


Woman's Realm Social and Personal Fashions Literature



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That Body Of Yours

By James W. Barton, M. D.  
INDIVIDUALS MOST LIKELY TO HAVE ACCIDENTS

When we think of the various causes of death, we have in mind heart disease, cancer, tuberculosis, pneumonia and other diseases. It is not generally known that accidents are fourth in the list of causes of death. And strange to say, the majority of accidents occur in the home.

One of the few good results of World War II was the number of methods of preventing accidents in war work, as so many men and women were not familiar with machines in factories.

An editorial in the "Journal of the American Medical Association" states that 90 per cent of accidents are preventable, and four of every five accidents occurring to children are due to acts of omission or commission by adults. Factors inside the individual's own personality predispose some persons toward accidents. Emotional disturbances such as worry, grief, anxiety and anger cause many to have no thought of their surroundings or even of their own actions.

This absent-mindedness, even for a moment, because the individual is not alert—causes him not to jump or run with his usual speed, and so the accident occurs.

Because experience has taught where the dangers lie in factories, on the highways and even in the home, measures to prevent accidents at these places are taken.

What should be done as well is to protect individuals who are prone or likely to have accidents from having accidents to them.

What is the make-up of accident-prone persons?

The editorial states that there are several characteristics common to these individuals. Accident proneness in adults is more common in the early age groups (16 to 15). Although under ordinary conditions they can move or jump as quickly as others, whether through inattention or tiredness, they do not move as fast when an accident threatens. Also emotional disturbances and fear draw their attention away from the present.

Accident-prone persons tend to be adventurous, like excitement, and prefer action at all times. They have been strictly brought up, and are impulsive to the point of recklessness.

NEUROSES

Neurosis—believing you have a physical ailment when none exists—is becoming increasingly common. Send today for Dr. Barton's informative booklet on this subject entitled "Neurosis." To obtain it just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to the Bell Syndicate in care of this newspaper, Post Office Box 99, Station G, New York, N. Y., and ask for your copy.

Grade IV—1. Eugene Curley; 2. Josephine Curley; 3. Margaret Carragher.

Grade II—1. Hilda McManus; 2. Muriel Smith.

Grade I (A)—1. Donnie King. Grade I (B)—1. Bernice Curley. Grade I (C)—1. Pauline McManus.

Highest average, senior grades—Rosaleen Carragher, 89.2%. Highest average, junior grades—Eugene Curley, 96%.

Perfect attendance for the month: Teresa Sturdy, Owen Carragher, John Carragher, Imelda Sturdy, Josephine Curley, Eugene Curley, Bernice Curley.

Theresa Carragher, teacher.

Dorothy Dix Says—

Selfish Boy

18-year-old Must Help Sister Support Younger Children



DEAR MISS DIX: I am a boy 18 years old, an orphan, living with my sisters. Two of them are in school, and my older sister works and supports them. Now this is my problem: I don't want to work just now. I want more than anything else in the world to go to college, but my sister says she thinks it is just as much my duty to help take care of my younger sisters as it is hers.

Don't you think that if I have the grit to work my way through college, she should be willing to shoulder the burden of the girls' support for three or four years?

EDWARD H.

ANSWER: I certainly do not see any justice in your evading your part of the family responsibility and dumping the whole load on your sister. It is just as much up to you to work and help support the younger sisters as it is up to her; and if you have any manhood in you, you will brace up and do it.

Suppose you do want to go to college. Probably she would like to travel extensively, and one of you has just as much right to gratify your desire as the other. You will say that the next three or four years are crucial ones in your life, and that if you had a better education it might help you to make more of a success in life.

SIS' VITAL YEARS

She can say—with equal truth—that the next three or four years are a crucial time in her life. It will be the time in which she will be most likely to marry. And if she does not have to work too hard, she can have money to buy pretty clothes, she will stand a far better chance of catching a good husband than if she were overworked and underfed and shabby, as she would have to be if she had to support her younger sisters without any help from you.

