

Woman's Realm :- Social and Personal :- Fashions :- Literature

Dorothy Dix's Letter Box

Happy Couple Who Are Trying to Make Themselves Miserable to Please Friends—Flight Best Plan for This Young Man in Love—Is it Wrong for Boss to Call Girl by Her First Name?

Dear Miss Dix—We are a married couple in our 30s. Have a little home and farm which we have worked together and paid for. We are much devoted to each other and very happy. But we have no children and our friends and acquaintances continually tell us that our home can never be a real home and that we can never be happy without children. Now we like children, but we do not miss them, and as God has not seen fit to send us any we are content and thought we were happy until people stirred us all up. Do you think it true that childless people cannot be happy?

Answer: What's the matter with your common sense that you have to let somebody on the outside tell you that you are not happy when you are happy and get you all hot and bothered over it?

It is the silliest thing I ever heard of. Instead of letting your neighbors' meddling depress you, call your sense of humor to your aid and laugh things off. For how can any one else in the world know how you feel about things or what you desire or what would make you all or a litter of them? Absolutely individual and the thing that one person enjoys bores another to tears and what one person yearns after most the other wouldn't have on a bet.

And, anyway, why should you let other people run your life for you? Why should you let them stick their fingers in your pie? What business is it of theirs whether you have no children or a litter of them? And why do you let what they say affect you, one way or the other?

It always seems to me that one of the most pitiful things in the world is the extent to which women are slaves to the chatter of other women whose opinions aren't worth 2 cents a dozen, anyway. I know delicate, frail women who work themselves to death because they are so afraid that their neighbors will say that they don't sweep under the beds. I know women who live beyond their means because they can't bear for people to say they can't give as fine parties as somebody else or they haven't a new car.

I have known women who were actually driven into divorce by other women always telling them that they did not know how they could stand husbands who drank or philandered or who were grouchy. Believe me, my dear lady, you will never be happy until you make up your mind that you are not going to let what people say influence you one hair's breadth. No matter what you do or leave undone your friends and acquaintances are going to gossip about you, and the only thing is just to ignore it. For you gossip about them and give them unsolicited advice. So you break even.

Whether a married couple are made unhappy or not by the lack of children depends entirely upon the individuals. There are some men and women who have the paternal and maternal instinct so highly developed that without them they are miserable. Some little arms around their necks, but there are plenty of other people who can take children or leave 'em, so to speak, and be equally happy, and not a few couples who regard children as brats and nuisances.

It is true that there are more divorces among childless couples than there are among those who have children, but this does not prove that the husband and wife who have no children love each other better or that their marriage is happier. Thousands of couples who have actually come to hate each other and fight like cat and dog simply stay together for the sake of the children.

On the contrary, many of the very happiest marriages are childless. If a man and woman love each other, they are drawn closer together by the lack of children because they have only one person on whom to bestow their affection. They become better pals because not having any children to take care of the wife is free to give all of her time to her husband.

So you see there is no reason to let your neighbors make you think that you are going to be unhappy because you haven't any children. Especially when you are not.

Dear Dorothy Dix—I am a young man in my late 20s, hopelessly in love with a married woman much older than I am. Her husband treats her shamefully, but she hesitates to bring any divorce action on account of her religious considerations. I am able to support a wife and nothing would make me happier than to marry the girl of my dreams, yet I am wondering if I am doing the right thing in meddling in a family situation of which I am not in the least the cause. I am bewildered. EUGENE. Answer:

Don't be bewildered any longer, Eugene, for the road lies straight before you and it leads away from the married lady's domicile. Let her and her husband fight out their differences, and do you reflect that you are not ordained to be a consoler of wives.

Don't ever try to persuade a woman to do anything against her religious convictions. It is wrong in the first place, and in the second place she never stays persuaded or convinced. This woman may yield to your pleas to let a divorce from her husband and marry you, but if she does the ceremony will hardly be over before her conscience will begin to reproach her and she will make not only herself but you miserable.

And, anyway, you will be making a mistake to marry a woman who is much older than yourself. Two or three years or possibly five are negligible, but beyond that, the time limit expires.

