

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure —The Woman's Realm

From all rash censure be the mind kept free;
He only judges right who weighs,
And in the earnest sentence which
his voice pronounces, never abandons charity.
—Wordsworth.

"A scolding wife can say endless disconcerting things, and she hits or misses; but a silent woman says everything." — H. G. Wells.

Insurance statistics show women live longer than men, again proving paint is a good preservative.

Two things a man should never be angry at—what he can help and what he can't.

COLOR CHANGES FOR PROTECTION

Horned toads are light-colored in daytime, and reflect the sun's rays. In the cool of the desert morning and evening they turn dark and absorb the rays.

Originally, sideboards were boards placed on trestles and used to hold dishes during the serving of meals.

Some remain poor because they haven't enough friends, and some because they have too many.

The hair on your head would grow to a length of 40 feet in 72 years if it did not fall out or never was cut. The earth, which is slightly flat.

THE COOK'S CORNER

TOMATO RABBIT SAUCE

- 1 can condensed tomato soup
- 2 pound cheese, grated
- 2 tablespoons cream
- 1 teaspoon Worcestershire sauce
- 1-4 teaspoon dry mustard
- 1 egg, separated

METHOD: Heat the tomato soup as it comes from the can, in a double boiler. Add the grated cheese and heat until the cheese has just melted in the soup. Add the milk, cream, beaten egg yolk and the Worcestershire sauce and dry mustard. Then fold in the beaten egg white and cook 3 to 4 minutes longer.

RIBBON MEAT LOAF

- 1-4 pounds ground beef
- 1-4 pound ground pork
- 1 tablespoon chopped onion
- 1-2 cups dry bread crumbs
- 1-2 teaspoon salt
- 1-4 teaspoon pepper
- 1 can condensed tomato soup
- 2 eggs

METHOD: Combine the ground beef, ground pork and chopped onions and mix thoroughly. Then add the bread crumbs, seasonings, tomato soup and eggs, slightly beaten, and mix again. Put 1-3 of this mixture into a greased loaf pan. Spread half of the potato filling over the meat, then add another third of the meat loaf mixture and spread; then add another layer of mashed potatoes and another layer of meat at the last. Bake at 375 deg. F. for 1 hour to 1-1-4 hours, or until firm. Let stand in a warm place for about 15 to 20 minutes before serving—4 slices better after standing.

POTATO FILLING

- 2 cups well-seasoned mashed potatoes
- 1 egg
- 1 tablespoon chopped green pepper

METHOD: Add the egg and the chopped green pepper to the mashed potatoes and mix thoroughly before spreading between layers of meat.

SWEAETER IN CONTRASTING COLORS



DESIGN NO. X 494

The new knitted sweater with contrasting saddle shoulders is simple to make. Pattern No. X 494 contains list of materials needed, illustration of the design and complete instructions for making sizes 32 to 42.

To order this pattern, send 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian Needlework Department

Design No. X 494

NAME _____

STREET _____

PROVINCE _____

Small bread loaves, in ring shapes and sun-baked by the women of Ball, who wear the finished product in their caps.

Running free shopping advice bureau for service men and women in Grosvenor Street, Mayfair, gown shop; famous actress, singer, Mary Ellis with Miss Olga Assler and Mayfair girls. They also arrange for lawn, dining, mending uniforms, darning socks, hair styling, manicuring, depilatory, offering services. "We are making this our war work," says Miss Ellis.

CHANCE WOULD BE NOTICED

If the earth's axis became vertical to the plane of the ecliptic, the change because of the days and nights would be equal in length throughout the year; there would be no seasons, and the sun always would be directly above the equator.

LARGE KITCHENS OFFER MANY POSSIBILITIES

Large old-fashioned kitchens offer many possibilities for modernization. If less space is desirable, the kitchen can be easily divided into several units. Surplus kitchen area may be converted into any one of the following uses: dining alcove, household office with planning desk and telephone extension, pantry or storeroom, downstairs lavatory, or closets for clothing or cleaning materials.

