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"Dad and Mother's Favourites"

For THROAT, CHEST & LUNGS

There is no better safeguard against colds, chills, grippe, sore throats and bad coughs than these silver-wrapped Peps tablets.

Taking Peps periodically during trying winterly weather keeps the delicate respiratory organs in healthy condition and protects against harm to chest and lungs.

Sealed up in every Peps tablet are powerful medicinal fumes which pass with the breath down the throat and bronchials into the lungs.

Dr. Gordon Stables and other eminent authorities acknowledge Peps invaluable for young and old.

Of all medicine dealers.

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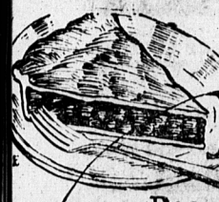

Pie Crust!

Does your husband praise your pie crust? You can please him with flaky brown crust made with

Robin Hood FLOUR

Positive MONEY BACK Guarantee in each bag.

(Hancock)

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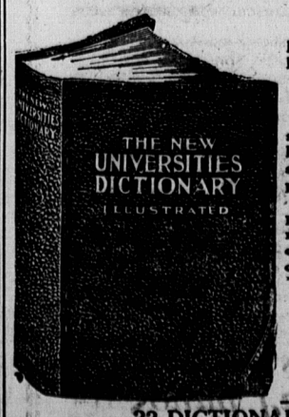

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22 DICTIONARIES IN ONE

Only One Coupon Now Needed

DAILY LESSONS IN ENGLISH

By W. L. Gordon

WORDS OFTEN MISUSED: Do not say "I was too excited to answer questions." Say "too much excited."

OFTEN MISPRONOUNCED: volatile; o as in "of," a unstressed, i as in "ill," accent on first syllable.

OFTEN MISSPELLED: discreet (prudent); eet.

SYNONYMS: first, primary, earliest, foremost, front, leading, original, primitive.

WORD STUDY: "Use a word three times and it is yours." Let us increase our vocabulary by mastering one word each day. Today's word: REQUISITE (noun); requirement; necessity. "He does not possess the requisites of a gentleman."

The Divine Right To Look Human

Condensed from the Woman's Home Companion (October, '27) Richard J. Walsh.

The beauty business is front-page news today. A pugilist has his nose straightened. A society leader has stitches taken in the corners of her mouth to give her a perpetual cupid's bow. Another has a permanent blush pricked into her cheeks with an electric needle. Another has her lips reddened by tattooing. If through a mistake one of the seekers after beauty comes out scarred the headlines are all the bigger.

Because of this publicity the beauty business has become confused in the public mind. On one flank are the reputable plastic surgeons and dermatologists. On the other flank is the vast and growing array of beauty shops. In between is a horde of charlatans.

There is the man who advertises: "Your face lifted for $50." There is the X-ray office which removes superfluous hair, often with dire consequences. There is the shop in which untrained girls use the dangerous electric needle for the removal of warts or moles or hairs. There is the specialist who will try to wipe away wrinkles, freckles or even scars with a preparation which contains deadly carbolic acid. Until recently the New York telephone directory contained a long list of "dermatologists", of which the County Medical Society complained that "there is not one real physician, not one bona fide skin specialist in the entire list."

Facial surgery, properly practiced, is a noble art. "Every human being has the divine right to look human," says Dr. Wm. J. Mayo. "One of the compensations of the Great War was the development of plastic surgery, a new special field which has given astonishing results." It offers new hopes for those whose faces are so far from human that they cannot work, for those who shrink from the stares of passers-by, who even discover or imagine disgust in the eyes of their families and so shut themselves up in their rooms to brood on the horror that they see in their mirrors. No longer need one carry through life an embarrassing birthmark or a broken nose. Wonders are being performed in replacing eyelids destroyed by burns or accidents, in the repair of the culdesac of the eye; in cases of cleft palate and of hare lip. A skilled surgeon can turn in a thick lower lip with a few stitches. He can slice away a double chin.

