

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

Milady Beautiful

By Lois Leeds

BEAUTY QUESTIONS ANSWERED

Dear Miss Leeds—I would like to know if there is something that I could take to develop my bust. The remainder of my body is well proportioned, but I am very flat-chested, and any help or advice you can give me will be greatly appreciated.

MISS D. E. Answer—There are many readers who have asked me the same question, so I feel sure that a flat chest is a fairly common beauty problem. In the first place, you forgot to give me your age, weight or height, so I cannot judge if you are fully developed or not. Make quite sure that you never wear any tight clothing, such as a tight brassiere, which will cramp and make the chest muscles weak and flabby. Next take special exercises. You will find that swimming is especially good for this purpose: the exercise combined with the



deep breathing rounds out the chest and makes the lungs strong and the muscles firm and supple. The arm-flinging exercise brings the little-used muscles into play, and the hot and cold shower stimulates the whole body. Deep breathing exercises should also be taken daily, every night and morning. The flat-chested girl or woman will find her figure greatly improved if she makes a habit of correct posture and proper breathing in the fresh air and sunshine. After the exercise, warm some cocoa butter or olive oil and massage the chest and but very gently with an upward stroking movement with the palm of the hand, but avoid heavy or deep massage. There is nothing better to take than plenty of rich milk, cream and cod-liver oil for building firm healthy flesh.

Hot-Oil Treatments for the Hair—Dear Miss Leeds—I am troubled with dry dandruff. Would the hot-oil treatment help me? Please tell me if you can. I will wash the hair every day. Some one told me that it did. Thanking you kindly for your help. MRS. T. E. S. Answer—Please watch my beauty column for my talk on the hair, and in the meantime, send me a self-addressed stamped envelope, asking for my beauty leaflet on the treatment for dandruff. The hot-oil treatments are very good for both dry and oily hair, as they keep the hair well lubricated and tend to ward off gray hair rather than cause it. You should brush your hair regularly and use a good scalp tonic and massage the scalp with your fingertips. Of course, the oil should not be applied hot enough to burn the scalp or the hair. Apply it warm, however. The leaflet mentioned above will give you this information in detail. I have not the space to reprint it in full.

Tomorrow—Treatment for Dandruff

WHO ARE YOU?

A Worrall?

The Romance of Your Name

By RUBY HASKINS ELLIS



The earliest ancestor of the Worrall family was Sir Hubert de Warel, Lord of Arles in Province, and several of his sons were with William the Conqueror at the Battle of Hastings. Three of them were killed in battle and the Conqueror granted the coat of arms to Hubert for his heroism and also conveyed to him large tracts of land in the counties of Durham and Northumberland, England. Here he erected a palatial residence. His name is to be found in the Domesday Book, that immortal English document which contains the names of all the early feudal titleholders.

Ralph de Warel, youngest son of Hubert, succeeded to the estate and founded the Monastery of Blackburn. Sir William de Warel was active in the Crusades to the Holy Land with Richard the Lion Hearted. His only son, Rudiger, had estates in France. He was interred in the Monastery of Arles. After the time of Sir William de Warel the name was changed to "Wirrell," then "Worrell," and finally "Worrall," which is in general use today.

The first settled in America of the family of Worrall was John, who came with the party of William Penn and made their homes in Pennsylvania. Descendants of John went to Maryland, Delaware and Virginia, but many of them still reside on land granted them by William Penn.

at this time. If you will follow the directions given I feel sure that you will be pleased with the results.

LOIS LEEDS

Colors and Weight

Dear Miss Leeds—(1) I weigh 126 pounds and am five feet three inches tall. Is my weight correct? (2) I have dark brown hair, brown eyes and a dark complexion. What colors are becoming to me?

