

# Woman's Realm Social and Personal Fashions Literature

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### That Body Of Yours

By James W. Barton, M. D.

#### REMOVING INFECTED TEETH MAY SAVE TONSILS

I have seen many cases of arthritis become worse immediately following removal of infected teeth or tonsils, only to clear up entirely or nearly entirely a few weeks or months afterward.

Recently, I mentioned the fact that an arthritis specialist in charge of an arthritis clinic of a large city hospital stated that infected teeth, tonsils, gall bladder or other organs caused practically all cases of arthritis and that the infection could be found as the original cause, if carefully sought. The arthritis specialist, whether or not he finds the infection, makes every effort to get the poisons left by infection out of the system by means of a mild laxative, a complete fast for a couple of days, and then the application of heat, massage, baths and electricity — diathermy and galvanic current.

That infected teeth, infected tonsils, and infected tonsils feed poisons to the blood to be carried to all parts of the body, is generally accepted.

In "Medical Record," Dr. Otto Meyer, New York, N. Y., states that it will interest the dental profession to know that in the presence of pulpless teeth — whether or not X-ray shows infection — inflammation of the veins in the neck (jugular veins) cannot be cured. The same is true where root fragments of an impacted tooth are present after a certain age.

Many chronic infections in the tonsils clear up after complete removal of infected teeth. Also, as many infected tonsils are removed by the family physician, there often are tags or remnants of these infected tonsils left in the throat. These pour infection into the blood stream, which infection is carried by the blood to all parts of the body.

Unfortunately, when tonsils are not completely removed, the scars left may cover or conceal the infected remnant of tonsil and the individual never thinks his "removed tonsils" are causing any trouble.

The infection from teeth and tonsils inflames the lining of the veins (phlebitis). The veins swell, circulation or drainage is poor, the joint swells and becomes painful — arthritis. Sometimes the removal of dead and infected teeth make it unnecessary to remove infected tonsils.

### Dorothy Dix Says—

#### Husband Hankers Travel

##### Woman Smart In Allowing Mate To Satisfy Wanderlust

DEAR DOROTHY DIX: I am a woman 28 years old and have been married for six years. My husband and I love each other, but this is our problem: He has always had a desire to travel and has never had a chance. He says he has missed a whole lot by not traveling before he was married and now he feels that he is tied down and can't go, and it makes him miserable. He wants above everything else to travel and see the world.

I have tried to make a happy home for him, but it is no good. We have no children and never will have. I am unhappy because he is unhappy, so we have hit upon this plan: I will get a job and board somewhere, and he will go off on his own and travel to his heart's content and be as free as if he were single. I think this might eventually bring him back to me. What do you think about it? BROKEN-HEARTED WIFE.

ANSWER: I think you are taking a wise and practical way of settling your trouble and perhaps it is the only way of curing your husband of the wanderlust. A suppressed desire can eat the very heart out of any of us and not only ruin our happiness, but make us so cantankerous that we are a curse to those who have to live with us, so the best thing we can do is to get it out of our systems as quickly as we can.

LET HIM GO  
As long as you keep your husband nailed down to his own fire-side, he will be miserable and discontented, longing for the far places of the earth. Let him go, and the chances are a hundred to one that in a year's time he will be glad enough to come back and stay put. And when he returns if he still has a bit of the wandering foot in his system, urge him to get into some business that will require traveling. Thus you will keep him and keep your love, and the few months that you have him a year will be worth more to you than his whole time would be if he was discontented and felt himself a prisoner.

DEAR DOROTHY DIX: My husband and I have been having an argument on which one of us should select the furniture for our new home. I think we should pick it out together, but my husband contends that he should have the whole say in the matter. He doesn't come home except to sleep and eat, while I rarely leave the house except to go to the grocery and church. Don't you think, under the circumstances, my taste should be consulted? A HOUSEWIFE.