It is all right for an individual to sacrifice himself in order to go to college if he wants to, but he hasn't any right to sacrifice others. And there are altogether too many families who are making martyrs of themselves for the fetish of a college education for some boy or girl of mediocre ability.

DEAR MISS DIX: We have a daughter 15 years old who attends a public school. Her mother discourages her making friends with those who are less fortunate socially, but she encourages the friendships and associations with those who are better placed in the world. I am afraid my daughter will become a snob, than which there is nothing worse to my mind. What do you think?

A READER.

ANSWER: It is difficult to guide a girl in forming desirable friendships and associations without making her a snob, and certainly she had better be fall-fellow-well met with every Tom, Dick and Harry than to grow up into a licksplitt who kowtows to those above her and snubs those below her.

However, it must be recognized that while a girl is in school she forms her social connections. Her intimate friends in the school room will be her intimate friends when she grows up. She will be invited to their parties and know their friends, and she will be known by the company she keeps. Moreover, a girl usually marries some man she meets at her friends' houses, so that her whole life is settled by her choice of friendships.

DEAR DOROTHY DIX: A year ago I broke off my engagement to a man whom I dearly loved because I found out that he was only marrying me for my money. Since this sad experience I have come to distrust all men. Yet I am very lonely and I certainly don't want to be an old maid. What shall I do?

LONESOME

ANSWER: Undoubtedly the poor little rich girl has less chance of making a good marriage than a poor girl, for she is the predestined prey of fortune-hunters, and poor-while men are afraid that they will be accused of living off their wives, so they are apt to give, the heiress a wide berth.

Aids Mothers In Children's Little Ills

Emergent sickness is sure to arise in every home where there are children. There will be muscular pains, colds, sore throat and other minor ills. To combat these conditions, what could be more helpful than Nerviline? "In our family," writes Miss Godin, "we would not be without Nerviline. It is indispensable for simple sore throat, colds, earache and tonsillitis." Miss Godin speaks from experience. She knows that Nerviline helps mothers to overcome small ills, and often prevents a serious sickness later on. All dealers sell Nerviline in 85c bottles.

Perfect attendance for the month: Teresa Sturdy, Owen Carragher, John Carragher, Imelda Sturdy, Josephine Curley, Eugene Curley, Bernice Curley.

Theresa Carragher, teacher.

Household Scrapbook

By Roberta Lee

Stronger Buttons

When sewing on buttons that will be subjected to a great deal of strain, such as children's underwear, it is a good idea to put a piece of old kid glove under the material to which the button is sewed. This will prevent the cloth from tearing away.

Apples

Add a few drops of lemon juice to the water in which you are peeling apples, and it will usually prevent the apples from turning brown.

Skin Eruptions

When it is necessary to open any kind of skin eruption, use nothing but a thoroughly sterilized needle, then treat it with a good antiseptic.

Better English

D. C. Williams

1. What is wrong with this sentence? "She looks good in that dress."
2. What is the correct pronunciation of "halcyon"?
3. Which one of these words is misspelled? Insubordinate, insurrection, instantaneous.
4. What does the word "inviolable" mean?
5. What is a word beginning with lu that means "ridiculous"?

ANSWERS

1. Say, "She looks well in that dress." 2. Pronounce hal-si-un, as in an, i as in it, u as in up, stressed, accent first syllable. 3. Instantaneous. 4. Proof or secure against corruption, breach, etc. "The most inviolable attachment to the laws of our country is everywhere acknowledged a capital virtue." — Hume. 5. Ludicrous.

DISCOVERED CIRCULATION

The circulation of the blood was first discovered by Harvey in 1628.

Modern Etiquette

By Roberta Lee

Q. What should one do if one has already declined an invitation from a close friend, and finds out later that it will be possible to attend?

A. Under these circumstances, it would be all right to telephone this friend and ask her if this late acceptance would inconvenience her.

