

Woman's Realm Social and Personal Fashions Literature

THE WOMAN'S REALM - Living & Leisure

STREAM FEVER

(With apologies to Mr. John Masfield)

I must go down to a stream again, And I hope for a cloudy day, And I ask is a trout rod With line and cast and fly, And the reel's click and the line's Song and the rod tip shaking...

CORPS HOUSE CLOSÉS

Canadian Red Cross officials announced the closure last week in London, Eng., of Corps House, original Canadian Red Cross residence, which, since its opening three years ago, served as a home for most of the 600 Canadian girls overseas with the corps...

Ammunition dumps line 300 miles of roads in rural Nottinghamshire and Leicestershire, and such large quantities of ammunition are stored in them it may take years to move, it was disclosed here.

Chinese soldiers are said to keep quilts for quilt-fighting as a sport. American deaths from lightning number about 400 each year, with an additional 1,000 persons injured.

Carnations were popular in Europe during past centuries because of their beauty and also because they were thought to have healing properties.

When proteins and carbohydrates are eaten without much fat, the stomach quickly empties and hunger sensations return earlier than is desirable.

Sleeping accommodations on long-distance flights will be less common than before the war, because increased speed, decreasing the time requirement, makes them less needed.

Wheat germ is first among plant proteins recently tested for high quality protein for low-cost diets: corn germ ranks below wheat germ, but higher than the peanut or soybean flours included in the study.

ANNUAL FLOWER

While it is true that flowering perennials make a splendid showing during the early spring and summer, annuals are a part of all their own in both the small garden and large estate. Where no perennials are planted, they are a quickly available source of bloom, both for cut flowers and for show.

Chaps in the perennial border may be temporarily filled in with annual flowers and the attractiveness of a border may be prolonged by the addition of some annual flowers which continue their blooming period past the time of year when most of the perennials with striking colours have completed flowering.

Most annuals are easy to grow. For best results the plants should be well grown in a greenhouse or hotbed, pricked off once into flats and then set outdoors early in June. By this method, it is possible to produce sturdy plants that will start to bloom soon after they are set out.

It also makes it possible to get bloom from those types of annuals which require a long period of growth before blooming. Chief among the latter are snapdragons, the seeds of which are usually sown in late March. Many annual seeds may also be sown directly where they are to flower and a nice show of bloom secured late in the season.

At the Frederick Experimental Station, states R. G. White, the growing of annuals has been carried on for many years with excellent results.

Ellen's Diary

By an Island Farmer's Wife

A quiet drift of grey fog was above the countryside this morning. It came back from the Autumn hills, and says to those types and varieties which experience has shown will under conditions produce a blaze of colour every year.

It would also appear that the actual labour required to prepare land, produce the plants, and care for annuals is little costlier than the same size.

CAUSES OF ANAEMIA

A person is anaemic when the blood is deficient in quantity or quality. When a considerable amount of blood has been lost through bleeding, there is anaemic owing to a deficiency in quantity, and this condition generally corrects itself as the body mechanism makes good the loss.

Chronic anaemia is a condition in which the red cells are deficient in quantity, and this is due to a defect in the chief function of the red cells, haemoglobin, by means of which oxygen is carried to all the tissues of the body.

It is a condition in which the quality of the blood is maintained, but the quantity is lowered as the result of such general diseases as tuberculosis and cancer.

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Dorothy Dix Says -

By an Island Farmer's Wife

Lazy Husbands

Wife Should Share Ex-Sailor Living On Government Allowance

DEAR MISS DIX: I am only 18 years old. During the war I married a sailor about whom I knew nothing. He has now received his discharge and has settled down on me for support.

ANSWER: Send him on his way. It is no part of wife's duty to support an able-bodied man and the sooner you throw him out on his own, the better it will be for him.

With a wife to support him and to provide him with food and clothes and a comfortable home and Uncle Sam to give him beer money, he can see no reason for exerting himself, but it will be a different story if you lock the door on him and he has to pay for his own board and keep.

FOOLISH AND WRONG

If a woman's husband is sick or disabled and incapable of working, it is manifestly his wife's duty to support him; but if he is strong and healthy, it is another story.