Toronto I.O.D.E. Aid War Funds

Tireless in their efforts to devise new ways of raising funds for their many splendid types of work, the I. O. D. E. must continue for one of their Toronto chapters on one of the most unusual and interesting events of the fall season.

Under the distinguished patronage of Mrs. E. S. Duggan, Municipal Chapter of Toronto, the I. O. D. E. are planning one of the most interesting and colorful events of the Fall season. Four of the city's most prominent chapters, including the Lady Tweedsmuir, the Lady Edith Boves-Lyon, the Dr. Harold C. Parsons and the Forest Hill Village, are joining forces to act as patrons of a charming reception to be held in the beautiful new salon of Helena Rubinstein, to be re-opened the night of November the fourth. Regents of the four chapters will receive the day after the invitations are going out to their chapter members. During the evening, an informal fashion show will take place to illustrate the perfect harmonizing of make-up and coiffures to the new fashions for winter.

Chapter members have generously offered to model the gowns for the interest of their feminine spectators. It is very much hoped that Madame Helena Rubinstein (in private life Princess Countess) will fly up to Toronto for the event. It is also anticipated that Madame Rubinstein's beautiful niece, Mademoiselle Maria Rubinstein of New York City will also fly up to Toronto for the opening and that she will do the "commentating" on the fashion show, giving Canadian women many interesting ideas on fashion from New York, which as everyone knows has become the fashion centre of the world. Madame Rubinstein has invited these very active I. O. D. E. chapters to take over her beauty salon for two weeks, to look all appointments for every type of treatment—permanent wave, finger wave or just even a manicure, and Madame Rubinstein will donate one hundred per cent of the money received to the charities sponsored by these four I. O. D. E. Chapters.

Perhaps this splendid endeavour of four Toronto chapters of the I. O. D. E. will be a novel suggestion that other Women's Organizations across Canada will want to imitate or adapt to the needs of their locality, as it is certainly something new and different.

Stimulating!
As Mountain Air
KING COLE Tea

two keys to a cabin
by Lida Larrimore

MACRAE SMITH WNU SERVICE

"You were right. It isn't, it hasn't worked out. Gay lifted, shadowed eyes dark with pain which contradicted the half-smile trembling across her lips. "East is east, and west is west, as Mr. Kipling pointed out. What's that about the right young man and the camel and the heebee's eye? You with your recory training, should understand. It applies to young ladies who have too much money, as well." She sagged down in the chair, her hands flung in a gesture of helplessness. "I'm so tired, Kate."

"Don't go out. Go to bed. I'll bring you something on a tray." She sat erect, forcing animation into her gestures, her voice, her smile. "I want to go. When I'm dancing, where there are people. She sprang up from the chair. "Oh, how I hate good times!" "Gay," Kate rose and went to her. "There's no sense in this, you know. Go to bed. You're as white as chalk."

"I want to go by the window looking out into the clear atmosphere still bright with the after-glow of the sun." "Jane," she said, barely audibly. "It's lovely at the cabin now. There are wild strawberries in the meadow across the road and the ferns are uncurling along the lanes. I wish you never seen the cabin!" "Do you? I don't. I wouldn't have missed it. I'm grateful." "You're half sick, Gay," Kate cried desperately. "Please go to bed."

"I'm going out to dance." She turned from the windows, not looking at Kate. "Gay," she said, "I don't know how to make the rain to make the pretty flowers," she said a little off-key. "Have you heard Denny O'Connor? He's marvelous." "Are you criticizing my voice?" She swayed toward Kate, dropped her head against Kate's shoulder. "It just takes time, doesn't it, Kate, how much time does it take?"