READER

Answer—If you are between the ages of 24 and 30 your weight is correct. If under that you should weigh a few pounds less; if older you should weigh a little more. (2) As you say your eyes, hair and complexion are dark, I judge that you belong to the Latin olive brunette type. You may wear deep cream, mahogany relieved with cream or ecru, warm browns, dark reds, brilliant yellow bright red, fuchsia and apricot in sheer material to good advantage. Other becoming colors for you type are warm gray with touches of coral, terra-cotta, brick red salmon pink in sheer fabric, dark red silent tones in green ivory, eggshell and eggplant and black relieved with touches of bright color.

LOIS LEEDS

Tomorrow—Treatment for Dandruff

Dorothy Dix' Letter Box

How Can a Man Tell How a Woman Wants to be Treated?—Should a Wife Give Her Husband Unquestioned Obedience?—Are Introductions Necessary?

Dear Miss Dix—I am only a student of this cockeyed old world and may be you can tell me a few things every man should know. The first thing I want to ask is: How can a man treat a woman the way she wants to be treated when no woman gives him the proper cue to her feelings? Now get me right, dear lady, I am trying to understand a woman's feelings and treat her like a human being.



AN OLD-FASHIONED MAN OF THE WORLD.

Answer: The myth that woman is an inscrutable mystery that no man can solve is merely a superstition and has no foundation in fact. In reality, it is an alibi that men have framed up to excuse their blunders in dealing with women and to camouflage their laziness in never taking the trouble to study the fair sex and find out why the cat jumps the way it does.

As to women offering men no cue to the riddle that they are, why that's a joke that it is impossible to take seriously. Why, every woman you have ever met has worn the answer to the human conundrum that she is, printed on her forehead so that he who ran might read, and you must be indeed blind if you have not seen it.

The favorite topic of the great majority of women is their feelings. They talk about them incessantly. Nothing has such an allure for them as vivisectioning their emotions, and so I do not see how it is possible for any man to take part in one of these major soul operations without knowing exactly what is in a woman's heart and mind, and without knowing exactly how she wants to be treated.

Take them from the cradle to the grave, they are not bashful about handing out hints to men. Begin with the flapper. When she tells you what a peachy car you have, and how she adores nice long rides, surely you are not so dull as not to know that she is informing you in no uncertain terms that she wants you to take her for a long drive. Same way when she talks about night clubs and restaurants, the cue is: Food and dancing. Likewise, when she discourses about her birthday and what a lovely bracelet there is in a certain downtown jewelry store, even a Dumb John must realize that he is being held up and that if he wants any more of the artless maid's smiles and kisses he must come across.

All too later on you will encounter the business woman who will talk to you about marriage being a partnership and how much a clever woman can help a man to succeed. And you will meet the maternal type who will feed you good, home-cooked dinners, and worry about your getting your feet wet, and call up to know if you got home safely and didn't get run over by an automobile in crossing the street. And clinging-vine widows will weep on your shoulder and ask your advice about their investments, and tell you how wonderful and wise you are, and how hard it is for a poor lone woman to get along without any man to lean upon.

And surely no man who isn't a congenial idiot doesn't know that these women want to be made love to, even if they don't want to marry. They want the thrill of a belated romance and to flaunt a date in other women's faces that will let them know that they haven't lost their bait and are still attractive to men.

Davy Crockett's advice to men was: "Be sure you are right, then go ahead." So far as women are concerned, it may be said: Go ahead with your love-making. You are sure to be right ninety-nine times out of a hundred.

Leaving sentiment aside, however, women like to be treated as human beings of normal intelligence, and not as perpetual babies, or high-grade imbeciles, but even then they give you a cue to guide your conversational footsteps.

What a girl tells herself a little girl and tells how somebody mistook her for her own daughter, you can hand her flattery by the shovel and she will gulp it down and ask for more, and you can sell her an automobile, or bonds, or suburban real estate, or what have you, if she has any money.

But if she looks her age and acts it, she wants intelligent talk about politics, or books, or world news, and nothing will offend her more than for you to assume that she is an old fool who can be jollied into anything by the attentions of a young man.

So study your lady first if you want to find out how to treat her. She will give you plenty of tips. DOROTHY DIX.