ANSWER: You are absolutely right and your husband is wrong. Picking out furniture for a home should be a matter of mutual concession, and deferring to each other's taste, but the wife should really have the final say — even if her taste is not as good as her husband's. For the woman has to live in the house and look at the furniture every hour of the day, whereas the husband spends very little time in the home. So he does not have to be afflicted by beholding un-gainly objects that he doesn't like. Furthermore, women as a rule care much more for furniture than men do, hence it makes more difference whether they are pleased or not.

So, if I were you, I would tell my husband to furnish his office as he likes, but to let me pick out the things I have to live with.

DEAR MISS DIX: I am a married man and I have to get up in the morning and get my own breakfast. If I am late and haven't time to fix it, I have to go to work hungry. I also have to give my wife her breakfast in bed before I leave. Don't you think this is treating me like a dog? A MARRIED MAN.

ANSWER: Don't come crying to me for sympathy. I have none to waste on a man who has to get up and get his own breakfast, while a husky, able-bodied woman burns over in bed and takes another snooze. It is his own fault if he is heckled. So stiffen your backbone, and instead of whining over the way your wife treats you demand that she gets up and get your breakfast. The hand that holds the purse rules the roost, and no man has to put up with laziness in his wife unless he wants to. Mighty few women want to lose their positions as wives, and if they know they have to make good on the job to keep it, they will do it.

### Living & Leisure

#### THE WOMAN'S REALM

ETERNAL SPRING  
Ye who fear death,  
Behold the buds are bursting;  
Ye who fear death,  
Hark how the robins sing;  
Ye who fear death,  
Go hear the crocus crying,  
Eternal Spring.

So has it been  
Since days first had beginning,  
Glad prophecies of Resurrection  
Morn;  
Weep not before the closed tomb  
In Joseph's garden—  
Life is reborn!  
— Ralph S. Cushman

BLIND OBEDIENCE  
Life calls for obedience. In some measure, many steps of the way. There are hard and fast rules for living. But, health authorities remind Canadian parents that blind obedience should never be required of anyone, child or adult. There must be a good reason for every order, and justice and justification of every injunction should be clearly understood by those required to comply with it. A child taught to

be obedient for the common good of the family will grow up to be a good citizen ready to co-operate for the welfare of the community as a whole.

Stilken strands as tough and as durable as synthetics have been developed in Japan by hurling radio ultra short waves and blast of dry air at cocoons.

Scientists have developed a new use for sugar. A varnish-like coating called allysugroose that protects furniture from cigarette burns, scratches and spilled cocktails.

The art of casting metal, or foundry work, is one of the oldest of the basic industries.

A new safety razor, with its handle at one end instead of in the middle, looks like a sickle.

The patent office in London has recorded approximately 150 different varieties of traffic lights.

To keep good time, the interval between ticks of a watch must not vary more than 1-86,000th of a second.

A man sitting in church, watching a chandelier swing back and forth, is said to have discovered the principle of the clock.

### Ellen's Diary

By an Island Farmer's Wife

If some of us who are older look with considerable concern and much pity on the ever increasing number of divorces which seem to be one result of this restless day and age, we may still find a legion of marriages in this Garden of the Gulf of ours, bound together by the sinewy tendrils of affection and respect. Old fashioned elements, perhaps some may consider these now, but after all they are the only bed-rock for those who would choose to have their nuptials enduring. I think now of the many belonging to this blessed estate in our community, the Darbys and Joans whose very thoughts as well as hearts are inseparably intertwined. And to mention one is but to conjure up the face of the other of the town.

Turned out in a mixing bowl with its accompanying oil and flake. Add bread crumbs, onion, green pepper, lemon juice, salt and pepper. Beat egg white with a rotary beater until just stiff enough to hold a peak. Without washing beater, beat egg yolk and milk together, add to fish mixture and combine well. Fold in stiffly beaten egg white. Turn into 4 greased custard cups and set in a pan of hot water; filled about one-third full. Bake in a moderate (350 F.) oven for about 35 minutes or until knife inserted in centre of a puff comes out clean and top is lightly flecked with brown. Run sharp pointed knife or spatula around the sides of each puff and invert on serving plate. 4 servings.