The music stopped. Todd led Gay to the seat against the wall upholstered in peacock-blue leather. "Are you having fun?" He seated her. "Why do you ask?" "It happened since this afternoon?" "I am," she turned to smile at him brightly. "No, nothing has happened. Why do you ask?" "You're so quiet. I thought you enjoyed this afternoon." "I did. She raised her glass. "Did you tell your lady that we thought the property was a pretty good risk?"

Dorothy Dix Says

BOREDOM IS THE GREATEST STUMBLING BLOCK IN LOVE

Girls Should Pick Men Who Are Always Doing the Unexpected if They Want Happiness in Marriage

Mrs. Willkie is reported to have said that she married Mr. Willkie because she knew he would never be a dull man. That's about the best reason in the world for any woman picking out a man with whom she expects to spend the next 30 or 40 years, for a wife may tire of a husband who is a learned scholar; she may even get fed up with one who showers her with limousines and mink coats and things; but she never tires of a husband who keeps her entertained and amused. So I commend the example of the astute Mrs. Willkie, who put a snappy line of conversation at the top of the desirable qualities of a husband, and to all young girls who are on the hunt for a husband, I say: Pick a man whose brains are in his heels and whose step matches yours so well in the dance. You'll spend many more evenings at home than you will at parties and dinners, and you'll walk the cozier of a man who will go the rumba. Don't fall for Johnny's Greek profile and wavy locks. He'll turn bald and paunchy on you sure as shooting, and even if he doesn't, a living picture husband is a pain in the neck and a case of insomnia to his wife. Don't choose a romantic lover for a husband in the belief that you will be fed on honeyed words all the balance of your life. He dishes out all of his goo before marriage and will never mention the state of his affections again. Don't even espouse a go-getter unless you feel that you'll enjoy spending your evenings with a Tired Business Man who only grunts when you speak to him, and who is about as conversational as a stuffed shirt.

Why women lay so little stress on marrying men who are interesting, since every woman knows that boredom is the thing that is at the bottom of most of the domestic misery and that it causes nine-tenths of the divorces.

As to husbands and wives who bore each other who might like cats and dogs just to make some relief for their overcast nerves, as the husbands and wives with nothing to say to each other who spend those ghastly evenings at home in a silence so thick you could cut it with a knife, and who look as if a relief expedition had arrived when any outsider drops in.

It's the husbands and wives who find each other dull beyond endurance who wander off after other women, and affluities who understand them, and get themselves in messes and scrapes.

And, on the other hand, it is the husbands and wives who find each other interesting and amusing and who never quarrel, who live happily together till their golden wedding day. DOROTHY DIX.

"But if I'm willing to take a chance." "Well neither of us have any chance," she said thoughtfully, "until He, John." She paused, gazing away. "You know that you can talk of love to me." "Yes, I know. You've been—" Her voice faltered. "I can't tell you." "You do—like me, Gay?" "You are my best and my dearest friend." "Then why not? You say that he, that John, had expected it. You want to get out of here, tonight, don't you? You're making yourself ill. I know you love him. But you love me, too, in a different way. And if he—"

"It would be a simple solution for him and me, wouldn't it, if you, Todd? You're too fine to have anything but the best. You'd be sacrificing yourself." "You're even the part of you that has always belonged to me? That's not a sacrifice. It's pure selfishness, Gay. I'm conceited about you, now, tonight, don't you? You're too fine to have anything but the best. You'd be sacrificing yourself." "You're even the part of you that has always belonged to me? That's not a sacrifice. It's pure selfishness, Gay. I'm conceited about you, now, tonight, don't you? You're too fine to have anything but the best. You'd be sacrificing yourself."