Discomfort in marriage is congeniality in tastes and thoughts and desires and there can be little of this between an old wife and a young husband. He will be wanting to do the things that belong to his time of life and she will bore her stiff. He will be wanting to step out and amuse himself and she will want to be staying by the fire. Twenty years hence now you will still be a young man, but this middle-aged woman will be then an old woman. Will you care then for a wife whom people mistake for your mother or will your fancy turn to some young girl?

Believe me, there is seldom any happiness for either the man or the woman in a marriage in which the woman is much the elder of the two.

Dear Miss Dix—I am working for a man who is not a fresh or flirtatious, but he persists in calling me by my first name. Don't you think that if he was really a high-type gentleman he would say Miss So-and-So? I am afraid others may think me common to allow it, but I need my job and don't want to lose it. MAXIE. Answer:

Probably it would be more dignified and formal for your employer to call you Miss So-and-So, but I think you are very foolish to make an issue of this small matter or let it trouble you. This is an informal age when we don't bother much with titles and we all Tom, Dick and Harry each other. Don't borrow trouble. DOROTHY DIX.

PROPERTY FOR SALE

Eight acres of land with good buildings, situated one half mile from Milton Station, Property of the late Baby Moreland. For further particulars apply McLEAN & McKINNON, Or F. C. DeLar, New Willshire, or Mrs. Isabella Hearst, 3 Elm Ave., Executors.

Valuable Properties For Sale at Auction

On Wednesday, 21st of March at 2 P. M., on the premises at Clyde River, property known as Seaside Mills consisting of 18 1/2 acres land with dwelling house and outbuildings. Flour and saw mill and Grain Crusher all in good repair. Also immediately thereafter on same day property of Harold Murray at Clyde River consisting of fifty acres shore farm with large barn 32 acres clear, rest hard and soft wood. J. A. McDONALD, Auctioneer. 14, 15, 17, 18.

FOR SALE

Registered French Canadian Stallion. ROBERT MACHON, Murray Harbor, P. E. Island. L-1048.

FOR SALE

A good 50 acre farm 5 miles from Charlottetown. Equipped with electric lights and telephone. Good house and outbuildings. Apply "R." care of Guardian. L-1075.

Pair of Eyeglasses

When you need them is one of the best investments you could make. Many who procured satisfactory Glasses from us will back up this statement. E. W. TAYLOR, J. S. TAYLOR, Optometrists, Charlottetown and Alberton.

Lost 20 lbs. of Fat in 3 Short Weeks



New Safe, Quick Reducing Method. I took a bottle of BonKora and in 3 weeks lost 20 lbs. of fat. Reduced waist and bust too and wear dress sizes smaller. —Mrs. Margaret St. Gary, Indiana. BonKora, the quick, safe, easy, and pleasant way to lose weight. It's the only dieting method that doesn't require a doctor's prescription. It's the only dieting method that doesn't require a doctor's prescription. It's the only dieting method that doesn't require a doctor's prescription.

THE COOK'S CORNER

Bringing Variety to the Menu

Most of us welcome novelty which adds a touch of anything or variety to our menu. The arrival of the new season's nuts gives plenty of scope in this direction. Nuts contain very valuable and health-giving properties, but this fact does not seem to be appreciated, otherwise we should find nut dishes figuring in the household menu more often than they do. In these days of lighter fare, nuts are just the things to make a light yet nourishing and appetizing meal. Soups, cutlets, salads, sweets, creams, cakes, and biscuits, can all be made in a wonderful variety of nuts, each of which will make an attractive addition to any meal. These recipes will prove how helpful a little nut can be in providing some, and if one feels inclined to do a little experimenting on one's own, there are many delicious things to be concocted with them.

Nut Outlets

Take four ounces of any nuts preferred, two ounces fresh bread-crumbs; make some white sauce using one gill milk, one ounce butter, one ounce flour; small piece of cooked onion, half-teaspoonful chopped parsley, few drops lemon juice, pepper, salt, cayenne, tomato sauce. Mince the nuts and grate the onion. Make the binding sauce. Then add the nuts, onion, bread-crumbs, parsley, seasoning to the sauce, reheat, and bind well. Now form the mixture into cutlet shaped piece. Coat well with egg and bread-crumbs. Fry in deep fat, put a small piece of macaroni in each cutlet, and serve on a doily. Garnish prettily with fried parsley. Serve the sauce separately.

What Every Widow Knows!

By LUCILLE VAN SLYKE

CHAPTER 20 FAIR WARNINGS!