Roquefort cheese dressing, made by crumbling the cheese into a standard French dressing, gives tang to a green salad. It is equally good on a salad of cooked vegetables.

CREAMED LIVER ON TOAST  
½ cup cooked liver  
3 tablespoons drippings  
1 tablespoon minced onion  
2 tablespoons flour  
½ teaspoon salt  
¾ cup thin cream  
¼ teaspoon paprika  
Juice 1 lemon  
6 slices buttered toast  
METHOD: Melt the drippings in a pan and cook the onion in it for about 3 minutes. Remove from the heat. Add the flour and stir until well blended. Gradually add the cream and cook, stirring constantly, until thickened. Season with salt and paprika and add the cooked liver that has been chopped.

When the liver has become thoroughly heated, add the lemon juice and serve at once over hot buttered toast.

There was some merriment over the incident of the revealed carcase and when the farmer's wife joined us in Rob's farm sleigh one of our number commented "And so you're leaving The Island? We thought you were only coming to the Play!" And she laughed happily. "I'm only going to the Play," she replied "but don't you see I may never come back — of I might never have a chance to kiss the dear in life again! Life's uncertain, isn't it Ellen?" I nodded. Life at best is variable. And so in company with these of a younger generation I came to much enjoy a play presented by a group of players from an adjoining district in their Community hall.

There is always much entertainment in attending the like, when the players are folks we know. It is interesting too to see how well they fill their appointed roles and there it is that much hitherto unsuspected talent is disclosed. A fine performance this rural group gave to a large and most appreciative audience, and one could easily understand the satisfaction that would be theirs after some weeks of personal sacrifice and tedious preparation.

Our drive thither — from Rob's — along New Spring roads was stirring, partly the result of a rash steed as Rob explained "used only to being hitched double." One marvelled at the beauty of the countryside as it lay beneath the spell of the moon. Dark winds were seen lying about and "Ellen" he says "you won't be nearly so bright in the morning!"

Until tomorrow — Diary — Good-night.

PREFERRED — In more homes across the Maritimes than any other bread —

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Eastern Bakeries'

## BUTTER-NUT BREAD

### Cook's Corner

By Genevieve Kemble

THIS bids fair to be a day of "false faces," false fronts and various phases of deceit, treachery, sinister and probably illicit and illusive adventures and contacts. There are aspects of sordid and pernicious complexion, that could spell scandal, malicious and malicious undertone and experiences of an evil climax. Little progress, success, or strength of mind and character, could survive the unfortunate combination of emotional disturbance and spiritual "false fronts." The psychics urges should be held in leash.

For Thursday, April 1

Those whose birthday it is may have adventures and experiences of a sinister and sordid character, in which sound adventure or progress might be difficult, being of a subversive or uncurrent motivation so as to make all safe and sane projects or ventures miscarry. Intrigue, treachery in many forms, an elated and illusive impulse to attempt the idealistic or imaginative could have regrettable denouement, with unwise involvements, or reactions on the reputation, character and associations. Psychic urges or peculiar leadings might bring strange emotional crises. Keep sane, alert and poised. In all intriguing predicaments, a child born on this day, while having deep sources of creative genius, spiritual urges, or psychic impulses, might be plunged into strange, curious, or at least equivocal situations.

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### Household Scrapbook

By Roberta Lee

Table Linen  
When hanging table linen on the line, hang it so that the weight comes on the warp threads, or the long way of the cloth. The warp threads are stronger than the woof threads. More wear will be obtained from the cloth by following this practice.

Pine Cushions  
When a room has a musty or unpleasant odor, place a pine cushion on a warm radiator, and it will soon produce a delightful odor.

The Coffee Pot  
The coffee pot will keep sweet if a strong solution of borax and water is boiled in it occasionally.

### Better English

D. C. Williams

1. What is wrong with this sentence? "The man who proceeded the man was a soldier."  
2. What is the correct pronunciation of "lien"?  
3. Which one of these words is misspelled? Gangreen, garnish, guarantee.  
4. What does the word "endowment" mean?  
5. What is a word beginning with do that means "easy to manage"?