"Todd!" she cried in soft protest. She tried to look at him, but he shadowed, thoughtful, a half-smile trembling across her lips. The music had stopped. It began again, a familiar tune. A voice, meltingly tender, sang: "Red sails in the sunset Far out on the sea—" "Our tune. You bribed them to play it. When you spoke to the waiter a few minutes ago—" "Ailsa falls in." He smiles, with a twinkle in his hazel eyes. "Will you dance with me, Gay?" "In silence they walked to the edge of the floor. She slipped into his arms, so accustomed to his dancing technique that her position, her steps, conformed instinctively with his. They circled out across the floor, rhythmically, with parted ease, moving as though they were one person, her red-brown head close to his blond head, her dress of cream-colored tulle, starched to crispness, so fragile as frost-work, a delicate silhouette against the black of his evening clothes. (To be Continued)

FAVORITE FLAVOR-IT with GOOD COOKS

NEW OFFER! Send 15 BOVRIL CUBE wrappers to "BOVRIL", Park Ave., MONTREAL for FREE BOTTLE of BOVRIL sent you post free.

GET SOME TO-DAY

For Bad Winter Coughs, Mix This Remedy at Home

Quick Relief. Big Saving. So Easy. No Cooking.

This well known recipe is used by many thousands of housewives, because they have found that it gives them an effective, dependable remedy for distressing winter coughs. It's so easy to mix—a child could do it.

From any druggist, get 2½ ounces of Pinex, a compound containing Norway Pine and palatable guaiacol, in concentrated form, well known for its effect on throat membranes.

Then make a syrup by stirring two cups of granulated sugar and one cup of water a few moments, until dissolved. No cooking needed. Strain and add your syrup. This gives you 16 ounces of cough remedy, unusually quick-acting and dependable, and you get four times as much cough medicine for your money. It never spoils, and is very pleasant—children love it.

You'll be surprised by the way it takes hold of severe coughs, giving quick, satisfying relief. It loosens the phlegm, soothes the irritated membranes, and helps clear the air passages. Money refunded if it doesn't please in every way.

"When I Left School I took my 'Schoolgirl Complex' with me..."

And I'm Keeping it, with gentle soothing Palmolive Soap!

My lovely Margaret Collins. "I'm very particular about the care of my skin. I don't use a bit of make-up until I've massaged a warm, rich Palmolive lather into my face. Then I rinse with warm water, followed by cold. That's the Palmolive treatment that keeps my skin 'schoolgirl complexion'... all over."

Try the new improved Palmolive your skin lover. You'll like Palmolive's new, fume. You'll find Palmolive new because it lasts so much longer. Get 3 cakes today.

Today the Quins bathed with gentle Palmolive... made with Olive Oil!

Listen to Palmolive's "Happy Gang" C.B.C. Network, Mon., Wed., Fri., 2 to 3.30 p.m. Standard Time.

A Morning Smile

SOMETHING OVERLOOKED

Brown's daughter was just off to a fancy dress ball and went into the sitting-room to say good-bye to her father.

"Hullo, dad," she said. "How do you like my costume? I'm a salad."

"It's nice, my dear," replied her father, "but haven't you forgotten the dressing?"

INTERIM INSTRUCTIONS

Voice—Is the doctor in? New Maid—No, 'e ain't.

"Will you give him a message, please? Tell him that Mrs. Brown has a gymkhana coming on, and wants to know if he can do anything to help."

"Ah, dearie, have ye now! Ye can't go wrong with a broad plaid, and I'll tell 'im when 'e comes in."

Italian farmers use a fire-engine type of milk wagon to deliver their product to a milk depot. The milk is carried in the huge "firebox" part of the wagon.

SINUS SUFFERERS

Mentholatum helps relieve sinusitis, hay fever, colds, and other respiratory ailments.

Add to Your Good Times by Learning the Guitar

Home Lessons Show How

Yes, playing the guitar, you are the magnet at a party. As you strum away—playing a favorite strain, accompanying a song—you attract everyone to your side as surely as honey attracts bees.

Fun for you to sew and fun for your little girl to work with your needle.

She can wear it over the blouse as a jumper outfit, or over a dress for protection. You should make several for her in different fabrics, for she'll wear one every day of the week, such a pretty, practical style it is. The design is equally adaptable to both wool and cotton. Buttons all the way down the back enable her to slip it on without mussing her frock, and the full skirt stands out smartly. Panties to match are included in the pattern.