Q. Is it obligatory for a young man to send a corsage to a girl he is going to escort to a formal dance?

A. Yes; he may either have his flowers sent or he may bring them with him when he calls for her.

Q. For what reason shouldn't a man and his wife be seated next to each other at dinner?

A. Because seating them next to others promotes conversation, and allows the guests to become better acquainted.

Cook's Corner

CHOCOLATE MARSHMALLOWS

8 squares dot chocolate  
28 marshmallows (7 ounces), cut in halves  
1 1/2 cups chopped nut meats  
Heat chocolate over boiling water until partly melted; then remove from boiling water and stir rapidly until entirely melted. Dip marshmallows in chocolate, one at a time, roll in nuts, and place on waxed paper. Cool until firm. Makes 4 1/2 dozen chocolate marshmallows.

HOT FUDGE SAUCE

1 1/2 squares unsweetened chocolate  
1 cup milk  
1 cup sugar  
2 tablespoons corn syrup  
3/4 teaspoon vanilla  
Add chocolate to milk and place over low heat. Bring to a boil and cook until mixture is smooth and blended, stirring constantly. Add sugar, dash of salt, and syrup, and stir until sugar is dissolved and mixture boils; continue boiling, without stirring, until a small amount of sauce forms a jellyed mass in cold water (20 deg. F.). Add vanilla. Serve hot on ice cream or other desserts; or serve cold. Makes 1 1/3 cups sauce.

The Stars Say--

By Genevieve Kemble

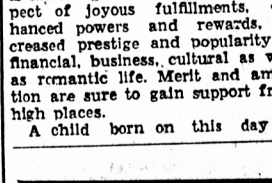
For Saturday, April 10

UNDER the most benignant lunar aspects this day should see the fulfillment of the highest hopes and wishes, with enlarged scope and expansion, with the material culmination of all manner of social, professional and sentimental aims and desires. Promotion, preferment, increased funds, with honors and tokens of esteem in all relations and contacts are forecast. It is a time for formulating plans for growth and happiness in all material and spiritual joys and aspirations. Gracious realizations are ready for developed opportunities.

Those whose birthday it is are justified in expecting and working for their most cherished hopes and wishes, whether these be in the realm of the practical, professional, spiritual or social. Opportunity is knocking at the door, with prospect of joyous fulfillments, enhanced powers and rewards, increased prestige and popularity in financial, business, cultural as well as romantic life. Merit and ambition are sure to gain support from high places.

A child born on this day is

BE NICE TO BE NEAR



Mum

1. Safe for cherm. Mum gives sure protection against under-arm odor all day or evening.
2. Safe for skin. No irritating crystals. Snow-white Mum is gentle, harmless to skin.
3. Safe for clothes. No harsh ingredients in Mum to rot or discolor fine fabric.



Mum

Not up to professional standards, but all the more attractive to him because it's a home-made affair. Richard Rebel, 2, of Chicago admires haircut in mirror held by his sister Rita, 4. Her twin, Ed manipulates the shears. The girls had done each other's hair—if it modish—coiffures earlier. Shear butchery resulted when the youngsters decided to play barber shop in mother's absence.



Tastes Good — IS GOOD —

ORDER

Eastern Bakeries

BUTTER-NUT BREAD

How Can I!!!

Q. How can I make dried beef creole?  
A. Shred one cup of dried beef. Then mix one cup of chopped pimento, one cup cream sauce, three chopped hard-boiled eggs, two tablespoons chili sauce, and the beef. Heat and serve on slices of buttered toast, sprinkled with chopped parsley.

Q. How can I keep gold teeth clean?  
A. One of the best ways to clean

gold teeth is to rub them with a mixture of prepared chalk and powdered pumice, sprinkled on the toothbrush.

Q. How can I clean burnt spots on granite?  
A. Remove them by covering the spots with a teaspoonful of soda, mixed to a paste with a little water, then heating it. Never scrape with a knife.