DEAR MISS DIX: My husband is in love with another woman and wants me to divorce him so he can marry her. He says that if I do not consent to a divorce he and this girl will run away together, so it seems to me that under the circumstances the only fair thing for me to do is to give him the divorce.

ANSWER: There are three reasons, generally speaking, that make wives refuse to give divorces to the husbands who are tired of them and want to swap them off for new ones.

DEAR MISS DIX: I am married to a divorced man who has four children. The children live with their mother but visit the father very often. My problem is what they shall call me. They always address me and speak of me as Mrs. X. That sounds so formal that I would like them to call me something else.

ANSWER: Why not ask them to call you by your Christian name? It is such a common practice now for children to call their own mothers Mary, or Sally, or whatever the name is, that it would cause no comment for your stepchildren to call you by your name.

COOK'S CORNER

RHUBARB CONSERVE

Wash, trim and cut into 1/4-inch thick slices enough rhubarb to yield the required five cups. Peel the pineapple, slice and cut into 1/4-inch dice, removing core.

When selecting parsnips it is important that the roots are small to medium in size. Large, coarse roots are woody. The best method of cooking is to boil them whole, without peeling.

Slippers have blossoms

Like the frosting on a hot cross bun is this group of crisp white collared and cuffs, and dainties in giving the final touch to the new Spring suit, or last year's still good frock.

No. 2619 is cut in one size. The dainties require from 1/2 yard to 1 1/4 yards 35-inch collar and cuffs, 1/4 yard 35-inch.

Send 30 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly on separate sheet. Include postage unit or some number in your address.

To order Pattern: Write or send above picture with your name and address with 20 cents in coin or Postal Note to Needlework Bureau The Charlotte-Town Guardian.

Design No. E-1039

Name

Street Address

City

Province

SEA ROSE?

Seaweed stockings claimed to be superior to nylons, may be produced from genuine sea-weed and the acid, in turn, from kelp gathered off the British Columbia coast, according to The Financial Post.

Three companies of the Pacific Coast seaweed beds; and the province is moving to control the new industry, and to ensure that it does not starve the fish supply.

DID YOU SAY?

YEPI? ARE ALL YOU NEED

There's FLAVOR and VIGOR in Grape-Nuts

2 Tablespoons are all you need

Because of the energy value in Grape-Nuts you can serve a much smaller serving than other ready-to-eat breakfast cereals.

Grape-Nuts are made from two grains - not just one - sun-dried wheat and malted barley - double-baked by an exclusive process to give them that rich, nutty taste enjoyed by the whole family.

Get a package of Grape-Nuts from your grocer this week. There's 14 to 16 servings in every package.



Post's Grape-Nuts

A Product of General Foods

Better English

D. C. Williams

1. What is wrong with this sentence? "I only have seven dollars."

ANSWERS

1. Say, "I have only seven dollars." Always place only directly before the word it qualifies.

2. Pronounce angkor, a as in ah, or in ore, accent now on first syllable.

3. Abator, abbreviation, accoutrement.

4. What does the word "vigilance" mean?

5. What is a word beginning with ce that means "rapidity of motion; speed"?

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DUETS by JOFISCHER

YES MAM! THIS IS WHERE YOU CAN GET MONEY ORDERS!

HOW MUCH IS A NO ONE?

EIGHT CENTS, MAM!

MY THAT'S CHEAP! I'LL TAKE TWO!

He lingers a minute to ask if there is anything you want from the counter, and then I come times harbor my own suspicions of him, he adds subtly, "I'm going on home-back to me, my, your list to the least."

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'Just Pleasingly Plump'

"Pat? Who, me? Why the nerve of some people!" Okay, baby - let's call it "just pleasingly plump."

However, Miss Shirley Ann Haskin, of Millington, Mich., for a 13-month-old, you're really a big girl, you know.

Babies your age usually weigh about half of your 27 pounds and they have to be two years old before they grow at all as you.

Yes, you're doing all right for a little snip who weighed only 8 1/2 pounds at birth.

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