But the regular practitioners know the extreme delicacy of facial operations and they know that the slightest error may leave a visible scar which may handicap the patient for life. They bitterly resent the invasion of the quacks. There are beauty doctors who alter the contour of the face with paraffin. But the after-effects may be frightful—inflammation, discoloration, abscesses, tumors, sudden blindness. The paraffin may not stay where put; it may gravitate downward, creating an ugly painful swelling. Another discredited practice is building up the structure of the face with inorganic substances such a gold, silver, rubber, ivory and celluloid. The proper method is to use cartilage from another part of the body. "Living tissue is intolerant of the presence of any non-living body and will not rest until it has been cast out."

Even greater gamblers are the doctors who are using the X-ray to remove superfluous hair. Unless carefully controlled and safeguarded, the X-ray is highly destructive. Yet thousands of people are ignorantly allowing themselves to be exposed to this deadly force in order to have hair removed. The girl with a noticeable mustache or with black hairs on her chin despairs of finding either a job or a husband. The accepted way to remove superfluous hair permanently is with the electric needle. If done by a trained physician the method is safe and the results permanent. The trouble is that it is likely to hurt. Thus we read advertisements of a method which employs "no electric needles or chemicals; is painless and guaranteed permanent." This means X-ray.

"The X-ray is a damnable instrument in the hands of an ignorant person," says the Health Commissioner of New York. "I have seen countless cases of women whose faces have been disfigured for life with the burns received from such treatment." Tumors may also follow or even malignant cancer.

Because of the outcry against dangers of the X-ray some quacks who use it claim that they are using something else. Recently a New York court tried an important case in which a woman charged that she had been permanently disfigured by X-ray treatment. She went to him in January, 1921. He told her that he did not use the X-ray but a tube of his own invention and that he would guarantee to remove the growth of black hair on her face in 25 to 30 treatments at $1 each.

Altogether she had taken 1400 treatments. Under oath the doctor was gradually compelled to admit that girls with no knowledge either of medicine or electricity directed the rays to which his patients were exposed.

This case is of national importance, for machines such as were used on this unfortunate girl have been introduced in many parts of the country. They are rented to "agencies" for large amounts, and the advertising of some of these agencies is reminiscent of patent medicine exploitation.

"The vampires and pirates of quackery are bleeding the people," says Dr. A. T. McCormack. "They are capitalizing the lack of discrimination of the average person as to what constitutes a qualified practitioner." There is no uniform standard which determines who is a doctor and who is not. Different states have different laws as to what constitutes medical practice. In many places the old-time family doctor simply does not exist any more. Millions of people do not know where to turn when something is wrong with them. As Dr. S. D. Hubbard of the N. Y. Dept of Health puts it, "They will run up anybody's stoop where they see a doctor's sign, and let him treat them if they like his necktie or his smile." In an age of marvelous inventions they are easily led to believe that chemistry or electricity can cure all sorts of ills.

Because the beauty business is in tune with the spirit of our times, because people who will neglect a bodily pain will go to any length when their vanity is wounded, the beauty quacks are multiplying ev-

FACE AND ARMS BURNED BADLY

Large Pimples Broke Out. Cuticura Heals.

"My trouble began with an itchy sort of feeling all over my arms and face. Large pimples broke out on my face and were so painful that I could hardly bear them. My face and arms burned badly and looked a fright. I could not go anywhere I was invited on account of the trouble.

"I tried other remedies but they did no good whatever. I read an advertisement for Cuticura Soap and Ointment and purchased some, and in a short time I was healed." (Signed) Mrs. Ben Cosens, 202 Homewood Ave., Hamilton, Ont.

Cuticura Talcum is cooling, soothing and comforting to tender, aching, burning feet.

Sample Each Free by Mail. Address Canadian Depot: "Stenhouse, Ltd., Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c. Cuticura Shaving Stick 25c.

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OLD MAN WINTER IS RIGHT AROUND THE CORNER

Order your Coal now and be prepared.

Phone us today.

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Dr WATSON'S TONIC ALE or STOUT

Builds Up Your Health

A testimonial to its merits.

"I can assure you Dr. Watson's Tonic Stout makes a n excellent drink as well as a Tonic. We often wanted to get something that would come up to the good old English stout.

"It is good to be able to make up the fine old drink again."