Dear Dorothy Dix—I have been married four years to a husband who is very devoted to me and very generous, but he demands absolute obedience from me in every way. He is lord and master of our home and decides every question that is brought up and I must obey him at his first command. Once I failed to do this. There was a certain play I wanted to see, but my husband forbade me to go, because he said it was immoral. But my friend persuaded me to see it, and my husband punished me for going by giving me a good hard spanking and made me promise never to disobey him again. Do you think my husband was right in punishing me? I do not mind obeying him, but I do not mind being spanked. JEANE.

Answer: As the one and only descendant left of Patient Griseldis, you could get a place in a museum of freaks and curiosities, and people would come miles and pay out good money to see a modern wife who not only obeys her husband, but doesn't mind it, and who takes a spanking for disobedience without running to the divorce court.

And your husband is also a relic of the medieval ages, for it has been a long time since the breed of petty domestic tyrants flourished. He should really be in a case next to yours, Jeane, but I fear women would throw things at him, because in this day of the emancipation of the female sex they would not view with admiration, a man who thought that a wife is a mere chattel to do his bidding, and that she must obey his slightest word, or else be whipped like a dog.

Evidently you are a woman of ordinary intelligence. No idiot, or else he would not have picked you out for a wife. Why, then, does he think he has the right to do all of your thinking for you, and make all of your decisions? His taste may not be your taste. His inclinations may differ from yours. Surely, that being the case, he has no right to pick out the plays you shall see, or the books you shall read, or the kind of clothes you shall wear.

When you married you put just as much into the marriage contract as he did and you have a right to get out of it just as much. He has no more right to decide your life for you than you have a right to decide his. There should be mutual compromises and adjustments, not the sacrifice of one to the other.

It was so ridiculous to expect an intelligent, modern woman to obey her husband that it has been struck out of the marriage service, and it is folly for a man to try to revive the domestic autocracy in which the husband was lord and master and the wife only an unconsented slave. DOROTHY DIX.

Dear Miss Dix—Is there any way in which a young man can respectfully meet a young lady without the formality of an introduction? Recently I was

Happenings of the Week

If you can't be a highway, then just be a trail. If you can't be the sun, be a star; For it isn't by size that you win or you fall, Be the best of what ever you are.

Miss Avila Mathieson, daughter of the Chief Justice and Mrs. Mathieson entertained at a mixed dinner party last Wednesday in honor of her brother Mr. David Mathieson, whose marriage is announced to take place next week.

Misses Marjory and Margaret Wood entertained very delightfully on Wednesday evening at five tables of Bridge in honor of Miss Kathleen Bourke one of the June brides-to-be. A lovely guest-of-honor gift with showers of good wishes was given Miss Bourke after which a delicious supper was served.

The Misses Marion and Grace Douglas entertained their Bridge Club last week, the members motoring down to their pretty home in Georgetown where a jolly evening was spent. The guest of honor Miss Kathleen Bourke the recipient of a handsome electric coffee percolator as a reminder of the happy times spent with the club members.

Mrs. Gordon Hughes spent the week-end at her old home in Parrsboro, N. S. and returning met her young nephew, Master George Keer of New York who has come to spend the summer at Inkerman.

Mrs. Saunders, wife of Judge Saunders gave a reception on Tuesday afternoon in honor of Mr. and Mrs. Reginald Saunders, who were recently married and are spending their honeymoon on the Island. Sixty five guests called to offer their congratulations. Mrs. Saunders received with her daughter-in-law, Mrs. Floyd Cleaveland (Miss Alle) who is visiting her mother, also assisted in receiving the guests. The color scheme in the reception rooms was mauve and pink, beautiful bouquets of snapdragon charmingly arranged with carnations and lily of the valley. In the dining room Mrs. Benj. Rogers, Jr. presided over the coffee cups and Mrs. (Dr.) Garth Tombs poured the tea. Mrs. Harold Schurman cut the loaves. Assisting in serving were Mrs. Thane Campbell, Miss Enid and Miss Mattie McFarlane, Miss Marion Leard, Miss Keltie Holman and Miss Molly McArthur. In the evening a number of Mr. Reginald Saunders' old school friends called to offer their congratulations.