Style No. 3459

Style No. 3459 is designed for sizes 4, 6, 8, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48, 50, 52, 54, 56, 58, 60, 62, 64, 66, 68, 70, 72, 74, 76, 78, 80, 82, 84, 86, 88, 90, 92, 94, 96, 98, 100.

Send 20c in coins for your copy of Easy Lessons in Guitar Playing to The Guardian Home Service.

Be sure to write plainly your Name, Address and the Name of booklet.

Name _____

Street Address _____

City _____ Province _____

"MIDDLE-AGE" WOMEN

HEED THIS ADVICE!!

Thousands of women are helped thru "aging times" with Lydia Pinkham's Vegetable Compound—known for over 60 years in relieving female functional troubles. Made in Canada.

Name _____

Street Address _____

City _____ Province _____

Your Individual HOROSCOPE

By Frances Drake

For Wednesday, November 6

MARCH 21 to APRIL 20 (Aries) — Work will begin yesterday can be carried on nicely today. And while achievement is possible, care should be exercised against going to extremes. Domesticity, social interests favored.

APRIL 21 to MAY 21 (Taurus) — Be mindful of your obligations, give due respect to superiors. Your best plan for today is calm judgment, strict attention to essential duties and prompt action when the occasion calls for it.

MAY 22 to JUNE 21 (Gemini) — Stars warn against carelessness and inertia this day! You may seem to lack ambition and enthusiasm, nevertheless stick on the job and be cheerful. After 3 P.M., better star aspects exist.

JUNE 22 to JULY 23 (Cancer) — Economy of thought and action should be your slogan always, and particularly this day. Don't expect a wonder-worker to do miracles for you. You must be informed and ready to compete with current movements and progressive activity.

JULY 24 to AUGUST 23 (Leo) — It will take more than wishful thinking to "get by" this self-challenging period. Close attention to important details, checking ways to make improvements and keeping abreast of your competitors all are necessary. Keep enthusiastic and hopeful.

AUGUST 24 to SEPTEMBER 23 (Virgo) — A.M. should be patience and persistence for both minor and major activities. Personal desires may have to give way to cooperation in matters of general importance. Be agreeable to necessary changes.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Favorable for study, research, finishing familiar and incomplete matters and making general improvements. May not prove propitious for financial risks. Don't overstrain.

OCTOBER 24 to NOVEMBER 23 (Scorpio) — Success in at least some measure is assured if you rightly apply your ingenuity and know-how to handling intricate problems and situations. Be alert and quick to act when necessary.

NOVEMBER 24 to DECEMBER 23 (Sagittarius) — Star aspects slightly more favorable for other Sagittarians. However, a whole day requires good judgment and steady nerve for sound accomplishment.

DECEMBER 23 to JANUARY 22 (Capricorn) — Risky chances, unnecessary extravagance and other reckless practices should be strictly avoided. Time and energy are too valuable to waste on useless activity. Be constructive and successful. After 3:15 P.M. favorable outlook for entertainment matters.

FEBRUARY 21 to MARCH 21 (Pisces) — Sound industrial and mechanical interests, also seen in all duties are favored. In favor of your plans to completion, but thoroughly investigate all propositions.

A CHILD BORN ON THIS DAY will be a persuasive, forceful, confident body with a wealth of personality and ability. This individual can win great success in an ordinary way. No mediocre achievement will satisfy it. A born leader.

IS PRISONER OF WAR

HALIFAX, Nov. 3.—(CP)—PO Harry P. Burns, bomber pilot of the Royal Air Force, is a prisoner of war in Germany. The International Red Cross informed his father, Frank G. Burns, of Halifax, today. The British Air Ministry reported the flying officer missing October 26.

COLDS

Believe in the power of Vicks VapoRub. Rub throat, chest, back with Vicks VapoRub.