75c package makes 3 gals Sold by DeBlois Bros., Charlottetown

The Land We Love

By Frank Yeigh

The Hudson's Bay Railway Terminus

Q. What is the Hudson's Bay Railway Terminus?

A. The Canadian Government has decided on Ft. Churchill instead of Ft. Nelson as the Hudson's Bay Railway terminus at tide water based on a report by an eminent Harbor Engineer. It is claimed that Churchill provides a completely sheltered port in which shipping facilities can be provided. Work will proceed rapidly thereon.

HOUSEHOLD SCRAP BOOK

By ROBERTA LEE

Vegetable Soup

If vegetable soup is made from the water in which vegetables are boiled, it will preserve the most valuable minerals in the vegetables, also the vitamines.

Poison Caution

Buy several small bells at the toy store, or take out of old toys and rattles, and fasten one to the neck of each bottle containing poison, to serve as a warning, even in the dark, when the bottle is picked up.

Preserving Linen

To preserve the color of linen, place a few small pieces of camphor gum in the linen drawers.

are people of little means and little knowledge—poro men whose deformed noses prevent them from finding employment or shop girls who will pay out all their wages week after week for treatments which they hope will make them more attractive to their employers or their sweethearts. But many others are well-to-do women who ought to know better.

No amoun of law will prevent the swindling and injuries and occasional deaths that now occur, unless the people who want to be beautiful will learn these simple rules for their guidance:

1. Do not let anyone but a regular doctor try to remove wrinkles, moles, freckles, scars, peel your face, or lift your face or change the shape of any of your features.

2. Never go to any doctor as the result of reading an advertisement. Any doctor who advertises is likely to be a quack.

3. Before you go to any specialist, consult your family doctor if you have one.

4. If you have no family doctor, consult your board of health.

5. If you don't trust your board of health, write for advise to the nearest hospital or medical school or local medical society.

On Same Job Nearly 75 Years

(By British United Press.)

LONDON, Oct. 31.—An astonishing long service record stands to the credit of Frederick George Davies, of Bowling Green Lane, who has worked for one firm continuously for nearly three-quarters of a century, and is still carrying on.

Mr. Davies has just completed his eighty-second year, and he began work at the age of 9 with Messrs. Petty Wood & Company, of Eastcheap and Southwark, Bridge Road, a well-known firm of wholesale grocers and jam manufacturers.

It is related how a year or two ago Joe Davies asked the firm to give him the sack. He felt he was getting old. The firm refused, and made him a present of $250 instead.

As if this record were not sufficient, Joe Davies can claim many other distinctions.

He has been the father of nineteen children (15 by his first wife), the youngest of whom is a girl of five.

He has about 50 grand children living and 10 great grand-children.

He won the Grocers' Exhibition gold medal 12 years ago for the longest service with one firm.

He has never lost a week's pay.

Never worn a collar, except to be photographed.