ANSWERS  
1. Say, "The man who preceded the man."  
2. Preferred pronunciation is "li-en," first e as in one, second e as in and unressed, two syllables, 3. Gangrene, 4. Natural capacity; gift of nature; talents. "His early endowments had fitted him for the work he was to do." — I. Taylor.  
5. Docile.

### Modern Etiquette

By Roberta Lee

Q. How and where should a woman pay her bill when she has been staying alone in a hotel for several days, and is ready to leave?  
A. Ask for the bill to be sent to your room, that the items may be checked and totaled. Then pay the bill at the desk. This will save time in going over the items at the desk.  
Q. When meeting on the street, should the man or the woman give the first sign of recognition?  
A. The woman.  
Q. Would it be permissible to answer a formal invitation informally?  
A. No. A formal invitation in the third person should be answered in the same way.

### How Can I !!!

By Anne Ashley

Q. How can I clean silver slippers?  
A. Silver slippers can be cleaned with very finely powdered alabaster. Take up some of the powder with a soft brush and rub until the surface becomes bright and clean. Then polish with another brush until the powder is removed and the luster appears.  
Q. How can I make a good toilet perfume?  
A. By mixing two ounces of alcohol with one-half ounce of orange root. Keep it tightly corked in a bottle, and shake thoroughly each time before using.  
Q. How can I clean outdoor brass fixtures?  
A. Use scouring soap that is mixed with kerosene. Apply with a flannel cloth and rub thoroughly.

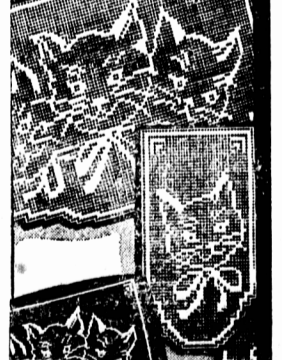
### Morning Smile

TOO TALKATIVE

A parrot was left alone with a dog and kept saying "Bow-wow, bow-wow." There's a good dog, there's a good dog."  
Completely ignored, Polly got bolder, hopped down on to the table, and repeated his remarks. The dog took no notice until, still bolder, Polly hopped on to the floor where it was immediately grabbed by the terrier and, eventually, returned to its perch minus feathers.  
"I know what's the matter with me," the parrot squawked. "I know what's the matter with me. I talk too much."

### THREE LITTLE KITTENS

3-6 Picture Pattern



DESIGN NO. E-195  
Just look at the picture and make this attractive chair set. The three little kittens are worked in fillet crochet. Pattern No. E-195 contains complete instructions. Needlework Book 20 cents. To order: Send 20 cents in coin to Needlework Bureau, Charlottetown Guardian. Design No. E-195

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FOR THE HOME

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2470  
SIZES 10-40

2305  
SIZES 10-40

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POTATO EINLAUF  
Thoroughly mix 1 egg, well beaten, 3 tablespoons grated raw potato, salt and pepper. Drop in boiling soup. Cook for 10 or 15 minutes.

Quick Thrifty Delicious

## Beef Upside Down Pie

1 1/2 cups flour  
1 tsp. salt  
1 tsp. celery salt  
1/4 tsp. white pepper  
5 lbs. shortening

1/2 cup milk, or half milk and half water  
1/4 cup oil  
1 can condensed tomato soup  
1/2 lb. ground raw beef

3 tsp. Magic Baking Powder

MIX TOGETHER flour, baking powder, salt, celery salt and pepper; add 3 tablespoons shortening; mix in thoroughly with fork. Add milk and stir until blended. Melt remaining two tablespoons shortening in 7" frying pan, and cook onions until soft. Add tomato soup, remaining 1/4 teaspoon salt and ground meat; bring to boil. Spread baking powder mixture on top of meat mixture and bake at 475° for about 20 minutes. Turn out upside down on large plate. Serves 8.

MAGIC BAKING POWDER