Morning Smile

A distinguished visitor to a lunatic asylum went to the telephone and found difficulty in getting his connection. Exasperated he shouted to exchange: "Look here, girl, do you know who I am?"

"No," came back the calm reply, "but I know where you are!"

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Needlecraft FOR THE HOME

YOUTHFUL NOTES

Two wonderful patterns... to outfit a little girl No. 2935 teams a pretty panel frock with a bonnet and panties... No. 2398 makes a dainty pleated dress plus panties to match.

No. 2935 is cut in sizes 2, 4, 6 and 8. Size 4 dress and bonnet require 2 1/4 yards 35-inch; panties, 1/2 yard 35-inch.

No. 2398 is cut in sizes 6 mos., 1, 2 and 3. Size 2 requires 1 1/2 yards 35-inch; panties, 1/2 yard 35-inch.

Send 20c for each pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit or zone number in your address.

Address Pattern Department, The Charlotte-Town Guardian.

Pattern Nos. 2935 and 2398

Name

Address

City Province

2935

2398

Watch These 4 Common Troubles Of Babyhood

Don't let your baby fret needlessly from teething fever, constipation, gas pains in stomach or bowels and weakening digestive upset. Get a box of Baby's Own Tablets. They help to quickly clear out sweeten sour little stomachs and relieve harmful wastes, ease baby's teething fever, soothe his little stomachs and relieve simple fever. No "sleepy" stuff—no dulling effect. Easily crushed to a powder if desired. Baby's Own Tablets have been used with confidence and success for over 60 years by mothers. Only 25¢ at druggists.

DOCTORS PROVE 2 out of 3 women can have lovelier skin in 14 DAYS!



I WONDER WHAT THE 14-DAY PALMOLIVE PLAN WOULD DO FOR THIS ONLY COMPLEXION OF MINE?

START THE PLAN TONIGHT, NANCY—AND JUST SEE WHAT HAPPENS! REMEMBER, 36 DOCTORS—LEADING SKIN SPECIALISTS—TESTED THE PALMOLIVE PLAN ON 1285 WOMEN AND PROVED IT CAN BRING A LOVELIER COMPLEXION TO 2 OUT OF 3—IN JUST 14 DAYS!

IT CERTAINLY DID A SMOOTH JOB FOR ME, NANCY!

NANCY TRIES THE PLAN!

SEE HOW EASY IT IS! HERE'S ALL YOU DO!

1. WASH YOUR FACE WITH PALMOLIVE SOAP!

2. THEN, FOR 60 SECONDS, MASSAGE WITH PALMOLIVE'S SOFT LOVELY LATHER. RINSE!

3. DO THIS 3 TIMES A DAY FOR 14 DAYS. THIS CLEANSING MASSAGE BRINGS YOUR SKIN PALMOLIVE'S FULL BEAUTIFYING EFFECT!

FOR A PRETTIER, MORE POPULAR YOU SEE HOW THE PALMOLIVE PLAN CAN DO!

YOU, TOO, may look for these skin improvements in only 14 DAYS!

If you want a complexion the envy of every woman—the admiration of every man—start the 14-Day Palmolive Plan tonight! Remember, the Palmolive Plan was tested on 1285 women of all ages, from fifteen to fifty, and with all types of skin. Dry! Oily! Normal! Young! Older! And 2 out of 3 of these women got noticeable complexion improvement in just 14 days! No matter what skin care they had used before.

Reason enough for every woman who longs for a lovelier complexion to start this new Beauty Plan with Palmolive Soap!

One City... Smoother, Younger looking... Less Course-looking... Fewer Tiny Blemishes... Less Irritation... Brighter, Clearer Color...

DOCTORS PROVE PALMOLIVE'S BEAUTY RESULTS!

For tub or shower, try Palmolive in the New Big Bath Steel It's big! Powerful! Thrifty! And how easy enjoy its rich, generous lather!