Molly Benedict journeyed back uptown from her morning's marketing in a rickety old elevated train. Those sordid atmosphere made her feel even more depressed and unhappy than the hour of wrangling over produce and prices. She had started out blithely, thrilled over the prospect of her first real buying expedition for the tea room, she had been more like an eager child bound for a fair than a sedate little widow out shopping for a living. "Don't let it heck you, Mrs. Benedict darling," the cook comforted her, "in another week's time you'll be used to the ooops and downs of all this feeding business—one day you've too much of everything and the next too little—but glory be—try to relax, keep things and you can send the girls around the corner for delicatessen to piece out wid—so why worry? And them girls—they'll be settled to their jobs soon—"

Hot, Itchy Toes Lead to Ringworm

Upstairs in her cosy sitting room Molly let herself relax as she cuddled on a shabby chaise-longue to slip her toe. She had a sheet of paper and her fountain pen and she nibbled the holder like a youngster as she tried to compose an answer to Dexter Hatch's letter. It seemed perfectly silly that it was so hard when all she had to do was to decline his offer of the dog. Of course she couldn't have a dog in such restricted quarters! In spite of Dexter's stilted "Dear Madam" she couldn't quite bring herself to write anything so formal as "Dear Sir," "Dear Friend" or she

The HOUSEWIFE and HER ACTIVITIES

TOMORROW Tomorrow, and tomorrow and tomorrow, Creeps in this petty pace from day to day To the last syllable of recorded time, And all our yesterdays have lighted upon this present weight of woe. The way to dusty death. Out, out brief candle! Life's but a walking shadow, a poor player That struts and frets his hour upon the stage And then is heard no more; it is a tale Told by an idiot, full of sound and fury, Signifying nothing. —Shakespeare.

MIND, DON'T TOUCH

One would like to remind mothers that toddlers "see" with their fingers rather than with their eyes. By this I mean that with their eyes they do not take in shape and size it is only by handling objects that they really become acquainted with them. It is a great mistake therefore to restrict the intelligent curiosity of a child unduly when he stretches out eager fingers towards hitherto unknown wonders. Far from hearing a weary reiteration of "Don't touch!" or "Leave that alone!" toddlers should be encouraged to examine objects carefully by holding them in their hands wherever this is possible. One point, however, must be specially stressed. Medicines, pills, poisonous cleaning materials, razor blades and so forth, must never be left about to be "discovered" by toddlers. Medicines of all kinds—poisons in particular—should always be kept under lock and key well out of climbing range for

RHEUMATISM Quick Relief With A Harmless Tablet

Never suffer pain any longer than you can help. Pain racks the nerves, saps vitality. At the first sign of any touch of Rheumatism or Lumbago, take a couple of ASCO tablets. These are the better tablets that relieve pain from Headache to Rheumatism almost instantly, without any bad after effects. ASCO helps to relax the nerves and induces sleep at night. As a relief for periodic pains women find it a blessing. It's the modern pain antidote and sedative. Doctors freely prescribe it.

FRUIT-TIVES STOP SICK HEADACHES SAYS WOMAN IN SWORN STATEMENT

In order that all bilious headaches may know what Fruit-tives can do for them, Mrs. Dudson volunteers this sworn statement. "I do solemnly declare that I had a bad case of biliousness and became so ill I had to go to a hospital. Nothing I tried would help until I started taking Fruit-tives. Now I have no more headaches or back-aches and can do my housework without help from anyone."

COUGHS

Apply over throat and chest—smaller small pieces of—VICK'S VAPORUB Over 21 Million Jars Used Yearly

A Morning Smile

She was an amiable lady, and volunteered much information to the fair stranger who had gone down to see an important event in the country town—the laying of the foundation stone of the new church. "Yes," prattled the elderly lady, "that is the Duke and Duchess; the couple behind them are the Mayor and Mayoress; and those two on the right are the vicar and the—er—vicar."

youngsters. Toddlers are often brought into hospital after trying simple washing bleaches or metal polishes, so these also should be kept on a high shelf also should be avoided giving toddlers small toys which they may swallow or toys with loose parts, and remember that unpainted toys are always the safest for them.

