....

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A Morning Smile

O man was taken on as stagehand at the Privil Theatre. He was duly installed in his new position, and, as instructed, put in an appearance on the opening night. "Now, then!" shouted the stage manager as the clock struck eight. "All is ready. Run up the curtain." "This was too much for the new man. "What are you talking about?" he asked in surprise. "Run up the curtain! I'm a stagehand, not a blinkin' squirrel!"

How Can I?? (By ANNE ASHLEY)

Q. How can I prevent the fall of newly planted rose bushes? A. One authority says that the most frequent cause of loss of newly planted rose bushes is insufficient packing of the roots. The soil should be pounded thoroughly following each spadeful of soil that is placed in the hole. Q. How can I remove an ink stain from a rug? A. Make a paste of buttermilk and starch. Apply, and leave on for two or three days. Then rinse and let dry. Repeat treatment if necessary. Q. How can I improve the flavor of oatmeal? A. Add a little sugar to the oatmeal while it is cooking, instead of sprinkling it on at the table.



ALICE: "There goes Mary to town again—I don't know how she finds the time." FREIDA: "Especially with such a large family to bake for."

Read What Other Maritime Housewives Say: "I wish I'd known about this marvelous method years ago. With the Quaker Method of Easy Bread Baking, I find I can make more delicious bread and rolls in half the time, with half the trouble." —Mrs. T. W. Parker, Woodstock, N.B. "Prize-winning bread can be a regular habit of any woman if she follows my practice of using Quaker Flour and 'The Quaker Method of Easy Bread Baking.' This method eliminates kneading and overnight setting. Simple and quick, it is a great work and time-saver. What's more, it saves me money because I never have a failure." —Mrs. E. Lanning, Pugwash, N.S. "My advice to every woman if she wants to get perfect results every baking is that she should use Quaker Flour. The bread with which I won first prize at the Woodstock Exhibition was made with Quaker Flour. And the greatest time and labour saver I know of is The Quaker Method of Easy Bread Baking. It also is assurance against expensive baking failures." —Mrs. Wilbur Kidney, Weston Settlement, N.B. Valuable Baking Book FREE The Quaker Oats Company, Dept. 51 Peterborough, Ont. Please send me copy of booklet "The Quaker Method of Easy Bread Baking." Name _____ Address _____ Dealer's Name _____