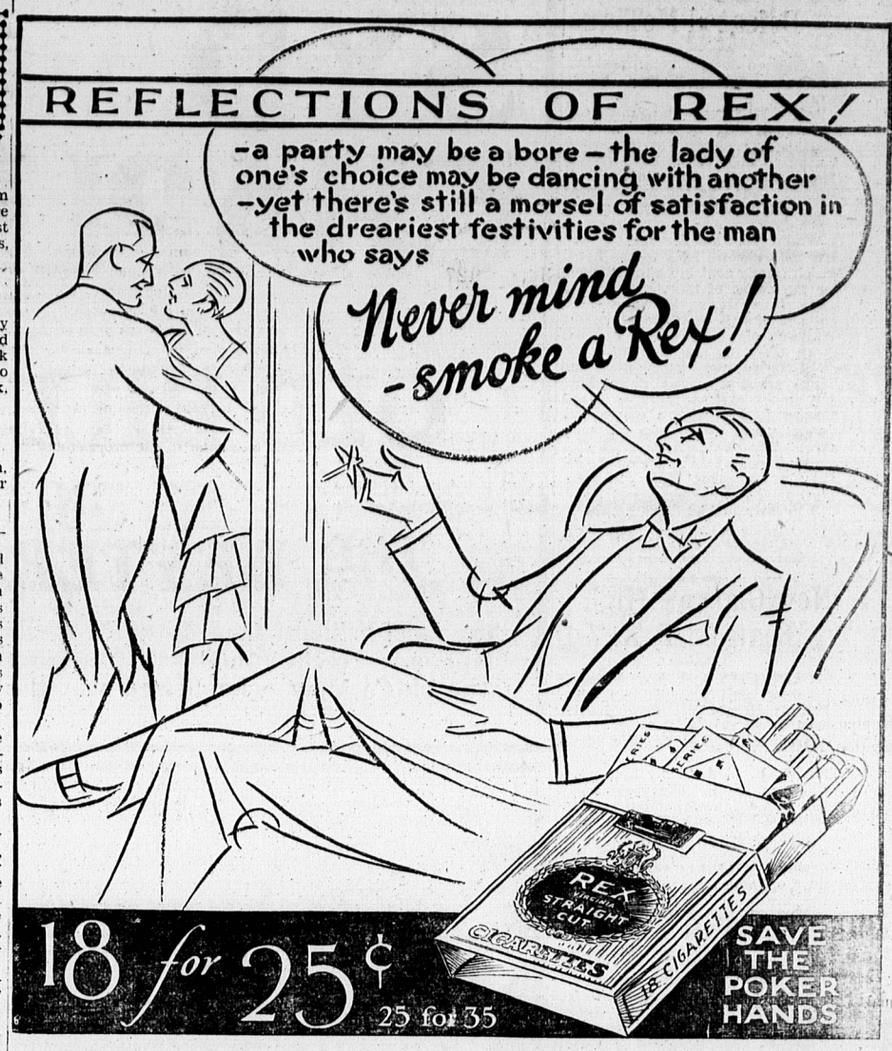
He has never taken a fortnight's holiday, although it has been frequently offered him.

Darken Gray Hair, Look Young, Pretty

Hair that loses its color and lustre, or when it fades, turns gray, dull and lifeless, is caused by a lack of sulphur in the hair. Our grandmother made up a mixture of Sage Tea and Sulphur to keep her locks dark and beautiful, and thousands of women and men who value that even color, that beautiful dark shade of hair, which is so attractive, use only this old-time recipe.

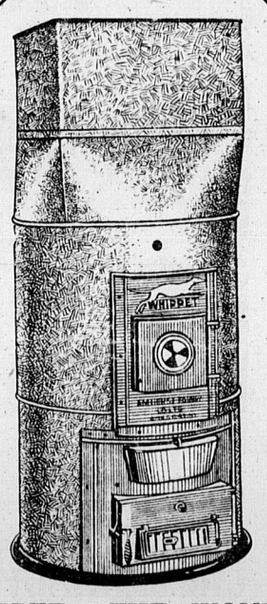
Nowadays we get for only 75 cents this famous mixture improved by the addition of other ingredients by asking at any drug store for a bottle of "Wyeth's Sage and Sulphur Compound." This darkens the hair so naturally, so evenly, that nobody can possibly tell it has been applied. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning the gray hair disappears; but what delights the ladies with Wyeth's Sage and Sulphur Compound is that, besides beautifully darkening the hair after a few applications, it also brings back the gloss and lustre and gives it an appearance of abundance.

REFLECTIONS OF REX!



18 for 25¢ 25 for 35

SAVE THE POKER HANDS



WHIPPET — THE WONDER 6 ROOM FURNACE

It is small in size and far smaller in price.

So small, in price that it costs very little more to install than a baseburner.

And what a difference!

Circulating fresh heat all over the house. None of the nuisances of baseburners and heaters. Cool in the basement, comfortable upstairs.

In spite of its price, which is astonishing, and in spite of its size which is compact, The Whippet is a ruggedly built furnace. Firepot down it duplicates the Cumberland 216. The iron is the richest enamel iron tempered to withstand 1800 degrees. It is the heaviest furnace for its size on the market.

If you couldn't afford a furnace before, you can't afford to be without one now. Write for circular:

Amherst Foundry Co Ltd
Amherst, N.S.

THE GABBS

By Barrie Payne