BEAUTY FOR YOUR EARS

Ears get precious little attention in the average beauty routine. Keeping them clean seems to be about all the thought the average woman gives them. One exceptionally well groomed woman told me that she has never let one day go by without cold creaming and massaging her ears. "You'd be surprised how massaging the ears gently and the glands around the ears relieves nervous tension," she remarked. Certain it is that after a head cold, or sinus trouble or the flu, care of the ears is an excellent idea.

FOR THE BREAKFAST TRAY

Very useful and attractive additions to the breakfast tray are now appearing in the shops. These include glasses for grapefruit or orange juice with lids that can be used as saucers. There is a toast rack that also provides accommodation for butter and marmalade, and is thus a space saver. A soup cup for the snack meal is provided with its own pepper and salt containers on the same plate.

NEVER POKE ABOUT YOUR EARS

Never poke about your ears. Every one knows that first precaution. Just a little bit of cotton, dipped in oil, to freshener or clear water, is the best way to cleanse the very inside. Dab onto each ear, in turn, some of your nicest cold cream, and gently follow the curves of the ear, out behind the ear and down under the lobe. It does relax you. If you are tense and nervous, just this extra bit of massage has a real effect in lightening the tension. More than that, taking exceptional care of the ears, along with facial care of the face and neck, gives you that well groomed confidence that the meticulous woman has. "When you finish creaming your ears the next time you are dressing, do not touch them over with powder. Now touch each ear lobe with a drop of your favorite perfume and place another little drop back of the ear, at the top. Perfume placed on the earlobe is much more natural and pleasing effect than if put on some fabric medium. And the ears just naturally call for a dash of fragrance.

SICK NERVES NEED The "Vital 3"

To Restore Nerve Force, Strength and Vitality

SICK, jumpy, irritable nerves are generally undernourished nerves—nerves whose stores of the "Vital 3" (calcium, phosphorus and iron) have become depleted. As each of your millions of nerve cells requires a certain amount of these three minerals in order to function properly, your sick nerves can't be made well until their supplies of the "Vital 3" are restored to normal. Fellows' Syrup brings to you the "Vital 3" (calcium, phosphorus and iron) in a form that makes them easily used by the system and readily absorbed by the nerve cells. It took months to lessen gradually the amount of phosphorus in your nerve cells. It may need weeks to restock it fully, but you can feel an improvement in your nerve force in a few days after taking this nerve-food and restorative. For over 60 years, physicians in 52 countries have prescribed Fellows' Syrup for nervous, run-down patients. Recent scientific investigations confirm the need for the "Vital 3" in the treatment of undernourished nerves. The Fellows' formula is "time-tested" and scientifically correct.



FELLOWS' SYRUP

World Famous COMPOUND OF HYPOPHOSPHITES

New Spring Smartness

Mustrated Dressmaking Lessons Furnished With Each Pattern By Ruth Rogers

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SOURCES HIGH SCHOOL

Honor Roll for February: Grade X—1, Stewart McAnally; 2, Bernard McKee; 3, Thomas Holland. Grade IX—1, James McInnis; 2, Leo McDonald. Grade VIII—1, Daniel Malone; 2, Elmer MacDonald; 3, Shirley Gillan. Grade VII—1, Grace Poole; 2, Andrew Byrne; 3, Mervyn McDonald. Grade VI—1, Robert Poole; 2, Andrew Tsurant; 3, Rosabelle Mossman. Grade V—1, Joseph Harris; 2, George Paquet; 3, Alonzo Gallant. Grade IV—1, Clarence Gallant and Joe MacDonald; 2, Miriam Mathew; 3, Everett Cheverie. Grade III—1, Muriel Richards; 2, Marion McKenzie; 3, Ruth Poole. Grade II—1, Lillian Poole; 2, Percy Poole; 3, Billie Pierce. Grade I (a)—1, Percy O'Hanley; 2, Quentin Mossman; 3, Joseph Hearst. Grade I (b)—1, Russel Paquet; 2, Edmund Cheverie; 3, Erwin Grant.

Maturity... Maternity... Middle Age

At these three trying periods woman needs Lydia E. Pinkham's Vegetable Compound. Give it a chance to help you, too. Take it regularly for best results. A medicine which has the written endorsement of nearly 800,000 women must be good. Give it a chance to help you, too. Take it regularly for best results. LYDIA E. PINKHAM'S VEGETABLE COMPOUND 50 out of 100 women report benefit.