The Misses McFarlane entertained at a charming bridge of four tables at their residence in Summerside in honor of Mrs. Reginald Saunders, a recent bride. The prize winners were Miss Marion Leard and Mrs. Lloyd Lewis. A guest prize was given to Mrs. Saunders as the guest of honor.

The hostesses at the Summerside Golf Club this afternoon will be Mrs. J. E. Wyatt, Miss Dorothy Wyatt, Miss Bertha Schurman and Miss Glen Williams.

Miss Lila Worthy arrived home from New York this week to spend the summer with her parents Mr. and Mrs. L. C. Worthy.

Mrs. Sheenan and son of Stoneham, Mass., are in the city, called home by the sudden death of Mrs. Sheenan's father, Mr. Percy Pope.

Hostesses at the Golf Club this afternoon will be Mrs. W. E. Champion, Mrs. G. D. DeBlois, Mrs. F. W.

There is one way to make the eyes bright—to bring the glow of health to pale cheeks—that is to invigorate the body with new blood—rich, red health-giving blood. Dr. Williams' Pink Pills do this and they do it well. Concerning them Mrs. Robert Devitt, Brougham, Ont., says: "My daughter became so ill and nervous we had to take her out of school. She was pale and thin; her eyes were dull and the least exertion upset her. I began giving her Dr. Williams' Pink Pills and in less than six months you would not know her. She gained in weight and strength and is now the picture of health."

Dr. Williams' Pink Pills are sold by medicine dealers or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Athletic Girls—After a hard game it is not only the delicate fragrance of Baby's Own Soap which pleases, but also the wonderful restfulness imparted by its refreshing lather. BABY'S OWN Soap Best for Baby Soap for You

staying at a hotel and at my table sat, a charming young woman to whom I was much attracted. We exchanged glances at every meal, but I never spoke to her because I dared not for fear she would think I was trying to pick her up. LOUIS.

Answer: You would have been quite right to speak to the girl under the circumstances. Women are pretty shrewd judges of character and she would have known how to rate you and that your attentions were honorable, so to speak.

Since women are in business and go everywhere and work side by side with men, the old ironbound etiquette that required a formal introduction to a girl has been thrown into the discard. It didn't meet modern requirements and circumstances and environment are now the sponsors of many pleasant acquaintanceships between men and women. DOROTHY DIX.

Etiquette

For The Cook

By Roberta Lee

Household Hints

By Roberta Lee

Q. How may one ignore an undesirable acquaintance met in a public place? A. By averting the eyes. Q. May the best man at a wedding be a married man? A. The groom chooses his best friend to act as best man, irrespective of whether he is married or not. Q. What kind of slippers should a woman wear at dinner? A. Satin.

Miss Ina Muir who is a student nurse, is being welcomed home from New York, on a short vacation with her parents, Rev. W. Bruce Muir and Mrs. Muir. Ten hostesses at the Charlottetown Tennis Courts this afternoon will be Miss Gwynneth Coombs, Miss Jean Martin, Miss Marie Mutch, Miss Margaret McLean, Miss Marjory McLean. It is expected that the Summerside Tennis Club will send some of its players down for the afternoon.

Bishop Hackenley of Halifax left Tuesday for London, England, where he will attend the Lambeth Conference of the Church of England.

Miss Jean B. Large of Los Angeles, Calif., a daughter of the late Mr. Alfred P. Large, Bayfield Street, Charlottetown, was chosen one of the beauty queens from Canada who will rule at the Empire Day celebration held at Sycamore Grove, Los Angeles, on that day. Lovely photos of Miss Large were reproduced in the different California papers. Miss Large who is now stenographer with one of Los Angeles' largest banking institutions, looked very handsome in a costume of black lace and crystals. She took her part well and the comments in the press next day stated that there was much praise for Prince Edward Island's winsome representative.

Miss Norma Jamieson is being welcomed home on a holiday from the Royal Victoria Hospital, Montreal, of which she is one of this year's graduates.

Women of Europe are again finding the whale an aid to their wardrobe. Whale "leather" is being used in making fashionable gloves, and style leaders have approved the new material composed of the intestines of the huge swimmers. The new gloves are delicately soft, but so tough that it is almost impossible to wear them out. The whale has not contributed to women's styles since the days of the whalebone for corsets.

Mrs. Kenneth Richards of New York is being cordially welcomed, having arrived to occupy her lovely summer bungalow at Inkerman, where she will be joined later by her husband and son. Continued on Page 13

A Morning Smile

Doctor (totally exasperated)—"Septic poison, nothing. I've removed your appendix and your gallstones, taken out your tonsils and pulled all your teeth. If you still have rheumatism after all that, well you're just plain stubborn."

Bright Eyes, Rosy Cheeks

The Birthright of Every Girl Dull eyes mean misery and weakness—a sure sign of a bloodless condition. Anaemic girls and women have dull, heavy eyes with dark lines underneath. The bright eye of a girl or woman is always happy and well. There is one way to make the eyes bright—to bring the glow of health to pale cheeks—that is to invigorate the body with new blood—rich, red health-giving blood. Dr. Williams' Pink Pills do this and they do it well. Concerning them Mrs. Robert Devitt, Brougham, Ont., says: "My daughter became so ill and nervous we had to take her out of school. She was pale and thin; her eyes were dull and the least exertion upset her. I began giving her Dr. Williams' Pink Pills and in less than six months you would not know her. She gained in weight and strength and is now the picture of health."

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The June Bride

RECEPTIONS, LARGE OR SMALL, FOLLOW WEDDING CEREMONY. Marriage feasts have always been one of the essentials of a wedding, enabling the relatives and friends of the young couple to feast and make merry. Today the feasts of the ancients have been supplanted by a modern reception which varies according to the formality of the other wedding arrangements.

Usually the parents of the bride hold a reception immediately following the ceremony, a card of invitation being enclosed with the invitation to the marriage. In the case where a bride is married, with only a few intimate friends in attendance, a large number of people may be invited to the reception after the ceremony.

The reception varies very little in form, except in the elaboration of arrangements. However, no matter how formal the wedding, simplicity should be the keynote of all arrangements in the house.

Guests arriving from the church are received by the bride's parents, and it simplifies matters exceedingly if the guests are announced. If the groom's parents are present they also receive. Beyond them stand the bride and groom, who meet their friends in an informal manner. The wedding attendants often receive with the wedding party, the ushers performing introductions to the guests.

A short time after the guests have been received, the bride and groom lead the way to the dining-room, where the wedding breakfast is served. If the repast is served late in the afternoon or the evening it is not termed breakfast.

Arrangements in the dining-room vary according to the size of the house and the number of guests. Unless there is ample room and a well-staffed house, it is not practical to seat the guests, a buffet service being very much simpler.

Wedding Cakes in Place of Honor. In the case of only a few guests, tables may accommodate the party, the bride and groom and their attendants occupying the head table, and the host and hostess having with them the groom's father and mother, the minister and his wife and a few intimate friends.

On the bride's table, or in a place of honor on the buffet, will be placed the wedding cake, where it remains until the bride places the knife through the first piece, the bottom layer being cut first, the upper stories being supported by glass or some other means. After the repast is concluded, the clergyman or an old friend of the family toasts the bride, to which the groom responds, expressing his thanks of the bride and himself for the good wishes of their friends.

A toast to the bridesmaids, made by a friend of the family, is answered by the best man. Further toasts may be made to the parents of the bride. The clergyman reads aloud all

SUNDAY NIGHT SANDWICHES. Cut as many slices of bread (about one-half inch thick) as there are guests. Butter each slice after removing crust and spread with thin slices of nippy Canadian cheese. On top of this place sardines, sprinkled with lemon juice and lay a thick slice of a large tomato over this. Season with salt and pepper. Place under a broiler until the bacon is crisp and the cheese melted. Serve at once with salad, coffee and ice box cake for Sunday supper.

Household Hints

Old Inner Tubes. Excellent garters for the children can be made from old inner tubes. Cut about a half inch wide they will not stretch too much.

Slender Vases. A slender vase can be cleaned on the inside by fastening a piece of an old sponge to a stick and pushing it down into the vase.

Parsley. When chipping parsley, add a little salt to it. The parsley will chip much finer and the salt also freshens the parsley.

telegrams of congratulations that have been received.

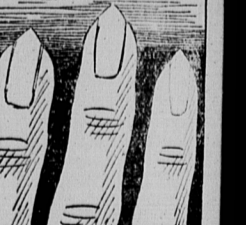
Flowers form the keynote of the house decorations. These should be placed carefully to avoid the feeling of crowding, and should be so arranged as to appear delicate and graceful and in keeping with the occasion. A bank of flowers may be placed as a back-ground for the receiving party. Further groups scattered around the room enhance the surroundings. If there is an orchestra, it should be concealed behind a screen of palms, or placed in some position that is not prominent. Simplicity should form the basis of all arrangements.

In the dining-room, all decorations should centre around the color scheme which has been chosen for the occasion, and which may be emphasized by the colors of flowers. The wedding cake should form the centre of the decorations, its gleaming whiteness rising from folds of pink chiffon or lavender tulle, with a scattering of blossoms or silver and gold confetti.

The table itself should be covered with a white linen cloth, the best doilies of other materials are not considered correct for this occasion. Groups of smaller vases may be used for floral decorations on the tables.

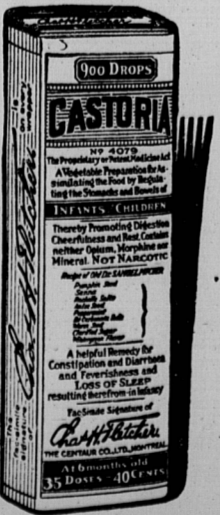
Character Close-Ups

ECCENTRICITY IS SHOWN BY LONG, NARROW NAILS, SQUARE AT THE BASE



Restless Children

Children will fret, often for no apparent reason. But there's always one sure way to comfort a restless, fretful child. Castoria! Harmless as the recipe on the wrapper; mild and bland as it tastes. But its gentle action soothes a youngster more surely than some powerful medicine that is meant for the stronger systems of adults. That's the beauty of this special children's remedy! It may be given the tiniest infant—as often as there is any need. In cases of colic, diarrhea, or similar disturbance, it is invaluable. But it has everyday uses all mothers should



understand. A coated tongue calls for a few drops to ward off constipation; so does any suggestion of bad breath. Whenever children don't eat well, don't rest well, or have any little upset—his pure vegetable preparation is usually all that's needed to set everything to rights. Genuine Castoria has Chas. H. Fletcher's signature on the wrapper. Doctors prescribe it.

A SURE RELIEF FOR WOMEN'S DISORDERS TEN-DAY TREATMENT



Orange Lily is a certain relief for all disorders of women. It is applied locally and is absorbed into the suffering tissues. The dead waste matter in the congested region is expelled, giving immediate mental and physical relief; the blood vessels and nerves are toned and strengthened, and the circulation is rendered to normal as this treatment is based on strictly scientific principles, and acts on the actual location of the disease, it cannot help but do good in all forms of female troubles, including delayed and painful menstruation, leucorrhoea, falling of the womb, growths, and ovarian troubles, etc. Price \$2.00 per box, which is sufficient for one month's treatment. A Trial Treatment, enough for 10 days, worth 75c, will be sent to any suffering woman who will send me her address. Enclose ten cents and address Mrs. Lydia W. Ladd, Dept. 5, Windsor, Ontario. Sold By Leading Druggists Everywhere